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Ms. A. 1. 1. 1.



Mrs M. Davis.



THE EXPERIENCED  
ENGLISH HOUSEKEEPER,

FOR THE USE AND EASE OF

*LADIES, HOUSEKEEPERS, COOKS, &c.*

Written purely from PRACTICE;

DEDICATED TO THE

Hon. Lady ELIZABETH WARBURTON,

Whom the Author lately served as Housekeeper.

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Consisting of several Hundred ORIGINAL RECEIPTS, most of  
which never appeared in Print.

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PART I. Lemon Pickle, Brown-  
ing for all sorts of made Dishes,  
Soups, Fish, plain Meat, Game,  
made Dishes, both hot and  
cold, Pies, Puddings, &c.

PART II. All Kinds of Consec-  
tionary, particularly the Gold  
and Silver Web for covering of  
Sweetmeats, and a Desert of  
Spun Sugar; with Directions to  
set out a Table in the most ele-  
gant Manner, and in the mo-

dern Taste, Floating Islands,  
Fish Ponds, Transparent Pud-  
dings, Trifles, Whips, &c.

PART III. Pickling, Potting, and  
Collaring; Wines, Vinegars,  
Catchups, Distilling; with two  
most valuable Receipts, one for  
refining Malt Liquors, the other  
for curing Acid Wines; and a  
correct List of every Thing in  
Season for every Month in the  
Year.

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By ELIZABETH RAFFALD.

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A NEW EDITION,

In which are inserted some celebrated Receipts by other Modern Authors;

TO WHICH IS ADDED

A TREATISE ON BREWING.

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MANCHESTER:

PRINTED BY G. BANCKS,

1798.

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TO THE HONOURABLE

LADY ELIZABETH WARBURTON.

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PERMIT me, honoured Madam, to lay before you a work, for which I am ambitious of obtaining your Ladyship's approbation, as much as to oblige a great number of my friends, who are well acquainted with the practice I have had in the Art of Cookery ever since I left your Ladyship's family, and have often solicited me to publish for the instruction of their housekeepers.

As I flatter myself I had the happiness of giving satisfaction, during my service, Madam, in your family, it would be a still greater encouragement, should my endeavours for the service of the sex be honoured with the favourable opinion of so good a judge of propriety of elegance as your Ladyship.

I am

I am not vain enough to propose adding any thing to the Experienced-Housekeeper, but hope these receipts (written purely from practice) may be of use to young persons who are willing to improve themselves.

I rely on your Ladyship's candour, and whatever Ladies favour this Book with reading it, to excuse the plainness of the style; as, in compliance with the desire of my friends, I have studied to express myself so as to be understood by the meanest capacity, and think myself happy in being allowed the honour of subscribing,

Your Ladyship's

Most dutiful,

Most obedient,

And most humble Servant,

*Elizabeth Raffald.*

## *Preface to the First Edition.*

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WHEN I reflect upon the number of books already in print upon this subject, and with what contempt they are read, I cannot but be apprehensive that this may meet the same fate, with some who will censure before they either see it or try its value.

Therefore the only favour I have to beg of the public is, not to censure my work before they have made trial of some one receipt, which I am persuaded, if carefully followed, will answer their expectations; as I can faithfully assure my friends, that they are truly written from my own experience, and not borrowed from any other author, nor glossed over with hard names, or words of high style, but written in my own plain language, and every sheet carefully perused as it came from the press; having an opportunity of having it printed by a neighbour, whom I can rely on doing it the strictest justice, without the least alteration.

The whole work being now completed to my wishes, I think it my duty to render my most sincere and grateful thanks to my most noble and worthy friends, who have already shewn their good opinion of my endeavours to serve my sex, by raising me so large a subscription, which far exceeds my expectations.—I have not only been  
honoured

honoured by having above eight hundred of their names inserted in my subscription, but also have had all their interest in this laborious undertaking, which I have at last arrived to the happiness of completing, though at the expence of my health, by being too studious, and giving too close application.

The only anxious wish I have left is, that my worthy friends may find it useful in their families, and be an instructor to the young and ignorant, as it has been my chiefest care to write in as plain a style as possible, so as to be understood by the weakest capacity.

I am not afraid of being called extravagant, if my reader does not think that I have erred on the frugal hand.

I have made it my study to please both the eye and the palate, without using pernicious things for the sake of beauty.

And though I have given some of my dishes French names, as they are only known by those names, yet they will not be found very expensive, nor added compositions, but as plain as the nature of the dish will admit of.

The receipts for the confectionary are such as I daily see in my own shop, which any lady may examine at pleasure, as I still continue my best endeavours to give satisfaction to all who are pleased to favour me with their custom.

It may be necessary to inform my readers that I have spent fifteen years in great and worthy families, in the capacity of a Housekeeper, and had an opportunity of travelling with them; but finding the common servants generally so ignorant in dressing meat, and a good cook so hard to be met with, put me upon studying the art of Cook-  
ery



ery more than perhaps I otherwise should have done; always endeavouring to join œconomy with neatness and elegance; being sensible what valuable qualifications these are in either housekeeper or cook; for of what use is their skill, if they put their master or lady to an immoderate expence in dressing a dinner for a small company, when at the same time a prudent manager would have dressed twice the number of dishes for a much greater company, at half the cost.

I have given no directions of cullis, as I have found by experience, that lemon pickle and browning answers both for beauty and taste (at a trifling expence) better than cullis, which is extravagant; for, had I known the use and value of these two receipts, when I first took upon me the part and duty of a housekeeper, it would have saved me a great deal of trouble in making gravy, and those I served a deal of expence.

The number of receipts in this book are not so numerous as in some others, but they are what will be found useful and sufficient for any gentleman's family—neither have I meddled with physical receipts, leaving them to the physician's superior judgment, whose proper province they are.

### *Description of the PLATE.*

**T**HE Plate is the design of three stove-fires for the kitchen, that will burn coals or embers instead of charcoal, (which I always found expensive, as well as pernicious to the cooks) and will carry off the smoke of the coals and steam, and smell of the pots and stewpans; the coals are burnt in cast-iron pots, flat at the bottom, with bars.

AA, Fronts of the stove.

BB, Top of the stove, which is covered all over with cast-iron.

CC, Stove-pots in which the fire is made.

D, The form of the pot, with two vents cast in them, six inches deep at the top, and three wide, as expressed at HH in the pot, and to let the smoke through at H's in the flues.

EE, Carried from the fire through the back-wall to the kitchen-chimney, as expressed in the lower plan.

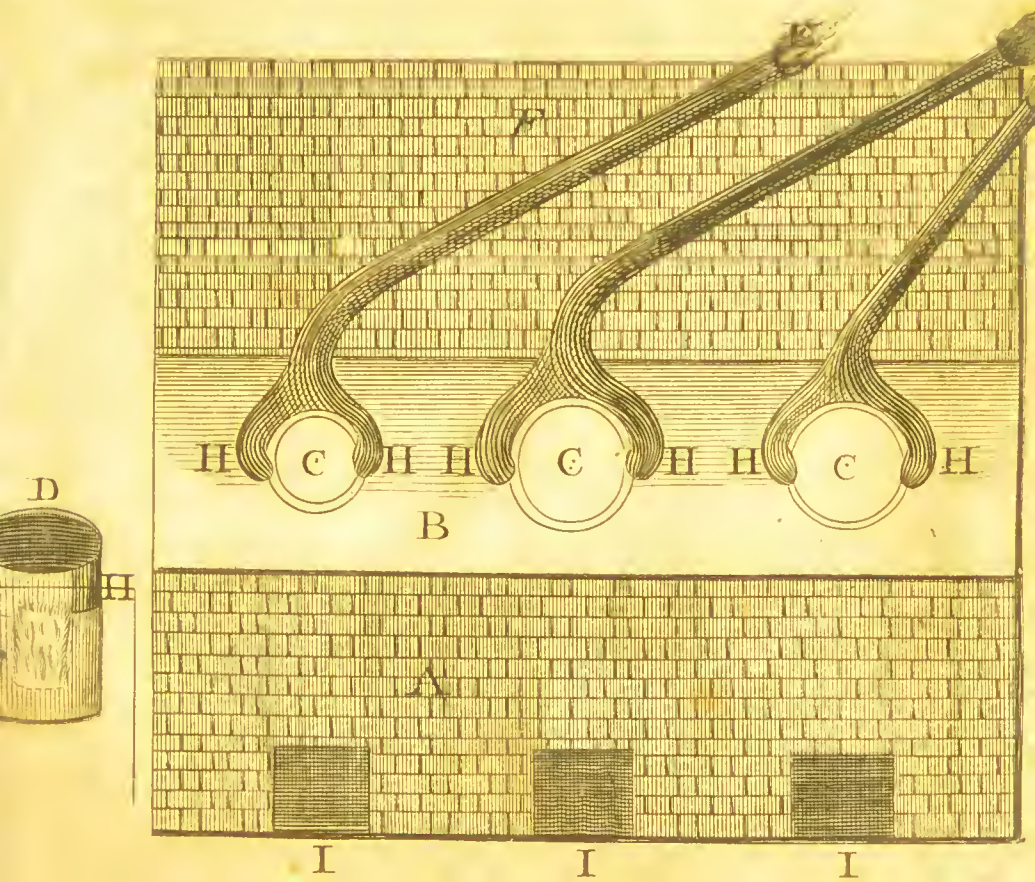
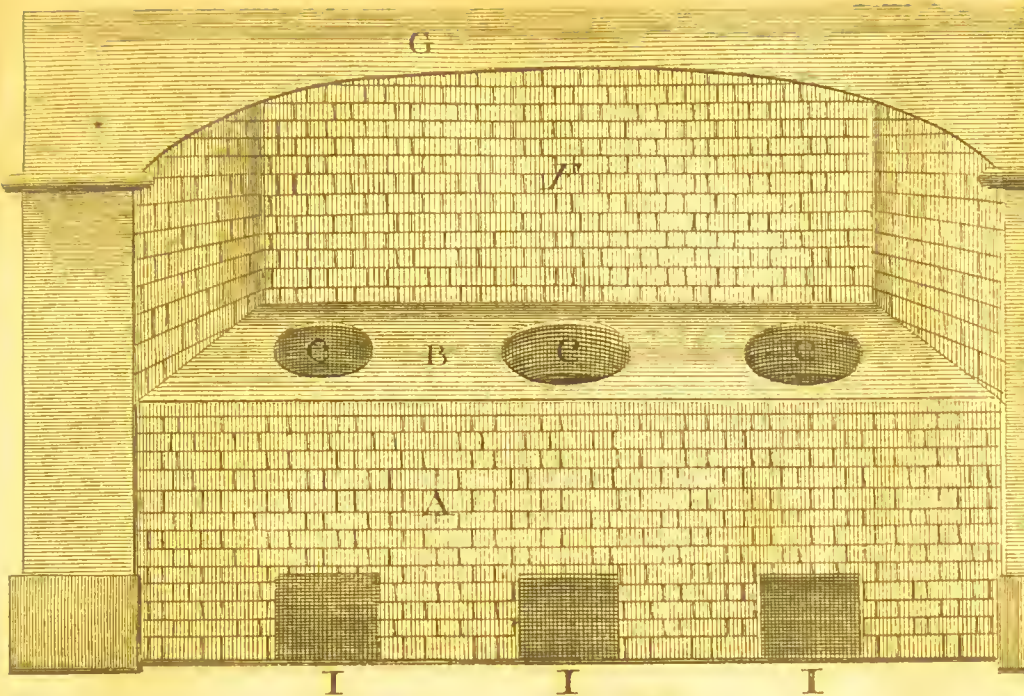
FF, Back-wall.

G, The chimney breast, betwixt which and the back-wall the steam rises and goes off into the kitchen-chimney by a vent made into it.

HH, Vents in the pot.

II, Draughts for the fires and to receive the ashes.

The scale will give the dimensions.









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THE EXPERIENCED

ENGLISH HOUSEKEEPER.

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CHAP. I.

*Observation on SOUPS.*

WHEN you make any kind of soups, particularly portable, vermicelli, or brown-gravy soup, or any other that has roots or herbs in, always observe to lay your meat in the bottom of your pan, with a good lump of butter; cut the herbs and roots small, lay them over your meat, cover it close, set it over a very slow fire, it will draw all the virtue out of the roots or herbs, and turn it to a good gravy, and give the soup a very different flavour, from putting water in at the first: when your gravy is almost dried up, fill your pan with water, when it begins to boil take off the fat, and follow the directions of your receipt for what sort of soup you are making: when you make old peas soup take soft water; for green peas hard is the best, it keeps the peas a better colour; when you make any white soup don't put in cream till you take it off the fire; always dish up your soups the last

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thing;

thing; if it be a gravy soup it will skin over if you let it stand; if it be a peas soup it often settles, and the top looks thin.

*To make PORTABLE SOUP for Travellers.*

TAKE three large legs of veal and one of beef, the lean part of half a ham, cut them in pieces, put a quarter of a pound of butter at the bottom of a large cauldron, then lay in the meat and bones, with four ounces of anchovies, two ounces of mace, cut off the green leaves of five or six heads of celery, wash the heads quite clean, cut them small, put them in with three large carrots cut thin, cover the cauldron close, and set it over a moderate fire; when you find the gravy begins to draw, keep taking it up till you have got it all out, then put water in to cover the meat, set it on the fire again, and let it boil slowly for four hours, then strain it through a hair-sieve into a clean pan, and let it boil three parts away, then strain the gravy that you drew from the meat into the pan, let it boil gently, (and keep scumming the fat off very clean as it rises) till it looks like thick glue; you must take great care when it is near enough that it does not burn; put in Chyan pepper to your taste, then pour it on flat earthen dishes, a quarter of an inch thick, and let it stand till the next day, and cut it out with round tins a little larger than a crown-piece; lay the cakes on dishes, and set them in the sun to dry; this soup will answer best to be made in frosty weather; when the cakes are dry, put them in a tin-box, with writing-paper betwixt every cake, and keep them in a dry place. This is a very useful soup to be kept in gentlemen's families; for, by pouring a pint of boiling

ing water on one cake, and a little salt, it will make a good bason of broth. A little boiling water poured on it, will make gravy for a turkey or a fowl; the longer it is kept the better. — *N. B.* Be careful to keep turning the cakes as they dry.

*To make a TRANSPARENT SOUP.*

TAKE a leg of veal, and cut off the meat as thin as you can; when you have cut off all the meat clean from the bone, break the bone in small pieces, put the meat in a large jug, and the bones at top, with a bunch of sweet herbs, a quarter of an ounce of mace, half a pound of Jordan almonds blanched and beat fine, pour on it four quarts of boiling water, let it stand all night by the fire covered close, the next day put it into a well-tinned saucepan, and let it boil slowly till it is reduced to two quarts; be sure you take the scum and fat off as it rises, all the time it is boiling; strain it into a punch-bowl, let it settle for two hours, pour it into a clean saucepan, clear from the sediments, if any at the bottom; have ready three ounces of rice boiled in water; if you like vermicelli better, boil two ounces; when enough, put it in, and serve it up.

*To make a HARE SOUP.*

CUT a large old hare in small pieces, and put it in a mug, with three blades of mace, a little salt, two large onions, one red herring, six morels, half a pint of red wine, three quarts of water, bake it in a quick oven three hours, then strain it into a tossing-pan, have ready boiled three ounces of French barley, or sago, in water;

scald the liver of the hare in boiling water two minutes; rub it through a hair-sieve, with the back of a wooden spoon, put it into the soup with the barley or sago, and a quarter of a pound of butter, set it over the fire, keep stirring it, but do not let it boil: if you do not like liver, put in crisped bread steeped in red wine. This is a rich soup, and proper for a large entertainment; and where two soups are required, almond or onion soup for the top, and the hare soup for the bottom.

*To make a rich VERMICELLI SOUP.*

INTO a large tossing-pan put four ounces of butter, cut a knuckle of veal and a scrag of mutton into small pieces, about the size of walnuts; slice in the meat of a shank of ham, with three or four blades of mace, two or three carrots, two parsnips, two large onions, with a clove stuck in at each end, cut in four or five heads of celery washed clean, a bunch of sweet herbs, eight or ten morels, and an anchovy, cover the pan close up, and set it over a slow fire, without any water, till the gravy is drawn out of the meat, then pour the gravy out into a pot or bason, let the meat brown in the same pan, and take care it does not burn, then pour in four quarts of water, let it boil gently till it is wasted to three pints, then strain it, and put the other gravy to it, set it on the fire, add to it two ounces of vermicelli, cut the nicest part of a head of celery, Chyan pepper and salt to your taste, and let it boil for four minutes; if not a good colour, put in a little browning, lay a small French roll in the soup-dish, pour in the soup upon it, and lay some of the vermicelli over it.



*To make an Ox-CHEEK SOUP.*

FIRST break the bones of an ox cheek, and wash it in many waters, then lay it in warm water, throw in a little salt to fetch out the slime, wash it out very well, then take a large stew-pan, put two ounces of butter at the bottom of the pan, and lay the flesh side of the cheek down, add to it half a pound of shank of ham cut in slices, and four heads of celery, pull off the leaves, wash the heads clean, and cut them in with three large onions, two carrots and one parsnip sliced, a few beets cut small, and three blades of mace, set it over a moderate fire a quarter of an hour; this draws the virtue from the roots, which gives a pleasant strength to the gravy.

I have made a good gravy by this method with roots and butter, only adding a little browning, to give it a pretty colour; when the head has simmered a quarter of an hour, put to it six quarts of water, and let it stew till it is reduced to two quarts; if you would have it eat like soup, strain and take out the meat and other ingredients, and put in the white part of a head of celery cut in small pieces, with a little browning, to make it a fine colour, take two ounces of vermicelli, give it a scald in the soup and put the top of a French roll in the middle of a tureen, and serve it up.

If you would have it eat like stew, take up the face as whole as possible, and have ready cut in square pieces a boiled turnip and carrot, a slice of bread toasted, and cut in small dices, put in a little Chyan pepper, and strain the soup through a hair-sieve upon the meat, carrot, turnip, and bread, to serve it up.

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*To make ALMOND SOUP.*

TAKE a neck of veal, and the scrag-end of a neck of mutton, chop them in small pieces, put them in a large tossing-pan, cut in a turnip, with a blade or two of mace, and five quarts of water, set it over the fire, and let it boil gently till it is reduced to two quarts, strain it through a hair-sieve into a clear pot, then put in six ounces of almonds blanched and beat fine, half a pint of thick cream, and Chyan pepper to your taste, have ready three small French rolls, made for that purpose, the size of a small tea-cup; if they are larger they will not look well, and drink up too much of the soup; blanch a few Jordan almonds, and cut them length-ways, stick them round the edge of the rolls slant-ways, then stick them all over the top of the rolls, and put them in the tureen; when dished up, pour the soup upon the rolls: these rolls look like a hedgehog: some French cooks give this soup the name of Hedgehog Soup.

*To make Soup à-la-Reine.*

TAKE a knuckle of veal and three or four pounds of lean beef, put it in six quarts of water, with a little salt, when it boils scum it well; then put in six large onions, two large carrots, a head or two of celery, a parsnip, one leek, and a little thyme, boil them all together till the meat is boiled quite down, then strain it thro' a hair-sieve, and let it stand about half an hour, then scum it well, and clear it off gently from the settlings into a clear pan; boil half a pint of cream, and pour it on the crumbs of a halfpenny loaf, and let it soak well; take half a pound of almonds,

monds, blanch and beat them as fine as possible, putting in now and then a little cream, to prevent them from oiling ; then take the yolks of six hard eggs, and the roll that is soaked in the cream, and beat them all together quite fine ; then make your broth hot, and pour it to your almonds, strain it through a fine hair-sieve, rubbing it with a spoon till all the goodness is gone through into a stewpan, and add more cream to make it white ; set it over the fire, keep stirring it till it boils, scum off the froth till it rises, soak the tops of two French rolls in melted butter in a stewpan till they are crisp, but not brown, then take them out of the butter, and lay them on a plate before the fire ; and a quarter of an hour before you send it to the table, take a little of the soup hot, and put it to the roll in the bottom of the tureen, put your soup on the fire, keep stirring it till ready to boil, then pour it into your tureen, and serve it up hot ; be sure you take all the fat off the broth before you put it to the almonds, or it will spoil it ; and take care it does not curdle.

*To make ONION SOUP.*

BOIL eight or ten large Spanish onions in milk and water, change it three times, when they are quite soft, rub them through a hair-sieve, cut an old cock in pieces, and boil it, for gravy, with one blade of mace, strain it, and pour it upon the pulp of the onions, boil it gently with the crumb of an old penny loaf, grated into half a pint of cream ; add Chyan pepper and salt to your taste ; a few heads of asparagus or stewed spinage, both make it eat well

well and look very pretty : grate a crust of brown bread round the edge of the dish.

*To make WHITE ONION SOUP.*

TAKE thirty large onions, boil them in five quarts of water, with a knuckle of veal, a blade or two of mace, and a little whole pepper ; when your onions are quite soft take them up, and rub them through a hair-sieve, and work half a pound of butter with flour in them ; when the meat is boiled so as to leave the bone, strain the liquor to the onions, and boil it gently for half an hour, serve it up with a coffee-cup full of cream, and a little salt ; be sure you stir it when you put in the flour and butter, for fear of its burning.

*To make BROWN ONION SOUP.*

SKIN and cut round-ways in slices six large Spanish onions, fry them in butter till they are a nice brown and very tender, then take them out, and lay them on a hair-sieve to drain out the butter ; when drained, put them in a pot, with five quarts of boiling water, boil them one hour and stir them often, then add pepper and salt to your taste, rub the crumbs of a penny loaf through a cullender, put it to the soup, stir it well, to keep it from being in lumps, and boil it two hours more ; ten minutes before you send it up beat the yolks of two eggs, with two spoonfuls of vinegar, and a little of the soup, pour it in by degrees ; and keep stirring it all the time one way, put in a few cloves if you choose it. — *N. B.* It is a fine soup, and will keep three or four days.



*To make GREEN-PEAS SOUP.*

SHELL a peck of peas, and boil them in spring water till they are soft, then work them through a hair-sieve, take the water that your peas were boiled in, and put in a knuckle of veal, three slices of ham, and cut two carrots, a turnip, and a few beet leaves shred small, add a little more water to the meat, set it over the fire, and let it boil one hour and a half; then strain the gravy into a bowl, and mix it with the pulp, and put in a little juice of spinage, which must be beat and squeezed through a cloth, put in as much as will make it look a pretty colour, then give it a gentle boil, which will take off the taste of the spinage, slice in the whitest part of a head of celery, put in a lump of sugar the size of a walnut, take a slice of bread, and cut it in little square pieces, cut a little bacon the same way, fry them a light brown in fresh butter, cut a large cabbage-lettuce in slices, fry it after the other, put it in the tureen with the fried bread and bacon; have ready boiled, as for eating, a pint of young peas, and put them in the soup, with a little chopped mint if you like it, and pour it into your tureen.

*To make a COMMON PEAS SOUP.*

TO one quart of split peas put four quarts of soft water, a little lean bacon, or roast-beef bones, wash one head of celery, cut it and put it in with a turnip, boil it till reduced to two quarts, then work it through a cullender, with a wooden-spoon, mix a little flour and water, and boil it well in the soup, and slice in another head of celery, Chyan pepper and salt to your taste;

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cut a slice of bread in small dice, fry them a light brown, and put them in your dish, then pour the soup upon it.

*To make a PEAS SOUP for Lent.*

PUT three pints of blue boiling peas into five quarts of soft cold water, three anchovies, three red herrings, and two large onions, stick in a clove at each end, a carrot and a parsnip sliced in, with a bunch of sweet herbs; boil them all together till the soup is thick, strain it through a cullender, then slice in the white part of a head of celery, a good lump of butter, a little pepper and salt, a slice of bread toasted and buttered well, and cut in little diamonds, put it into the dish, and pour the soup upon it; and a little dried mint, if you choose it.

*GRAVY SOUP thickened with YELLOW PEAS.*

PUT a shin of beef to six quarts of water, with a pint of peas and six onions, set them over the fire, and let them boil gently till all the juice be out of the meat, then strain it through a sieve, add to the strained liquor one quart of strong gravy to make it brown, put in pepper and salt to your taste, then put in a little celery and beet leaves, and boil it till they are tender.

*To make a WHITE PEAS SOUP.*

TO four or five pounds of lean beef and six quarts of water put in a little salt, when it boils scum it, and put in two carrots, three whole onions, a little thyme, and two heads of celery, with three quarts of old green peas, boil them till the meat is quite tender, then strain it through a hair-sieve, and rub the pulp of the peas through  
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the sieve, split the blanched part of three cos lettuces into four quarters, and cut them about one inch long, with a little mint cut small; then put half a pound of butter in a stewpan that will hold your soup, and put the lettuce and mint into the butter, with a leek sliced very thin, and a pint of green peas; stew them a quarter of an hour, and keep shaking them often about, then put in a little of the soup, and stew them a quarter of an hour longer; then put in your soup, and as much thick cream as will make it white, keep stirring it till it boils, fry a French roll in butter a little crisp, put it in the bottom of the tureen, and pour your soup over it.

*To make GREEN PEAS SOUP without MEAT.*

IN shelling your peas, separate the old ones from the young, and boil the old ones soft enough to strain through a cullender, then put the liquor and what you strained through to the young peas, which must be whole; add some whole pepper, mint, a large onion shred small, put them in a large saucepan, with near a pound of butter; as they boil up shake in some flour, then put in a French roll, fried in butter, to the soup; you must season it to your taste with salt and herbs; when you have done so, add the young peas to it, which must be half boiled first; you may leave out the flour if you do not like it, and instead of it put in a little spinage and cabbage-lettuce, cut small, which must be first fried in butter, and well mixed with the broth.

*To make an excellent WHITE SOUP.*

TO six quarts of water put in a knuckle of veal, a large fowl, and a pound of lean bacon,



and half a pound of rice, with two anchovies, a few pepper-corns, two or three onions, a bundle of sweet herbs, three or four heads of celery in slices, stew all together till your soup is as strong as you choose it, then strain it through a hair-sieve into a clean earthen-pot, let it stand all night, then take off the scum, and pour it clear off in a tossing pan, put in half a pound of Jordon almonds beat fine, boil it a little, and run it through a lawn-sieve, then put in a pint of cream and the yolk of an egg.—Make it hot and send it to the table.

*To make WHITE SOUP a second way.*

BOIL a knuckle of veal and a fowl, with a little mace, two onions, a little pepper and salt, to a strong jelly, then strain it, and scum of all the fat; have ready the yolks of six eggs well beat, put them in, and keep stirring it or it will curdle, put it in your dish with boiled chickens and toasted bread cut in pieces; if you do not like the eggs, you may put in a large handful of vermicelli half an hour before you take it off the fire.

*To make CRAW-FISH SOUP.*

BOIL half a hundred of fresh craw-fish, pick out all the meat, which you must save, take a fresh lobster, and pick out all the meat, which you must likewise save; pound the shells of the craw-fish and lobster fine in a marble mortar, and boil them in four quarts of water, with four pounds of mutton, a pint of green split peas nicely picked and washed, a large turnip, carrot, onion, mace, cloves, anchovy, a little thyme, pepper, and salt. Stew them on a slow  
fire



fire till all the goodness is out of the mutton and shells, then strain it through a sieve, and put in the tails of your craw-fish and the lobster meat, cut in very small pieces, with the red coral of the lobster, if it has any; boil it half an hour, and just before you serve it up, add a little butter melted thick and smooth, stir it round several times when you put it in, send it up very hot, but do not put too much spice in it.

*N. B.* Pick out all the bags and the woolly part of your craw-fish before you pound them.

*To make PARTRIDGE SOUP.*

TAKE off the skins of two old partridges, cut them into small pieces, with three slices of ham, two or three onions' slices, and some celery; fry them in butter till they are as brown as they can be made without burning, then put them into three quarts of water, with a few pepper-corns, boil it slowly till a little more than a pint is consumed, then strain it, put in some stewed celery and fried bread.

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C H A P. II.

*Observations on DRESSING FISH.*

WHEN you fry any kind of fish, wash them clean, dry them well with a cloth, and dust them with flour, or rub them with egg and bread crumbs; be sure your dripping, hog's-lard or beef suet, is boiling before you put in your fish, they will fry hard and clear, butter is

is apt to burn them black, and make them soft; when you have fried your fish, always lay them in a dish or hair-sieve to drain, before you dish them up. Boiled fish should always be washed, and rubbed carefully with a little vinegar, before they are put into the water; boil all kinds of fish very slowly, and when they will leave the bone they are enough; when you take them up, set your fish-plate over a pan of hot water to drain, and cover it with a cloth or close cover, to prevent it from turning their colour; set your fish-plate in the inside of your dish, and send it up, and when you fry parsley be sure you pick it nicely, wash it well, then dip it in cold water, and throw it into a pan of boiling fat, take it out immediately, it will be very crisp, and a fine green.

*To dress a TURTLE of a hundred weight.*

CUT off the head, take care of the blood, and take off all the fins, lay them in salt and water, cut off the bottom shell, then cut off the meat that grows to it (which is the *callipre* or fowl) take out the hearts, livers, and lights, and put them by themselves, take out the bones and the flesh out of the back shell (which is the *callipash*) cut the fleshy part into pieces, about two inches square, but leave the fat part, which looks like green (it is called the *monsieur*) rub it first with salt, and wash it in several waters to make it come clean, then put in the pieces that you took out, with three bottles of Madeira wine and four quarts of strong veal gravy, a lemon cut in slices, a bundle of sweet herbs, a tea-spoonful of Chyan, six anchovies washed and picked clean, a quarter of a pound of beaten macc,

mace, a tea-spoonful of mushroom powder, and half a pint of essence of ham, if you have it, lay over it a coarse paste, set it in the oven for three hours; when it comes out take off the lid and scum off the fat, and brown it with a salamander.—*This is the bottom dish.*

Then blanch the fins, cut them off at the first joint, fry the first pinions a fine brown, and put them into a tossing-pan, with two quarts of strong brown gravy, a glass of red wine, and the blood of the turtle, a large spoonful of lemon pickle, the same of browning, two spoonfuls of mushroom catchup, Chyan and salt, an onion stuck with cloves, and a bunch of sweet herbs; a little before it is enough put in an ounce of morels, the same of truffles, stew them gently over a slow fire for two hours: when they are tender put them into another tossing-pan, thicken your gravy with flour and butter, and strain it upon them, give them a boil, and serve them up.—*This is a corner-dish.*

Then take the thick or large part of the fins, blanch them in warm water, and put them in a tossing-pan, with three quarts of strong veal gravy, a pint of Madeira wine, half a tea-spoonful of Chyan, a little salt, half a lemon, a little beaten mace, a tea-spoonful of mushroom powder, and a bunch of sweet herbs; let them stew till quite tender, they will take two hours at least, then take them up into another tossing-pan, strain your gravy, and make it pretty thick with flour and butter, then put in a few boiled force-meat balls, which must be made of the veally part of your turtle, left out for that purpose; one pint of fresh mushrooms, (if you cannot get them, pickled ones will do,) and



and eight artichoke bottoms boiled tender, and cut in quarters; shake them over the fire five or six minutes, then put in half a pint of thick cream, with the yolks of six eggs beaten exceedingly well, shake it over the fire again till it looks thick and white, but do not let it boil; dish up your fins with the balls, mushrooms, and artichoke bottoms over and round them.—*This is the top-dish.*

Then take the chicken-part and cut it like Scotch-collaps, fry them a light brown, then put in a quart of veal gravy, stew them gently a little more than half an hour, and put to it the yolks of four eggs boiled hard, a few morels, a score of oysters; thicken your gravy; it must be neither white nor brown, but a pretty gravy colour; fry some oyster patties, and lay round it.—*This is a corner-dish to answer the same fins.*

Then take the guts, (which is reckoned the best part of the turtle) rip them open, scrape and wash them exceedingly well, rub them well with salt, wash them through many waters, and cut them in pieces two inches long; then scald the maw or paunch, take off the skin, scrape it well, cut it into pieces about half an inch broad, and two inches long; put some of the fishy part of your turtle in it, set it over a slow charcoal fire, with two quarts of veal gravy, a pint of Madeira wine, a little mushroom catchup, a few shalots, a little Chyan, half a lemon, and stew them gently four hours, till your gravy is almost consumed, then thicken it with flour, mixed with a little veal gravy, put in half an ounce of morels, a few force-meat balls, made as for the fins; dish it up, and brown it with a salamander, or in the oven.—*This is a corner-dish.*

Then



Then take the head, skin it and cut it in two pieces, put it into a stew-pot, with all the bones, hearts, and lights, to a gallon of water, or veal broth, three or four blades of mace, one shalot, a slice of beef beaten to pieces, and a bunch of sweet herbs; set them in a very hot oven, and let it stand an hour at least; when it comes out, strain it into a tureen for the middle of the table.

Then take the hearts and lights, chop them very fine, put them into a stew-pan, with a pint of good gravy, thicken it, and serve it up; lay the head in the middle, fry the liver, lay it round the head upon the lights, garnish with whole slices of lemon.—*This is the fourth corner-dish.*

N. B. The first course should be of turtle only, when it is dressed in this manner; but when it is with other victuals, it should be in three different dishes; but this way I have often dressed them, and have given great satisfaction. Observe to kill your turtle the night before you want it, or very early next morning, that you may have all your dishes going on at a time. Gravy for a turtle a hundred weight will take two legs of veal and two shanks of beef.

*To dress a TURTLE about thirty pounds weight.*

WHEN you kill the turtle, which must be done the night before, cut off the head, and let it bleed two or three hours; then cut off the fins and the callipee from the callipash; take care you do not burst the gall, throw all the inwards into cold water; the guts and tripe keep by themselves, and slit them open with a penknife, and wash them very clean in scalding water, and scrape off all the inward skin; as you do them throw them into cold water, wash them

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out

out of that, and put them into fresh water, and let them lie all night, scalding the fins and edges of the callipash and callipee; cut the meat off the shoulders, and hack the bones, and set them over the fire, with the fins, in about a quart of water; put in a little mace, nutmeg, Chyan and salt; let it stew about three hours, then strain it, and put the fins by for use; the next morning take some of the meat you cut off the shoulders, and chop it small, as for sausages, with about a pound of beef or veal suet, seasoned with mace, nutmeg, sweet-majoram, parsley, Chyan and salt to your taste, and three or four glasses of Madeira wine, so stuff it under the two fleshy parts of the meat, and if you have any left, lay it over, to prevent the meat from burning; then cut the remainder of the meat and the fins in pieces the size of an egg, season it pretty high with Chyan, salt, and a little nutmeg, and put it into the callipash; take care that it be sewed or secured up at the end to keep in the gravy; then boil up the gravy, and add more wine if required, and thicken it a little with butter and flour, put some of it to the turtle, and set it in the oven, with a well-buttered paper over it to keep it from burning, and when it is about half-baked squeeze in the juice of one or two lemons, and stir it up. Callipash or back will take half an hour more baking than the callipee, which two hours will do; the guts must be cut in pieces two or three inches long, the tripe in less, and put into a mug of clear water, and set in the oven with the callipash, and when it is enough, and drained from the water, it is to be mixed with the other parts, and sent up very hot.

*To dress a COD's HEAD and SHOULDERS.*

TAKE out the gills and the blood clean from the bone, wash the head very clean, rub over it a little salt, and a glass of alegar, then lay it on your fish plate; when your water boils, throw in a good handful of salt, with a glass of alegar, then put in your fish, and let it boil gently half an hour, if it is a large one, three-quarters; take it up very carefully, and strip the skin nicely off, set it before a brisk fire, dredge it all over with flour, and baste it well with butter; when the froth begins to rise, throw over it some very fine white bread crumbs; you must keep basting it all the time to make it froth well; when it is a fine white brown, dish it up, and garnish it with a lemon cut in slices, scraped horse-radish, barberries, a few small fish fried and laid round it, or fresh oysters; cut the roe and liver in slices, and lay over it a little of the lobster out of the sauce in lumps, and then serve it up.

*To make Sauce for the COD's HEAD.*

TAKE a lobster, if it be alive stick a skewer in the vent of the tail to keep the water out, and throw a handful of salt in the water; when it boils put in the lobster, and boil it half an hour; if it has spawn on, pick them off, and pound them exceedingly fine in a marble mortar, and put them into half a pound of good melted butter; then take the meat out of your lobster, pull it in bits and put it in your butter, with a meat-spoonful of lemon-pickle, and the same of walnut-catchup, a slice of an end of lemon, one or two slices of horse-radish, as much beaten mace as will lie on a sixpence, salt and Chyan to your  
D 2 taste,



taste, boil them one minute, then take out the horse-radish and lemon, and serve it up in your sauce-boat.—*N. B.* If you can get no lobster, you may make shrimp, cockle, or muscle sauce the same way; if there can be no kind of shell-fish got, you then may add two anchovies cut small, a spoonful of walnut-liquor, a large onion stuck with cloves, strain it, and put it in the sauce-boat.

*Second way to dress a COD's HEAD.*

TAKE out the gills and blood clean from the back-bone, wash it well, and put it on your plate, when your water boils put on two handfals of salt and half a pint of alegar, it will make your fish firmer; then put in the cod's head; if it is of a middle size it will take an hour's boiling; then take it up, and strip off the skin gently, dredge it well with flour, and lay lumps of butter on it; if it suits you better you may send it to the oven, and if it is not brown all over do it with a salamander; make your gravy sauce to it and serve it up.

*To dress young CODLINGS like SALT-FISH.*

TAKE young codlings, gut and dry them well with a cloth, fill their eyes full of salt, throw a little on the back-bone, and let them lie all night, then hang them up by the tail a day or two; as you have occasion for them, boil them in spring water, and drain them well, dish them up, and pour egg-sauce on them, and send them to the table.

*To dress a SALT COD.*

STEEP your salt fish in water, all night, with a glass of vinegar, it will fetch out the salt and make



make it eat like fresh fish ; the next day boil it ; when it is enough pull it in flakes into your dish, then pour egg-sauce over it, or parsnips boiled and beat fine with butter and cream ; send it to the table on a water-plate, for it will soon grow cold.

*To make EGG-SAUCE for a SALT COD.*

BOIL your eggs hard, first half chop the whites, then put in the yolks, and chop them both together, but not very small, put them into half a pound of good melted butter, and let it boil up, then put it on the fish.

*To dress COD SOUNDS.*

STEEP your sounds as you do the salt cod, and boil them in a large quantity of milk and water ; when they are very tender and white take them up and drain the water out, then pour the egg-sauce boiling hot over them, and serve them up.

*To dress COD SOUNDS like little TURKIES.*

BOIL your sounds as for eating, but not too much, take them up and let them stand till they are quite cold, then take a force-meat of chopped oysters, crumbs of bread, a lump of butter, nutmeg, pepper, salt, and the yolks of two eggs, fill your sounds with it, and skewer them up in the shape of a turkey, then lard them down each side as you would do a turkey's breast, dust them well with flour, and put them in a tin-oven to roast before the fire, and baste them well with butter ; when they are enough pour on them oyster-sauce ; three are sufficient for a side-dish ; garnish with barberries ; it is a pretty side-dish for a large table for a dinner in Lent.

*To boil SALMON CRIMP.*

SCALE your salmon, take out the blood, wash it well, and lay it on a fish-plate, put your water in a fish-pan with a little salt : when it boils put in your fish for half a minute, then take it out for a minute or two ; when you have done it four times, boil it until it be enough ; when you take it out of the fish-pan, set it over the water to drain ; cover it well with a clean cloth dipped in hot water, fry some small fish, or a few slices of salmon and lay round it—garnish with scraped horse-radish and fennel.

*To make ROLLED SALMON.*

TAKE a side of salmon when split and the bone taken out and scaled, strew over the inside pepper, salt, nutmeg, and mace, a few chopped oysters, parsley, and crumbs of bread ; roll it up tight, put it into a deep pot, and bake it in a quick oven, make the common fish sauce and pour over it.—Garnish with fennel, lemon, and horse-radish.

*To make Sauce for a SALMON.*

BOIL a bunch of fennel and parsley, chop them small, and put it into some good melted butter, and send it to the table in a sauce-boat ; another with gravy sauce.

To make the gravy sauce : Put a little brown gravy into a sauce-pan, with one anchovy, a tea-spoonful of lemon-pickle, a meat-spoonful of liquor from your walnut-pickle, one or two spoonfuls of the water that the fish was boiled in, (it gives it a pleasant flavour,) a stick of horse-radish, a little browning and salt ; boil them  
three

three or four minutes, thicken it with flour and a good lump of butter, and strain it through a hair-sieve.—*N. B.* This is a good sauce for most kinds of boiled fish.

*To boil a TURBOT.*

WASH your turbot clean (if you let it lie in the water it will make it soft) and rub it over with alegar, it will make it firmer, then lay it on your fish-plate, with the white side up, lay a cloth over it, and pin it tight under your plate, which will keep it from breaking, boil it gently in hard water, with a good deal of salt and vinegar, and scum it well, or it will discolour the skin; when it is enough, take it up and drain it, take the cloth carefully off, and slip it on your dish, lay over it fried oysters, or oyster patties; send in lobster or gravy sauce in sauce-boats. Garnish it with crisp parsley and pickles.—*N. B.* Do not put in your fish till your water boils.

*To boil a PIKE with a pudding in the belly.*

TAKE out the gills and guts, wash it well, then make a good force-meat of oysters chopped fine, the crumbs of half a penny loaf, a few sweet herbs, and a little lemon-peel shred fine, nutmeg, pepper, and salt, to your taste, a good lump of butter, the yolks of two eggs, mix them well together, and put them in the belly of your fish; sew it up, skewer it round, put hard water in your fish-pan, add to it a tea-cupful of vinegar, and a little salt: when it boils put in the fish; if it be a middle-size, it will take half an hour's boiling; garnish it with walnuts and pickled barberries; serve it up with oyster-sauce in a boat,



boat, and pour a little sauce on the pike. You may dress a roasted pike the same way.

*To stew CARP white.*

WHEN the carp are scaled, gutted, and washed, put them into a stewpan, with two quarts of water, half a pint of white wine, a little mace, whole pepper and salt, two onions, a bunch of sweet herbs, a stick of horse-radish; cover the pan close; let it stand an hour and a half over a slow stove, then put a gill of white wine into a saucepan, with two anchovies chopped, an onion, a little lemon-peel, a quarter of a pound of butter rolled in flour, a little thick cream, and a large tea-cupful of the liquor the carp was stewed in; boil them a few minutes; drain your carp, add to the sauce the yolks of two eggs mixed with a little cream; when it boils up squeeze in the juice of half a lemon; dish up your carp, and pour your sauce hot upon it.

*To dress CARP the best way, and the Sauce.*

KILL your carp and save the blood, scale and clean them very well, have ready some nice rich gravy, made of beef and mutton, seasoned with pepper, salt, mace, and onion; strain it off, before you stew your fish in it; boil your carp first before you stew it in the gravy; be careful you do not boil it too much before you put in the carp; then let it stew on a slow fire about a quarter of an hour, thicken the sauce with a good lump of butter rolled in flour: garnish your dish with fried oysters, fried toast cut three-corner ways, pieces of lemon, scraped horse-radish, and the roe of the carp cut in pieces, some fried and others boiled, squeeze the juice of a lemon into the



the sauce just before you send it up ; take care to dish it up handsomely and very hot.

*Another CARP SAUCE.*

TAKE the liver of the carp clean from the guts, and three anchovies, with a little parsley, thyme, and one onion, chop all these small together ; then take half a pint of Rhenish wine, four spoonfuls of elder vinegar, with the blood of the carp, put all these together to stew gently, and put it to the carp, which must first be boiled in water, a little salt, and a pint of wine ; take care not to do it too much after the carp is put in the sauce : garnish with fried oysters, fried toast, scraped horse-radish, and pieces of lemon, with the roe cut in pieces and fried : if you do not like elder vinegar, any other sort will do.

*To make WHITE FISH SAUCE.*

WASH two anchovies, put them into a saucepan, with one glass of white wine, and two of water, half a nutmeg grated, and a little lemon-peel ; when it is boiled five or six minutes, strain it through a sieve, add to it a spoonful of white-wine vinegar, thicken it a little, then put in near a pound of butter rolled in flour, boil it well, and pour it hot upon your dish.

*To make a very nice Sauce for most sorts of FISH.*

TAKE a little gravy made of either veal or mutton, put to it a little of the water that drains from your fish ; when it is boiled enough, put it in a saucepan, and put in a whole onion, one anchovy, a spoonful of catchup, and a glass of white wine, thicken it with a good lump of butter rolled in flour, and a spoonful of cream ; if

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you have oysters, cockles, or shrimps, put them in after you take it off the fire, (but it is very good without ; ) you may use red wine instead of white by leaving out the cream.

*To make LOBSTER-SAUCE.*

BOIL half a pint of water with a little mace and whole pepper, long enough to take out the strong taste of the spice, then strain it off, melt three quarters of a pound of butter smooth in the water, cut your lobster in very small pieces, stew it altogether tenderly with anchovy, and send it up hot.

*To make LOBSTER-SAUCE another way.*

BRUISE the body of a lobster into thick melted butter, and cut the flesh into it in small pieces, stew all together and give it a boil ; season with a little pepper, salt, and a very small quantity of mace.

*To stew CARP or TENCH.*

GUT and scale your fish, wash and dry them well with a clean cloth, dredge them well with flour, fry them in dripping, or sweet rendered suet, until they are a light brown, and then put them in a stewpan, with a quart of water, and one quart of red wine, a meat-spoonful of lemon-pickle, another of browning, the same of walnut or mum-catchup, a little mushroom-powder, and Chyan to your taste, a large onion stuck with cloves, and a stick of horse-radish : cover your pan close to keep in the steam, let them stew gently over a stove-fire, till your gravy is reduced to just enough to cover your fish in the dish ; then take the fish out, and put them  
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on the dish you intend for table, set the gravy on the fire, and thicken it with flour and a large lump of butter, boil it a little, and strain it over your fish: garnish them with pickled mushrooms and scraped horse-raddish, put a bunch of pickled barberries, or a sprig of myrtle in their mouths, and send to the table.

It is a top-dish for a grand entertainment.

*To dress a STURGEON.*

TAKE what size of piece of sturgeon you think proper, and wash it clean, lay it all night in salt and water, the next morning take it out, rub it well with alegar, and let it lie in it for two hours, then have ready a fish-kettle full of boiling water, with one ounce of bay salt, two large onions, and a few sprigs of sweet-marjoram; boil your sturgeon till the bones will leave the fish, then take it up, take the skin off, and flour it well, set it before the fire, baste it with fresh butter, and let it stand till it be a fine brown, then dish it up, and pour into the dish the same sauce as for the white carp; garnish with crisp parsley and red pickles.

This is a proper dish for the top or middle.

*To roast large EELS or LAMPREYS with a pudding in the belly.*

SKIN your eels or lampreys, cut off the head, take the guts out, and scrape the blood clean from the bone, then make a good force-meat of oysters or shrimps chopped small, the crumbs of half a penny loaf, a little nutmeg or lemon-peel shred fine, pepper, salt, and the yolks of two eggs; put them in the belly of your fish, sew it up, turn it round your dish, put over it

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flour



flour and butter, pour a little water on your dish, and bake it in a moderate oven; when it comes out take the gravy from under it, and scum off the fat, then strain it through a hair-sieve; add to it a tea-spoonful of lemon-pickle, two of browning, a meat-spoonful of walnut-catchup, a glass of white wine, one anchovy, and a slice of lemon, let it boil ten minutes, thicken it with butter and flour; send it up in a sauce-boat; dish your fish: garnish it with lemon and crisp parsley."

This is a pretty dish for either corner or side for a dinner.

*To stew LAMPREYS.*

SKIN and gut your lampreys, season them well with pepper, salt, cloves, nutmeg, and mace, not pounded too fine, and a little lemon-pill shred fine; then cut some thin slices of butter into the bottom of your saucepan, put in the fish, with half a pint of nice gravy, half the quantity of white wine and cyder, the same of claret, with a small bundle of thyme, winter-savory, pot-marjoram, and an onion sliced; stew them over a slow fire, and keep turning the lampreys till they are quite tender; when they are tender take them out, and put in one anchovy, and thicken the sauce with the yolk of an egg, or a little butter rolled in flour, and pour it over the fish, and serve them up.—*N. B.* Roll them round a skewer before you put them into a pan.

*To stew FLOUNDERS, PLAICE, or SOLES.*

HALF fry your fish in three ounces of butter a fine brown, then take up your fish, and put to your butter a quart of water, and boil it slowly  
a quarter



a quarter of an hour with two anchovies, and an onion sliced; then put in your fish again, with a herring, and stew them gently twenty minutes; then take out the fish and thicken the sauce with butter and flour, and give it a boil; then strain it through a hair-sieve, over the fish, and send them up hot.—

*N. B.* If you choose cockle or oyster liquor, put it in just before you thicken the sauce, or you may send oysters, cockles, or shrimps in a sauce-boat to table.

*A good way to stew FISH.*

MIX half a tumbler of wine with as much water as will cover the fish in the stewpan, and put in a little pepper and salt, three or four onions, a crust of bread toasted very brown, one anchovy, a good lump of butter, and set them over a gentle fire; shake the stewpan now and then, that it may not burn; just before you serve it up, pour your gravy into a saucepan, and thicken it with a little butter rolled in flour, a little catchup and walnut pickle beaten well together till smooth, then pour it on your fish, and set it over the fire to heat, and serve it up hot.

*To boil MACKEREL.*

GUT your mackerel and dry them carefully with a clean cloth, then rub them slightly over with a little vinegar, and lay them straight on your fish-plate (for turning them round often breaks them), put a little salt in the water when it boils; put them into your fish-pan, and boil them gently fifteen minutes, then take them up and drain them well, and put the water that runs from them into a saucepan with two tea-spoonfuls

fuls of lemon-pickle, one meat spoonful of walnut-catchup, the same of browning, a blade or two of mace, one anchovy, a slice of lemon; boil them all together a quarter of an hour, then strain it through a hair-sieve, and thicken it with flour and butter, send it in a sauce-boat, and parsley-sauce in another; dish up your fish with the tails in the middle; garnish it with scraped horse-radish and barberries.

*To boil HERRINGS.*

SCALE, gut, and wash your herrings, dry them clean, and rub them over with a little vinegar and salt, skewer them with their tails in their mouths, lay them on your fish-plate; when your water boils put them in, they will take ten or twelve minutes boiling; when you take them up, drain them over the water, then turn the heads into the middle of your dish, lay round them scraped horse-radish, parsley, and butter for sauce.

*To fry HERRINGS.*

SCALE, wash, and dry your herrings well; lay them separately on a board, and set them to the fire two or three minutes before you want them, it will keep the fish from sticking to the pan, dust them with flour; when your dripping or butter is boiled hot put in your fish, a few at a time, fry them over a brisk fire; when you have fried them all, set the tails up one against another in the middle of the dish, then fry a large handful of parsley crisp, take it out before it loses its colour, lay it round them, and parsley-sauce in a boat; or if you like onions better, fry them, lay some round your dish, and make onion-sauce for them;

them; or you may cut off the heads after they are fried, chop them, and put them into a saucepan, with ale, pepper, salt, and an anchovy, thicken it with flour and butter, strain it, and then put it in a sauce-boat.

*To bake HERRINGS.*

WHEN you have cleaned your herrings, as above, lay them on a board, take a little black and Jamaica pepper, a few cloves, and a good deal of salt, mix them together, then rub it all over the fish, lay them straight in a pot, cover them with alegar, tie a strong paper over the pot, and bake them in a moderate oven; if your alegar be good, they will keep two or three months; you may eat them either hot or cold.

*To bake SPRATS.*

RUB your sprats with salt and pepper, and to every two pints of vinegar put one pint of red wine, dissolve a pennyworth of cochineal, lay your sprats in a deep earthen-dish, pour in as much red wine, vinegar, and cochineal, as will cover them, tie a paper over them, set them in an oven all night.—They will eat well, and keep for some time.

*To boil SCATE or RAY.*

CLEAN your scate or ray very well, and cut it in long narrow pieces, then put it in boiling water with a little salt in it; when it has boiled a quarter of an hour take it out, slip the skin off, then put it in your pan again, with a little vinegar, and boil it till enough; when you take it up, set it over the water to drain, and cover it close up, and when you dish it, be as quick as possible,  
for

for it soon grows cold, pour over it cockle, shrimp, or muscle-sauce, lay over it oyster-patties; garnish it with barberries and horse-radish.

*To fry SOLES.*

SKIN your soles as you do ells, but keep on their heads; rub them over with an egg, and strew over them bread crumbs, fry them over a brisk fire in hog's-lard a light brown, serve them up with good melted butter, and garnish it with green pickles.

*To marinate SOLES.*

BOIL them in salt and water, bone and drain them, lay them on a dish with the belly up, boil some spinage, and pound it in a mortar, then boil four eggs hard, chop the whites and yolks separate, lay green, white and yellow amongst the soles: serve them up with melted butter in a boat.

*To broil HADDOCKS or WHITINGS.*

GUT and wash your haddocks or whittings, dry them with a cloth, and rub a little vinegar over them, it will keep the skin on better, dust them well with flour, rub your gridiron with butter, and let it be very hot when you lay the fish on, or they will stick, turn them two or three times on the gridiron, when enough serve them up, and lay pickles round them, with plain melted butter, or cockle-sauce: they are a pretty dish for supper.

*A second way.*

WHEN you have cleaned your haddocks or whittings, as above, put them in a tin oven, and set



set them before a quick fire; when the skins begin to rise take them off, beat an egg, rub it over them with a feather, and strew over them a few bread-crumbs, dredge them well with flour; when your gridiron is hot rub it well with butter or suet, it must be very hot before you lay the fish on; when you have turned them, rub a little cold butter over them, turn them as your fire requires until they are enough and a little brown; lay round them cockles, muscles, or red cabbage; you may either have shrimp-sauce or melted butter.

*To fry SMELTS or SPARLINGS.*

DRAW the guts out at the gills, but leave in the melt or roe, dry them with a cloth, beat an egg, and rub it over them with a feather, then strew bread crumbs over them, fry them with hog's-lard or rendered beef-suet; when it is boiling hot put in your fish, shake them a little, and fry them a nice brown, drain them in a sieve; when you dish them, put a bason in the middle of your dish with the bottom up, lay the tails of your fish on it, fry a handful of parsley in the fat your fish was fried in, take it out of the water as you fry it, and it will keep its colour and crisp sooner, put a little on the tails, and lay the rest in lumps round the edge of the dish; serve it up with good melted butter for sauce.

*To fry PERCH or TROUT.*

WHEN you have scaled, gutted, and washed your perch or trout, dry them well, then lay them separately on a board before the fire, two minutes; before you fry them dust them well with flour, and fry them a fine brown in roast  
F dripping

dripping or rendered suet; serve them up with melted butter and crisped parsley.

*To dress PERCH in WATER-SOKEY.*

SCALE, gut and wash your perch, put salt in your water; when it boils, put in the fish, with an onion cut in slices; you must separate it into round rings, a handful of parsley picked and washed clean; put in as much milk as will turn the water white; when your fish are enough put them in a soup-dish, and pour a little of the water over them with the parsley and the onions, then serve them up with butter and parsley in a boat; onions may be omitted if you please. You may boil trout the same way.

*To boil EELS.*

SKIN, gut, and take the blood out of your eels, cut off their heads; dry them, and turn them round on your fish-plate, boil them in salt and water, and make parsley sauce for them.

*To pitch-cock EELS.*

SKIN, gut, and wash your eels, then dry them with a cloth, sprinkle them with pepper, salt, and a little dried sage; turn them backward and forward, and skewer them; rub your gridiron with beef-suet, broil them a good brown, put them on your dish with good melted butter, and lay round fried parsley.

*To broil EELS.*

WHEN you have skinned and cleansed your eels as before, rub them with the yolk of an egg, strew over them bread crumbs, chopped parsley, sage, pepper, and salt; baste them well with  
butter,

butter, and set them in a dripping-pan; roast or broil them on a gridiron; serve them up with parsley and butter for sauce.

*To broil FLOUNDERS and all kinds of FLAT-FISH.*

CUT off the fins, and nick the brown side under the head; then take out the guts, and dry them with a cloth, boil them in salt and water; make either gravy, shrimp, cockle, or muscle sauce, and garnish it with red cabbage.

*To stew OYSTERS and all sorts of SHELL-FISH.*

WHEN you have opened your oysters, put their liquor in a tossing-pan, with a little beaten mace; thicken it with flour and butter, boil it three or four minutes, toast a slice of white bread, and cut it into three-cornered pieces; lay them round your dish, put in a spoonful of good cream, put in your oysters, and shake them round in your pan; you must not let them boil, for if they do, it will make them hard and look small; serve them up in a little soup-dish or plate.—*N. B.* You may stew cockles, muscles, or any shell-fish the same way.

*To stew OYSTERS, COCKLES, and MUSCLES.*

OPEN your fish clean from the shell, save the liquor, and let it stand to settle; then strain it through a hair-sieve, and put to it as many crumbs of bread as will make it pretty thick, and boil them well together before you put in the fish, with a good lump of butter, pepper, and salt to your taste; give them a single boil, and serve them up.—*N. B.* You may make it a fish-sauce by adding a glass of white wine just  
F 2 before



before you take it off the fire, and leaving out the crumbs of bread.

*To scallop OYSTERS.*

WHEN your oysters are opened, put them in a bason, and wash them out of their own liquor, put some of your scallop-shells, strew over them a few bread-crumbs, and lay a slice of butter on them, then more oysters, bread-crumbs, and a slice of butter on the top, put them into a Dutch oven to brown, and serve them up in the shells.

*To fry OYSTERS.*

TAKE a quarter of an hundred of large oysters, beat the yolks of two eggs, add to it a little nutmeg, and a blade of mace pounded, a spoonful of flour, and a little salt; dip in your oysters, and fry them in hog's lard a light brown; if you choose you may add a little parsley shred fine.—  
N. B. They are a proper garnish for cod's-head, calf's-head, or most made dishes.

*To make OYSTER LOAVES.*

TAKE small French rasps, or you may make little round loaves, make a round hole in the top, scrape out all the crumb, then put your oysters into a tossing-pan, with the liquor and crumbs that came out of your rasps or loaves, and a good lump of butter, stew them together five or six minutes, then put in a spoonful of good cream, fill your rasps or loaves, lay the bit of crust carefully on again, set them in the oven to crisp.—Three are enough for a side-dish.



*To boil* LOBSTERS.

TAKE your lobster, and put a skewer in the vent of the tail, to prevent the water from getting into the belly of the lobster; put it into a pan of boiling water, with a little salt in it, if it be a large one it will take half an hour's boiling; when you take it out put a lump of butter in a cloth, and rub it over, it will strike the colour and make it look bright.

*To roast* LOBSTERS.

HALF-boil your lobster as before, rub it well with butter, and set it before the fire, baste it all over till the shell looks a dark brown, serve it up with good melted butter.

*To stew* LOBSTERS or SHRIMPS.

PICK your lobsters or shrimps in as large pieces as you can, and boil the shells in a pint of water, with a blade or two of mace, and a few whole pepper-corns; when all the strength is come out of the shells and spice, strain it, and put in your lobsters or shrimps, and thicken it with flour and butter, and give them a boil; put in a glass of white wine, or two spoonfuls of vinegar, and serve it up.

*To make* LOBSTER PATTIES *to garnish* FISH.

TAKE all the red seeds and the meat of a lobster, with a little pepper, salt, and crumbs of bread, mix them well with a little butter, make them up in small patties, and put them in either rich batter or thin paste, fry or bake them, and garnish your fish with them.

*To pickle STURGEON.*

CUT your sturgeon into what size pieces you please, wash it well and tie it with mats; to every three quarts of water put a quart of old strong beer, a handful of bay salt, and double the quantity of common salt, one ounce of ginger, two ounces of black pepper, one ounce of cloves, and one of Jamaica pepper, boil it till it will leave the bone, then take it up; the next day put in a quart of strong-ale alegar, and a little salt, tie it down with strong paper, and keep it for use.—Do not put your sturgeon in till the water boils.

*To pickle SALMON the Newcastle way.*

TAKE a salmon about twelve pounds, gut it, then cut off the head, and cut it across in what pieces you please, but do not split it, scrape the blood from the bone, and wash it well out, then tie it across each way, as you do sturgeon, set on your fishpan with two quarts of water, and three of strong beer, half a pound of bay-salt, and one pound of common salt; when it boils scum it well, then put in as much fish as your liquor will cover, and when it is enough take it carefully out, lest you strip off the skin, and lay it on earthen dishes; when you have done all your fish, let it stand till the next day, put it into pots, add to the liquor three quarts of strong-beer alegar, half an ounce of mace, the same of cloves and black pepper, one ounce of long pepper, two ounces of white ginger, sliced, boil them well together half an hour, then pour it boiling hot upon your fish; when cold, cover it well with strong brown paper.—This will keep a whole year.

*To pickle OYSTERS.*

OPEN the largest and finest oysters you can get whole and clean from the shell, wash them in their own liquor, let it stand to settle, then pour it from the sediment into the saucepan, put to it a glass of Lisbon wine, as much white-wine vinegar as you had oyster-liquor, three or four blades of mace, a nutmeg sliced, a few white pepper-corns, and a little salt; boil it five or six minutes, scum it, then put in your oysters, simmer them ten or twelve minutes, take them out, and put them in narrow-topped jars; when they are cold, pour over them rendered mutton-suet, tie them down with a bladder, and keep them for use.

*To pickle OYSTERS another way.*

BE careful not to break the oysters in opening, cut off the black verge, and clean them very well from any part of the shell, put them into a basin of water, wash the oysters in it and strain the liquor, boil it with a little vinegar and spices till it suit your taste, then put the oysters to it, and, if large, let them boil eight minutes; put them into stone jars; when the liquor is cold pour it upon the oysters, and to every score of oysters put two spoonfuls of water, and nearly two spoonfuls of the best vinegar, then tie them close over with bladders and white leather.

*To collar MACKEREL.*

GUT and slit your mackerel down the belly, cut off the head, take out the bones, take care you do not cut it in holes, then lay it flat upon its back, season it with mace, nutmeg, pepper, and



and salt, and a handful of parsley shred fine, strew it over them, roll them tight, and tie them well separately in cloths, boil them gently twenty minutes in vinegar, salt, and water, then take them out, put them into a pot; pour the liquor on them, or the cloth will stick to the fish; the next day take the cloth off your fish, put a little more vinegar to the pickle, keep them for use; when you send them to the table, garnish with fennel and parsley, and put some of the liquor under them.

*To pickle MACKEREL.*

WASH and gut your mackerel, then skewer them round with their tails in their mouths, bind them with a fillet to keep them from breaking, boil them in salt and water about ten minutes, then take them carefully out, put to the water a pint of aleger, two or three blades of mace, a little whole pepper, and boil it all together; when cold pour it on the fish, and tie it down cold.

*To pot SALMON.*

LET your salmon be quite fresh, scale and wash it well, and dry it with a cloth, split it up the back and take out the bone, season it well with white pepper and salt, a little nutmeg and mace, let it lie two or three hours, then put it down, put it into the oven, and bake it an hour; when it comes out, lay it on a flat dish, that the oil may run from it, cut it to the size of your pots, lay it in layers till you fill the pot, with the skin upwards, put a board over it, lay on a weight to press it till cold, then pour over it clarified butter; when you cut it, the skin makes it look  
ribbed;



ribbed; you may send it to the table either cut in slices, or in the pot.

*A second way.*

WHEN you have any cold salmon left, take the skin off, and bone it, then put it in a marble mortar, with a good deal of clarified butter; season it pretty high with pepper, mace, and salt, shred a little fennel very small, beat them all together exceedingly fine, then put it close down into a pot, and cover it with clarified butter.

*To pot SMELTS or SPARLINGS.*

DRAW out the guts with a skewer under the gills, the melt or roe must be left in, dry them well with a cloth, season them with salt, mace, and pepper, lay them in a pot, with half a pound of melted butter over them, tie them down, and bake them in a slow oven three quarters of an hour; when they are almost cold, take them out of the liquor, put them into oval pots, cover them with clarified butter, and keep them for use.

*To pickle SMELTS or SPARLINGS.*

GUT them with a skewer under the gills, but leave the melt or roe in, dry them with a cloth, and skewer their tails in their mouths, put salt in your water, when it boils put in your fish for ten minutes, then take them up, put to the water a blade or two of mace, a few cloves, and a little alegar; boil them all together, and when it is cold put in your fish, and keep them for use.

*To collar EELS.*

CASE your eel, cut off the head, slit open the belly, take out the guts, cut off the fins, take out the bones, lay it flat on the back, grate over it a small nutmeg, two or three blades of mace beat fine, a little pepper and salt, strew over it a handful of parsley shred fine, with a few sage leaves, roll it up tight in a cloth, bind it well; if it be of a middle size, boil it in salt water three quarters of an hour, hang it up all night to drain, add to the pickle a pint of vinegar, a few peppercorns, and a sprig of sweet-marjoram, boil it ten minutes, and let it stand till the next day, take off the cloth, and put your eels into the pickle; you may send them whole on a plate, or cut them in slices; garnish with green parsley.—Lampreys are done the same way.

*To pickle COCKLES.*

WASH your cockles clean, put them in a saucepan, cover them close, set them over the fire, shake them till they open, then pick them out of the shells; let the liquor settle till it be clean, then put in the same quantity of wine vinegar, and a little salt, a blade or two of mace, boil them together, and pour it on your cockles, and keep them in bottles for use.—You must pickle the muscles the same way.

*To pot CHAR.*

CUT off the fins and cheek part of each side of the head of your char, rip them open, take out the guts and the blood from the back-bone, dry them well with a cloth, lay them on a board, and throw on them a good deal of salt, let them  
stand

stand all night, then scrape it gently off them, and wipe them exceedingly well with a cloth; pound mace, cloves, and nutmeg very fine, throw a little in the inside of them, and a good deal of salt and pepper on the outside, put them close down in a deep pot, with their bellies up, with plenty of clarified butter over them, set them in the oven, and let them stand for three hours; when they come out pour what butter you can clear off, lay a board over them, and turn them upside down, to let the gravy run from them, scrape the salt and pepper very carefully off, and season them exceedingly well both inside and out with the above seasoning, lay them close in broad tin-pots for that purpose, with the backs up, then cover them well with clarified butter; keep them in a cold dry place.

*To pot EELS.*

SKIN, gut, and clean your eels, cut them in pieces about four inches long, then season them with pepper, salt, beaten mace, and a little dried sage rubbed very fine; rub them well with your seasoning, lay them in a brown pot, put over them as much butter as will cover them, tie them down with a strong paper, set them in a quick oven for an hour and a half; take them out, when cold put them into small pots, and cover them with clarified butter.  
N. B. You may pot lampreys the same way.

*To pot LAMPREYS.*

TAKE lampreys alive, and run a stick through their heads, and slit their tails, hang them up by their heads and they will bleed at the tail end: when they have done bleeding, cut them open,

take out the guts, and wipe them until they are perfectly dry and clean (you must not wash them with water), then rub them with pepper and salt, let them stand all night, and wipe them exceedingly dry again, then season them with pepper, salt, mace, and a little nutmeg, roll them up tight, put them in a pot with some butter, cover them up with strong paper, and bake them in a moderate oven; when they are enough and near cold, drain out the butter from them, put them in your potting-pots, and cover them with clarified butter.

*To pot LOBSTERS.*

TAKE the meat out of the claws and belly of a boiled lobster, put it in a marble mortar, with two blades of mace, a little white pepper and salt, a lump of butter the size of half an egg, beat them all together till they come to a paste, put one half of it into your pot, take the meat out of the tail-part, lay it in the middle of your pot, lay on it the other half of your paste, press it close down, pour over it clarified butter, a quarter of an inch thick.—*N. B.* To clarify butter, put your boar into a clean sauce-pan, set it over a slow fire, when it is melted scum it, and take it off the fire, let it stand a little, then pour it over your lobsters; take care you do not pour in the milk which settles to the bottom of the saucepan.

*A receipt to pot LOBSTERS, which cost ten guineas.*

TAKE twenty good lobsters, and when cold pick all the meat out of the tails and claws, (be careful to take out all the black gut in the tails, which must not be used) beat fine three quarters  
of



of an ounce of mace, a small nutmeg, and four or five cloves, with pepper and salt, season the meat with it; lay a layer of butter into a deep earthen-pot, then put in the lobsters, and lay the rest of the butter over them, (this quantity of lobsters will take at least four pounds of butter to bake them) tie a paper over the pot, set them in an oven, when they are baked tender, take them out, and lay them on a dish to drain a little, then put them close down in your potting-pots, but do not break them in small pieces, but lay them in as whole as you can, only splitting the tails. When you have filled your pots as full as you choose, take a spoonful or two of the red butter they were baked in, pour it on the top, and set it before the fire to let it melt in, then cool it, and melt a little white wax in the remainder of the butter, and cover them.—*N. B.* Lay a good deal of the red hard part in the pot to bake, to colour the butter, but do not put it in the potting-pots.

*To pot SHRIMPS.*

PICK the finest shrimps you can get, season them with a little beaten mace, pepper, and salt to your taste, and with a little cold butter; pound them all together in a mortar till it comes to a paste, put it down in small pots, and pour over them clarified butter.

*To caveach SOLES.*

FRY your soles either in oil or butter, boil some vinegar with a little water, two or three blades of mace, a very few cloves, some black pepper, and a little salt, let it stand till cold, and when cold beat up some oil with it, lay your fish

fish in a deep pot, and slice a good deal of shalots or onions between each fish, throw your liquor over it, and pour some oil on the top : it will keep three or four months, made rich, and fried in oil ; it must be stopped well, and kept in a dry place. Take out a little at a time when you use it.

*To caveach FISH.*

CUT your fish into pieces the thickness of your hand, season it with pepper and salt, let it lie an hour, dry it well with a cloth, flour it and then fry it a fine brown in oil : boil a sufficient quantity of vinegar with a little garlic, mace, and whole pepper to cover the fish, add the same quantity of oil, and salt to your taste, mix well the oil and vinegar, and when the fish and liquor is quite cold, slice some onion to lay in the bottom of the pot, then a layer of fish and onion, and so on till the whole fish is put up ; the liquor must not be put in till it is quite cold.

*A very good way to preserve FISH.*

TAKE any large fish, cut off the head, wash it clean, and cut it into thin slices, dry it well with a cloth, flour it, and dip it in the yolks of eggs, fry it in plenty of oil till it is a fine brown, and well done, lay them to drain till cold, then lay them in your vessel, throw in betwixt the layers mace, cloves, and sliced nutmeg, then make a pickle of the best white-wine vinegar, shalots, garlic, white pepper, Jamaica pepper, long pepper, juniper-berries, and salt, boil it till the garlic is tender, and the pickle will be enough ; when it is quite cold pour it on your fish,

fish, with a little oil on the top; small fish are done whole; cover it close with a bladder.

*To pickle SHRIMPS.*

PICK the finest shrimps you can get, and put them into cold aleger and salt, put them into little bottles, cork them close, and keep them for use.

*To pot red and black MOOR-GAME.*

PLUCK and draw them, and season them with pepper, cloves, mace, ginger, and nutmeg, well beaten and sifted, with a quantity of salt not to overcome the spices, roll a lump of butter in the seasoning, and put it into the body of the fowls, rub the outside with seasoning, and then put them into pots with the breast downwards, and cover them with butter; lay a paper, and then paste over them, and bake them till they are tender, then take them out, and lay them to drain, then put them into potting-pots with the breast upward, and take all the butter they were baked in clean from the gravy, and pour upon them; fill up the pots with clarified butter, and keep them in a dry place.

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C H A P. III.

*Observations on ROASTING and BOILING.*

WHEN you boil any kind of meat, particularly veal, it requires a great deal of care and neatness; be sure your copper is very clean and well tinned, fill it as full of soft water  
as



as is necessary, dust your veal well with fine flour, put it into your copper, set it over a large fire; some choose to put in milk to make it white, but I think it is better without; if your water happens to be the least hard, it curdles the milk, and gives the veal a brown yellow cast, and often hangs in lumps about the veal, so will oatmeal, but by dusting your veal, and putting it into the water when cold, it prevents the fulness of the water from hanging upon it; when the scum begins to rise, take it clear off, put on your cover, let it boil in plenty of water as slow as possible, it will make your veal rise and plump: A cook cannot be guilty of a greater error than to let any sort of meat boil fast, it hardens the outside before the inside is warm, and discolours it, especially veal; for instance, a leg of veal of twelve pounds weight will require three hours and a half boiling, and slower it boils the whiter and plumper it will be; when you boil mutton or beef, observe to dredge them well with flour before you put them into the kettle of cold water, keep it covered, and take off the scum; mutton or beef do not require so much boiling, nor is it so great a fault if they are a little short; but veal, pork, or lamb, are not so wholesome if they are not boiled enough; a leg of pork will require half an hour more boiling than a leg of veal of the same weight; when you boil beef or mutton, you may allow an hour for every four pounds weight; it is the best way to put in your meat when the water is cold, it gets warm to the heart before the outside grows hard; a leg of lamb four pounds weight will require an hour and a half's boiling.

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WHEN you roast any kind of meat, it is a very good way to put a little salt and water in your dripping-pan, baste your meat a little with it, let it dry, then dust it well with flour, baste it with fresh butter, it will make your meat a better colour; observe always to have a brisk clear fire, it will prevent your meat from dazing, and the froth from falling; keep it a good distance from the fire, if the meat is scorched the outside is hard, and prevents the heat from penetrating into the meat, and will appear enough before it be little more than half done. Time, distance, basting often, and a clear fire, is the best method I can prescribe for roasting meat to perfection; when the steam draws near the fire it is a sign of its being enough; but you will be the best judge of that from the time you put it down. Be careful, when you roast any kind of wild fowl, to keep a clear brisk fire, roast them a light brown, but not too much; it is a great fault to roast them till the gravy runs out of them, it takes off the fine flavour.—Tame fowls require more roasting, they are a long time before they are hot through, and must be often basted to keep up a strong froth, it makes them rise better, and a finer colour.—Pigs and geese should be roasted before a good fire, and turned quick.—Hares and rabbits require time and care to see the ends are roasted enough; when they are half roasted, cut the neck-skin, and let out the blood, for when they are cut up they often appear bloody at the neck.

*To roast a Pig.*

STICK your pig just above the breast bone, run your knife to the heart, when it is dead

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put

put it in cold water for a few minutes, then rub it over with a little rosin beat exceedingly fine, or its own blood, put your pig into a pail of scalding water half a minute, take it out, lay it on a clean table, pull off the hair as quick as possible, if it does not come clean off put it in again, when you have got it all clean off, wash it in warm water, then in two or three cold waters, for fear the rosin should taste; take off the four feet at the first joint, make a slit down the belly, take out all the entrails, put the liver, heart, and lights to the pettitoes, wash it well out of cold water, dry it exceedingly well with a cloth, hang it up, and when you roast it put in a little shred sage, a tea-spoonful of black-pepper, two of salt, and a crust of brown bread, spit your pig and sew it up; lay it down to a brisk, clear fire, with a pig-plate hung in the middle of the fire; when your pig is warm, put in a lump of butter in a cloth, rub your pig often with it while it is roasting; a large one will take an hour and a half; when your pig is a fine brown, and the steam draws near the fire, take a clean cloth, rub your pig quite dry, then rub it well with a little cold butter, it will help to crisp it; then take a sharp knife, cut off the head, and take off the collar, then take off the ears and jaw-bone, split the jaw in two, when you have cut the pig down the back, which must be done before you draw the spit out, then lay your pig back to back on your dish, and the jaw on each side, the ears on each shoulder, and the collar at the shoulder, and pour in your sauce, and serve it up—garnish with a crust of brown bread, grated.

*To make SAUCE for a PIG.*

CHOP the brains a little, then put in a tea-spoonful of white gravy with the gravy that runs out of the pig, a little bit of anchovy, mix near half a pound of butter, with as much flour as will thicken the gravy, a slice of lemon, a spoonful of white wine, a little caper-liquor and salt, shake it over the fire, and pour it into your dish: some like currants; boil a few, and send them in a tea-saucer, with a glass of currant jelly in the middle of it.

*A second way to make PIG-SAUCE.*

CUT all the outside off a penny-loaf, then cut it into very thin slices, put it into a saucepan of cold water with an onion, a few peppercorns, and a little salt; boil it until it be a fine pulp, then beat it well, put in a quarter of a pound of butter, and two spoonfuls of thick cream, make it hot, and put it into a bason.

*To dress a PIG'S PETTITOEES.*

TAKE up the heart, liver, and lights, when they have boiled ten minutes, and shred them pretty small, but let the feet boil till they are pretty tender, then take them out, and split them; thicken your gravy with flour and butter, put in your mince-meat, a slice of lemon, a spoonful of white wine, a little salt, and boil it a little; beat the yolk of an egg, add to it two spoonfuls of good cream, and a little grated nutmeg; put in your pettitoes, shake it over the fire, but do not let it boil; lay sippets round your dish, pour in your mince-meat, lay the feet over them, the skin side up, and send them to table.



*To boil a Goose with ONION-SAUCE.*

TAKE your goose ready dressed, singe it, and pour over it a quart of boiling milk; let it lie in it all night, then take it out and dry it exceedingly well with a cloth, season it with pepper and salt; chop small a large onion, a handful of sage-leaves, put them into your goose, sew it up at the neck and vent, hang it up by the legs till the next day, then put it into a pan of cold water, cover it close, and let it boil slowly one hour.

*To stew GOOSE-GIBLETS.*

CUT your pinions in two, the neck in four pieces, slice the gizzard, clean it well, stew them in two quarts of water, or mutton-broth; with a bundle of sweet herbs, one anchovy, a few pepper-corns, three or four cloves, a spoonful of catchup, and an onion; when the giblets are tender, put in a spoonful of good cream, thicken it with flour and butter, serve them up in a soup-dish, and lay sippets round it.

*To roast a GREEN GOOSE.*

WHEN your goose is ready dressed, put in a good lump of butter, spit it, lay it down, singe it well, dust it with flour, baste it well with fresh butter, baste it three or four different times with cold butter, it will make the flesh rise better than if you was to baste it out of the dripping-pan; if it is a large one it will take three quarters of an hour to roast it; when you think it is enough, dredge it with flour, baste it till it is a fine froth, and your goose a nice brown; and dish it up with a little brown gravy under it; garnish with a crust of bread grated round the edge of your dish.



*To make SAUCE for a GREEN GOOSE.*

TAKE some melted butter, put in a spoonful of the juice of sorrel, a little sugar, a few coddled gooseberries, pour it into your sauce-boats, and send it hot to the table.

*To roast a STUBBLE-GOOSE.*

CHOP a few sage-leaves and two onions very fine, mix them with a good lump of butter, a tea-spoonful of pepper, and two of salt, put it in your goose, then spit it, and lay it down, singe it well, dust it with flour; when it is thoroughly hot baste it with fresh butter; if it be a large one it will require an hour and a half before a good clear fire; when it is enough dredge and baste it, pull out the spit, and pour in a little boiling water.

*To make SAUCE for a Goose.*

PARE, core, and slice your apples, put them in a saucepan with as much water as will keep them from burning; set them over a very slow fire, keep them close covered till they are all of a pulp, then put in a lump of butter, and sugar to your taste, beat them well, and send them to table in a sauce-boat.

*To boil DUCKS with ONION-SAUCE.*

SCALD and draw your ducks, put them in warm water for a few minutes, then take them out, put them in an earthen-pot, pour over them a pint of boiling milk, let them lie in it two or three hours; when you take them out dredge them well with flour, put them in a copper of cold water, put on your cover, let them boil slowly

slowly twenty minutes, then take them out, and smother them with onion-sauce.

*To make ONION-SAUCE.*

BOIL eight or ten large onions, change the water two or three times while they are boiling; when enough, chop them on a board to keep them from growing a bad colour; put them in a saucepan, with a quarter of a pound of butter, two spoonfuls of thick cream, boil it a little, and pour it over the ducks.

*To roast Ducks.*

WHEN you have killed and drawn your ducks, shred one onion and a few sage-leaves, put them into your ducks, with pepper and salt; spit, finge, and dust them with flour, baste them with butter; if your fire be very hot they will be roasted in twenty minutes; the quicker they are roasted the better they eat: just before you draw them dust them with flour, and baste them with butter; put them on a dish, have ready your gravy, made of the gizzards and pinions, a large blade of mace, a few pepper-corns, a spoonful of catchup, the same of browning, a tea-spoonful of lemon-pickle, and one onion; strain it, pour it on your dish, and send onion-sauce in a boat.

*To boil a TURKEY with ONION-SAUCE.*

LET your turkey have no meat the day before you kill it; when you are going to kill it give it a spoonful of alegar, it will make it white and eat tender; when you have killed it hang it up by the legs for four or five days at least; when you have plucked it draw it at the rump, if you can take the breast-bone out nicely it will look  
much

much better, cut off the legs, put the end of the thighs into the body of the turkey, skewer them down, and tie them with a string, cut off the head and neck ; then grate a penny-loaf, chop a score or more of oysters fine, shred a little lemon-peel, nutmeg, pepper, and salt to your palate, mix it up into a light force-meat, with a quarter of a pound of butter, a spoonful or two of cream, and three eggs, stuff the craw with it, and make the rest into balls and boil them, sew up the turkey, dredge it well with flour, put it into a kettle of cold water, cover it, and set it over the fire ; when the scum begins to rise take it off, put on your cover, let it boil very slowly for half an hour, then take off your kettle, and keep it close covered ; if it be of a middle size let it stand half an hour in hot water, the steam being kept in will stew it enough, make it rise, keep the skin whole, tender, and very white ; when you dish it up, pour over it a little of your oyster-sauce, lay your balls round it, and serve it up with the rest of your sauce in a boat : garnish with lemon and barberries.—*N. B.* Observe to set on your turkey in time, that it may stew as above ; it is the best way I ever found to boil one to perfection : When you are going to dish it up, set it over the fire to make it quite hot.

*To make SAUCE for a TURKEY.*

AS you open your oysters, put a pint into a basin, wash them out of their liquor, and put them in another basin ; when the liquor is settled, pour it clean off in a saucepan, with a little white gravy, a tea-spoonful of lemon-pickle, thicken it with flour and a good lump of butter, boil it three or four minutes, put in a spoonful of good



good thick cream, put in your oysters, keep shaking them over the fire till they are quite hot, but do not let them boil, it will make them hard and look little.

*A second way to make SAUCE for a TURKEY.*

CUT the scrag-end of a neck of veal in pieces, put them in a saucepan, with two or three blades of mace, one anchovy, a few heads of celery, a little Chyan and salt, a glass of white wine, a spoonful of lemon-pickle, a tea-spoonful of mushroom-powder or catchup, a quart of water, put on your cover, and let it boil until it be reduced to a pint, strain it, and thicken it with a quarter of a pound of butter rolled in flour, boil it a little, put in a spoonful of thick cream, and pour it over the turkey.

*To roast a TURKEY.*

WHEN you have dressed your turkey as before, truss its head down to the legs; then make your force-meat, take the crumbs of a penny-loaf, a quarter of a pound of beef-suet shred fine, a little sausage-meat or veal scraped and pounded exceedingly fine, nutmeg, pepper, and salt to your palate; mix it up lightly with three eggs, stuff the craw with it, spit it, and lay it down a good distance from the fire; keep it clear and brisk, finge, dust, and baste it several times with cold butter, it makes the froth stronger than basting it with the hot out of the dripping-pan, and makes the turkey rise better: when it is enough, froth it up as before, dish it up, pour on your dish the same gravy as for the boiled-turkey, only put in browning instead of cream: garnish with lemon and pickles, and serve



serve it up; if it be a middle size, it will require one hour and a quarter roasting.

*To make SAUCE for a TURKEY.*

CUT the crust off a penny-loaf, cut the rest in thin slices, put it in cold water, with a few pepper-corns, a little salt and onion, boil it till the bread is quite soft, then beat it well, put in a quarter of a pound of butter, two spoonfuls of thick cream, and put it into a bason.

*To boil FOWLS.*

WHEN you have plucked your fowls, draw them at the rump, cut off the head, neck, and legs, take the breast-bone very carefully out, skewer them with the end of their legs in the body, tie them round with a string, singe and dust them well with flour, put them in a kettle of cold water, cover it close, set it on the fire; when the scum begins to rise take it off, put on your cover, and let them boil very slowly twenty minutes, take them off, cover them close, and the heat of the water will stew them enough in half an hour; it keeps the skin whole, and they will be both whiter and plumper than if they had boiled fast; when you take them up, drain them, pour over them white sauce, or melted butter.

*To make WHITE SAUCE for FOWLS.*

TAKE a scrag of veal, the neck of the fowls, or any bits of mutton or veal you have, put them in a saucepan, with a blade or two of mace, a few black pepper-corns, one anchovy, a head of celery, a bunch of sweet herbs, a slice of the end of a lemon, put in a quart of water, cover it close, let it boil till it is reduced to half

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a pint,

a pint, strain it, and thicken it with a quarter of a pound of butter, mixed with flour; boil it five or six minutes, put in two spoonfuls of pickled mushrooms, mix the yolks of two eggs with a tea-cupful of good cream and a little nutmeg, put in your sauce, keep shaking it over the fire, but do not let it boil.

*To roast large FOWLS.*

TAKE your fowls when they are ready dressed, put them down to a good fire, finge, dust, and baste them well with butter; they will be near an hour in roasting; make a gravy of the necks and gizzards, strain it, put a spoonful of browning; when you dish them up, pour the gravy into the dish, serve them up with egg-sauce in a boat.

*To make EGG-SAUCE.*

BOIL two eggs hard, half chop the whites, then put in the yolks, chop them both together, but not very fine, put them into a quarter of a pound of good melted butter, and put it in a boat.

*To boil young CHICKENS.*

PUT your chickens in scalding water, as soon as the feathers will strip off, take them out, or it will make the skin hard and break; when you have drawn them, lay them in skimmed milk for two hours, then truss them with their heads on their wings, finge and dust them well with flour, put them in cold water, cover them close, set them over a very slow fire, take off the scum, let them boil slowly for five or six minutes, take them off the fire, keep them close covered in the water for half an hour, it will stew them enough, and make

make them both white and plump; when you are going to dish them, set them over the fire to make them hot, drain them, pour over them white sauce made the same way as for the boiled fowls.

*To roast young CHICKENS.*

WHEN you roast young chickens, pluck them very carefully, draw them, only cut off the claws, truss them, and put them down to a good fire, singe, dust, and baste them with butter; they will take a quarter of an hour roasting, then froth them up, lay them on your dish, pour butter and parsley in your dish, and serve them up hot.

*To roast PHEASANTS or PATRIDGES.*

WHEN you roast pheasants or patridges, keep them at a good distance from the fire, dust them, and baste them often with fresh butter; if your fire is good, half an hour will roast them; put a little gravy in your dish, made of a scrag of mutton, a spoonful of catchup, the same of browning, and a tea-spoonful of lemon-pickle, strain it, dish them up, with bread-sauce in a basin, made the same way as for the boiled turkey.——N. B. When a pheasant is roasted, stick the feathers on the tail before you send it to the table.

*To roast RUFFS or REES.*

THESE birds I never met with but in Lincolnshire; the best way is to feed them with white bread boiled in milk, they must have separate pots, for two will not eat out of one, they will be fat in eight or ten days; when you kill them



slip the skin off the head and neck with the feathers on, then pluck and draw them; when you roast them, put them a good distance from the fire; if the fire be good, they will take about twelve minutes; when they are roasted, slip the skin on again with the feathers on, send them up with gravy under them made the same as for pheasants, and bread-sauce in a boat, and crisp crumbs of bread round the edge of the dish.

*To roast WOODCOCKS or SNIPES.*

PLUCK them, but do not draw them, put them on a small spit, dust and baste them well with butter; toast a few slices of a penny-loaf, put them on a clean plate, and set it under the birds while they are roasting, if the fire be good, they will take about ten minutes roasting; when you draw them lay them upon the toasts on the dish, pour melted butter round them, and serve them up.

*To roast WILD-DUCKS or TEAL.*

WHEN your ducks are ready dressed, put in them a small onion, pepper, salt, and a spoonful of red wine, if the fire be good they will roast in twenty minutes; make gravy of the necks and gizzards, a spoonful of red wine, half an anchovy, a blade or two of mace, a slice of an end of lemon, one onion, and a little Chyan pepper; boil it till it is wasted to half a pint, strain it through a hair-sieve, put in a spoonful of browning, pour it on your ducks, serve them up with onion-sauce in a boat: garnish your dish with raspings of bread.

*To boil PIGEONS.*

SCALD your pigeons, draw them, take the craw clean out, wash them in several waters, cut off the pinions, turn the legs under the wings, dredge them, and put them in soft cold water, boil them very slowly a quarter of an hour, dish them up, pour over them good melted butter, lay round them a little brocoli in bunches, and send parsley and butter in a boat.

*To roast PIGEONS.*

WHEN you have dressed your pigeons, as before, roll a good lump of butter in chopped parsley, with pepper and salt, put it in your pigeons, spit, dust, and baste them; if the fire be good they will be roasted in twenty minutes; when they are enough, lay round them bunches of asparagus, with parsley and butter for sauce.

*To roast LARKS.*

PUT a dozen of larks on a skewer, tie it to the spit at both ends, dredge and baste them, let them roast ten minutes, take the crumbs of a halfpenny-loaf with a piece of butter the size of a walnut, put it in a tossing-pan, and shake it over a gentle fire till they are a light brown, lay them betwixt your birds, and pour over them a little melted butter.

*To boil RABBITS.*

WHEN you have cased your rabbits, skewer them with their heads straight up, the fore-legs brought down, and their hind legs straight; boil them three quarters of an hour at least; then smother them with onion-sauce, made the same

as for boiled ducks, pull out the jaw-bones, stick them in their eyes, put a sprig of myrtle or barberries in their mouths, and serve them up.

*To roast RABBITS.*

WHEN you have cased your rabbits, skewer their heads with their mouths upon their backs, stick their fore-legs into their ribs, skewer the hind-legs double; then make a pudding for them of the crumbs of a halfpenny-loaf, a little parsley, sweet-marjoram, thyme, a lemon-peel, all shred fine, nutmeg, pepper, and salt to your taste; mix them up into a light stuffing, with a quarter of a pound of butter, a little good cream, and two eggs, put it into the belly, and sew them up, dredge and baste them well with butter, roast them near an hour, serve them up with parsley and butter for sauce, chop the livers, and lay them in lumps round the edge of your dish.

*To roast a HARE.*

SKEWER your hare with the head upon one shoulder, the fore-legs stuck into the ribs, the hind-legs double, make your pudding of the crumb of a penny-loaf, a quarter of a pound of beef-marrow or suet, and a quarter of a pound of butter; shred the liver, a sprig or two of winter savory, a little lemon-peel, one anchovy, a little Chyan pepper, half a nutmeg grated, mix them up in a light force-meat, with a glass of red wine and two eggs; put it in the belly of your hare, sew it up, put a quart of good milk in your dripping-pan, baste your hare with it till it is reduced to half a gill, then dust and baste it well with butter; if it be a large one, it will require an hour and a half roasting.

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*To boil a TONGUE.*

IF your tongue be a dry one, steep it in water all night; then boil it three hours : if you would have it eat hot, stick it with cloves, rub it over with the yolk of an egg, strew over it bread-crumbs, baste it with butter, set it before the fire till it is a light brown; when you dish it up, pour a little brown gravy, or red wine sauce, mixed the same way as for venison, lay slices of currant-jelly round it.——N. B. If it be a pickled one, only wash it out of water.

*To boil a HAM.*

STEEP your ham all night in water, then boil it; if it be of a middle size it will take three hours boiling, and a small one two hours and a half; when you take it up, pull off the skin and rub it all over with an egg, strew on bread-crumbs, baste it with butter, set it to the fire till it be a light brown; if it be to eat hot, garnish with carrots and serve it up.

*To roast a HAUNCH of VENISON.*

WHEN you have spitted your venison, lay over it a large sheet of paper, then a thin common paste with another paper over it, tie it well, to keep the paste from falling; if it be a large one it will take four hours roasting; when it is enough, take off the paper and paste, dust it well with flour, and baste it with butter; when it is a light brown, dish it up with brown gravy in your dish, or currant-jelly sauce, and send some in a boat.

*To broil BEEF-STEAKS.*

CUT your steaks off a rump of beef about half an inch thick, let your fire be clear, rub your gridiron well with beef suet, when it is hot lay them on; let them broil until they begin to brown, turn them, and, when the other side is brown, lay them on a hot dish, with a slice of butter betwixt every steak; sprinkle a little pepper and salt over them, let them stand two or three minutes, then slice a shalot as thin as possible into a spoonful of water; lay on your steaks again, keep turning them till they are enough, put them on your dish, pour the shalot and water among them, and send them to the table.

*A very good way to fry BEEF-STEAKS.*

CUT your steaks as for broiling, put them into a stewpan, with a good lump of butter, set them over a very slow fire, keep turning them till the butter is become a thick white gravy, pour it into a bason, and pour more butter to them; when they are almost enough, pour all the gravy into your bason, and put more butter into your pan, fry them a light brown over a quick fire, take them out of the pan, put them in a hot pewter dish, slice a shalot among them, put a little in your gravy that was drawn from them, and pour it hot upon them: I think this is the best way of dressing beef-stakes. Half a pound of butter will dress a large dish.

*To dress BEEF-STEAKS the common way.*

FRY your steaks in butter a good brown; then put in half a pint of water, an onion sliced, a  
spoonful

spoonful of walnut catchup, a little caper liquor, pepper and salt, cover them close with a dish, and let them stew gently; when they are enough, thicken the gravy with flour and butter, and serve them up.

*To broil MUTTON-STEAKS.*

CUT your steaks half an inch thick, when your gridiron is hot rub it with fresh suet, lay on your steaks, keep turning them as quick as possible, if you do not take great care the fat that drops from the steak will smoke them; when they are enough, put them into a hot dish, rub them well with butter, slice a shallot very thin into a spoonful of water, pour it on them, with a spoonful of mushroom-catchup and salt; serve them up hot.

*To broil PORK-STEAKS.*

OBSERVE the same as for the mutton-steaks, only pork requires more broiling; when they are enough, put in a little good gravy, a little sage rubbed very fine, strewed over them, gives them a fine taste.

*To braise BEEF.*

CUT your beef in very thin slices, take a little of your gravy that runs from it, put it into a tossing pan, with a tea-spoonful of lemon-pickle, a large one of walnut-catchup, the same of browning slice a shallot in, and put it over the fire; when it boils, put in your beef; shake it over the fire till it is quite hot, the gravy is not to be thickened, slice in a small pickled cucumber; garnish with scraped horse-radish or pickled onions.



*To hash VENISON.*

CUT your venison in thin slices, put a large glass of red-wine into a tossing-pan, a spoonful of mushroom catchup, the same of browning, an onion stuck with cloves, and half an anchovy chopped small; when it boils put in your venison, let it boil three or four minutes, pour it into a soup-dish, and lay round it currant-jelly, or red cabbage.

*To hash MUTTON.*

CUT your mutton in slices, put a pint of gravy or broth into a tossing-pan, with one spoonful of mushroom catchup, and one of browning, slice in an onion, a little pepper and salt, put it over the fire, and thicken it with flour and butter; when it boils put in your mutton, keep shaking it till it be thoroughly hot, put it into a soup-dish, and serve it up.

*To hash VEAL*

CUT your veal in thin round slices, the size of half a crown, put them into a sauce-pan, with a little gravy and lemon-peel cut exceedingly fine, a tea-spoonful of lemon-pickle, put it over the fire, and thicken it with flour and butter; when it boils put in your veal; just before you dish it up, put in a spoonful of cream, lay sippets round your dish, and serve it up.

*To warm up SCOTCH-COLLOPS.*

WHEN you have any Scotch Collops left, put them in a stone jar till you want them, then put the jar into a pan of boiling water, let it stand till your collops are quite hot, then pour them  
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into a dish, lay over them a few broiled bits of bacon, and they will eat as well as fresh ones.

*To mince VEAL.*

CUT your veal in slices, then cut it in little square bits; but do not chop it, put it into a saucepan, with two or three spoonfuls of gravy, a slice of lemon, a little pepper and salt, a good lump of butter rolled in flour, a tea-spoonful of lemon-pickle, and a large spoonful of cream; keep shaking it over the fire till it boils, but do not let it boil above a minute, if you do it will make your veal eat hard: put sippets round your dish, and serve it up.

*To bask a TURKEY.*

TAKE off the legs, cut the thighs in two pieces, cut off the pinions and breast in pretty large pieces, take off the skin, or it will give the gravy a greasy taste, put it into a stewpan with a pint of gravy, a tea-spoonful of lemon-pickle, a slice of the end of a lemon, and a little beaten mace, boil your turkey six or seven minutes, (if you boil it any longer it will make it hard) then put it on your dish, thicken your gravy with flour and butter, mix the yolks of two eggs with a spoonful of thick cream, put it on your gravy, shake it over the fire till it is quite hot, but do not let it boil, strain it, and pour it over your turkey, lay sippets round, serve it up, and garnish it with lemon or parsley.

*To bask FOWLS.*

CUT up your fowl as for eating, put it in a roasting-pan, with half a pint of gravy, a tea-spoonful of lemon-pickle, a little mushroom catchup, a slice of lemon, thicken it with flour and butter;

just before you dish it up put in a spoonful of good cream, lay fippets round your dish, and serve it up.

*A nice way to dress a COLD FOWL.*

PEEL off all the skin, and pull the flesh of the bones in as large pieces as you can, then dredge it with a little flour, and fry it a nice brown in butter, toss it up in rich gravy, well seasoned, and thicken it with a piece of butter rolled in flour, just before you send it up squeeze in the juice of a lemon.

*To hash a WOODCOCK or PARTRIDGE.*

CUT your woodcock up as for eating, work the intrails very fine with the back of a spoon, mix it with a spoonful of red wine, the same of water, half a spoonful of alegar, cut an onion in slices and pull it into rings, roll a little butter in flour, put them all in your tossing-pan, and shake it over the fire till it boils, then put in your woodcock, and, when it is thoroughly hot, lay it in your dish with fippets round it, strain the sauce over the woodcock, and lay on the onion in rings. It is a pretty corner dish for dinner or supper.

*To hash a WILD-DUCK.*

CUT up your duck as for eating put it in a tossing-pan, with a spoonful of good gravy, the same of red wine, a little of your onion-sauce, or an onion sliced exceedingly thin; when it has boiled two or three minutes, lay the duck in your dish, pour the gravy over it, it must not be thickened; you may add a tea-spoonful of caper-liquor, or a little browning.

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*To hash a HARE.*

CUT your hare in small pieces, if you have any of the pudding left rub it small, put to it a large glass of red wine, the same quantity of water, half an anchovy chopped fine, an onion stuck with four cloves, a quarter of a pound of butter rolled in flour, shake them altogether over a slow fire, till your hare is thoroughly hot; it is a bad custom to let any kind of hash boil longer, (it makes the meat eat hard) send your hare to the table in a deep dish, lay sippets round it but take out the onion, and serve it up.

*To boil CABBAGE.*

CUT off the outside leaves, and cut it in quarters, pick it well, and wash it clean, boil it in a large quantity of water, with plenty of salt in it; when it is tender, and a fine light green, lay it on a sieve to drain, but do not squeeze it, if you do, it will take off the flavour; have ready some very rich melted butter, or chop it with cold butter.—Green must be boiled the same way.

*To boil a CAULIFLOWER.*

WASH and clean your cauliflower, boil it in plenty of milk and water, but no salt, till it be tender; when you dish it up, lay greens under it, pour over it good melted butter, and send it up hot.

*To boil BROCOLI in imitation of ASPARAGUS.*

TAKE the side-shoots of brocoli, strip off the leaves, and with a penknife take off all the out-rind up to the heads, tie them in bunches and put them in salt and water, have ready a pan of boiling water, with a handful of salt in it, boil them

them ten minutes, then lay them in bunches, and pour over them good melted butter.

*To stew SPINAGE.*

WASH your spinage well in several waters, put it in a cullender, have ready a large pan of boiling water with a handful of salt; put it in, let it boil two minutes, it will take off the strong earthy taste; then put it into a sieve, squeeze it well, put a quarter of a pound of butter into a tossing-pan, put in your spinage, keep turning and chopping it with a knife until it be quite dry and green; lay it upon a plate, press it with another, cut it in the shape of sippets or diamonds, pour round it very rich melted butter; it will eat exceedingly mild, and quite a different taste from the common way.

*To boil ARTICHOKEs.*

IF they are young ones, leave about an inch of the stalks, put them in strong salt and water for an hour or two, then put them in a pan of cold water, set them over the fire, but do not cover them, it will take off their colour; when you dish them up, put rich melted butter into small cups or pots, like rabbits; put them in the dish with your artichokes, and send them up.

*To boil ASPARAGUS.*

SCRAPE your asparagus, tie them in small bunches, boil them in a large pan of water with salt in it; before you dish them up toast some slices of white bread, and dip them in the boiling water; lay the asparagus on your toasts, pour on them very rich melted butter, and serve them up hot.

*To boil FRENCH-BEANS.*

CUT the ends of your beans off, then cut them slant ways, put them in strong salt and water as you do them, let them stand an hour, boil them in a large quantity of water, with a handful of salt in it, they will be a fine green; when you dish them up pour on them melted butter, and send them up.

*To boil WINDSOR-BEANS.*

BOIL them in a good quantity of salt and water, boil and chop some parsley, put it in good melted butter; serve them up with bacon in the middle, if you choose it.

*To boil GREEN-PEAS.*

SHELL your peas just before you want them, put them in boiling water, with a little salt and a lump of loaf sugar; when they begin to dint in the middle they are enough; strain them in a sieve, put a good lump of butter into a mug, give your peas a shake, put them on a dish, and send them to the table.—Boil a sprig of mint in another water, chop it fine, and lay it in lumps round the edge of your dish.

*To boil PARSNIPS.*

WASH your parsnips well, boil them till they are soft, then take off the skin, beat them in a bowl with a little salt, put to them a little cream and a lump of butter, put them in a tossing-pan, and let them boil till they are like a light custard-pudding, put them on a plate, and send them to the table.



## C H A P. IV.

*Observations on MADE-DISHES.*

**B**E careful the tossing pan is well tinned, quite clean, and not gritty, and put every ingredient into your white sauce, and have it of a proper thickness, and well boiled, before you put in eggs and cream, for they will not add much to the thickness, nor stir them with a spoon after they are in, nor set your pan on the fire, for it will gather at the bottom and be in lumps, but hold your pan a good height from the fire, and keep shaking the pan round one way, it will keep the sauce from curdling, and be sure you do not let it boil; it is the best way to take up your meat, collops, or hash, or any other kind of a dish you are making, with a fish-slice, and strain your sauce upon it, for it is almost impossible to prevent little bits of meat from mixing with the sauce, but by this method the sauce will look clear.

In the brown made dishes take special care no fat is on the top of the gravy, but skim it clean off, that it may be of a fine brown, and taste of no one thing in particular; if you use any wine, put it in some time before your dish is ready, to take off the rawness, for nothing can give a made dish a more disagreeable taste than raw wine, or fresh anchovy: when you use fried force-meat-balls, put them on a sieve to drain the fat from them, and never let them boil in your sauce, it will give it a greasy look and soften the balls; the best way is to put them in after your meat is dished up.

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You may use pickled mushrooms, artichoke bottoms, morels, truffles, and forcemeat-balls, in almost every made-dish, and in several you may use a roll of force-meat instead of balls, as in the porcupine breast of veal, and where you can use it, it is much handsomer than balls, especially in a mock-turtle, collared or ragooed breast of veal, or any large made-dish.

*To make LEMON-PICKLE.*

TAKE two dozen of lemons, grate off the out-rinds very thin, cut them in four quarters, but leave the bottoms whole, rub on them equally half a pound of bay-salt, and spread them on a large pewter-dish, put them in a cool oven, or let them dry gradually by the fire till all the juice is dried into the peels, then put them into a pitcher, well glazed, with one ounce of mace, half an ounce of cloves beat fine, one ounce of nutmeg cut in thin slices, four ounces of garlic peeled, half a pint of mustard-seed bruised a little, and tied in a muslin-bag, pour two quarts of boiling white-wine vinegar upon them, close the pitcher well up, and let it stand five or six days by the fire, shake it well up every day, then tie it up, and let it stand for three months to take off the bitter; when you bottle it put the pickle and lemon in a hair-sieve, press them well to get out the liquor, and let it stand till another day, then pour off the fine and bottle it; let the other stand three or four days and it will refine itself, pour it off and bottle it, let it stand again and bottle it, till the whole is refined: It may be put in any white sauce and will not hurt the colour; it is very good for fish-sauce and made-dishes, a tea-spoonful is enough for white, and two for brown-sauce for a fowl;

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it is a most useful pickle and gives a pleasant flavour, be sure you put it in before you thicken the sauce, or put any cream in, lest the sharpness make it curdle.

*Browning for MADE-DISHES.*

BEAT small four ounces of treble-refined sugar, put it in a clear iron frying-pan, with one ounce of butter, set it over a clear fire, mix it very well together all the time; when it begins to be frothy the sugar is dissolving, hold it higher over the fire, have ready a pint of red wine; when the sugar and butter is of a deep brown, pour in a little of the wine, stir it well together, then add more wine, and keep stirring it all the time; put in half an ounce of Jamaica pepper, six cloves, four shalots peeled, two or three blades of mace, three spoonfuls of mushroom catchup, a little salt, the out-rind of one lemon, boil it slowly for ten minutes, pour it into a basin; when cold, take off the scum very clean, and bottle it for use.

*To dress a MOCK-TURTLE.*

TAKE the largest calf's head you can get, with the skin on, put it in scalding water till you find the hair will come off, clean it well, and wash it in warm water, and boil it three quarters of an hour, then take it out of the water and slit it down the face, cut off all the meat along with the skin as clean from the bone as you can, and be careful you do not break the ears off, lay it on a flat dish, and stuff the ears with forcemeat, and tie them round with cloths, take the eyes out and pick all the rest of the meat clean from the bones, put it in a tossing-pan, with the nicest and fatest part of another calf's head, without the skin on, boiled



boiled as long as the above, and three quarts of veal gravy; lay the skin in the pan close, and let it stew over a moderate fire one hour, then put in three sweet-bread fried a light brown, one ounce of morels, the same of truffles, five artichoke bottoms boiled, one anchovy boned and chopped small, a tea spoonful of Chyan pepper, a little salt, half a lemon, three pints of Madeira wine, two meat-spoonfuls of mushroom catchup, one of lemon pickle, half a pint of mushrooms, and let them stew slowly half an hour longer, and thicken it with flour and butter; have ready the yolks of four eggs boiled hard, and the brains of both heads boiled; cut the brains the size of nutmegs, and make a rich forcemeat, and spread it on the caul of a leg of veal, roll it up and boil it in a cloth one hour; when boiled, cut it in three parts, the middle largest, then take up the meat into the dish, and lay the head over it, with the skin-side up, and put the largest piece of forcemeat between the ears, and make the top of the ears to meet round it, (this is called the crown of the turtle,) lay the other slices of the forcemeat opposite to each other at the narrow end, and lay a few of the truffles, morels, brains, mushrooms, eggs, and artichoke-bottoms, upon the face and round it, strain the gravy boiling-hot upon it, be as quick in dishing it up as possible, for it soon gets cold.

*MOCK-TURTLE a second way.*

DRESS the hair off a calf's-head as before, boil it half an hour; when boiled, cut it in pieces half an inch thick, and one inch and a half long, put it into a stew-pan, with two quarts of veal gravy, and salt to your taste; let it stew one hour, then put in a pint of Madeira wine, half

a tea-spoonful of Chyan pepper, truffles and morels one ounce each, three or four artichoke-bottoms boiled and cut in quarters; when the meat begins to look clear, and the gravy strong, put in half a lemon and thicken it with flour and butter, fry a few forcemeat-balls, beat four yolks of hard-boiled eggs in a mortar very fine, with a lump of butter, and make them into balls the size of pigeon's eggs; put the forcemeat-balls and eggs in after you dish it up.

*N. B.* A lump of butter put in the water makes the artichoke-bottoms boil white and sooner.

*To make an ARTIFICIAL TURTLE.*

SCALD a calf's-head, cut in pieces one inch thick, two broad, and four long; parboil a salmon's liver, cut it in ten or twelve pieces, season the whole with beaten mace, salt, and Chyan; put them into a well-tinned copper-dish with a pint and a half of gravy made of veal, six anchovies, a blade of mace, and a sprig of sweet-majoram (your gravy must be very good), a pint of Madeira wine, the juice of four or five lemons strained from the seeds, the yolks of ten or twelve eggs boiled hard, and about three dozen of forcemeat-balls, made as the receipt directs; let it stew gently about an hour, always keep it close covered; then stir in a lump of butter the size of an orange, with a tea-spoonful of fine flour rolled in it, and let it stew full two hours longer: if you perceive it wants addition of seasoning, &c. add it to it a few minutes before you serve it up, which must be in a soup-dish or tureen, with the yolks and slices of lemon on the top; take care to skim off the fat before you dish it up.

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*To make forcemeat for an ARTIFICIAL TURTLE.*

TAKE a pound of the fat of a loin of veal, the same of lean, with six boned anchovies, beat them fine in a marble mortar, season with mace, Chyan, salt, a little shred parsley, sweet-marijoram, some juice of lemon, and three or four spoonfuls of Madeira wine, mix these well together, and make it into little balls, dust them with a little fine flour, and put them into your dish to stew about half an hour before you serve it up; the green skin of a salmon's head is a very great addition to your turtle; boil it a little, then stew it among the rest of the things.

*To make a CALF'S-HEAD Hash.*

CLEAN your calf's-head exceedingly well, and boil it a quarter of an hour; when it is cold, cut the meat into thin broad slices, and put it into a tossing-pan, with two quarts of gravy; and when it has stewed three quarters of an hour add to it one anchovy, a little beaten mace, and Chyan to your taste, two tea-spoonfuls of lemon-pickle, two meat-spoonfuls of walnut-catchup, half an ounce of truffles or morels, a slice or two of lemon, a bundle of sweet herbs, and a glass of white wine, mix a quarter of a pound of butter with flour, and put it in a few minutes before the head is enough, take your brains and put them into hot water, it will make them skin sooner, and beat them fine in a bason, then add to them two eggs, one spoonful of flour, a bit of lemon-peel shred fine, chop small a little parsley, thyme, and sage, beat them very well together, strew in a little pepper and salt, then drop them in little cakes into a panful of boiling hog's-lard,  
and



and fry them a light-brown, then lay them on a sieve to drain; take your hash out of the pan with a fish slice, and lay it on your dish, and strain your gravy over it, lay upon it a few mushrooms, forcemeat balls, the yolks of four eggs boiled hard, and the brain-cakes:—Garnish with lemon and pickles.

It is proper for a top or side dish.

*To dress a CALF'S-HEAD the best way.*

TAKE a calf's-head with the skin on, and scald off all the hair, and clean it very well, cut it in two, take out the brains, boil the head very white and tender, take one part quite off the bone, and cut it into nine pieces, with the tongue, dredge it with a little flour, and let it stew on a slow fire for about half an hour in rich white gravy made of veal, mutton, and a piece of bacon, seasoned with pepper, salt, onion, and a very little mace; it must be strained off before the hash is put in it, thicken it with a little butter rolled in flour; the other part of the head must be taken off in one whole piece, stuff it with nice forcemeat, and roll it like a collar, and stew it tender in gravy, then put it in the middle of the dish, and the hash all round, garnish it with forcemeat-balls, fried oysters, and the brains made into little cakes dipped in rich butter and fried. You may add wine, morels, truffles, or what you please, to make it good and rich.

*To dress a CALF'S-HEAD Surprise.*

DRESS off the hair of a large calf's-head as directed in the mock-turtle, then take a sharp-pointed knife, and raze off the skin, with as much of the meat from the bones as you possibly can

can get, that it may appear like a whole head when it is stuffed, and be careful you do not cut the skin in holes, then scrape a pound of fat bacon, the crumbs of two penny-loaves, grate a small nutmeg, with salt, Chyan pepper, and shred lemon-peel to your taste, the yolks of six eggs well beat, mix all up into a rich forcemeat, put a little into the ears, and stuff the head with the remainder, have ready a deep narrow pot that it will just go in, with two quarts of water, half a pint of white wine, two spoonfuls of lemon-pickle, the same of walnut and mushroom-catchup, one anchovy, a blade or two of mace, a bundle of sweet-herbs, a little salt and Chyan pepper, lay a coarse paste over it to keep in the steam, and set it in a very quick oven two hours and a half; when you take it out lay your head in a soup-dish, skim the fat clean off the gravy, and strain it through a hair-sieve into a tossing-pan, thicken it with a lump of butter rolled in flour; when it has boiled a few minutes, put in the yolks of six eggs well beat, and mixed with half a pint of cream, but do not let it boil, it will curdle the eggs; you must have ready boiled a few forcemeat-balls, half an ounce of truffles and morels, it would make the gravy too dark a colour to stew them in it; pour gravy over your head, and garnish with the truffles, morels, forcemeat-balls, mushrooms, and barberries, and serve it up.—This is a handsome top-dish at a small expence.

*To grill a CALF'S-HEAD.*

WASH your calf's-head clean, and boil it almost enough, then take it up and hash one half, the other half rub over with the yolk of an egg,  
a little

a little pepper and salt, strew over it bread-crumbs, parsley chopped small, and a little grated lemon-peel, set it before the fire, and keep basting it all the time to make the froth rise; when it is a fine light-brown, dish up your hash, and lay the grilled-side upon it.

Blanch your tongue, slit it down the middle, and lay it on a soup-plate: skin the brains, boil them with a little sage and parsley; chop them fine, and mix them with a little melted butter and a spoonful of cream, make them hot, and pour them over the tongue, serve them up, and they are sauce for the head.

*To collar a CALF'S-HEAD.*

TAKE a calf's-head with the skin on and scald it, clean it well, then bone it, season it with pepper, salt, cloves, mace, and a little ginger, all ground very fine, take some cochineal, dissolve it in some water, rub it on the inside of the head with a little bay salt, and a large handful of chopped parsley, roll it up tight in a cloth, and boil it till you think it is enough in a pickle made of all sorts of sweet herbs, spices, and some red wine, then enroll the cloth and roll it tight again, and put weights upon it, as it lies in the pickle, to press it close till it is cold, then boil some bran and water with some bay and common salt, strain it off, and when they are both cold put in the head, and let it lie three or four days before you use it.

*To make a PORCUPINE of a BREAST of VEAL.*

BONE the finest and largest breast of veal you can get, rub it over with the yolks of two eggs, spread it on the table, lay over it a little bacon

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cut as thin as possible, a handful of parsley shred fine, the yolks of five hard-boiled eggs chopped small, a little lemon-peel cut fine, nutmeg, pepper, and salt to your taste, and the crumbs of a penny-loaf steeped in cream, roll the breast close and skewer it up, then cut fat bacon and the lean of ham that has been a little boiled, or it will turn the veal red, and pickled cucumbers about two inches long to answer the other lardings, and lard it in rows, first ham, then bacon, then cucumbers, till you have larded it all over the veal; put it into a deep earthen-pot, with a pint of water, cover it, and set it in a slow oven two hours; when it comes from the oven skim the fat off, and strain the gravy through a sieve into a stewpan, put in a glass of white wine, a little lemon-pickle, and caper-liquor, a spoonful of mushroom catchup, thicken it with a little butter, rolled in flour, lay your porcupine on a dish, and pour it hot upon it, cut a roll of foremeat in four slices, lay one at each end, and the other at the sides; have ready your sweetbread cut in slices and fried, lay them round it, with a few mushrooms. It is a grand bottom dish when game is not to be had.

*N. B.* Make the forcemeat of a few chopped oysters, the crumbs of a penny-loaf, half a pound of beef-suet shred fine, and the yolks of four eggs, mix them well together with nutmeg, Chyan pepper, and salt to your palate, spread it on a veal caul, and roll it up close like a collared eel, bind it in a cloth, and boil it one hour.

*To ragoo a BREAST of VEAL.*

HALF-roast a breast of veal, then bone it, and put it in a tossing-pan, with a quart of veal  
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gravy,

gravy, one ounce of morels, the same of truffles, stew it till tender, and just before you thicken the gravy put in a few oysters, pickled mushrooms, and pickled cucumbers cut in small square pieces, the yolks of four eggs boiled hard, cut your sweetbread in slices, and fry it a light brown, dish up your veal, and pour the gravy hot over it, lay your sweetbread round, morels, truffles, and eggs upon it; garnish with pickle barberries; this is proper for either top or side for dinner, or bottom for supper.

*To collar a BREAST of VEAL.*

TAKE the finest breast of veal, bone it, and rub it over with the yolks of two eggs, and strew over it some crumbs of bread, a little grated lemon, a little pepper and salt, a handful of chopped parsley, roll it up tight, and bind it hard with twine, wrap it in a cloth, and boil it one hour and a half, then take it up to cool; when a little cold, take off the cloth, and clip off the twine carefully, lest you open the veal, cut in five slices, lay them on a dish, with the sweetbread boiled and cut in thin slices and laid round them, with ten or twelve forcemeat balls; pour over your white sauce, and garnish with barberries or green pickles.

The white sauce must be made thus:—Take a pint of good veal-gravy, put to it a spoonful of lemon-pickle, half an anchovy, a tea-spoonful of mushroom powder, or a few pickled mushrooms; give it a gentle boil; then put in half a pint of cream, the yolks of two eggs beat fine, shake it over the fire after the eggs and cream is in, but do not let it boil, it will curdle the cream.

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It is proper for a top-dish at night, or a side-dish for dinner.

*A boiled BREAST of VEAL.*

SKEWER your breast of veal, that it will lie flat in the dish, boil it one hour (if a large one an hour and a quarter), make a white sauce as before-mentioned for the collared one, pour it over, and garnish with pickles.

*A NECK of VEAL CUTLETS.*

CUT a neck of veal into cutlets, fry them a fine brown, then put them in a tossing-pan, and stew them till tender in a quart of good gravy, then add one spoonful of browning, the same of catchup, some fried forcemeat-balls, a few truffles, morels, and pickled mushrooms, a little salt and Chyan pepper, thicken your gravy with flour and butter, let it boil a few minutes, lay your cutlets in a dish, with the top of the ribs in the middle, pour your sauce over them, lay your balls, morels, truffles, and mushrooms over the cutlets, and send them up.

*A NECK of VEAL à-la-royale.*

CUT off the scrag-end and part of the chine-bone, to make it lie flat in the dish, then chop a few mushrooms, shalots, a little parsley and thyme, all very fine, with pepper and salt; cut middle-sized lards of bacon, and roll them in the herbs, &c. and lard the lean part of the neck; put it in a stewpan, with some lean bacon or shank of ham, and the chine-bone and scrag cut in pieces, with three or four carrots, onions, a head of celery, and a little beaten mace; pour in as much water as will cover the pan very close, and



let it stew slowly for two or three hours, till tender; then strain half a pint of the liquor out of the pan through a fine sieve, set it over a stove, and let it boil, keep stirring it till it is dry at the bottom, and of a good brown; be sure you do not let it burn; then add more of the liquor strained free from fat, and keep stirring it till it becomes a fine thick brown glaze, then take the veal out of the stew-pan, and wipe it clean, and put the larded side down upon the glaze, set it over a gentle fire five or six minutes to take the glaze, then lay it in the dish with the glazed sided up, and put into the same stew-pan as much flour as will lie on a sixpence, stir it about well, and add some of the braize-liquor, if any left; let it boil till it is of a proper thickness, strain it, and pour it in the bottom of the dish, squeeze in it a little juice of lemon, and serve it up.

*Bombarded VEAL.*

CUT the bone nicely out of a fillet, make a forcemeat of the crumbs of a penny loaf, half a pound of fat bacon scraped, a little lemon-peel or lemon-thyme, parsley, two or three sprigs of sweet marjoram, one anchovy, chop them all very well, grate a little nutmeg, Chyan pepper and salt to your palate; mix all up together with egg and a little cream, and fill up the place where the bone came out with the forcemeat; then cut the fillet across in cuts about one inch from another all round the fillet, fill one neck with forcemeat, a second with boiling spinage, that is boiled and well squeezed, a third with bread-crumbs, chopped oysters, and beef-marrow, then forcemeat, and fill them up as above all round the fillet, wrap the caul close round it, and put

it in a deep pot, with a pint of water, make a coarse paste to lay over it, to keep the oven from giving it a fiery taste; when it comes out of the oven, skim off the fat, and put the gravy in a stewpan, with a spoonful of lemon-pickle, and another of mushroom-catchup, two of browning, half an ounce of morels and truffles, five boiled artichoke-bottoms cut in quarters, thicken the sauce with flour and butter, give it a gentle boil, and pour it upon the veal into your dish.

*To make a FRICANDO of VEAL.*

CUT steaks half an inch thick, and six inches long, out of the thick part of a leg of veal, lard them with small cardoons, and dust them with flour; put them before the fire to broil a fine brown, then put them into a large tossing-pan, with a quart of good gravy, and let it stew half an hour, then put in two tea-spoonfuls of lemon-pickle, a meat-spoonful of walnut-catchup, the same of browning, a slice of lemon, a little anchovy and Chyan, a few morels and truffles, when your fricandos are tender, take them up and thicken your gravy with flour and butter, strain it, place your fricandos in the dish, pour your gravy on them; garnish with lemons and barberries. You may lay round them force-meat-balls fried, or forcemeat rolled in veal-caul, and yolks of eggs boiled hard.

*To make VEAL OLIVES.*

CUT the thick part of a leg of veal in thin slices, flatten them with the broad side of a cleaver, rub them over with the yolk of an egg, strew over every piece a very thin slice of bacon, with a few bread-crumbs, a little lemon-peel and parsley chopped small, pepper, salt, and nutmeg; roll them up  
close

close and skewer them tight, then rub them with the yolks of eggs, and roll them in bread-crumbs, and parsley chopped small, put them into a tin dripping-pan to bake or fry them; then take a pint of good gravy, add to it a spoonful of lemon-pickle, the same of walnut catchup, and one of browning, a little anchovy and Chyan pepper, thicken it with flour and butter, serve them up with forcemeat-balls, and strain the gravy hot upon them; garnish with pickles, and strew over them a few pickled mushrooms.—You may dress veal cutlets the same way, but not roll them.

*To make VEAL OLIVES a second way.*

CUT large collops off a fillet of veal, and hack them very well with the back of a knife, spread forcemeat very thin over every one, roll them up and roast them, or bake them in an oven; make a ragoo of oysters and sweet-breads diced: a few morels and mushrooms, and lay them in the dish with the rolls of veal: if you have oysters enough chop and mix some with the forcemeat, it makes it much better; forcemeat balls look very pretty round them; there must be nice brown gravy in the dish, and they must be sent up hot.

*To dress SCOTCH COLLOPS white.*

CUT them off the thick part of a leg of veal, the size and thickness of a crown-piece, put a lump of butter into a tossing-pan, and set it over a slow fire, or it will discolour your collops; before the pan is hot lay your collops in, and keep turning them over till you see the butter is turned to a thick white gravy; put your collops and gravy in a pot, and set them upon the hearth to keep warm; put cold butter again into your pan every time you fill it, and fry them as above, and so continue



tinue till you have finished ; when you have fried them pour your gravy from them into your pan with a tea-spoonful of lemon-pickle, mushroom-catchup caper-liquor, beaten mace, Chyan pepper, and salt, thicken with flour and butter ; when it has boiled five minutes, put in the yolks of two eggs well beat, and mixed with a tea-spoonful of rich cream ; keep shaking the pan over the fire till your gravy looks of a fine thickness, then put in your collops and shake them ; when they are quite hot put them on your dish, with forcemeat-balls, strew over them pickled mushrooms.—Garnish with barberries and kidney-beans.

*To dress SCOTCH COLLOPS brown.*

CUT your collops the same way as the white ones, but brown your butter before you lay in your collops, fry them over a quick fire, shake and turn them, and keep them on a fine froth : when they are a light brown, put them into a pot, and fry them as the white ones ; when you have fried them all brown, pour all the gravy from them into a clean tossing-pan, with half a pint of gravy made of the bones and bits you cut the collops off, two tea-spoonfuls of lemon-pickle, a large one of catchup, the same of browning, half an ounce of morels, half a lemon, a little anchovy, Chyan, and salt to your taste, thicken it with flour and butter, let it boil five or six minutes ; then put in your collops and shake them over the fire ; if they boil it will make them hard ; when they have simmered a little, take them out with an egg-spoon, and lay them on your dish, strain your gravy, and pour it hot on them ; lay over them forcemeat-balls and little slices of bacon curled round the skewer and boiled, throw a few mushrooms over ; garnish with lemon and barberries and serve them up.

*To dress SCOTCH COLLOPS the French way.*

TAKE a leg of veal and cut your collops pretty thick, five or six inches long, and three inches broad, rub them over with the yolk of an egg, put pepper and salt, and grate a little nutmeg on them, and a little shred parsley, lay them on an earthen-dish, and set them before the fire, baste them with butter, and let them be a fine brown; then turn them on the other side, and rub them as above, baste and brown it the same way; when they are thoroughly enough, make a good brown gravy with truffles and morels, dish up your collops, lay truffles and morels and the yolks of hard boiled eggs over them; garnish with crisp parsley and lemon.

SWEETBREADS *à la-daube.*

TAKE three of the largest and finest sweetbreads you can get, put them in a sauce-pan of boiling water for five minutes, then take them out, and when they are cold lard them with a row down the middle, with very little pieces of bacon, then a row on each side of lemon-peel cut the size of wheat straw; then a row on each side of pickled cucumbers, cut very fine; put them in a tossing-pan with good veal gravy, a little juice of lemon, a spoonful of browning, stew them gently a quarter of an hour; a little before they are ready thicken them with flour and butter, dish them up, and pour the gravy over, lay round them bunches of boiled celery, or oyster patties; garnish with stewed spinage, green-coloured parsley, stick a bunch of barberries in the middle of each sweetbread.—It is a pretty corner-dish for either dinner or supper.

*Forced*

*Forced SWEETBREADS.*

PUT three sweetbreads in boiling water five minutes, beat the yolk of an egg a little, and rub it over them with a feather, strew on bread-crumbs, lemon-peel, and parsley shred very fine, nutmeg, salt, and pepper to your palate; set them before the fire to brown, and add to them a little veal-gravy, put a little mushroom powder, caper-liquor, or juice of lemon and browning, thicken it with flour and butter, boil it a little, and pour it into your dish, lay in your sweetbreads, and lay over them lemon-peel in rings, cut like straws; garnish with pickles.

*To fricasee SWEETBREADS brown.*

SCALD three sweetbreads; when cold, cut them in slices the thickness of a crown-piece, dip them in batter, and fry them in fresh butter a nice brown, make a gravy for them as the last, stew your sweetbreads slowly in the gravy eight or ten minutes, lay them on your dish, and pour the gravy over them; garnish with lemon or barberries.

*To fricasee SWEETBREADS white.*

SCALD and slice the sweetbreads as before, put them in a tossing-pan with a pint of veal gravy, a spoonful of white wine, the same of mushroom catchup, a little beaten mace, stew them a quarter of an hour, thicken your gravy with flour and butter a little before they are enough; when you are going to dish them up, mix the yoke of an egg with a tea-cupful of thick cream, and a little grated nutmeg, put it into your tossing-pan and shake it well over the

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fire, but do not let it boil ; lay your sweetbreads on your dish, and pour your sauce over them ; garnish with pickle, red beet-root, and kidney-beans.

*To ragoo SWEETBREADS.*

RUB them over with the yolk of an egg, strew over them bread-crumbs, parsley, thyme, and sweet-marjoram shred small, and pepper and salt ; make a roll of forcemeat like a sweetbread, and put it in a veal caul, and roast them in a Dutch oven ; take some brown gravy, and put to it a little lemon-pickle, mushroom catchup, and the end of a lemon ; boil the gravy, and when the sweetbreads are enough lay them in a dish, with the forcemeat in the middle, take the end of the lemon out, and pour the gravy into the dish, and serve them up.

*To stew a FILLET of VEAL.*

TAKE a fillet of a cow-calf, stuff it well under the elder at the bone and quite through to the shank, put it in the oven, with a pint of water under it, till it is a fine brown ; then put it in a stew-pan with three pints of gravy ; stew it tender, put in a few morels, truffles, a tea-spoonful of lemon-pickle, a large one of browning, and one of catch-up, a little Chyan pepper ; thicken with a lump of butter rolled in flour ; dish up your veal, strain your gravy over, lay round forcemeat-balls ; garnish with pickles and lemon.

*To ragoo a FILLET of VEAL.*

LARD your fillet and half roast it, then put it in a tossing-pan, with two quarts of good gravy, cover it close, and let it stew till tender, then add  
one

one spoonful of white wine, one of browning, one of catchup, a tea-spoonful of lemon-pickle, a little caper-liquor, half an ounce of morels, thicken with flour and butter, lay round it a few yolks of eggs.

*A good way to dress a MIDCALF.*

TAKE a calf's heart, stuff it with good force-meat, and send it to the oven in an earthen-dish, with a little water under it, lay butter over it, and dredge it with flour, boil half the liver and all the lights together half an hour, then chop them small and put them in a tossing-pan, with a pint of gravy, one spoonful of lemon-pickle, and one of catchup, squeeze in half a lemon, pepper and salt, thicken with a good piece of butter rolled in flour; when you dish it up, pour the minced-meat in the bottom, and have ready fried a fine brown the other half the liver cut in thin slices and little bits of bacon, set the heart in the middle, and lay the liver and bacon over the minced-meat and serve it up.

*To disguise a LEG of VEAL.*

LARD the top-side of a leg of veal in rows with bacon, and stuff it well with forcemeat made of oysters, then put it into a large saucepan, with as much water as will cover it, put on a close lid, to keep in the steam, stew it gently till quite tender, then take it up, and boil down the gravy in the pan to a quart; skim off the fat, and add half a lemon, a spoonful of mushroom-catchup, a little lemon pickle, the crumbs of a halfpenny-loaf grated exceedingly fine, boil it in your gravy till it looks thick, then add half a pint of oysters; if not thick enough, roll a lump of butter in flour

and put it in, with half a pint of good cream, and the yolks of three eggs, shake your sauce over the fire, but do not let it boil after the eggs are in, lest it curdle; put your veal in a deep dish, and pour the sauce over it; garnish with crisped parsley and fried oysters.—It is an excellent dish for the top of a large table.

#### HERRICO of a NECK of MUTTON.

CUT the best end of a neck of mutton into chops in single ribs, flatten them, and fry them a light brown, then put them into a large saucepan, with two quarts of water, a large carrot cut in slices cut at the edge like wheels; when they have stewed a quarter of an hour put in two turnips cut in square slices, the white part of a head of celery, a few heads of asparagus, two cabbage lettuces fried, and Chyan to your taste, boil them altogether till they are tender, the gravy is not to be thickened; put it into a tureen, or soup-dish. It is proper for a top-dish.

#### *To dress a NECK of MUTTON to eat like VENISON.*

CUT a large neck before the shoulder is taken off, broader than usual, and the flap of the shoulder with it, to make it look handsomer stick your neck all over in little holes with a sharp penknife, and pour a bottle of red wine upon it, and let it lie in the wine four or five days, turn and rub it three or four times a-day, then take it out, and hang it up three days in the open air out of the sun, and dry it often with a cloth to keep it from musting; when you roast it, baste it with the wine it was steeped in if any left, if not, fresh wine; put white paper, three or four folds, to keep in the fat, roast it thoroughly, and then take off the skin, and froth it nicely, and serve it up.



*To make FRENCH STEAKS of a NECK of MUTTON.*

LET your mutton be very good and large, and cut off most part of the fat of the neck, and then cut the steaks two inches thick, make a large hole through the middle of the fleshy part of every steak with a penknife, and stuff it with forcemeat made of bread-crumbs, beef-suet, a little nutmeg, pepper and salt, mixed up with the yolk of an egg; when they are stuffed, wrap them in writing paper, and put them in a Dutch oven, set them before the fire to broil, they will take near an hour, put a little brown gravy in your dish, and serve them up in the papers.

*A SHOULDER of MUTTON surprised.*

HALF-boil a shoulder, then put it into a tossing-pan, with two quarts of veal-gravy, four ounces of rice, a tea-spoonful of mushroom-powder, a little beaten mace, and stew it one hour, or till the rice is enough, then take up your mutton and keep it hot, put to the rice half a pint of good cream, and a lump of butter rolled in flour, shake it well, and boil it a few minutes; lay your mutton on the dish, and pour it over; garnish with barberries or pickles, and send it up.

*To dress a SHOULDER of MUTTON called HEN and CHICKENS.*

HALF roast a shoulder; then take it up, and cut off the blade at the first joint, and both the flaps, to make the blade round; score the blade round in diamonds, throw a little pepper and salt over it, and set it in a tin oven to broil; cut the flaps and the meat off the shank in thin slices into the gravy that runs out of the mutton, and put a little good  
gravy

gravy to it with two spoonfuls of walnut-catchup, one of browning, a little Chyan pepper, and one or two shalots; when your meat is tender thicken it with flour and butter, put your meat in the dish with the gravy, and lay the blade on the top, broiled a dark brown; garnish with green pickles, and serve it up.

*To boil a SHOULDER of MUTTON with ONION-SAUCE.*

PUT your shoulder in when the water is cold; when enough, smother it with onion-sauce, made the same way as for boiled ducks.—You may dress a shoulder of veal the same way.

*A SHOULDER of MUTTON and CELERY-SAUCE.*

BOIL it as before, till it is quite enough, pour over it celery-sauce, and send it to the table.—*N. B. The sauce.*—Wash and clean ten heads of celery, cut off the green tops, and take off the outside stalks, cut them into thin bits, and boil it in gravy till it is tender, thicken it with flour and butter, and pour it over your mutton. A shoulder of veal roasted, with this sauce, is very good.

*MUTTON kebob'd.*

CUT a loin of mutton in four pieces, take off the skin, and rub them with the yolk of an egg, stew over them a few bread-crumbs, and a little shred parsley, turn them round, and spit them, roast them, and keep basting all the while with fresh butter to make the froth rise; when they are enough, put a little brown gravy under, and serve them up; garnish with pickles.

*To grill a BREAST of MUTTON.*

SCORE a breast of mutton in diamonds, and rub it over with the yolk of an egg; then strew on a few bread-crumbs, and shred parsley, put it in a Dutch oven to broil, baste it with fresh butter, pour in the dish good caper-sauce, and serve it up.

*Split LEG of MUTTON and ONION-SAUCE.*

SPLIT the leg from the shank to the end, stick a skewer in to keep the nick open, baste it with red wine till it is half roasted, then take the wine out of the dripping-pan, and put to it one anchovy, set it over the fire till the anchovy is dissolved, rub the yolk of a hard egg in a little cold butter, mix it with the wine, and put it in your sauce-boat, put good onion-sauce over the leg when it is roasted, and serve it up.

*To force a LEG of MUTTON.*

RAISE the skin, and take out the lean part of the mutton, chop it exceedingly fine, with one anchovy, shred a bundle of sweet herbs, grate a penny loaf, half a lemon, nutmeg, pepper, and salt to your taste, make them into a forcemeat with three eggs and a large glass of red wine, fill up the skin with the forcemeat, but leave the bone and shank in their place, and it will appear like a whole leg; lay it on an earthen-dish, with a pint of red wine under it, and send it to the oven; it will take two hours and a half; when it comes out take off all the fat, strain the gravy over the mutton, lay round it hard yolks of eggs, and pickled mushrooms:—garnish with pickles, and serve it up.

*To*



*To dress SHEEP'S RUMPS and KIDNEYS.*

BOIL six sheep's rumps in veal-gravy, then lard your kidneys with bacon, and set them before the fire in a tin oven; when the rumps are tender, rub them over with the yolk of an egg, a little Chyan and grated nutmeg, skim the fat off the gravy, put it in a clean tossing-pan, with three ounces of boiled rice, a spoonful of good cream, a little mushroom powder or catchup, thicken it with flour and butter, and give it a gentle boil; fry your rumps a light brown; when you dish them up, lay them round on your rice, so that the small ends meet in the middle, and lay a kidney between every rump; garnish with red cabbage or barberries, and serve it up.—It is a pretty side or corner dish.

*To dress a LEG of MUTTON to eat like  
VENISON.*

GET the largest and fattest leg of mutton you can, cut it out like a haunch of venison; (as soon as it is killed, whilst it is warm, it will eat the tenderer,) take out the bloody vein, stick it in several places in the under side with a sharp pointed knife, pour over it a bottle of red wine, turn it in the wine four or five times a-day for five days; then dry it exceedingly well with a clean cloth; hang it up in the air with the thick end uppermost for five days, dry it night and morning, to keep it from being damp, or growing musty; when you roast it, cover it with paper and paste, as you do venison, serve it up with venison-sauce.—It will take four hours roasting.

*A BASQUE*

*A BASQUE of MUTTON.*

TAKE the caul of a leg of veal, lay it in a copper-dish the size of a small punch-bowl, take the lean of a leg of mutton that has been kept a week, chop it exceeding small, take half its weight in beef marrow, the crumbs of a penny loaf, the yolks of four eggs, two anchovies, half a pint of red wine, the rind of half a lemon grated, mix it like sausage meat, and lay it in your caul in the inside of your dish, close up the caul, and bake it in a quick oven; when it comes out lay your dish upside down, and turn the whole out, pour over it brown gravy, and send it up with venison-sauce in a boat:—garnish with pickles.

## OXFORD JOHN.

TAKE a stale leg of mutton, cut it in as thin collops as you possibly can, take out all the fat sinews, season them with mace pepper and salt, strew among them a little shred parsley, thyme, and two or three shallots, put a good lump of butter into a stewpan; when it is hot, put in all your collops, keep stirring them with a wooden spoon till they are three parts done, then add half a pint of gravy, a little juice of lemon, thicken it a little with flour and butter, let them simmer four or five minutes, and they will be quite enough; if you let them boil, or have them ready before you want them, they will grow hard: serve them up hot with fried bread cut in slices, over and round them.

*To boil a LEG of LAMB and LOIN fried.*

CUT your leg from the loin, boil the leg three quarters of an hour, cut the loin in handsome  
 O steaks

steaks, beat them with a cleaver, and fry them a good brown, then stew them a little in strong gravy, put your leg on the dish, and lay your steaks round it, pour on your gravy, lay round lumps of stewed spinage and crisped parsley on every steak; send it to the table with gooseberry-sauce in a boat.

*To force a QUARTER of LAMB.*

TAKE a hind quarter and cut off the shank, raise the thick part of the flesh from the bone with a knife, stuff the place with white forcemeat, and stuff it under the kidney, half roast it, then put it in a tossing-pan, with a quart of mutton gravy, cover it close up, and let it stew gently; when it is enough, take it up, and lay it on your dish, skim the fat off the gravy, and strain it, then put it in a glass of Madeira wine, one spoonful of walnut-catchup, two of browning, half a lemon, a little Chyan, half a pint of oysters, thicken it with a little butter rolled in flour, pour your gravy hot on your lamb, and serve it up.

*To dress a LAMB'S HEAD and PURTENANCE.*

SKIN the head and split it, take the black part out of the eyes, then wash and clean it exceedingly well, lay it in warm water till it looks white, wash and clean the purtenance, take off the gall, and lay them in water, boil it half an hour, then mince your heart, liver, and lights, very small, put the mince-meat in a tossing-pan, with a quart of mutton-gravy, a little catchup, pepper and salt, half a lemon, thicken it with flour and butter, a spoonful of good cream, and just boil it up; when your head is boiled, rub it over with the yolk of an egg, strew over it bread-crumbs,  
a little



a little shred parsley, pepper and salt, baste it well with butter, and brown it before the fire, or with a salamander, put the purtenance on your dish, and lay the head over it; garnish with lemon or pickle, and serve it up.

*To fricassée LAMB'S STONES.*

SKIN six lambs' stones, or what quantity you please, dip them in batter, and fry them in hog's-lard a nice brown, have ready a little veal gravy, thicken it with flour and butter, put in a tea-spoonful of lemon-pickle, a little mushroom catchup, a slice of lemon, a little grated nutmeg, beat the yolk of an egg, mix it with two spoonfuls of thick cream, put it in your gravy, keep shaking it over the fire till it looks white and thick; then put in the lambs' stones, and give them a shake; when they are hot, dish them up, and lay round them boiled forcemeat-balls.

*To roast a Pig in imitation of LAMB.*

LET your pig be a month or five weeks old, divide it down the middle, take off the shoulder, and leave the rest to the hind part, then take the skin off, draw sprigs of parsley all over the outside, which must be done, by running a skewer or larding-pin, and sticking the stalk of the parsley in it, split it and roast it before a quick fire, dredge it, and baste it well with fresh butter, roast it a fine brown, and send it up with a froth on it: garnish with green parsley; it will eat and look like a fat lamb.—It is eat with salad.

*To barbecue a PIG.*

DRESS a pig of ten weeks old as if it were to be roasted, make a forcemeat of two anchovies, six sage leaves, and the liver of the pig, all chop-

ped very small; then put them into a marble mortar, with the crumbs of a halfpenny loaf, four ounces of butter, half a tea-spoonful of Chyan pepper, and half a pint of red wine; beat them altogether to a paste, put it in your pig's belly, and sew it up: lay your pig down at a good distance before a large brisk fire, singe it well, put in your dripping-pan three bottles of red wine, baste it with the wine all the time it is roasting; when it is half roasted put under your pig two penny loaves, if you have not wine enough, put in more; when your pig is near enough, take the loaves and sauce out of your dripping pan, put to the sauce one anchovy chopped small, a bundle of sweet herbs, and half a lemon; boil it a few minutes, then draw your pig; put a small lemon or apple in the pig's mouth, and a loaf on each side; strain your sauce and pour it on them boiling hot; lay barberries or slices of lemon round it, and send it up whole to the table.—It is a grand bottom dish. It will take four hours roasting.

*To barbecue a* LEG of PORK.

LAY down your leg to a good fire, put into the dripping-pan two bottles of red wine, baste your pork with it all the time it is roasting; when it is enough, take up what is left in the pan, put to it two anchovies, the yolks of three eggs boiled hard and pounded fine, with a quarter of a pound of butter and half a lemon, a bunch of sweet herbs, a tea-spoonful of lemon pickle, a spoonful of catchup, and one of torragon vinegar, or a little torragon shred small, boil them a few minutes, then draw your pork, and cut the skin down from the bottom of the shank in rows an inch broad, raise every other row, and roll it to the shank, strain your sauce and pour it on boiling hot; lay  
oyster

oyster patties all round the pork, and sprigs of green parsley.

*To stuff a CHINE of PORK.*

TAKE a chine that has been hung about a month, boil it half an hour, then take it up, and make holes in it all over the lean part, one inch from another, stuff them betwixt the joints with shred parsley, rub it all over with the yolks of eggs, strew over it bread-crumbs, baste it and set it in a Dutch oven; when it is enough, lay round it boiled broccoli, or stewed spinage; garnish with parsley.

*To roast a HAM or a GAMMON of BACON.*

HALF-boil your ham or gammon, then take off the skin, dredge it with oatmeal, sifted very fine, baste it with fresh butter (it will make a stronger froth than either flour or bread-crumbs,) then roast it, when it is enough dish it up, and pour brown gravy on your dish; garnish with green parsley, and send it to the table.

*To force the inside of a SURLOIN of BEEF.*

SPIT your surloin, then cut off from the inside all the skin and fat together, then take off all the flesh from the bones, chop the meat very fine with a little beaten mace, two or three shalots, one anchovy, half a pint of red wine, a little pepper and salt, and put it on the bones again, lay your fat and skin on again, and skewer it close, and pepper it well, when roasted, take off the fat, and dish up the surloin, pour over it a sauce made of a little red wine, a shalot, one anchovy, two or three slices of horse-radish, and serve it up.



*To dress the inside of a cold SURLOIN of BEEF.*

CUT out all the inside (free from fat) of the surloin in pieces as thick as your finger and about two inches long, dredge it with a little flour, and fry it in nice butter of a light brown, then drain it, and toss it up in rich gravy that has been well seasoned, with pepper, salt, shallot, and an anchovy; just before you send it up, add two spoonfuls of vinegar taken from pickled capers: garnish with fried oysters, or what you please.

#### BOUILLIE BEEF.

TAKE the thick end of a brisket of beef, put it into a kettle of water quite covered over, let it boil fast for two hours, then keep stewing it close by the fire for six hours more, and as the water wastes fill up the kettle, put in with the beef some turnips cut in little balls, carrots, and some celery cut in pieces: an hour before it is done, take out as much broth as will fill your soup-dish, and boil in it for that hour turnips and carrots cut out in balls, or in little square pieces, with some celery, salt and pepper to your taste; serve it up in two dishes, the beef by itself, and the soup by itself; you may put pieces of fried bread, if you like it, in your soup, boil in a few knots of greens, and if you think your soup will not be rich enough, you may add a pound or two of fried mutton-chops to your broth when you take it from the beef, and let it stew for that hour in the broth, but be sure to take out the mutton when you send it to the table: the soup must be very clear.

To

*To stew a RUMP of BEEF.*

HALF roast your beef, then put it in a large saucepan or cauldron, with two quarts of water, and one of red wine, two or three blades of mace, a shalot, one spoonful of lemon-pickle, two of walnut-catchup, the same of browning, Chyan pepper and salt to your taste, let it stew over a gentle fire, close covered, for two hours; then take up your beef, and lay it on a deep dish, skim off the fat, and strain the gravy, and put in one ounce of morels, and half a pint of mushrooms, thicken your gravy, and pour it over your beef, lay round it forcemeat-balls: garnish with horse-radish, and serve it up.

*To stew a RUMP of BEEF a second way.*

STUFF your beef with three cloves of garlic in different parts, make a hole with a skewer, and get in the garlic as far as about one half your finger can reach, stuff it likewise in several places with forcemeat, in the making of which put some fat bacon cut in very small slices, then put your beef into a pot the right-side under, put about a pound of suet over it, five or six ounces of bacon sliced, and as much water as will cover it, then set the pot over the fire, let it boil for three quarters of an hour; then cover the pot quite close, and let it stew for four hours over a moderate fire, after which take it up and pour every drop of liquor from it, and put a quart of claret over it, and set it on a very slow fire; while you are preparing the sauce, which is to be either of turnips, or carrots, or palates, cut as for a rago, put in as much broth as you think sufficient, with some of the clear gravy, free from  
the

the fat that you poured off the beef, in a stew-pan; boil them a little with morels, truffles, and a glass of claret, and a little butter rolled in flour, which must be tossed up together, and dish it up very hot.

*A FRICANDO of BEEF.*

CUT a few slices of beef five or six inches long, and half an inch thick, lard it with bacon, dredge it well with flour, and set it before a brisk fire to brown, then put it in a tossing-pan, with a quart of gravy, a few morels and truffles, half a lemon, and stew them half an hour, then add one spoonful of catchup, the same of browning, and a little Chyan, thicken your sauce, and pour it over your fricando; lay round them forcemeat-balls, and the yolks of hard eggs.

*To à-là-mode BEEF.*

TAKE the bone out of the rump of beef, lard the top with bacon, then make a forcemeat of four ounces of marrow, two heads of garlic, the crumbs of a penny-loaf, a few sweet herbs chopped small, nutmeg, pepper, and salt to your taste, and the yolks of four eggs well beat, mix it up, and stuff your beef where the bone came out, and in several places in the lean part, skewer it round, and bind it about with a fillet, put it in a pot, with a pint of red wine, and tie it down with strong paper, bake it in the oven for three hours; when it comes out, if you want to eat it hot, skim the fat off the gravy, and add half an ounce of morels, a spoonful of pickled mushrooms, thicken it with flour and butter, dish up your beef and pour on your gravy; lay round it forcemeat-balls, and send it up.



*To make a PORCUPINE of the FLAT RIBS of BEEF.*

BONE the flat ribs, and beat it half an hour with a paste-pin, then rub it over with the yolks of eggs, strew over it bread-crumbs, parsley, leeks, sweet-marjoram, lemon-peel shred fine, nutmeg, pepper, and salt, roll it up very close, and bind it hard, lard it across with bacon, then a row of cold boiled tongue, a third row of pickled cucumbers, a fourth row of lemon-peel; do it over in rows as above till it is larded all round, it will look like red, green, white, and yellow dices; then split it and put it in a deep pot with a pint of water, lay over a caul of veal, to keep it from scorching, tie it down with strong paper, and send it to the oven: when it comes out, skim off the fat, and strain your gravy into a saucepan, add to it two spoonfuls of red wine, the same of browning, one of mushroom-catch-up, half a lemon, thicken it with a lump of butter rolled in flour, dish up the meat, and pour the gravy on the dish, lay round forcemeat-balls; garnish with horse-radish, and serve it up.

*To make BRISKET of BEEF à-la-royale.*

BONE a brisket of beef, and make holes in it with a knife, about an inch one from another, fill one hole with fat bacon, a second with chopped parsley, and a third with chopped oysters, seasoned with nutmeg, pepper, and salt, till you have done the brisket over; then pour a pint of red wine boiling hot upon the beef, dredge it well with flour, send it to the oven, and bake it three hours or better; when it comes out of the oven take off the fat, and strain the gravy  
P over

over your beef; garnish with pickles, and serve it up.

#### BEEF OLIVES.

CUT slices off a rump of beef about six inches long, and half an inch thick, beat them with a paste-pin, and rub them over with the yolk of an egg, a little pepper, salt, and beaten mace, the crumbs of a halfpenny loaf, two ounces of marrow sliced fine, a handful of parsley chopped small, and the out-rind of half a lemon grated, strew them all over your steaks, and roll them up, skewer them quite close, and set them before the fire to brown, then put them into a tossing-pan, with a pint of gravy, a spoonful of catchup, the same of browning, a tea-spoonful of lemon-pickle, thicken it with a little butter rolled in flour: lay round forcemeat-balls, mushrooms, or the yolks of hard eggs.

#### *To make a MOCK-HARE of a BEAST'S HEART.*

WASH a large beast's heart clean, and cut off the deaf ears, and stuff it with some forcemeat as you do a hare, lay a caul of veal, or paper over the top to keep in the stuffing, roast it either in a cradle spit or hanging one, it will take an hour and a half before a good fire, baste it with red wine; when roasted take the wine out of the dripping-pan, and skim off the fat, and add a glass more wine; when it is hot put in some lumps of red currant-jelly, and pour it in the dish, serve it up, and send in red currant-jelly cut in slices on a saucer.

#### BEAST'S HEART *larded.*

TAKE a good beast's heart, stuff it as before, and lard it all over with little bits of bacon, dust it

it with flour, and cover it with paper, to keep it from being too dry, and send it to the oven; when baked, put the heart on your dish, take off the fat, and strain the gravy through a hair-sieve, put it in a saucepan, with one spoonful of red wine, the same of browning, and one of lemon-pickle, half an ounce of morels, one anchovy cut small, a little beaten mace, thicken it with flour and butter, pour it hot on your heart, and serve it up: garnish with barberries.

*To stew Ox-PALATES.*

WASH your ox-palates in several waters, and then lay them in warm water for half an hour, then wash them out, and put them in a pot, and tie them down with strong paper, and send them to the oven with as much water as will cover them, or boil them till tender; then skin them, and cut them in pieces half an inch broad and three inches long, and put them in a tossing-pan, with a pint of veal-gravy, one spoonful of Madeira wine, the same of catchup and browning, one onion stuck with cloves and a slice of lemon, stew them half an hour, then take out the onion and lemon, thicken your sauce, and put them in a dish; have ready boiled artichoke bottoms, cut them in quarters, and lay them over your palates, with forcemeat-balls and morels; garnish with lemon and serve them up.

*To fricando Ox-PALATES.*

WHEN you have washed and cleaned your palates as before, cut them in square pieces, lard them with little bits of bacon, fry them in hog's-lard a pretty brown, and put them in a sieve to drain the fat from them, then take better than



half a pint of beef-gravy, one spoonful of red wine, half as much browning, a little lemon-pickle, one anchovy, a shalot, and a bit of horseradish; give them a boil, and strain your gravy; then put in your palates, and stew them half an hour; make your sauce pretty thick, dish them up, and lay round them stewed spinage, pressed and cut like sippers, and serve them up.

*To fricassée OX-PALATES.*

CLEAN your palates very well as before, put them in a stewpot, and cover them with water, set them in the oven for three or four hours; when they come from the oven strip off the skins, and cut them in square pieces, season them with mace, nutmeg, Chyan, and salt; mix a spoonful of flour with the yolks of two eggs, dip in your palates, and fry them a light brown; then put them in a sieve to drain; have ready half a pint of veal-gravy, with a little caper-liquor, a spoonful of browning, and a few mushrooms, thicken it well with flour and butter, pour it hot on your dish, and lay in your palates; garnish with fried parsley and barberries.

*To stew a TURKEY with CELERY-SAUCE.*

TAKE a large turkey, and make a good white forcemeat of veal, and stuff the craw of the turkey; skewer it as for boiling, then boil it in soft water till it is almost enough, and then take up your turkey, and put it in a pot, with some of the water it was boiled in, to keep it hot; put seven or eight heads of celery, that are washed and cleaned very well, into the water that the turkey was boiled in, till they are tender, then take them up, and put in your turkey with the breast down,  
and

and stew it a quarter of an hour; then take it up and thicken your sauce with half a pound of butter and flour to make it pretty thick, and a quarter of a pint of rich cream; then put in your celery; pour the sauce and celery hot upon the turkey's breast, and serve it up.—It is a proper dish for dinner or supper.

*To stew a TURKEY brown.*

WHEN you have drawn the craw out of your turkey, cut it up the back and take out the entrails, that the turkey may appear whole, and take all the bones out of the body very carefully; the rump, legs, and wings are to be left whole; then take the crumb of a penny-loaf, and chop half a hundred of oysters very small with half a pound of beef-marrow, a little lemon-peel cut fine, and pepper and salt; mix them well up together, with the yolks of four eggs, and stuff your turkey with it, sew it up, and lard it down each side with bacon; half-roast it, then put it into a tossing-pan, with two quarts of veal-gravy, and cover it close up; when it has stewed one hour, add a spoonful of mushroom-catchup, half an anchovy, a slice or two of lemon, a little Chyan pepper, and a bunch of sweet herbs; cover them close up again, and stew it half an hour longer, then take it up and skim the fat off the gravy, and strain it, thicken it with flour and butter, let it boil a few minutes, and pour it hot upon your turkey: lay round it oyster patties, and serve it up.

*A TURKEY à-là-daube, to be sent up hot.*

CUT the turkey down the back just enough to bone it, without spoiling the look of it, then stuff it with a nice forcemeat, made of oysters  
chopped

chopped fine, crumbs of bread, pepper, salt, shalots, a very little thyme, parsley, and butter; fill it as full as you like, and sew it up with a thread, tie it in a clean cloth, and boil it very white, but not too much. You may serve it up with oyster-sauce made good, or take the bones with a piece of veal, mutton, and bacon, and make a rich gravy, seasoned with pepper, salt, shalots, and a little bit of mace; strain it off through a sieve, and stew your turkey in it (after it is half-boiled) just half an hour; dish it up in the gravy after it is well skimmed, strained, and thickened with a few mushrooms stewed white, or stewed palates, forcemeat balls, fried oysters, or sweetbreads, and pieces of lemon. Dish it up with the breast upwards; if you send it up garnished with palates, take care to have them stewed tender first, before you add them to the turkey; you may put a few morels and truffles in your sauce if you like it, but take care to wash them clean.

*TURKEY à-la-daube, to be sent up cold.*

BONE the turkey, and season it with pepper and salt, then spread over it some slices of ham, upon that some forcemeat, upon that a fowl, boned and seasoned as before, then more ham and forcemeat, then sew it up with thread; cover the bottom of the stewpan with veal and ham; then lay in the turkey the breast down, chop all the bones to pieces, and put them on the turkey; cover the pan, and set it on the fire five minutes; then put in as much clear broth as will cover it, let it boil two hours; when it is more than half done, put in one ounce of isinglass, and a bundle of sweet herbs. When it is done enough take out the  
turkey,



turkey, and strain the jelly through a hair-sieve; skim off all the fat, and when it is cold lay the turkey upon it, the breast down, and cover it with the rest of the jelly; let it stand in some cold place; when you serve it up, turn it on the dish it is to be served in; if you please, you may spread butter over the turkey's breast, and put some green parsley or flowers, or what you please, in what form you like.

#### FOWLS *à-là-braise*.

**SKEWER** your fowl as for boiling, with the legs in the body, then lay over it a layer of fat bacon, cut in pretty thin slices, then wrap it round in beet leaves, then in a caul of veal, and put it into a large saucepan, with three pints of water, a glass of Madeira wine, a bunch of sweet herbs, two or three blades of mace, and half a lemon, stew it till quite tender, take it up, and skim off the fat, make your gravy very thick with flour and butter, and strain it through a hair-sieve, and put to it a pint of oysters, a tea-cupful of thick cream; keep shaking your tossing-pan over the fire, and when it has simmered a little, serve up your fowl with the bacon, beet-leaves, and caul on, and pour your sauce hot upon it; garnish with barberries, or red beet-root.

#### *To force a FOWL.*

**TAKE** a large fowl, pick it clean, and cut it down the back, take out the entrails, and take the skin off whole, cut the flesh from the bones, and chop it with half a pint of oysters, one ounce of beef-marrow, a little pepper and salt, mix it up with cream, then lay the meat on the bones,  
and

and draw the skin over it, and sew up the back; then cut large thin slices of bacon, and lay them over the breast of your fowl; tie the bacon on with packthread in diamonds; it will take an hour roasting by a moderate fire; make a good brown gravy sauce, pour it upon your dish, take the bacon off, and lay in your fowl, and serve it up; garnish with pickles, mushrooms, or oysters.—It is proper for a side-dish for dinner, or top for supper.

*To stew PALATES and CHICKENS.*

TO every palate or chicken take an anchovy, a little parsley and shalot, with the liver of the chickens; shred all these together very fine, and salt to your taste, and stuff the birds with it, turn them up short as for boiling, tie them in cloths, boil the palates an hour at least, the chickens not above fifteen or twenty minutes, in milk and water with a little salt in it; make the sauce with a little white gravy and white wine, and with it stew a good many oysters and shalots, beat it up thick with a lump of butter, (you may, if you please, leave out the wine, and mix a little cream in the sauce instead of it) your gravy must be made of veal; when the chickens are boiled, and the palates are stewed tender, toss them up together in the gravy and oysters, send them hot to the table, the chickens in the middle and the palates round them, with a few white balls made of veal: you may add sweetbreads.—This is a very good way to stew a turkey. The water the palates were boiled in will be extremely good to make gravy, adding to it a good piece of veal, mutton, and bacon.

*To fricassée CHICKENS.*

SKIN them, and cut them in small pieces, wash them in warm water, and then dry them very clean with a cloth, season them with pepper and salt, and then put them into a stewpan, with a little fair water, and a good piece of butter, a little lemon-pickle, or half a lemon, a glass of white wine, one anchovy, a little mace and nutmeg, an onion stuck with cloves, a bunch of lemon-thyme, and sweet-marjoram, let them stew together till your chickens are tender, and then lay them on your dish, thicken your gravy with flour and butter, strain it, then beat the yolks of three eggs a little, and mix them with a large tea-cupful of rich cream, and put it in your gravy, and shake it over the fire, but do not let it boil, and pour it over your chickens.

*To force CHICKENS.*

ROAST your chickens better than half, take off the skin, then the meat, and chop it small with shred parsley and crumbs of bread, pepper and salt, and a little good cream; then put in the meat, and close the skin, brown it with a salamander, and serve it up with white sauce.

*To make artificial CHICKENS or PIGEONS.*

MAKE a rich forcemeat of veal, lamb, or chickens, seasoned with pepper, salt, parsley, a shallot, a piece of fat bacon, a little butter, and the yolk of an egg; work it up in the shape of pigeons or chickens, putting the foot of the bird you intend it for in the middle so as just to appear at the bottom, roll the forcemeat very well in the yolk of an egg, then in the crumbs of  
Q bread,



bread, send them to the oven, and bake them a light brown, do not let them touch each other, put them on tin-plates well-buttered, as you send them to the oven: you may send them to the table dry, or gravy in the dish, just as you like.

*To marinate a Goose.*

CUT your goose up the back-bone, then take out all the bones, and stuff it with forcemeat, and sew up the back again; fry the goose a good brown, then put it into a deep stewpan, with two quarts of good gravy, and cover it close, and stew it two hours, then take it out and skim off the fat, add a large spoonful of lemon-pickle, one of browning, and one of red wine, one anchovy shred fine, beaten mace, pepper, and salt to your palate, thicken it with flour and butter, boil it a little, dish up your goose, and strain your gravy over it.—*N. B.* Make your stuffing thus: Take ten or twelve sage leaves, two large onions, two or three large sharp apples, shred them very fine, mix them with the crumbs of a penny-loaf, four ounces of beef-marrow, one glass of red wine, half a nutmeg grated, pepper, salt, and a little lemon-peel shred small, make a light stuffing with the yolks of four eggs; observe to make it one hour before you want it.

*To stew Ducks.*

TAKE three young ducks, lard them down each side the breast, dust them with flour, and set them before the fire to brown; then put them in a stew-pan, with a quart of water, a pint of red wine, one spoonful of walnut-catchup, the same of browning, one anchovy, half a lemon, a clove of garlic, a bundle of sweet herbs, Chyan pepper  
to

to your taste, let them stew slowly for half an hour or till they are tender, lay them on a dish to keep them hot, skim off the fat, strain your gravy through a hair-sieve, add to it a few morels and truffles, boil it quick till reduced to little more than half a pint, pour it over your ducks, and serve it up.—It is proper for a side-dish for dinner, or bottom for supper.

*To stew DUCKS with GREEN-PEAS.*

HALF-roast your ducks, then put them into a stewpan with a pint of good gravy, a little mint, and three or four sage-leaves chopped small, cover them close, and stew them half an hour, boil a pint of green-peas as for eating, and put them in after you have thickened the gravy; dish up your ducks, and pour the gravy and peas over them.

*DUCKS à-là-braise.*

DRESS and singe your ducks, lard them quite through with bacon rolled in shred parsley, thyme, onions, beaten mace, cloves, pepper, and salt, put in the bottom of a stew-pan a few slices of fat bacon, the same of ham or gammon of bacon, two or three slices of veal or beef, lay your ducks in with the breast down, and cover the ducks with slices the same as put under them, cut in a carrot or two, a turnip, one onion, a head of celery, a blade of mace, four or five cloves, a little whole pepper, cover them close down, and let them simmer a little over a gentle stove till the breast is a light brown; then put some broth or water, cover them as close down again as you can, stew them gently betwixt two and three hours till enough, then take parsley,  
Q<sup>2</sup>
onion,

onion, or shalot, two anchovies, a few gherkins or capers, chop them all very fine, put them in a stew-pan with part of the liquor from the ducks, a little browning, and the juice of half a lemon, boil it up, and cut the ends of the bacon even with the breast of your ducks, lay them on your dish pour the sauce hot upon them, and serve them up; some put garlic instead of onions.

#### Ducks *à-là-mode*.

SLIT two ducks down the back, and bone them carefully, make a forcemeat of the crumbs of a penny-loaf, four ounces of fat bacon scraped, a little parsley, thyme, lemon-peel, two shalots, or onions shred very fine, with pepper, salt, and nutmeg to your taste, and two eggs, stuff your ducks with it and sew it up, lard them down each side of the breast with bacon, dredge them well with flour, and put them in a Dutch oven to brown; then put them into a stew-pan, with three pints of gravy, a glass of red wine, a tea-spoonful of lemon-pickle, a large one of walnut and mushroom catchup, one of browning, and one anchovy, with Chyan pepper to your taste; stew them gently over a slow fire for an hour; when enough, thicken your gravy, and put in a few truffles and morels, strain your gravy and pour it upon them.—You may *à-là-mode* a goose the same way.

#### PIGEONS *compote*.

TAKE six young pigeons, and skewer them as you do for boiling, put forcemeat into the craws, lard them down the breast, and fry them brown, then put them into a strong brown gravy, and let them stew three quarters of an hour;  
thicken



thicken it with a lump of butter rolled in flour; when you dish them up; lay forcemeat-balls round them, and strain the gravy over them.—The forcemeat must be made thus: grate the crumbs of half a penny-loaf, and scrape a quarter of a pound of fat bacon instead of suet, chop a little parsley, thyme, two shalots or an onion, grate a little nutmeg, lemon-peel, some pepper and salt, mix them all up with eggs.—It is proper for a top-dish for a second course, or a side-dish for the first.

*PIGEONS in a hole.*

PICK, draw, and wash your young pigeons, stick their legs in their belly, as you do boiled pigeons, season them with pepper, salt, and beaten mace, put into the belly of every pigeon a lump of butter the size of a walnut, lay your pigeons in a pie-dish, pour over them a batter made of three eggs, two spoonfuls of flour, and half a pint of good milk, bake it in a moderate oven, and serve them to table in the same dish.

*PIGEONS transmogrified.*

PICK and clean six small young pigeons, but do not cut off their heads, cut off their pinions, and boil them ten minutes in water, then cut off the ends of six large cucumbers, and scrape out the seeds, put in your pigeons, but let the heads be out at the ends of the cucumbers, and stick a bunch of barberries in their bills, and then put them in a tossing-pan with a pint of veal-gravy, a little anchovy, a glass of red wine a spoonful of browning, a little slice of lemon, Chyan and salt to your taste; stew them seven minutes, take them out, thicken your gravy with  
a little

a little butter rolled in flour; boil it up, and strain it over your pigeons, and serve them up.

*To broil PIGEONS.*

TAKE your pigeons, pick and draw them, split them down the back, and season them with pepper and salt, lay them on the gridiron with the breast upward, then turn them, but be careful you do not burn the skin, rub them over with butter, and keep turning them till they are enough; dish them up, and lay round them crisped parsley, and pour over them melted butter or gravy, which you please, and send them up.

*To boil PIGEONS in RICE.*

WHEN you have picked and drawn your pigeons, turn the legs under the wings, and cut off the pinions; then lay over every pigeon thin slices of bacon, and a large beet-leaf, wrap them in clean cloths separately, and boil them till enough; have ready four ounces of rice boiled soft, and put into a sieve to drain; put the rice into a little good veal gravy thickened with flour and butter, boil your rice a little in the gravy, and add two spoonfuls of good cream; take your pigeons out of the cloths, and leave on the bacon and beet-leaves, pour the rice over them, and serve them up.

*To fricando PIGEONS.*

PICK, draw, and wash your pigeons very clean, stuff the craws and lard them down the sides of the breast, fry them in butter a fine brown, and then put them into a tossing-pan, with a quart of gravy, stew them till they are tender then take off the fat, and put in a tea-spoonful of lemon-pickle,

pickle, a large spoonful of browning, the same of walnut-catchup, a little Chyan and salt, thicken your gravy, and add half an ounce of morels, and four yolks of hard eggs; lay the pigeons in your dish, and put the morels and eggs round them, and strain your sauce over them.—Garnish with barberries and lemon-peel, and serve them up.

### *Fugged PIGEONS.*

TAKE six pigeons, pluck and draw them, wash them clean and dry them with a cloth, season them with beaten mace, white pepper and salt, put them in a jug, and put half a pound of butter upon them, stop up your jug close with a cloth that no steam can get out, let it in a kettle of boiling water, and let it boil one hour and a half; then take out your pigeons and put the gravy that is come from the pigeons into a pan and put to it one spoonful of wine, one of catchup, a slice of lemon, half an anchovy chopped small, and a bundle of sweet herbs, boil it a little, thicken it with a little butter rolled in flour, lay your pigeons on the dish, and strain the gravy on them; garnish with parsley and red cabbage, and serve them up; you may lay mushrooms or forcemeat-balls—It is a pretty side or corner dish.

### *Boiled PIGEONS and BACON.*

TAKE six young pigeons, wash them clean as before, turn their legs under their wings, boil them in milk and water by themselves twenty minutes, have ready boiled a square piece of bacon; take off the skin and brown it, put the bacon in the middle of your dish, and lay the pigeons round it, and lumps of stewed spinage; pour plain melted



melted butter over them, and send parsley and butter in a boat.

#### PIGEONS *fricassée*.

CUT your pigeons as you would do chickens for a fricassée, fry them a light brown, then put them into some good mutton-gravy, and stew them near half an hour, and then put in half an ounce of morels, a spoonful of browning, and a slice of lemon, take up your pigeons, and thicken your gravy, strain it over your pigeons, and lay round them forcemeat-balls.—Garnish with pickles.

#### PARTRIDGES *in Panes*.

HALF-roast two partridges, and take the flesh from them, and mix it with the crumbs of a penny loaf steeped in rich gravy, six ounces of beef-marrow, or half a pound of fat bacon scraped, ten morels boiled soft and cut small, two artichoke bottoms boiled and shred small, the yolks of three eggs, pepper, salt, nutmeg, and shred lemon-peel to your palate, work them together, and bake them in moulds the shape of an egg, and serve them up cold or in jelly.—Garnish with curled parsley.

#### *To stew* PARTRIDGES.

TRUSS your partridges as for roasting, stuff the craws, and lard them down each side of the breast, then roll a lump of butter in pepper salt, and beaten mace, and put into the bellies, sew up the vents, dredge them well, and fry them a light brown, then put them into a stew-pan, with a quart of good gravy, a spoonful of Madeira wine, the same of mushroom-catchup, a tea-spoonful of lemon-pickle, and half the quantity of mushroom-powder,

powder, one anchovy; half a lemon, a sprig of sweet-majoram, cover the pan close, and stew them half an hour, then take them out and thicken the gravy, boil it a little, and pour it over the partridges, and lay round them artichoke-bottoms boiled and cut in quarters, and the yolks of four hard eggs, if agreeable.

*To stew PARTRIDGES a second way.*

TAKE three partridges when dressed, singe them, blanch and beat three ounces of almonds, and grate the same quantity of fine white bread; chop three anchovies, mix them with six ounces of butter, stuff the partridges, and sew them up at both ends, truss them, and wrap slices of fat bacon round them, half roast them, then take one and pull the meat of the breast, and beat it in a marble-mortar with the forcemeat it was stuffed with; have ready a strong gravy made of ham and veal, strain it into a stew-pan; then take the bacon off the other two, wipe them clean, and put them into the gravy, with a good deal of shalots, let them stew till tender, then take them out, and boil the gravy till it is almost as thick as bread-sauce, then add to it a glass of sweet-oil, the same of Champagne, and the juice of a China orange; put your partridges in, and make them hot.—Garnish with slices of bacon and lemon.

*To stew a HARE.*

WHEN you have paunched and cased your hare, cut her as for eating, put her into a large sauce-pan, with three pints of beef-gravy, a pint of red wine, a large onion stuck with cloves, a bundle of winter savory, a slice of horse-radish, two blades of beaten mace, one anchovy, a spoonful

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of walnut or mum catchup, one of browning, half a lemon, Chyan and salt to your taste; put on a close cover, and set it over a gentle fire, and stew it for two hours, then take it up into a soup dish, and thicken your gravy with a lump of butter rolled in flour; boil it a little, and strain it over your hare.—Garnish with lemon-peel cut like straws, and serve it up.

*To jug a HARE.*

CUT the hare as for eating, season it with pepper, salt, and beaten mace; put it into a jug or pitcher with a close top, put to it a bundle of sweet herbs, and set it in a kettle of boiling water, let it stand till it is tender, then take it up, and pour the gravy into a tossing-pan, with a glass of red wine, one anchovy, a large onion stuck with cloves, a little beaten mace, and Chyan pepper to your taste; boil it a little and thicken it: dish up your hare, and strain the gravy over it, then send it up.

*To Florendine a HARE.*

TAKE a grown hare, and let her hang up four or five days, then case her, and leave on the ears, and take out all the bones except the head, which must be left on whole, lay your hare flat on the table, and lay over the inside a forcemeat, and then roll it up to the head, skewer it with the head and ears leaning back, tie it with packthread as you would a collar of veal, wrap it in a cloth, and boil it an hour and a half in a sauce-pan, with a cover on it, with two quarts of water; when your liquor is reduced to one quart put in a pint of red wine, a spoonful of lemon-pickle, and one of catchup, the same of browning, and stew it till it  
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is reduced to a pint, thicken it with butter rolled in flour, lay round your hare a few morels, and four slices of forcemeat, boiled in a caul of a leg of veal; when you dish it up, draw the jaw-bones, and stick them in the eyes for horns, let the ears lie back on the roll, and stick a sprig of myrtle in the mouth, strain over your sauce, and serve it up: garnish with barberries and parsley.—  
 Forcemeat for the hare: Take the crumbs of a penny loaf, the liver shred fine, half a pound of fat bacon scraped, a glass of red wine, one anchovy, two eggs, a little winter-savoury, sweet-marjoram, lemon-thyme, pepper, salt, and nutmeg to your taste.

*To hodge-podge a HARE.*

CUT the hare in pieces as you do for stewing, and put it into a pitcher, with two or three onions, some salt, and a little pepper, a bunch of sweet-herbs, and a piece of butter, stop the pitcher very close, that no steam may get out, set it in a kettle full of boiling water, keep the kettle filled up as the water wastes, let it stew four or five hours at least. You may, when you first put the hare into the kettle, put in lettuce, cucumbers, celery, and turnips, if you like it better.

*To florendine RABBITS.*

TAKE three young rabbits, skin them but leave on the ears, wash and dry them with a cloth, take out the bones carefully, leaving the head whole, then lay them flat, make a forcemeat of a quarter of a pound of bacon scraped, it answers better than suet, it makes the rabbits eat tender and whiter; add to the bacon the crumbs of a penny loaf, a little lemon-thyme, or lemon peel shred fine, par-

fley chopped small, nutmeg, Chvan, and salt to your palate; mix them up together with an egg, and spread it over the rabbits, roll them up to the head, skewer them straight, and close the ends, to prevent the forcemeat from coming out, skewer the ears back, and tie them in separate cloths, and boil them half an hour; when you dish them up take out the jaw bones, and stick them in the eyes for ears, put round them forcemeat-balls and mushrooms, have ready a white-sauce made of veal-gravy, a little anchovy, the juice of half a lemon, or a tea-spoonful of lemon pickle, strain it, take a quarter of a pound of butter rolled in flour, so as to make the sauce pretty thick, keep stirring it whilst the flour is dissolving, beat the yolk of an egg, put to it some thick cream, nutmeg, and salt, mix it with the gravy, and let it simmer a little over the fire, but not boil, for it will curdle the cream; pour it over the rabbits, and serve them up.

#### RABBITS *surprised*.

TAKE young rabbits, skewer them, and put the same pudding as for the roasted rabbits; when they are roasted draw out the jaw-bones, and stick them in the eyes, to appear like horns; then take off all the meat of the back clean from the bones, but leave them whole, chop the meat exceedingly fine, with a little shred parsley, lemon-peel, one ounce of beef-marrow, a spoonful of good cream, and a little salt, beat the yolks of two hard eggs, and a piece of butter the size of a walnut, in a marble mortar very fine, then mix all together, and put it in a tossing-pan; when it has stewed five minutes, lay it on the rabbit, when you take the meat off, and put it close down with your hand,

hand, to appear like a whole rabbit, then heat a salamander, and brown it all over, pour a good brown gravy made as thick as cream in the dish, stick a bunch of myrtle in their mouths, and serve them up with their livers broiled and frothed.

*To fricassée RABBITS brown.*

CUT your rabbits as for eating, fry them in butter a light brown, put them in a tossing-pan, with a pint of water, a tea-spoonful of lemon-pickle, a large spoonful of mushroom catchup, the same of browning, one anchovy, a slice of lemon, Chyan pepper, and salt to your taste, stew them over a slow fire till they are enough; thicken your gravy, and strain it, dish up your rabbits, and pour the gravy over them.

*To fricassée RABBITS white.*

CUT your rabbits as before, and put them into a tossing-pan, with a pint of veal gravy, a tea-spoonful of lemon-pickle, one anchovy, a slice of lemon, a little beaten mace, Chyan pepper, and salt, stew them over a slow fire; when they are enough thicken your gravy with flour and butter, strain it, then add the yolks of two eggs, mixed with a large tea-cupful of thick cream and a little nutmeg grated in it, do not let it boil, and serve it up.

*To make a nice WHET before DINNER.*

CUT some slices of bread half an inch thick, fry them in butter, but not too hard, then split some anchovies, take out the bones, and lay half an anchovy on each piece of bread, have ready some Cheshire-cheese grated, and some chopped  
parsley



parsley mixed together, lay it pretty thick over the bread and anchovy, baste it with butter, and brown it with a salamander; it must be done on the dish on which you send it to table.

*A fine Herico by way of Soup.*

GET a large neck of mutton, cut it into two parts, put the scrag part into a stew-pan, with four large turnips and four carrots in a gallon of water, let it boil gently over a slow fire till all the goodness is out of the meat, but not boiled to pieces; then bruise the turnips and two of the carrots fine into the soup, by way of thickening it, cut and fry six ounces in nice butter, and put them in; then cut the other part of the mutton in very good chops, not too large; fry in any shape, and put them on the soup, and let it stew very slow, until the chops are very tender, cut the other two carrots that were boiled, fry them in butter, and put them in just before you take it off the fire, and season it to your taste with pepper and salt, and serve it up very hot in a soup-dish.

*A Herico of MUTTON or LAMB.*

CUT a neck or loin of mutton or lamb in nice steaks, and fry them a light brown, have ready some good gravy made of the scrag of the mutton and some veal, with a piece of lean bacon and a few capers, season to your taste with pepper, salt, thyme, and onions, which must be strained off, and add it to the steaks just one hour before you send them to the table; take care to do it on a slow fire, dish them up handsomely, with turnips and carrots cut in dice, with a good deal of gravy, thickened with a piece of butter rolled in a very little

little flour ; if they are not tender they will not be good. Send them up very hot.

*To Herico a NECK of MUTTON a second way.*

TAKE a neck of mutton and cut it into chops, flour them, and put them into a stew-pan, set them over the fire and keep turning them till brown, then take them out, and put a little more into the same pan, and keep it stirring till brown over the fire, with a bunch of sweet herbs, a bay leaf, an onion, and what other spice you please ; boil them well together, and then strain the broth through a sieve into an earthen-pan by itself, and skim the fat off, which done, is a good gravy ; then add turnips and carrots, with two small onions, a little celery, then place your mutton in a stew-pan, with the celery and other roots ; then put the gravy to them, and as much water as will cover them ; keep it over a gentle fire till ready to serve up.

*A bodge-podge of MUTTON.*

CUT a neck or loin of mutton into steaks, take off all the fat, then put the steaks into a pitcher, with lettuce, turnips, carrots, two cucumbers cut in quarters, four or five onions, and pepper and salt ; you must not put any water to it, and stop the pitcher very close, then set it in a pan of boiling water, let it boil four hours ; keep the pan supplied with fresh boiling water as it wastes.

*To dress CUCUMBERS with EGGS.*

TAKE six large young cucumbers, pare, quarter, and cut them into squares about the size of a dice ; put them into boiling water, let them boil up, and take them out of the water, and put them

them into a stew-pan, with an onion stuck with cloves, a good slice of ham, a quartern of butter, and a little salt, set it over the fire a quarter of an hour, keep it close covered, scum it well, and shake it often, as it is apt to burn; then dredge in a little flour over them, and put in as much veal-gravy as will just cover the cucumbers, and stir it well together, and keep a gentle fire under it till no scum will rise; then take out the ham and onion, and put in the yolks of two eggs beat up with a tea-cupful of good cream; stir it well for a minute, then take it off the fire, and just before you put it in the dish squeeze in a little lemon-juice; have ready five or six poached eggs to lay on the top.

*To stew PEAS.*

TAKE a quart of young peas, wash them and put them into a stew-pan, with a quarter of a pound of butter, three cabbage-lettuces cut small, five or six young onions, with a little thyme, parsley, pepper, and salt, and let them stew altogether for a quarter of an hour; then put them to a pint of gravy, with two or three slices of bacon or ham, and let them stew altogether till the peas are enough, then thicken them up with a quarter of a pound of butter rolled in flour.

*To fricassée MUSHROOMS.*

PEEL and scrape the inside of the mushrooms, throw them into salt and water, if buttons, rub them with flannel, take them out, and boil them with fresh salt and water, when they are tender, put in a little shred parsley, an onion stuck with cloves, toss them up with a good lump of butter rolled in a little flour; you may put in  
three



three spoonfuls of thick cream, and a little nutmeg cut in pieces, but, take care to take out the nutmeg and onion, before you serve it to table; you may leave out the parsley, and stew in a glass of wine, if you like it.

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## C H A P. V.

### *Observations on PIES.*

**R**AISED pies should have a quick oven, and well closed up, or your pie will fall in the sides; it should have no water put in till the minute it goes to the oven, it makes the crust sad, and is a great hazard of the pie running. Light paste requires a moderate oven, but not too slow, it will make it sad, and a quick oven will catch and burn it, and not give it time to rise; tarts that are iced require a slow oven, or the icing will be brown, and the paste not be near baked. These sorts of tarts ought to be made of sugar-paste, and rolled very thin.

### *To make crisp PASTE for TARTS.*

**TAKE** one pound of fine flour mixed with one ounce of loaf sugar beat and sifted, make it into a stiff paste, with a gill of boiling cream and three ounces of butter in it, work it well, roll it very thin; when you have made your tarts, beat the white of an egg a little, rub it over them with a feather, sift a little double-refined sugar over them, and bake them in a moderate oven.

*ICING a second way.*

BEAT the white of an egg to a strong froth, put in by degrees four ounces of double-refined sugar, with as much gum as will lie on a sixpence beat and sifted fine, beat it half an hour, then lay it over your tarts the thickness of a straw.

*To make a light PASTE for TARTS.*

TAKE one pound of fine flour, beat the white of an egg to a strong froth, mix it with as much water as will make three quarters of a pound of flour into pretty stiff paste, roll it out very thin, lay the third part of half a pound of butter in thin pieces, dredge it with part of the quarter of your flour left out for that purpose, roll it up tight, then with your paste-pin roll it out again, do so until all your half pound of butter and flour is done; cut it in square pieces, and make your tarts; it requires a quicker oven than crisped paste.

*To make an APPLE-TART.*

SCALD eight or ten large codlins, when cold skin them, take the pulp and beat it as fine as you can with a silver-spoon, then mix the yolks of six eggs and the whites of four, beat all together as fine as possible, put in grated nutmeg and sugar to your taste, melt some fine fresh butter, and beat it till it is like a fine thick cream, then make a fine puff paste, and cover a tin petty-pan with it, and pour in the ingredients, but do not cover it with your paste; bake it a quarter of an hour; then slip it out of the petty-pan on a dish, and strew fine sugar finely beat and sifted, all over it.

*To make PASTE for a GOOSE-PIE.*

TAKE eighteen pounds of fine flour, put six pounds of fresh butter, and one pound of rendered beef-suet in a kettle of water, boil it two or three minutes, then pour it boiling hot upon your flour, work it well into a pretty stiff paste; pull it in lumps to cool, and raise your pie, bake it in a hot oven; you may make any raised pie the same way, only take a smaller quantity in proportion.

*To make a cold PASTE for DISH-PIES.*

TAKE a pound of fine flour, rub into it half a pound of butter, beat the yolks of two eggs, put them into as much water as will make it a stiff paste, roll it out, then put your butter on in thin pieces, dust it with flour, roll it up tight, when you have done it so for three times, roll it out pretty thin, and bake it in a quick oven.

*To make PASTE for CUSTARDS.*

PUT half a pound of butter in a pan of water, take two pounds of flour, when your butter boils, pour it on your flour with as much water as will make it into a good paste, work it well, and when it has cooled a little, raise your custards, put a paper round the inside of them, when they are half baked fill them.—When you make any kind of dripping paste, boil it four or five minutes in a good quantity of water, to take the strength off it; when you make a cold crust with suet, shred it fine, pour part of it into the flour, then make it into a paste, and roll it out as before, only strew in it suet instead of butter.



*To make a FRENCH PIE.*

TO two pounds of flour put three quarters of a pound of butter, make it into a paste, and raise the walls of the pie; then roll out some paste thin, as for a lid, cut it into vine leaves, or the figures of any moulds you have: if you have no moulds you may make use of a crockan, and pick out pretty shapes; beat the yolks of two eggs, and rub the outside of the wall of the pie with it, and lay the vine leaves or shapes round the walls, and rub them over with the eggs, fill the pie with the bones of the meat, to keep the steam in, that the crust may be well soaked; it is to go to table without a lid.

Take a calf's head, wash and clean it well, boil it half an hour, when it is cold, cut it in thin slices, and put it in a tossing-pan with three pints of veal-gravy, and three sweetbreads cut thin, and let it stew one hour, with half an ounce of morels, and half an ounce of truffles, then have ready two calf's feet boiled and boned, cut them in small pieces, and put them into your tossing-pan with a spoonful of lemon-pickle and one of browning, Chyan pepper, and a little salt; when the meat is tender, thicken the gravy a little with flour and butter, strain it, and put in a few pickled mushrooms, but fresh ones if you can get them; put the meat into the pie you took the bones out, and lay the nicest part at the top, have ready a quarter of an hundred of asparagus heads, strew them over the top of the pie, and serve it up.

*A Yorkshire GOOSE-PIE.*

TAKE a large fat goose, split it down the back and take all the bones out; bone a turkey and two ducks

ducks the same way, season them very well with pepper and salt, also six woodcocks, lay the goose down on a clean dish, with the skin-side down, and lay the turkey into the goose with the skin down; have ready a large hare cleaned well, cut in pieces, and stewed in the oven with a pound of butter, a quarter of an ounce of mace beat fine, the same of white pepper, and salt to your taste, till the meat will leave the bones, and scum the butter off the gravy, pick the meat clean off, and beat it in a marble-mortar very fine, with the butter you took off, and lay it in the turkey; take twenty-four pounds of the finest flour, six pounds of butter, half a pound of fresh rendered suet, make the paste pretty thick, and raise the pie oval, roll out a lump of paste, and cut it in vine-leaves, or what form you please; rub the pie with the yolks of eggs, and put your ornaments on the walls; then turn the hare, turkey, and goose, upside down, and lay them in your pie, with the ducks at each end, and the woodcocks on the sides, make your lid pretty thick and put it on; you may lay flowers, or the shape of the fowls in paste, on the lid, and make a hole in the middle of your lid; the walls of your pie are to be one inch and a half higher than the lid, then rub it all over with the yolks of eggs, and bind it round with three-fold paper, and lay the same over the top; it will take four hours baking in a brown-bread oven; when it comes out, melt two pounds of butter in the gravy that comes from the hare, and pour it hot in the pie through a tin-dish, close it well up, and let it be eight or ten days before you cut it; if you send it any distance, make up the hole in the middle with cold butter to prevent the air from getting in.

*A HARE-PIE.*

CUT a large hare in pieces, season it well with mace, nutmeg, pepper, and salt, put it in a jug, with half a pound of butter, cover it close up with a paste or cloth, set it in a copper of boiling water, and let it stew one hour and a half, then take it out to cool, and make a rich forcemeat of a quarter of a pound of scraped bacon, two onions, a glass of red wine, the crumb of a penny-loaf, a little winter-savoury, the liver cut small, a little nutmeg, season it high with pepper and salt, mix it well up with the yolks of three eggs, raise the pie, and lay the forcemeat in the bottom, lay in the hare, with the gravy that came out of it, lay the lid on, and put flowers or leaves on it; it will take an hour and a half to bake it.—It is a handsome side-dish for a large table.

*A SALMON-PIE.*

BOIL your salmon as for eating, take off the skin, and all the bones out, and pound the meat in a mortar very fine, with mace, nutmeg, pepper and salt, to your taste; raise the pie, and put flowers or leaves on the walls, put the salmon in, and lid it, bake it an hour and a half; when it comes out of the oven, take off the lid, and put in four ounces of rich melted butter, cut a lemon in slices, and lay over it, stick in two or three leaves of fennel, and send it to table without a lid.

*A BEEF-STEAK PIE.*

BEAT five or six rump-steaks very well with a paste pin, and season them well with pepper and salt, lay a good puff-paste round the dish, and put a little water in the bottom, then lay the steaks in,  
with



with a lump of butter upon every steak, and put on the lid; cut a little paste in what form you please, and lay it on.

#### A THATCHED-HOUSE PIE.

TAKE an earthen dish that is pretty deep, rub the inside with two ounces of butter; then spread over it two ounces of vermicelli, make a good puff-paste, and roll it pretty thick, and lay it on the dish; take three or four pigeons, season them very well with pepper and salt, and put a good lump of butter in them, and lay them in the dish with the breast down, and put a thick lid over them, and bake it in a moderate oven; when enough, take the dish you intend for it, and turn the pie into it, and the vermicelli will appear like thatch, which gives it the name of thatched-house pie.—It is a pretty side or corner-dish for a large dinner, or a bottom for supper.

#### EGG and BACON-PIE to eat cold.

STEEP a few thin slices of bacon all night in water, to take out the salt, lay your bacon in the dish, beat eight eggs with a pint of thick cream, put in a little pepper and salt, and pour it on the bacon, lay over it a good cold paste, bake it a day before you want it in a moderate oven.

#### A CALF'S-HEAD PIE.

PARBOIL a calf's-head, when cold cut it in pieces, season it well with pepper and salt, put it in a raised crust with half a pint of strong gravy, bake it an hour and a half; when it comes out of the oven, cut off the lid, and chop the yolks of three hard eggs small, strew them over the top of the pie, and lay three or four slices of lemon, and  
pour

pour on some good melted butter, and send it to the table without a lid.

*A savory CHICKEN-PIE.*

LET your chickens be small, season them with mace, pepper, and salt, put a lump of butter into every one of them, lay them in a dish, with the breasts up, and lay a thin slice of bacon over them, it will give them a pleasant flavour; then put in a pint of strong gravy, and make a good puff-paste, lid it, and bake it in a moderate oven; French cooks generally put morels and yolks of eggs chopped small.

*A MINCE-PIE.*

BOIL a neat's tongue two hours, then skin it and chop it as small as possible, chop very small three pounds of fresh beef-suet, three pounds of good baking apples, four pounds of currants washed clean, picked, and well dried before the fire, one pound of jar-raifins stoned and chopped small, and one pound of powder-sugar, mix them all together, with half an ounce of mace, the same of nutmeg grated, cloves and cinnamon a quarter of an ounce of each, and one pint of French brandy, and make a rich puff-paste; as you fill the pie up, put in a little candied citron and orange cut in small pieces; what you have to spare put close down in a pot and cover it up, put no citron or orange in till you use it.

*To make a MINCE-PIE without MEAT.*

CHOP fine three pounds of suet, and three pounds of apples when pared and cored, wash and dry three pounds of currants, stone and chop one pound of jar-raifins, beat and sift one pound  
and

and a half of loaf-sugar, cut small twelve ounces of candied orange-peel, and six ounces of citron, mix all well together, with a quarter of an ounce of nutmeg, half a quarter of an ounce of cinnamon, six or eight cloves, and half a pint of French brandy, put it close, and keep it for use.

#### *A CODLIN-PIE.*

GATHER small codlins, put them in a clean brass pan with spring-water, lay vine leaves on them, and cover them with a cloth wrapped round the cover of the pan to keep in the steam; when they grow softish, peel off the skin, and put them in the same water with the vine-leaves, hang them a great height over the fire to green; when you see them a fine green, take them out of the water, and put them in a deep-dish, with as much powder or loaf-sugar as will sweeten them, make the lid of rich puff-paste, and bake it; when it comes from the oven, take off the lid, and cut it in pieces like sippets, and stick them round the inside of the pie with the points upward, pour over your codlins a good custard made thus:—Boil a pint of cream, with a stick of cinnamon, and sugar enough to make it a little sweet; let it stand till cold, then put in the yolks of four eggs well beaten, set it on the fire, and keep stirring it till it grows thick, but, do not let it boil, lest it curdle, then pour it into your pie, pare a little lemon thin, cut the peel like straws, and lay it on your codlins over the top.

#### *A HARE-PIE for LENT.*

TAKE lettuce, leeks, spinage, beets, and parsley, of each a handful, give them a boil, then chop them small, and have ready boiled in a cloth

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one quart of groats with two or three onions in them, put them in a frying pan with the herbs, and a good deal of salt, a pound of butter and a few apples cut thin, stew them a few minutes over the fire, fill your dish or raised crust with it; one hour will bake it, then serve it up.

#### A VENISON PASTY.

BONE a breast or shoulder of venison, season it well with mace, pepper, and salt, lay it in a deep pot with the best part of a neck of mutton cut in slices, and boil it over the venison, pour in a large glass of red wine, put a coarse paste over it, and bake it two hours in an oven; then lay the venison in a dish, and pour the gravy over it, and put one pound of butter over it; make a good puff-paste, and lay it near half an inch round the edge of the dish: roll out the lid, which must be a little thicker than the paste on the edge of the dish, and lay it on, then roll out another lid pretty thin, and cut in flowers, leaves, or whatever form you please, and lay it on the lid; if you do not want it, it will keep in the pot it was baked in eight or ten days, but keep the crust on, to prevent the air from getting into it.—A breast and shoulder of venison is the most proper for a pasty.

#### A HOTTENTOT-PIE.

BOIL and bone two calf's-feet, clean very well a calf's-chitterling, boil it and chop it small, take two chickens and cut them up as for eating, put them into a stew-pan with two sweet-breads, a quart of veal or mutton gravy, half an ounce of morels, Chyan pepper, and salt to your palate,  
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stew them all together an hour over a gentle fire, then put in six forcemeat-balls that have been boiled, and the yolks of four hard eggs, and put them in a good raised crust that has been baked for it, strew over the top of your pie a few green-peas boiled as for eating; or peel and cut some young green broccoli-stalks about the size of peas, give them a gentle boil, and strew them over the top of your pie, and send it up hot without a lid, the same way as the French pie.

#### *A BRIDE'S PIE.*

BOIL two calf's-feet, pick the meat from the bones, and chop it very fine, shred small one pound of beef-suet and a pound of apples, wash and pick one pound of currants very small, dry them before the fire, stone and chop a quarter of a pound of jar-raisons; a quarter of an ounce of cinnamon, the same of mace or nutmeg, two ounces of candied citron, two ounces of candied lemon cut thin, a glass of brandy, and one of Champagne, put them in a China dish with a rich puff paste over it, roll another lid, and cut it in leaves, flowers, figures, and put a glass ring in it.

#### *An EEL PIE.*

SKIN and wash your eels very clean, cut them in pieces an inch and a half long, season them with pepper, salt, and a little dried sage rubbed small, raise your pies about the size of the inside of a plate, fill your pies with eels, lay a lid over them, and bake them in a quick oven: they require to be well baked.

*To make a LOBSTER-PIE.*

TAKE two or three good fresh lobsters, take out all the meat and cut it in large pieces, put a fine puff-paste round the edge of your dish; then put in a layer of lobsters, and a layer of oysters, with bread-crumbs and slices of butter, and a little pepper and salt; then a layer of lobsters, &c. till your dish is full, then take the red part of the lobster, pound it fine, with chopped oysters, crumbs of bread, and a little butter; make them into small balls, and fry them, then lay them upon the top of your pie; boil the shells of your oysters to make a little gravy, put to it a little pepper and salt and the oyster-liquor, strain it through a hair-sieve, and fill your pie with it, then lay on your crust, and stick a few small claws in the middle of your pie, and send it to the oven.—It is a genteel corner-dish for dinner.

*A Yorkshire GIBLET-PIE.*

WHILST the blood of your goose is warm, put in a tea-cupful of groats to swell, grate the crumb of a penny-loaf, and pour a gill of boiling milk on them, shred half a pound of beef-suet very fine, chop two leeks, and four or five leaves of sage small, three yolks of eggs, pepper, salt, and nutmeg to your palate, mix them all up together, have ready the giblets seasoned very well with pepper and salt, and lay them round a deep dish, then put a pound of fat beef over the pudding in the middle of the dish, pour in half a pint of gravy, lay on a good paste, and bake it in a moderate oven.

*A Rook-*



*A Rook-Pie.*

SKIN and draw six young rooks, and cut out the back bones, season them well with pepper and salt, put them in a deep dish, with a quarter of a pint of water; lay over them half a pound of butter, make a good puff-paste, and cover the dish, lay a paper over it, for it requires a good deal of baking.

*A sweet VEAL PIE.*

LAY marrow or beef-suet, shred very fine, in the bottom of your dish; cut into steaks the best end of a neck of veal, and lay them in, strew over them some marrow or suet, it makes them eat tenderer; stone a quarter of a pound of jar-raifins, chop them a little, wash half a pound of currants and put them over the steaks, cut three ounces of the candied citron, and two ounces of candied orange, and lay them on the top; boil half a pint of sweet mountain or sack with a stick of cinnamon, and pour it in, lay a paste round the dish, and then lid it; an hour will bake it; when it comes out of the oven, put in a glass of French brandy or shrub, and serve it up.

*An OLIVE-PIE.*

CUT a fillet of veal in thin slices, rub them over with yolks of eggs, strew over them a few crumbs of bread, shred a little lemon-peel very fine, and put on them, with a little grated nutmeg, pepper, and salt, roll them up very tight and lay them in a pewter-dish, pour over them half a pint of good gravy made of bones, put half a pound of butter over it, make a light paste, and lay it round the dish, roll the lid half an inch thick.

thick and lay it on.—Make a beef olive-pie the same way.

*A savory VEAL-PIE.*

CUT a loin of veal into steaks, season it with beaten mace, nutmeg, pepper, and salt: lay the meat in your dish, with sweetbreads seasoned with the meat, and the yolks of six hard eggs, a pint of oysters, and half a pint of good gravy: lay round your dish a good puff-paste, half an inch thick, and cover it with a lid of the same thickness; bake it in a quick oven an hour and a quarter; when you take it out of the oven, cut off the lid, then cut the lid in eight or ten pieces, and stick it round the inside of the rim, cover the meat with slices of lemon, and serve it up.

*To make savory PATTIES.*

TAKE one pound of the inside of a cold loin of veal, or the same quantity of cold fowl, that has been either boiled or roasted, a quarter of a pound of beef-suet, chop them as small as possible with six or eight sprigs of parsley, season them well with half a nutmeg grated fine, pepper and salt, put them in a tossing-pan, with half a pint of veal-gravy, thicken the gravy with a little flour and butter and two spoonfuls of cream, and shake them over the fire two minutes, and fill your patties.—You must make your patties thus: Raise them of an oval form, and bake them as for custards, cut some long narrow bits of paste, and bake them on a dusting-box, but not to go round, they are for handles; fill your patties when quite hot with the meat, then set your handles across the patties; they will look like baskets if you have nicely pinched the

the walls of the patties when you raised them; five will be a dish; you may make them with sugar and currants instead of parsley.

#### *Fried PATTIES.*

CUT half a pound of a leg of veal very small with six oysters, put the liquor of the oysters to the crumb of a penny loaf, mix them together with a little salt, put it in a tossing pan with a quarter of a pound of butter, and keep stirring it for three or four minutes over the fire; then make a good puff-paste, roll it out, and cut it in little bits about the size of a crown-piece, some round, square, and three-cornered, put a little of the meat upon them, and lay a lid on them, turn up the edges as you would a patty to keep in the gravy, fry them in a panful of hog's lard; they are a pretty corner-dish for dinner or supper. If you want them for garnish to a cod's-head, put in only oysters; they are very pretty for a calf's-head hash.

#### *Sweet PATTIES.*

TAKE the meat of a boiled calf's-foot, two large apples, and one ounce of candied orange; chop them very small, grate half a nutmeg, mix them with the yolk of an egg, a spoonful of French brandy, and a quarter of a pound of currants clean washed and dried, make a good puff-paste, roll it in different shapes, as the fried ones, and fill them the same way; you may either bake or fry them.—They are a pretty side-dish for supper.

#### *Common PATTIES.*

TAKE the kidney-part of a very fat loin of veal, chop the kidney, veal, and fat very small  
all-



altogether, season it with mace, pepper, and salt, to your taste, raise little patties the size of a tea-cup, fill them with the meat, put thin lids on them, bake them very crisp: five is enough for a side-dish.

*To make fine PATTIES.*

SLICE either turkey, house-lamb, or chicken, with an equal quantity of the fat of lamb, loin of veal, or the inside of a surloin of beef, a little parsley, thyme, and lemon-peel shred, put it all in a marble-mortar, and pound it very fine; season it with white pepper and salt, then make a fine puff-paste, roll it out in thin square sheets, put the forcemeat in the middle, cover it over, close them all round, and cut the paste even. Just before they go into the oven wash them over with the yolk of an egg, and bake them twenty minutes in a quick oven, have ready a little white gravy, seasoned with pepper, salt, and a little shalot, thickened up with a little cream or butter; as soon as the patties come out of the oven, make a hole in the top, and pour in some gravy, you must take care not to put too much gravy in, for fear of its running out at the sides and spoiling the patties.

*To make common FRITTERS.*

TAKE half a pint of ale and two eggs, beat in as much flour as will make it rather thicker than a common pudding, with nutmeg and sugar to your taste, let it stand three or four minutes to rise, then drop them with a spoon into a pan of boiling lard, fry them a light brown, drain them on a sieve, serve them up with sugar grated over them, and wine-sauce in a boat.

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*To make APPLE FRITTERS.*

PARE the largest baking apples you can get, take out the core with an apple-scraper, cut them in round slices, and dip them in batter, made as for common fritters, fry them crisp, serve them up with sugar grated over them, and wine-sauce in a boat.—They are proper for a side-dish for supper.

*To make CLARY FRITTERS.*

BEAT two eggs exceedingly well, with one spoonful of cream, one of ratafia water, one ounce of loaf-sugar, and two spoonfuls of flour, grate in half a nutmeg, have ready washed and dried clary leaves, dip them in the batter, and fry them a nice brown; serve them up with quarters of Seville oranges laid round them and good melted butter in a boat.

*To make RASPBERRY FRITTERS.*

GRATE two Naples' biscuits, pour over them half a gill of boiling cream; when it is almost cold, beat the yolks of four eggs to a strong froth, beat the biscuits a little, then beat both together exceedingly well, pour to it two ounces of sugar, and as much juice of raspberry as will make it a pretty pink colour, and give it a proper sharpness, drop them into a pan of boiling lard, the size of a walnut; when you dish them up, stick bits of citron in some, and blanched almonds cut length-ways in others; lay round them green and yellow sweetmeats, and serve them up.—They are a pretty corner-dish for either dinner or supper.

*To make TANSEY FRITTERS.*

TAKE the crumb of a penny-loaf, pour on it half a pint of boiling milk, let it stand an hour, then put in as much juice of tansey as will give it a flavour, but not to make it bitter, then make it a pretty green with the juice of spinage, put to it a spoonful of ratafia water or brandy, sweeten it to your taste, grate the rind of half a lemon, beat the yolks of four eggs, mix them all together, put them in a tossing-pan, with four ounces of butter, stir it over a slow fire till it is quite thick, take it off, and let it stand two or three hours, then drop them into a panful of boiling lard; a spoonful is enough for a fritter; serve them up with slices of orange round them, grate sugar over them, and wine-sauce in a boat.

*To make PLUM FRITTERS with RICE.*

GRATE the crumb of a penny-loaf, pour over it a pint of boiling cream, or good milk, let it stand four or five hours, then beat it exceedingly fine, put to it the yolks of five eggs, four ounces of sugar, and a nutmeg grated; beat them well together, and fry them in hog's-lard; drain them on a sieve, and serve them up with wine-sauce under them.

*N. B.* You may put currants in if you please.

*To make WATER FRITTERS.*

TAKE a quart of water, five or six spoonfuls of flour (the batter must be very thick), and a little salt, mix all these together, and beat the yolks and whites of eight eggs with a little brandy, then strain them through a hair-sieve, and put them to the other things; the longer they



they stand before you fry them the better. Just before you fry them, melt about half a pound of butter very thick, and beat it well in ; you must not turn them, and take care not to burn them : the best thing to fry them in is fine lard.

*To make FRENCH BANCEES.*

TAKE half a pint of water, a bit of lemon-peel, a bit of butter the bigness of a walnut, a little orange-flower water ; let these boil three or four minutes ; then take out the lemon-peel, and add to it a pint of flour, keep the water boiling and stirring all the while till it is stiff, then take it off the fire, and put in six eggs, leaving out the whites of three ; beat these well for about half an hour, till they come to a stiff paste, drop them into a pan of boiling lard with a tea-spoon ; if they are of a right lightness they will be very nice ; keep shaking the pan all the time till they are of a light brown. A large dish will take six or seven minutes boiling ; when done enough, put them into a dish that will drain them, set them by the fire, and strew fine sugar over them.

*To make GERMAN PUFFS.*

PUT half a pint of good milk into a tossing-pan, and dredge it in flour till it is thick as hasty-pudding, keep stirring it over a slow fire till it is all of a lump, then put it in a marable-mortar ; when it is cold put to it the yolks of three eggs, four ounces of sugar, a spoonful of rose-water, grate a little nutmeg and the rind of half a lemon, beat them together an hour or more, when it looks light and bright, drop them into a pan of boiling lard with a tea-spoon, the size of a large nutmeg, they will rise, and look like

a large yellow plumb if they are well beat : as you fry them, lay them on a sieve to drain, grate sugar round your dish, and serve them up with sack for sauce.—It is a proper corner-dish for dinner or supper.

*To make GOFERS.*

BEAT three eggs well, with three spoonfuls of flour and a little salt, then mix them with a pint of milk, an ounce of sugar, and half a nutmeg grated, beat them well together, then make your gofer tongs hot, rub them with fresh butter, fill the bottom part of your tongs, and clap the top up, then turn them, and when a fine brown on both sides, put them in a dish, and pour white-wine sauce over them ; five is enough for a dish ; do not lay them one upon another, it will make them soft.—You may put in currants if you please.

*To make WAPER PANCAKES.*

BEAT four eggs well, with two spoonfuls of fine flour, and two of cream, one ounce of loaf-sugar, beat and sifted, half a nutmeg grated, put a little cold butter in a clean cloth, and rub your pan well with it, pour in your batter, and make it as thin as a wafer, fry it only on one side, put them on a dish, and grate sugar betwixt every pancake, and send them hot to the table.

*To make CREAM PANCAKES.*

TAKE the yolks of two eggs, mix them with half a pint of good cream, two ounces of sugar, rub your pan with lard, and fry them as thin as possible ; grate sugar over them, and serve them up hot.

*To make CLARY PANCAKES.*

BEAT three eggs with three spoonfuls of fine flour and a little salt exceedingly well, mix them with a pint of milk, and put lard into your pan; when it is hot, put in your batter as thin as possible, then lay in your clary-leaves, and pour a little more batter thin over them; fry them a fine brown, and serve them up.

*To make BATTER PANCAKES.*

BEAT three eggs with a pound of flour very well, put to it a pint of milk, and a little salt, fry them in lard or butter, grate sugar over them, cut them in quarters, and serve them up.

*To make fine PANCAKES.*

TAKE a pint of cream, eight eggs (leave out two of the whites) three spoonfuls of sack, or orange-flower water, a little sugar, if it be agreeable, a grated nutmeg; the butter and cream must be melted over the fire; mix all together, with three spoonfuls of flour; butter the frying-pan for the first, let them run as thin as you can in the pan, fry them quick, and send them up hot.

*To make TANSEY PANCAKES.*

BEAT four eggs, and put to them half a pint of cream, four spoonfuls of flour, and two of fine sugar, beat them a quarter of an hour, then put in one spoonful of the juice of tansey and two of the juice of spinage with a little grated nutmeg, beat all together, and fry them in fresh butter:—garnish them with quarters of Seville oranges, grate double-refined sugar over them, and send them up hot.

*To*



*To make a pink-coloured PANCAKE.*

BOIL a large beet-root tender, and beat it fine in a marble mortar, then add the yolks of four eggs, two spoonfuls of flour, and three spoonfuls of good cream, sweeten it to your taste, grate in half a nutmeg, and put in a glass of brandy; beat them all together half an hour, fry them in butter, and garnish them with green sweetmeats, preserved apricots, or green sprigs of myrtle.—It is a pretty corner-dish for either dinner or supper.

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## C H A P. VI.

### *Observations on PUDDINGS.*

BREAD and custard puddings require time and a moderate oven that will raise and not burn them; batter and rice puddings a quick oven, and always butter the pan or dish before you pour the pudding in; when you boil a pudding, take great care your cloth is very clean, dip it in boiling water, and flour it well, and give your cloth a shake; if you boil it in a bason, butter it and boil it in plenty of water, and turn it often, and do not cover the pan: when enough take it up in the bason, let it stand a few minutes to cool, then untie the string, wrap the cloth round the bason, lay your dish over it, and turn the pudding out, and take the bason and cloth off very carefully, for very often a light pudding is broke in turning out.

*A HUNTING PUDDING.*

BOIL the skins of two lemons very tender, and beat them very fine; beat half a pound of almonds in rose-water and a pound of sugar very fine, melt half a pound of butter, and let it stand till quite cold; beat the yolks of eight eggs and the whites of four, mix them, and beat them all together, with a little orange-flower water, and bake it in an oven.

*To make a baked ALMOND-PUDDING.*

BEAT eight eggs, and mix them with a pint of good cream, and a pound of flour, beat them well together, and put to them a pound of beef-suet chopped very fine, a pound of currants well cleaned, half a pound of jar-raisons stoned and chopped small, a quarter of a pound of powdered sugar, two ounces of candied citron, the same of candied orange cut small, grate a large nutmeg, and mix all well together with half a gill of brandy, put it in a cloth, and tie it up close, it will take four hours boiling.

*To make a baked APPLE-PUDDING.*

HALF a pound of apples well boiled and pounded, half a pound of butter beaten to a cream, and mixed with the apples before they are cold, and six eggs with the whites well beaten and strained, half a pound of sugar pounded and sifted, the rinds of two lemons, well boiled and beaten, sift the peel into clean water twice in the boiling, put a thin crust in the bottom and rims of your dish. Half an hour will bake it.

*A boiled CUSTARD PUDDING.*

BOIL a stick or two of cinnamon in a quart of thin cream, with a quarter of a pound of sugar; when it is cold put in the yolks of six eggs well beat, and mix them together; set it over a slow fire, and stir it round one way, till it grows pretty thick, but do not let it boil, take it off, and let it stand till it be quite cold, butter a cloth very well and dredge it with flour, put in your custard, and tie it up very close; it will take three quarters of an hour boiling; when you take it up, put it in a round bason to cool a little, then untie the cloth, and lay the dish on the bowl, and turn it upside down; be careful how you take off the cloth, for a very little will break the pudding; grate over it a little sugar; for sauce, white wine thickened with flour and butter put in the dish.

*A LEMON-PUDDING.*

BLANCH and beat eight ounces of Jordan-almonds, with orange-flower water, add to them half a pound of cold butter, the yolks of ten eggs, the juice of a large lemon, half the rind grated fine, work them in a marble mortar, or wooden bason, till they look white and light, lay a good puff-paste pretty thin in the bottom of a China-dish, and pour in your pudding; it will take half an hour baking.

*To make a LEMON-PUDDING a second way.*

GRATE the rinds of four lemons, and the juice of two or three, as they are in size; then take two biscuits grated, three quarters of a pound of boiled butter, with half a pound of  
sugar



sugar dissolved in the yolks of twelve eggs, and four whites well beat, with a little salt, and a quarter of a nutmeg grated; mix all together very well, and put it into a dish; put a nice paste round the edge before it goes into the oven. Half an hour will bake it.

*To make a LEMON-PUDDING a third way.*

TAKE a pound of flour well dried and sifted, a pound of fine sugar beat and sifted, the rind of a lemon grated, twelve eggs, the yolks beat a little by themselves, and the whites beat till they are all froth; then gently mix all together, put it in a pan, and bake it just half an hour.

*A ground RICE-PUDDING.*

BOIL four ounces of ground rice in water till it be soft, then beat the yolks of four eggs, and put to them a pint of cream, four ounces of sugar, and a quarter of a pound of butter, mix them all well together.

*An ORANGE-PUDDING.*

BOIL the rind of a Seville orange very soft, beat it in a marble-mortar, with the juice, put to it two Naples biscuits grated very fine, half a pound of butter, a quarter of a pound of sugar, and the yolks of six eggs, mix them well together, lay a good puff-paste round the edge of your China-dish, bake it in a gentle oven half an hour; you may make a lemon-pudding the same way, by putting in a lemon instead of the orange.

*To make an ORANGE PUDDING a second way.*

TAKE the rinds of six oranges, boil them till they are tender, changing the water as often as

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you

you find it bitter, cut them very fine, then pound and sift three quarters of a pound of loaf-sugar, wash very well three quarters of a pound of butter, then take twelve eggs, leaving four of the whites out; mix all well together, butter the bottom of the dish well, and make a rich crust, which must be put at the bottom. Bake it nicely; it must not be too brown.

#### CALF'S-FOOT PUDDING.

BOIL a gang of calf's-feet, take the meat from the bones, and chop it exceedingly fine, put to it the crumb of a penny-loaf, a pound of beef-suet shred very small, half a pint of cream, four ounces of citron cut small, two ounces of candied orange cut like straws, a large nutmeg grated, and a large glass of brandy, mix them all very well together, butter your cloth, and dust it with flour, tie it close up, boil it three hours; when you take the pudding up, it is best to put it in a bowl that will just hold it, and let it stand a quarter of an hour before you turn it out, lay your dish upon the top of the bason, and turn it upside down.

#### *A boiled* RICE-PUDDING.

BOIL a quarter of a pound of rice in water till it be soft, and put it in a hair-sieve to drain; beat it in a marble-mortar, with the yolks of five eggs, a quarter of a pound of butter, the same of sugar, grate a small nutmeg, and the rind of half a lemon, work them well together for half an hour, then put in half a pound of currants well washed and cleaned, mix them well together, butter your cloth and tie it up, boil it an hour and serve it up with white-wine sauce.

## BREAD PUDDING.

TAKE the crumb of a penny-loaf, and pour on it a pint of good milk boiling hot; when it is cold, beat it very fine, with two ounces of butter, and sugar to your palate, grate half a nutmeg in it, beat it up with four eggs, and put them in, and beat all together near half an hour, tie it in a cloth, and boil it an hour; you may put in half a pound of currants for change, and pour over it a white-wine sauce.

*To make a boiled BREAD-PUDDING a second way.*

TAKE the inside of a penny-loaf, grate it fine, add to it two ounces of butter, take a pint and a half of milk with a stick of cinnamon, boil it, and pour it over the bread, and cover it close till it is cold, then take six eggs beat up very well with rose-water, mix them all well together, sweeten to your taste, and boil it one hour.

*To make a NICE PUDDING.*

BOIL half a pint of milk with a bit of cinnamon, four eggs with the whites well beaten, the rind of a lemon grated, half a pound of suet chopped fine, as much bread as will do; pour your milk on the bread and suet, keep mixing it till cold, then put in the lemon-peel, eggs, a little sugar, and some nutmeg grated fine. Either bake or boil it, as you think proper.

*To make a PLAIN PUDDING.*

BEAT the yolks and whites of three eggs, with two large spoonfuls of flour, a little salt, and half a pint of good milk or cream, make it



the thickness of a pancake-batter, and beat all very well together. Half an hour will boil it.

*To make a SIPPET-PUDDING.*

CUT a penny-loaf as thin as possible, put a layer of bread in the bottom of a pewter-dish, then strew over it a layer of marrow or beef-suet, a handful of currants, then lay a layer of bread, and so on, till you fill your dish, as the first; let the marrow or suet and currants be at the top, beat four eggs, and mix them with a quart of cream, a quarter of a pound of sugar, and a large nutmeg grated, pour it on your dish, and bake it in a moderate oven; when it comes out of the oven, pour over it white-wine sauce.

*An APRICOT-PUDDING.*

TAKE twelve large apricots, pare them, and give them a scald in water till they are soft, then take out the stones, grate the crumb of a penny-loaf, and pour on it a pint of cream boiling hot, let it stand till half-cold, then add a quarter of a pound of sugar and the yolks of four eggs, mix all together with a glass of Madeira wine, pour it in a dish, with thin puff-paste round, bake it half an hour in a moderate oven.

*A TRANSPARENT PUDDING.*

BEAT eight eggs very well, and put them in a pan with half a pound of butter and the same weight of loaf-sugar beat fine, a little grated nutmeg, set it on the fire, and keep stirring it till it thickens like buttered eggs, then put it in a bason to cool, roll a rich puff-paste very thin, lay it round the edge of a China-dish, then pour in the pudding, and bake it in a moderate oven half an hour,

hour, it will cut light and clear.—It is a pretty pudding for a corner for dinner, and a middle for supper.

*A VERMICELLI PUDDING.*

BOIL four ounces of vermicelli in a pint of new milk till it is soft, with a stick or two of cinnamon ; then put in half a pint of thick cream, a quarter of a pound of butter, a quarter of a pound of sugar, and the yolks of four beaten eggs.— Bake it in an earthen dish without a paste.

*A red SAGO-PUDDING.*

TAKE two ounces of sago, boil it in water with a stick of cinnamon till it be quite soft and thick, let it stand till quite cold ; in the mean time grate the crumb of a halfpenny-loaf, and pour over it a large glass of red wine, chop four ounces of marrow, and half a pound of sugar, and the yolks of four beaten eggs, beat them all together for a quarter of an hour, lay a puff-paste round your dish, and send it to the oven ; when it comes back, stick it over with blanched almonds cut the long way, and bits of citron cut the same ; send it to table.

*A boiled TANSEY-PUDDING.*

GRATE four Naples' biscuits, put as much cream boiling hot as will wet them, beat the yolks of four eggs, have ready a few chopped tansey-leaves, with as much spinage as will make it a pretty green, (be careful you do not put too much tansey in it, it will make it bitter,) mix all together when the cream is cold with a little sugar and set it over a slow fire till it grows thick, then take it off, and, when cold, put it in a cloth well buttered

buttered and floured, tie it up close and let it boil three quarters of an hour, take it up in a bason, and let it stand one quarter, then turn it carefully out, and put white wine sauce round it.

*A TANSEY-PUDDING with ALMONDS.*

BLANCH four ounces of almonds, and beat them very fine with rose-water, slice a French roll very thin, put on a pint of cream boiling hot, beat four eggs very well, and mix with the eggs when beaten a little sugar and grated nutmeg, a glass of brandy, a little juice of tansey and the juice of spinage to make it green, put all the ingredients into a stew-pan, with a quarter of a pound of butter, and give it a gentle boil; you may either boil it or bake it in a dish, either with a crust or writing paper.

*A TANSEY-PUDDING of ground RICE.*

BOIL six ounces of ground rice in a quart of good milk till it is soft, then put in half a pound of butter, with six eggs very well beat, and sugar and rose water to make it palatable; beat some spinage in a mortar, with a few leaves of tansey, squeeze out the juice through a cloth and put it in; mix all well together, cover your dish with writing-paper well buttered, and pour it in; three quarters of an hour will bake it; when you dish it up, stick it all over with a Seville or sweet orange in half quarters.

*A SAGO-PUDDING another way.*

BOIL two ounces of sago till it is quite thick in milk, beat six eggs, leaving out three of the whites, put to it half a pint of cream, two spoon-  
fuls



fuls of sack, nutmeg and sugar to your taste ; put a paste round your dish.

*Little CITRON-PUDDINGS.*

TAKE half a pint of cream, one spoonful of fine flour, two ounces of sugar, a little nutmeg, mix it all well together with the yolks of three eggs, put it in tea-cups, and stick in it two ounces of citron cut very thin, bake them in a pretty quick oven, and turn them out upon a China-dish.—Five is enough for a side-dish.

*A baked TANSEY-PUDDING.*

GRATE the crumb of a penny-loaf, pour on it a pint of boiling milk, with a quarter of a pound of butter in it, let it stand till almost cold ; then beat five eggs, and put them in, with a quarter of a pound of sugar, a large nutmeg grated, and a glass of brandy, stir them about, and put them in a tossing-pan, with as much juice of spinage as will green it and a little tansey chopped small, stir it about over a slow fire till it grows thick, butter a sheet of writing paper, and lay it in the bottom of a pewter-dish ; pin the corners of the paper to make it stand one inch above the dish, to keep the pudding from spreading, and let it stand three quarters of an hour in the oven ; when baked, put the dish over it you send it up in, and turn it out upon it, take off the paper, stick it round with a Seville orange cut in half quarters, stick one quarter in the middle, and serve it up with wine-sauce. It will look as green as if it had not been baked, when turned out.

*A green CODLING-PUDDING.*

GREEN a quart of codlings as for a pie, rub them

them through a hair-sieve with the back of a wooden-spoon, and as much of the juice of beets as will green your pudding, put in the crumb of half a penny-loaf, half a pound of butter, and three eggs well beaten; beat them all together, with half a pound of sugar, and two spoonfuls of cyder; lay a good paste round the rim of the dish, and pour it in.—Half an hour will bake it.

*To make a common RICE-PUDDING.*

WASH half a pound of rice, put to it three pints of good milk, mix it well with a quarter of a pound of butter, a stick or two of cinnamon beaten fine, half a nutmeg grated, one egg well beat, a little salt and sugar to your taste.—One hour and a half will bake it in a quick oven; when it comes out take off the top, and put the pudding in breakfast cups, turn them into a hot dish, like little puddings, and serve it up.

*A MARROW-PUDDING.*

POUR on the crumb of a penny-loaf, a pint of cream boiling hot, cut a pound of beef-marrow very thin, beat four eggs very well, then add a glass of brandy, with sugar and nutmeg to your taste, and mix them all well up together; you may either boil or bake it, three quarters of an hour will do it; cut two ounces of citron very thin, and stick them all over it when you dish it up.

*MARROW-PUDDING a second way.*

HALF boil four ounces of rice, shred half a pound of marrow very fine, stone a quarter of a pound of raisins, chop them very small with two ounces of currants well cleansed, beat four eggs a  
quarter

quarter of an hour, mix it all together, with a pint of good cream, a spoonful of brandy, sugar and nutmeg to your taste: you may either bake it, or put it in hogs' skins.

#### MARROW-PUDDING *a third way.*

BLANCH half a pound of almonds, put them in cold water all night, the next day beat them in a marble-mortar very fine with orange-flower or rose-water, take the crumbs of a penny loaf, and pour on them a pint of boiling cream; whilst the cream is cooling, beat the yolks of four eggs and two whites a quarter of an hour, add a little sugar, and grate nutmeg to your palate, have ready fired the marrow of two bones, and mix them all well together with a little candied orange cut small: this is usually made to fill in skins, but it is a good baking pudding: if you put it in skins, do not fill them too full, for it will swell, but boil them gently.

#### WHITE-PUDDING *in SKINS.*

WASH half a pound of rice in warm water, boil it in milk till it is soft, put it in a sieve to drain, blanch and beat half a pound of Jordan almonds very fine with rose-water, wash and dry a pound of currants, then cut in small bits a pound of hog's-lard, take six eggs and beat them well, half a pound of sugar, a large nutmeg grated, a stick of cinnamon, a little mace and a little salt, mix them very well together, fill your skins and boil them.

#### *To make a* QUAKING-PUDDING.

BOIL a quart of cream, and let it stand till almost cold, then beat four eggs a full quarter of



an hour, with a spoonful and a half of flour, then mix them with your cream, add sugar and nutmeg to your palate, tie it close up in a cloth well buttered, and let it boil an hour, and turn it carefully out.

*To make a QUAKING-PUDDING a second way.*

TAKE a pint of good cream, the yolks of ten eggs and six whites, beat them very well and run them through a fine sieve; then take two heaped spoonfuls of flour, and a spoonful or two of cream, beat it with the flour till it is smooth, and mix all together, and tie it close up in a dish or basin well rubbed with butter and dredged with flour; the water must boil when you put in the pudding. One hour will boil it; serve it up with wine sauce in a boat.

*A YORKSHIRE-PUDDING to bake under MEAT.*

BEAT four eggs, with four large spoonfuls of fine flour and a little salt for a quarter of an hour, put to them one quart and a half of milk, mix them well together, then butter a dripping-pan, and set it under beef, mutton, or a loin of veal when roasting; and, when it is brown, cut it in square pieces, and turn it over; when well browned on the under-side, send it to table on a dish.—You may mix a boiled pudding the same way.

*A boiled MILK-PUDDING.*

POUR a pint of new milk boiling hot on three spoonfuls of fine flour, beat the flour and milk for half an hour, then put in three eggs, and beat it a little longer, grate in half a tea-spoonful of ginger, dip the cloth in boiling water, butter it well and flour it, put in the pudding and tie it close

close up, and boil it an hour ; it requires great care when you turn it out ; pour over it thick melted butter.

#### HERB-PUDDING.

OF spinage, beets, parsley, and leeks, take each a handful, wash them, and give them a scald in boiling water, then shred them very fine, have ready a quart of groats steeped in warm water half an hour, and a pound of hog's-lard cut in little bits, three large onions chopped small, and three sage-leaves hacked fine, put in a little salt, mix all well together, and tie it close up ; it will require to be taken up in boiling, to slacken the string a little.

#### *To make a YAM-PUDDING.*

TAKE a middling white yam, and either boil or roast it, then pare off the skin and pound it very fine with three quarters of a pound of butter, half a pound of sugar, a little mace, cinnamon, and twelve eggs, leaving out half the whites, beat them with a little rose-water. You may put in a little citron cut small if you like it, and bake it nicely.

#### GOOSEBERRY-PUDDING.

SCALD half a pint of green gooseberries in water, till they are soft, put them into a sieve to drain, when cold work them through a hair-sieve with the back of a clean wooden-spoon, add to them half a pound of sugar, and the same of butter, four ounces of Naples biscuits, beat six eggs very well, then mix all together, and beat them a quarter of an hour, pour it in an earthen-dish without paste ; half an hour will bake it.

*To make RASPBERRY DUMPLINGS.*

MAKE a good cold paste, roll it a quarter of an inch thick, and spread over it raspberry jam to your own liking, roll it up, and boil it in a cloth one hour at least, take it up, and cut it in five slices, and lay one in the middle, and the other four round it, pour a little good melted butter in the dish, and grate fine sugar round the edge of the dish.—It is proper for a corner or side for dinner.

*To make DAMSON DUMPLINGS.*

MAKE a good hot paste crust, roll it pretty thin, lay it in a bason, and put in what quantity of damsons you think proper, wet the edge of the paste, and close it up, boil it in a cloth one hour, and send it up whole; pour over it melted butter, and grate sugar round the edge of the dish.—*Note.* You may make any kind of preserved fruit the same way.

*To make APPLE DUMPLINGS.*

PARE your apples, take out the core with an apple-scraper, fill the hole with quince or orange marmalade or sugar, which suits you; then take a piece of cold paste, and make a hole in it, as if you was going to make a pie, lay in your apple, and put another piece of paste in the same form, and close it round the side of your apple, it is much better than gathering it in a lump at one end, tie it in a cloth, and boil it three quarters of an hour; pour melted butter over them, and serve them up: five is enough for a dish.



*To make a SPARROW DUMPLING.*

MIX half a pint of good milk, with three eggs, a little salt, and as much flour as will make it a thick batter, put a lump of butter rolled in pepper and salt, in every sparrow, mix them in the batter, and tie them in a cloth; boil them one hour and a half, pour melted butter over them, and serve them up.

*To make a BARM PUDDING.*

TAKE a pound of flour, mix a spoonful of barm in it, with a little salt, and make it into a light paste with warm water, let it lie one hour, then make it up into round balls, and tie them up in little nets, and put them in a pan of boiling water, do not cover them, it will make them sad, nor do not let them boil so fast as to let the water boil over them, turn them when they have been in six or seven minutes, and they will rise through the net and look like diamonds, twenty minutes will boil them; serve them up, and pour sweet sauce over them.

*To make a HANOVER CAKE or PUDDING.*

TAKE half a pound of almonds blanched and beat fine, with a little rose-water, half a pound of fine sugar pounded and sifted, fifteen eggs, leaving out half the whites, the rind of a lemon grated very fine; put a few almonds in the mortar at a time, and put in by degrees about a tea-cupful of rose-water; keep throwing in the sugar; when you have done the almonds and sugar together, a little at a time till they are all used up, then put it into your pan with the eggs: beat them very well together. Half an hour will bake it; it must be a light brown.



## P A R T II.



## C H A P. VII.

*Observations on making DECORATIONS for a*  
TABLE.

**W**HEN you spin a silver web for a desert, always take particular care your fire is clear, and a pan of water upon the fire, to keep the heat from your face and stomach, for fear the heat should make you faint; you must not spin it before a kitchen fire, for the smaller the grate is, so that the fire be clear and hot, the better able you will be to sit a long time before it; for if you spin a whole desert, you will be several hours in spinning it; be sure to have a tin-box to put every basket in as you spin them, and cover them from the air, and keep them warm until you have done the whole, as your receipt directs you.

If you spin a gold web, take care your chafing-dish is burnt clear before you set it upon the table where your mould is; set your ladle on the fire, and keep stirring it with a wooden skewer till it just boils; then let it cool a little, for it will not spin when it is boiling hot, and, if it grows cold, it is equally as bad; but, as it cools on the sides of  
your

your ladle, dip the point of your knife in, and begin to spin round your mould as long as it will draw, then heat it again; the only art is to keep it of a proper heat, and it will draw out like a fine thread, and of a gold colour; it is a great fault to put in too much sugar at a time, for often heating takes the moisture out of the sugar, and burns it; therefore the best way is to put in a little at a time, and clean out your ladle.

When you make a hen or bird's nest, let part of your jelly be set in your bowl before you put on your flummery or straw, for, if your jelly is warm, they will settle to the bottom and mix together.

If it be a fish-pond, or a transparent pudding, put in your jelly at three different times, to make your fish or fruit keep at a proper distance one from another, and be sure your jelly is very clear and stiff, or it will not shew the figures nor keep whole; when you turn them out, dip your basin in warm water, as your receipt directs; then turn your dish or salver upon the top of your basin, and turn your basin upside down.

When you make flummery, always observe to have it pretty thick, and your moulds wet in cold water before you put in your flummery, for your jelly will settle to the bottom, and the cream swim at the top, so that it will look to be two different colours.

If you make custards, do not let them boil after the yolks are in, but stir them all one way, and keep them of a good heat till they are thick enough, and the rawness of the eggs is gone off.

When



When you make whips or syllabubs, raise your froth with a chocolate-mill, and lay it upon a sieve to drain, it will be much prettier, and will lie upon your glasses without mixing with your wine, or running down the sides of your glasses; and, when you have made any of the before-mentioned things, keep them in a cool airy place, for a close place will give them a bad taste and soon spoil them.

*To spin a SILVER WEB for covering SWEET-MEATS.*

TAKE a quarter of a pound of treble refined sugar in one lump, and set it before a moderate fire on the middle of a silver-salver, or pewter plate; set it a little aslant, and when it begins to run like clear water to the edge of the plate or salver, have ready a tin-cover or China-bowl set on a stool with the mouth downward, close to the sugar, that it may not cool by carrying too far; then take a clean knife, and take up as much of the syrup as the point of the knife will hold, and a fine thread will come from the point, which you must draw as quick as possible backwards and forwards, and also round the mould, as long as it will spin from the knife; be very careful you do not drop the syrup on the web, if you do it will spoil it; then dip your knife into the syrup again, and take up more, and so keep spinning till your sugar is done, or your web is thick enough; be sure you do not let the knife touch the lump on the plate that is not melted, it will make it brittle, and not spin at all; if your sugar is spent before your web is done, put fresh sugar on a clean plate or salver, and do not spin from the same plate again;

again; if you do not want the web to cover the sweetmeats immediately, set it in a deep pewter-dish, and cover it with a tin-cover, and lay a cloth over it, to prevent the air from getting to it, and set it before the fire (it requires to be kept warm, or it will fall); when your dinner or supper is dished, have ready a plate or dish the size of your web, filled with different coloured sweetmeats, and set your web over it. It is pretty for a middle, where the dishes are few, or corner, where the number is large.

*To spin a GOLD WEB for covering SWEET-MEATS.*

BEAT four ounces of treble refined sugar in a marble-mortar; and sift it through a hair-sieve; then put it in a silver or brass ladle, but silver makes the colour better, set it over a chafing-dish of charcoal, that is burnt clear, and set it on a table, and turn a tin-cover or China-bowl upside down upon the same table, and, when your sugar is melted, it will be of a good colour, take your ladle off the fire, and begin to spin it with a knife, the same way as the silver web; when the sugar begins to cool and set, put it over the fire to warm, and spin it as before, but do not warm it too often, it will turn the sugar a bad colour; if you have not enough of sugar, clean the ladle before you put in more, and spin it till your web is thick enough, then take it off and set over the sweetmeats as you did the silver web.

*To make GUM PASTE for DESERT BASKETS or  
COVERS.*

TAKE two ounces of gum-dragon, steep it in a tea-cupful of cold water all night, the next morning have ready a pound of treble refined  
Z sugar,

sugar, beat and sift it through a silk-sieve, rub your gum through a hair-sieve, then mix your sugar and gum together, work it till it is white, and mix it with a paste made of Marechalle powder, and cut into such devices as are most agreeable to your fancy.

*To make ARTIFICIAL FLOWERS.*

MAKE paste of divers colours, with gum-dragon thoroughly steeped and mingled with powder-sugar, and beat the paste well in a marble-mortar; take prepared cochineal for the red; gamboge for the yellow; indigo and orris for the blue; and the juice of beet-leaves for the green, scaled over the fire to take away their crudity. Shape the pastes, thus ordered and rolled into thin pieces, in the form of roses, tulips, &c. by means of tin-moulds, or cut out with a knife point; finish the flowers all at once, and dry them upon egg-shells, or otherwise. Cut different sorts of leaves, in like manner, out of the green paste, to which you may give various figures, intermixed among your flowers, and make the stalks with slips of lemon-peel; garnish the tops of the pyramids of dried fruits with these artificial flowers, or else a separate nosegay may be made of them for the middle of your desert, or they may be laid in order in a basket, or kind of cup made of fine pastry-work, of crackling-crust, neatly cut and dried for that purpose.

*To make a DESERT of SPUN-SUGAR.*

SPIN two large webs, and turn one upon the other to form a globe, and put in the inside of them a few sprigs of small flowers and myrtle,  
and



and spin a little more round to bind them together, and set them covered close up before the fire, then spin two more on a lesser bowl, and put in a sprig of myrtle and a few small flowers, and bind them as before; set them by, and spin two more less than the last, and put in a few flowers, bind them and set them by; then spin twelve couple on tea-cups of three different sizes in proportion to the globes, to represent baskets, and bind them two and two as the globes with spun sugar; set the globes on a silver-salver, one upon another, the largest at the bottom, and the smallest at the top; when you have fixed the globes, run two small wires through the middle of the largest globes, across each other; then take a large darning-needle and silk, and run it through the middle of the large baskets, cross it at the bottom and bring it up to the top, and make a loop to hang them on the wire, and do so with the rest of your baskets, hang the largest baskets on the wires, then put two more wires a little shorter across, through the middle of the second globes, and put the end of the wires out betwixt the baskets, and hang on the four middle ones; then run two more wires shorter than the last through the middle of the top-globes, and hang the baskets over the lowest; stick a sprig of myrtle on the top of your globes, and set it on the middle of the table.—Observe you do not put too much sugar down at the time for a silver web, because the sugar will lose its moisture, and run in lumps instead of drawing out; nor too much in the ladle, for the golden-web will lose its colour by heating too often. You may make the baskets a silver, and the globes a gold colour, if you choose them.—It is a pretty desert for a grand table.

*To make CALF'S-FOOT JELLY.*

PUT a gang of calves feet, well cleaned, into a pan, with six quarts of water, and let them boil gently till reduced to two quars; then take out the feet, scum off the fat clean, and clear the jelly from the sediment, beat the whites of five eggs to a froth, then add one pint of Lisbon, Madeira, or any pale made wine, if you choose it, then squeeze in the juice of three lemons: when your stock is boiling, take three spoonfuls of it, and keep stirring it with your wine and eggs to keep it from curdling; then add a little more stock, and still keep stirring it, and then put it in the pan, and sweeten it with loaf-sugar to your taste; a glass of French brandy will keep the jelly from turning blue in frosty air; put in the outer rind of two lemons, and let it boil one minute all together and pour it into a flannel bag, and let it run into a bason, and keep pouring it back gently into the bag till it runs clear and bright, then set your glasses under the bag, and cover it lest dust gets in.—If you would have the jelly for a fish-pond, transparent pudding, or hen's nest, to be turned out of the mould, boil half a pound of isinglass in a pan of water, till reduced to one quart, and put it into the stock before it is refined.

*To make SAVORY JELLY.*

SPREAD some slices of lean veal and ham in the bottom of a stew-pan, with a carrot and turnip, or two or three onions; cover it, and let it sweat on a slow fire, till it is as deep a brown as you would have it, then put to it a quart of very clear broth, some whole pepper, mace, a very little isinglass

isinglass, and salt to your taste; let this boil ten minutes, then strain it through a French strainer, scum off all the fat and put it to the whites of three eggs, run it several times through a jelly-bag as you do other jellies.

*To make SAVORY JELLY for cold Meats.*

BOIL beef and mutton to a stiff jelly, season it with a little pepper and salt, a blade or two of mace, and an onion; then beat the whites of four eggs, put it to the jelly, and beat it a little, then run it through a jelly-bag, and when clear pour it on your meat or fowls in the dish you send it up on.

*To make HARTSHORN-JELLY a second way.*

TAKE half a pound of hartshorn and put to it two quarts of water, let it stand in the oven all night; then strain it from the hartshorn, and put to it a pint of Rhenish wine, the whites of four eggs, a little mace, the juice of three lemons, and sugar to your taste; boil them together, and strain it through a jelly-bag; when it is fine, put it in your glasses for use.

N. B. If you have no Rhenish wine, white wine will do.

*To make FLUMMERY.*

PUT one ounce of bitter and one of sweet almonds into a bason, pour over them some boiling water, to make the skins come off, which is called blanching; strip off the skins, and throw the kernels into cold water, then take them out, and beat them in a marble mortar, with a little rose-water, to keep them from oiling; when they are beat, put them into a pint of calf's foot stock, set it over  
the



the fire, and sweeten it to your taste with loaf-sugar; as soon as it boils strain it through a piece of muslin or gauze; when a little cold, put it into a pint of thick cream, and keep stirring it often, till it grows thick and cold; wet your moulds in cold water, and pour in the flummery, let it stand five or six hours at least before you turn them out; if you make the flummery stiff, and wet the moulds, it will turn out without putting it into warm water, for water takes off the figures of the mould, and makes the flummery look dull.—  
*N. B.* Be careful you keep stirring it till cold, or it will run in lumps when you turn it out of the mould.

*To make COLOURING for FLUMMERY and JELLIES.*

TAKE two pennyworth of cochineal, bruise it with the blade of a knife, and put it into half a tea-cupful of the best French brandy, and let it stand a quarter of an hour; filter it through a fine cloth, and put in as much as will make the jelly or flummery a fine pink; if yellow, take a little saffron, tie it in a rag, and dissolve it in cold water; if green, take some spinach, boil it, take off the froth, and mix it with the jelly; if white, put in some cream.

*To make a FISH-POND.*

FILL four large fish-moulds with flummery, and six small ones, take a China-bowl, and put in half a pint of stiff clear calf's-foot jelly; let it stand till cold, then lay two of the small fishes on the jelly, the right side down, put in half a pint more jelly, let it stand till cold, then lay in the four small  
 fishes

fishes across one another, that when you turn the bowl upside down the heads and tails may be seen; then almost fill your bowl with jelly, and let it stand till cold, then lay in the jelly four large fishes, and fill the bason quite full of jelly, and let it stand till the next day; when you want to use it set your bowl to the brim in hot water for one minute, take care that you do not let the water go into the bason, lay your plate on the top of the bason, and turn it upside down; if you want it for the middle, turn it out upon a salver; be sure you make your jelly very stiff and clear.

*To make a HEN's NEST.*

TAKE three or five of the smallest pullet-eggs you can get, fill them with flummery, and when they are stiff and cool peel off the shells; pare off the rinds of two lemons very thin, and boil them in sugar and water, to take off the bitterness; when they are cold, cut them in long shreds to imitate straws, then fill a bason one third full of stiff calf's-foot jelly, and let it stand till cold, then lay in the shred of the lemons in a ring about two inches high in the middle of your bason, strew a few corns of sago to look like barley, fill the bason to the height of the peel, and let it stand till cold, then lay your eggs of flummery in the middle of the ring, that the straw may be seen round; fill the bason quite full of jelly, and let it stand, and turn it out the same way as the fish-pond.

*To make BLANC-MANGE of ISINGLASS.*

BOIL one ounce of isinglass in a quart of water till it is reduced to a pint; then put in the whites  
of

of four eggs, with two spoonfuls of rice water, to keep the eggs from poaching, and sugar to your taste, and run it through a jelly-bag; then put to it two ounces of sweet and one ounce of bitter almonds, give them a scald in your jelly, and put them through a hair-sieve, put it in a China-bowl; the next day turn it out, and stick it all over with almonds, blanched and cut lengthways: garnish with green leaves or flowers.

#### GREEN BLANC-MANGE of ISINGLASS.

DISSOLVE your isinglass, and put to it two ounces of sweet, and two ounces of bitter almonds, with as much juice of spinage as will make it green, and a spoonful of French brandy; set it over a stove fire till it is almost ready to boil, then strain it through a gauze-sieve; when it grows thick, put it into a melon mould, and the next day turn it out—Garnish with red and white flowers.

#### CLEAR BLANC-MANGE.

TAKE a quart of strong calf's-foot jelly, skim off the fat and strain it, beat the whites of four eggs, and put them to your jelly, set it over the fire, and keep stirring it till it boils; then pour it into a jelly-bag, and run it through several times till it is clear, beat one ounce of sweet almonds, and one of bitter to a paste, with a spoonful of rose-water squeezed through a cloth, then mix it with the jelly, and three spoonfuls of very good cream, set it over the fire again, and keep stirring it till it is almost boiling, then pour it into a bowl, and stir it very often till it is almost cold, then wet your moulds and fill them.

YELLOW



## YELLOW FLUMMERY.

TAKE two ounces of isinglass, beat it and open it, put it into a bowl, and pour a pint of boiling water upon it, cover it up till almost cold, and add a pint of white wine, the juice of the lemons with the rind of one, the yolks of eight eggs beat well, sweeten it to your taste, put it in a tossing-pan, and keep stirring it; when it boils strain it through a fine sieve, when almost cold, put it into cups and moulds.

*A good GREEN.*

LAY an ounce of gamboge in a quarter of a pint of water, put an ounce and a half of good stone blue in a little water, when they are both dissolved mix them together, add a quarter of a pint more water, and a quarter of a pound of fine sugar, boil it a little, then put it into a galli-pot, cover it close and it will keep for years; be careful not to make it too deep a green, for a very little will do at a time.

FRUIT *in* JELLY.

PUT half a pint of clear stiff calf's-foot jelly into a bason, when it is set and stiff, lay in three fine ripe peaches, and a bunch of grapes with the stalks up, put a few vine-leaves over them, then fill up your bowl with jelly, and let it stand till the next day; then set your bason to the brim in hot water, and, as soon as you find it leaves the bason, lay your dish over it, and turn your jelly carefully upon it.—Garnish with flowers.

A a

GREEN

GREEN MELON *in* FLUMMERY.

MAKE a little stiff flummery, with a good deal of bitter almonds in it, add to it as much juice of spinage as will make it a fine pale green; when it is as thick as good cream wet your melon mould and put it in; then put a pint of clear calf's-foot jelly into a large bason, and let them stand till the next day, then turn out your melon, and lay it the right side down in the middle of your bason of jelly; then fill up your bason with jelly that is begining to set, let it stand all night, and turn it out the same way as the fruit in jelly: make a garland of flowers, and put it in your jelly.—It is a pretty dish for middle at supper, or corner for a second course at dinner.

GILDED FISH *in* JELLY.

MAKE a little clear blanc-mange as is directed in the receipt, then fill two large fish-moulds with it, and when it is cold turn it out and gild them with gold-leaf, or strew them over with gold and silver bran mixed; then lay them on a gold-dish, and fill it with clear thin calf's-foot jelly, it must be so thin as they will swim in it; if you have no jelly, Lisbon-wine, or any kind of pale made wines will do.

HEN *and* CHICKENS *in* JELLY.

MAKE some flummery with a deal of sweet almonds in it, colour a little of it brown with chocolate, and put it in a mould the shape of a hen; then colour some more flummery with the yolk of a hard egg beat as fine as possible, leave part of your flummery white; then fill the moulds of seven chickens, three with white flummery, and  
three

three; with yellow, and one the colour of the hen; when they are cold turn them into a deep dish, put under and round them lemon-peel, boiled tender and cut like straw, then put a little clear calf's-foot jelly under them, to keep them in their places, and let it stand till it is stiff, then fill up your dish with more jelly.— They are a pretty decoration for a grand table.

*To make a* TRANSPARENT PUDDING.

MAKE your calf's-foot jelly very stiff, and when it is quite fine put a gill into a China-bason, let it stand till it is quite set; blanch a few Jordan almonds, cut them and a few jar raisins lengthways, cut a little citron and candied lemon in little thin slices, stick them all over the jelly, and throw in a few currants, then pour more jelly on till it is an inch higher; when your jelly is set, stick in your almonds, raisins, citron, and candied lemons, with a few currants strewed in, then more jelly as before, then more almonds, raisins, citron, and lemon in layers, till your bason is full; let it stand all night, and turn it out the same way as the fish-pond.

*To make a* DESERT ISLAND.

TAKE a lump of paste, and form it into a rock three inches broad at the top; colour it, and set it in the middle of a deep China-dish, and set a cast figure on it, with a crown on its head, and a knot of rock candy at the feet; then make a roll of paste an inch thick, and stick it on the inner edge of the dish, two parts round, and cut eight pieces of eringo-roots about three inches long, and fix them upright to the roll of paste on the edge; make gravel-walks of shot comfits,



from the middle to the end of the dish, and set small figures in them, roll out some paste, and cut it open like Chinese rails, bake it and fix it on either side of one of the gravel-walks with gum, have ready a web of spun-sugar, and set it on the pillars of eringo-root, and cut part of the web off to form an entrance where the Chinese rails are.—It is a pretty middle-dish for a second course at the grand table, or a wedding-supper, only set two crowned figures on the mount instead of one.

*To make a FLOATING ISLAND.*

GRATE the yellow rind of a large lemon into a pint of cream, put in a large glass of Madeira wine, make it pretty sweet with loaf-sugar, mill it with a chocolate mill to a strong froth, take it off as it rises; then lay it upon a sieve to drain all night; then take a deep glass dish, and lay in your froth, with a Naples biscuit in the middle of it, then beat the white of an egg to a strong froth, and roll a sprig of myrtle in it to imitate snow; stick it in the Naples biscuit, then lay over your froth currant-jelly cut in very thin slices, pour over it very fine strong calf's-foot jelly: when it grows thick lay it all over, till it looks like a glass, and your dish is full to the brim; let it stand till it is quite cold and stiff, then lay on rock candied sweet-meats upon the top of your jelly, and sheep and swans to pick at the myrtle; stick green sprigs in two or three places on the top of your jelly amongst your shapes; it looks very pretty in the middle of a table for supper.—You must not put the shapes on the jelly till you are going to send it to the table.

*To make a FLOATING ISLAND a second way.*

TAKE calf's-foot jelly that is set, break it a little, but not too much, for it will make it frothy and prevent it from looking clear; have ready a middle-sized turnip, and rub it over with gum-water, or the white of an egg, then strew it thick over with green-shot comfits, and stick on the top of it a sprig of myrtle, or any other pretty green sprig; then put your broken jelly round it, set sheep or swans upon your jelly, with either a green leaf or a knot of apple-paste under them to keep the jelly from dissolving; there are sheep and swans made for that purpose; you may put in snakes, or any wild animals of the same sort.

*To make a ROCKY ISLAND.*

MAKE a little stiff flummery, and put it into five fish-moulds, wet them before you put it in; when it is stiff, turn it out, and gild them with gold leaf, then take a deep China-dish, fill it near full of clear calf's-foot jelly, and let it stand till it is set, then lay on your fishes, and a few slices of red currant-jelly cut very thin round them, then rasp a small French-roll, and rub it over with the white of an egg, and strew all over it silver bran and glitter, mixed together; stick a sprig of myrtle in it, and put it into the middle of your dish, beat the white of an egg to a very high froth; then hang it on your sprig of myrtle like snow, and fill your dish to the brim with clear jelly; when you send it to table, put ducks and lambs upon your jelly, with either green leaves or moss under them, with their heads towards the myrtle.

*To*

*To make MOONSHINE.*

TAKE the shapes of a half-moon, and five or seven stars; wet them, and fill them with flummery, let them stand till they are cold, then turn them into a deep China-dish, and pour lemon-cream round them, made thus: Take a pint of spring water, put to it the juice of three lemons, and the yellow rind of one lemon, the whites of five eggs well beaten, and four ounces of loaf-sugar; then set it over a slow fire, and stir it one way till it looks white and thick, if you let it boil it will curdle, then strain it through a hair-sieve and let it stand till it is cold, beat the yolks of five eggs, mix them with your whites, set them over the fire, and keep stirring it till it is almost ready to boil, then pour it into a basin; when it is cold, pour it among your moon and stars; garnish with flowers.—It is a proper dish for a second course, either for dinner or supper,

*To make MOON and STARS in JELLY.*

TAKE a deep China-dish, turn the mould of a half moon and seven stars, with the bottom side upward in the dish, lay a weight upon every mould to keep them down, then make some flummery, and fill your dish with it; when it is cold and stiff, take your moulds carefully out, and fill the vacancy with clear calf's-foot jelly; you may colour your flummery with cochineal and chocolate to make it look like the sky, and your moon and stars will look more clear.—Garnish with rock candy sweet-meats.—It is a pretty corner-dish, or a proper decoration for a grand table.



*To make EGGS and BACON in FLUMMERY.*

TAKE a pint of stiff flummery, and make part of it a pretty pink colour with the colouring for the flummery, dip a potting-pot in cold water, and pour in red flummery, the thickness of a crown-piece, then the same of white flummery, and another of red, and twice the thickness of white flummery at the top; one layer must be stiff and cold before you pour on another; then take five tea-cups, and put a large spoonful of white flummery into each tea-cup, and let them stand all night, then turn your flummery out of your potting-pots on the back of a plate with cold water, cut your flummery into thin slices, and lay it on a China-dish, then turn your flummery out of the cups on the dish, and take a bit out of the top of every one, and lay in half a preserved apricot; it will confine the syrup from discolouring the flummery, and make it like the yolk of a poached egg; garnish with flowers.—It is a pretty corner-dish for dinner, or side for supper.

*SOLOMON'S TEMPLE in FLUMMERY.*

MAKE a quart of stiff flummery, divide it into three parts, make one part a pretty thick colour, with a little cochineal bruised fine and steeped in French brandy; scrape one ounce of chocolate very fine, dissolve it in a little strong coffee, and mix it with another part of your flummery, to make it a light stone colour, the last part must be white; then wet your temple mould, and fix it in a pot to stand even; then fill it up with chocolate flummery; let it stand till the next day, then loosen it round with a pin, and shake

it

it loose very gently, but do not dip your mould in warm water, it will take off the gloss and spoil the colour; when you turn it out, stick a small sprig or a flower-stalk down from the top of every point, it will strengthen them, and make it look pretty; lay round it rock-candy sweetmeats.—It is proper for a corner-dish for a large table.

*To make OATMEAL FLUMMERY.*

TAKE a pint of bruised groats, and put three pints of fair water to them early in the morning, and let it stand till noon; then pour all the water off, and put in the same quantity of water as before upon them, stir it well, and let it stand till four o'clock, then run it through a sieve or cloth, then boil it, and keep stirring it all the while, put in a spoonful of water now and then as it boils, when it begins to thicken, drop a little on a plate; when it leaves the plate it is enough; put it in glasses to turn out.

*To make CRIBBAGE CARDS in FLUMMERY.*

FILL five square tins the size of a card with very stiff flummery; when you turn them out have ready a little cochineal dissolved in brandy, and strain it through a muslin-rag; then take a camel's-hair pencil, and make hearts and diamonds with your cochineal, then rub a little cochineal with a little eating-oil upon a marble slab till it is very fine and bright, then make clubs and spades; pour a little Lisbon wine into the dish, and send it up.

*To make a DISH of SNOW.*

TAKE twelve large apples, put them in cold water, and set them over a very slow fire, and  
when

when they are soft pour them upon a hair-sieve, take off the skin, and put the pulp into a basin; then beat the whites of twelve eggs into a very strong froth, beat and sift half a pound of double-refined sugar and strew it into the eggs, beat the pulp of your apples to a strong froth, then beat them all together till they are like stiff snow, then lay it upon a China-dish, and heap it up as high as you can, and set round it green knots of paste in imitation of Chinese rails, stick a sprig of myrtle in the middle of the dish, and serve it up.—It is a pretty corner-dish for a large table.

*To make BLACK CAPS.*

TAKE six large apples, and cut a slice off the blossom end, put them in a tin, and set them in a quick oven till they are brown, then wet them with rose-water, and grate a little sugar over them, and set them in the oven again till they look bright and very black, then take them out and put them into a deep China-dish or plate, and pour round them thick cream custard, or white wine and sugar.

*To make GREEN CAPS.*

TAKE codlings just before they are ripe, green them as you would for preserving, then rub them over with a little oiled butter, grate double-refined sugar over them, and set them in the oven till they look bright, and sparkle like frost, then take them out, and put them into a deep China-dish, make a very fine custard, and pour it round them; stick single flowers in every apple and serve them up.—It is a pretty corner-dish for either dinner or supper.



*To stew PEARS.*

PARE the largest stewing pears, and stick a clove in the blossom end, then put them in a well-tinned saucepan, with a new pewter-spoon in the middle, fill it with hard water, and set it over a slow fire for three or four hours, till your pears are soft, and the water reduced to a small quantity; then put in as much loaf-sugar as will make it a thick syrup, and give the pears a boil in it, then cut some lemon-peel like straws and hang them about your pears, and serve them up with the syrup in a deep dish.

*To make LEMON SYLLABUBS.*

TO a pint of cream put a pint of double-refined sugar, the juice of seven lemons, grate the rinds of two lemons into a pint of white wine and half a pint of sack, then put them all into a deep pot and whisk them for half an hour, put it into glasses the night before you want it: it is better for standing two or three days; but it will keep a week, if required.

*To make LEMON SYLLABUBS a second way.*

PUT a pint of cream to a pint of white wine, then rub a quarter of a pound of loaf-sugar upon the out-rind of two lemons, till you have got out all the essence; then put the sugar to the cream, and squeeze in the juice of both lemons, let it stand for two hours, then mill them with a chocolate-mill, to raise the froth, and take it off with a spoon as it rises, or it will make it heavy, lay it upon a hair-sieve to drain, then fill your glasses with the remainder, and lay on the froth as high  
as

as you can, let them stand all night and they will be clear at the bottom; send them to the table upon a salver with jellies.

*To make SOLID SYLLABUBS.*

TAKE a quart of rich cream, and put in a pint of white wine, the juice of four lemons, and sugar to your taste, whip it up very well and take off the froth as it rises, put it upon a hair-sieve, and let it stand till the next day in a cool place, fill your glasses better than half full with the thin, then put on the froth, and heap it as high as you can; the bottom will look clear, and keep several days.

*To make WHIP SYLLABUBS.*

TAKE a pint of thin cream, rub a lump of loaf-sugar on the outside of the lemon, and sweeten it to your taste, then put in the juice of a lemon, and a glass of Madeira wine or French brandy, mill it to a froth with a chocolate-mill, and take it off as it rises, and lay it upon a hair-sieve, then fill one-half of your posset-glasses a little more than half full with white wine, and the other half of your glasses a little more than half full with red wine, then lay on your froth as high as you can; but observe that it is well drained on your sieve, or it will mix with your wine, and spoil your syllabubs.

*To make a SYLLABUB under the Cow.*

PUT a bottle of strong-beer and a pint of cyder into a punch-bowl, grate in a small nutmeg, and sweeten it to your taste; then milk as much milk from the cow as will make a strong froth, and the ale look clear, let it stand an hour, and strew over it a few currants, well washed, picked, and plumed before the fire, and send it to the table.

## C H A P. VIII.

*Observations on PRESERVING.*

**W**HEN you make any kind of jelly, take care you do not let any of the seeds from the fruit fall into your jelly, nor squeeze it too near, for that will prevent your jelly from being so clear; pound your sugar, and let it dissolve in the syrup before you set it on the fire, it makes the scum rise well, and the jelly a better colour: it is a great fault to boil any kind of jellies too high, it makes them of a dark colour; you must never keep green sweetmeats in the first syrup longer than the receipt directs, lest you spoil their colour; you must take the same care with oranges and lemons; as to cherries, damsons, and most sort of stone-fruit, put over them either mutton-suet rendered, or a board to keep them down, or they will rise out of the syrup and spoil the whole jar, by giving them a sour bad taste; observe to keep all wet sweetmeats in a dry cool place, for a wet damp place will make them mould, and a hot place will dry up the virtue and make them candy; the best direction I can give, is to dip writing paper in brandy, and lay it close to your sweetmeats; tie them well down with white paper, and two folds of thick cap-paper to keep out the air, for nothing can be a greater fault than bad tying down, and leaving the pots open.



*To make ORANGE-JELLY.*

TAKE half a pound of hartshorn shavings, and two quarts of spring-water, let it boil till it be reduced to a quart, pour it clear off, let it stand till it is cold, then take half a pint of spring-water, and the rind of three oranges pared very thin, and the juice of six; let them stand all night, strain them through a fine hair-sieve, melt the jelly and pour the orange-liquor to it, sweeten it to your taste with double-refined sugar; put to it a blade or two of mace, four or five cloves, half a small nutmeg, and the rind of a lemon, beat the whites of five eggs to a froth, mix it very well with your jelly, set it over a clear fire, boil it three or four minutes, run it through your jelly-bags several times till it is clear, and when you pour it into your bag take great care you do not shake it.

*To make HARTSHORN-JELLY.*

PUT two quarts of water into a clean pan, with half a pound of hartshorn-shavings, let it simmer till near one-half is reduced, strain it off, then put in the peel of four oranges and two lemons pared very thin, boil them five minutes, put to it the juice of the before-mentioned lemons and oranges, with about ten ounces of double-refined sugar, beat the whites of six eggs to a froth, mix them carefully with your jelly, that you do not poach the eggs, just let it boil up, and run it through a jelly-bag till it is clear.

*To make RED CURRANT-JELLY.*

GATHER your currants when they are dry and full ripe, strip them off the stalks, put them  
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in a large stew-pot, tie the paper over them, and let them stand an hour in a cool oven, strain them through a cloth, and to every quart of juice add a pound and a half of loaf-sugar broken in small lumps, stir it gently over a clear fire till your sugar is melted, skim it well, let it boil pretty quick twenty minutes, pour it hot into your pots; if you let it stand it will break the jelly, it will not set so well when it is hot; put brandy-papers over them, and keep them in a dry place for use.

*N. B.* You may make jelly of half red and half white currants the same way.

*To make BLACK CURRANT-JELLY.*

GET your currants when they are ripe and dry, pick them off the stalks, and put them in a large stew-pot; to every ten quarts of currants put a quart of water, tie a paper over them, and set them in a cool oven for two hours, then squeeze them through a very thin cloth; to every quart of juice add a pound and a half of loaf-sugar broken in small pieces, stir it gently till the sugar is melted; when it boils skim it well, let it boil pretty thick for half an hour over a clear fire, then pour it into pots; put brandy-papers over them, and keep them for use.

*To make APRICOT-JAM.*

PARE the ripest apricots you can get, cut them thin, infuse them in an earthen-pan till they are tender and dry; then to every pound and a half of apricots put a pound of double-refined sugar, and three spoonfuls of water; boil your sugar to a candy height, then put it upon your  
apricots,

apricots, stir them over a slow fire till they look clear and thick, but do not let them boil, only simmer; put them in glasses for use.

*To make RED RASPBERRY-JAM.*

GATHER your raspberries when they are ripe and dry, pick them very carefully from the stalks and dead ones, crush them in a bowl with a silver or wooden-spoon, pewter is apt to turn them a purple colour; as soon as you have crushed them, strew in their own weight of loaf-sugar, and half their weight of currant-juice baked and strained as for jelly, then set them over a clear slow fire, boil them half an hour, skim them well, and keep stirring them at the time, then put them into pots or glasses, with brandy papers over them, and keep them for use.—*N. B.* As soon as you have got your berries, strew in your sugar: do not let them stand long before you boil them; it will preserve their flavour.

*To make WHITE RASPBERRY-JAM.*

GET your raspberries dry and full ripe, crush them fine, and strew in their own weight of loaf-sugar, and half their weight of the juice of white currants, boil them half an hour over a clear slow fire, skim them well, and put them into pots or glasses, tie them down with brandy-papers, and keep them dry for use.—*N. B.* Strew in your sugar as in the red raspberry-jam.

*To make RED STRAWBERRY-JAM.*

GATHER the scarlet strawberries very ripe, bruise them very fine, and put to them a little juice of strawberries, beat and sift their weight  
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in sugar, strew it among them, and put them in the preserving-pan, set them over a clear slow fire, skim them, and boil them twenty minutes, then put them in pots or glasses for use.

*To make GREEN GOOSEBERRY-JAM.*

TAKE the green walnut-gooseberries when they are full grown, but not ripe, cut them in two and pick out the seeds, and put them in a pan of water; green them as you do the gooseberries in imitation of hops, and lay them on a sieve to drain; then beat them in a marble-mortar, with their weight in sugar, then take a quart of gooseberries, boil them to mush in a quart of water, then squeeze them, and to every pint of liquor put a pound of fine loaf-sugar, boil and skim it, then put in your green gooseberries, boil them till they are pretty thick, clear, and a pretty green, then put them in glasses for use.

*To make BLACK CURRANT-JAM.*

GET your black currants when they are full ripe, pick them clear from the stalks, and bruise them in a bowl with a wooden-mallet; to every two pounds of currants put a pound and a half of loaf-sugar beat fine, put them into a preserving-pan, boil them full half an hour, skim it and stir it all the time, then put it in pots, and keep it for use.

*To preserve RED CURRANTS in bunches.*

STONE your currants, and tie six or seven bunches together with a thread to a piece of split-deal about the length of your finger, weigh the currants, and put their weight of double-refined sugar in your preserving-pan, with a little water,  
and

and boil it till the sugar flies; then put the currants in, and just give them a boil up, and cover them till next day; then take them out, and either dry them or put them in glasseſs, with the ſyrup boiled up with a little of the juice of red currants; put brandy-paper over them, and tie them cloſe down with another paper, and ſet them in a dry place.

*To preſerve WHITE CURRANTS in bunches.*

STONE your currants and tie them in bunches as before, and put them in a preſerving pan with their weight of double-refined ſugar, beat and ſifted fine, let them ſtand all night, then take ſome pippins, pare, core, and boil them, but do not ſtir the apples, only preſs them down with the back of your ſpoon; when the water is ſtrong of the apples, add to it the juice of a lemon, ſtrain it through a jelly-bag till it runs quite clear; to every pint of your liquor put a pound of double-refined ſugar, boil it up to a ſtrong jelly, put to it your currants, and boil them till they look clear, cover them in the preſerving-pan with paper till they are almoſt cold, then put a bunch of currants in your glasseſs, and fill it up with jelly; when they are cold, dip paper in brandy, and lay it over them, tie another on, and ſet them in a dry place.

*To preſerve CURRANTS for TARTS.*

GET your currants when they are dry; and pick them; to every pound and a quarter of currants put a pound of ſugar into a preſerving-pan; with as much juice of currants as will diſſolve it; when it boils, ſkim it and put in your currants, and boil them till they are clear; put them into

a jar, lay brandy-papers over, tie them down, and keep them in a dry place.

*To preserve CUCUMBERS.*

TAKE small cucumbers and large ones that will cut into quarters, the greenest and most free from seeds you can get, put them in a strong salt and water, in a strait mouth jar, with a cabbage-leaf to keep them down, tie a paper over them, set them in a warm place till they are yellow, wash them out, and set them over the fire in fresh water, with a little salt in, and a fresh cabbage-leaf over them, cover the pan very close, but take care they do not boil; if they are not a fine green, change your water (it will help them) and make them hot, and cover them as before; when they are a good green, take them off the fire, let them stand till they are cold, then cut the large ones in quarters, take out the seeds and soft part, then put them in cold water, and let them stand two days, but change the water twice each day to take out the salt, take a pound of single-refined sugar, and half a pint of water; set it over the fire; when you have skimmed it clear, put in the rind of a lemon, one ounce of ginger, with the outside scraped off: when your syrup is pretty thick, take it off, and when it is cold wipe the cucumbers dry, and put them in; boil the syrup once in two or three days for three weeks; and strengthen the syrup, if required, for the greatest danger of spoiling them is at first.—The syrup is to be quite cold when you put it to your cucumbers.

*To preserve GRAPES in BRANDY.*

TAKE some close bunches of grapes, but not too ripe, either red or white, put them into a jar with



with a quarter of a pound of sugar-candy, and fill the jar with common brandy, tie it close with a bladder, and set them in a dry place. Morello cherries are done the same way.

*To preserve KENTISH or GOLDEN PIPPINS.*

BOIL the rind of an orange very tender, then lay it in the water for three days, take a quart of golden pippins, pare, core, quarter, and boil them to a strong jelly, and run it through a jelly-bag; then take twelve pippins, pare them, and scrape out the cores; put two pounds of loaf-sugar into a stew-pan, with near a pint of water, when it boils skim it, and put in your pippins, with the orange-rind in thin slices, let them boil fast till the sugar is very thick and will almost candy; then put in a pint of the pippin-jelly, boil them fast till the jelly is clear, then squeeze in the juice of a lemon, give it one boil, and put them into pots or glasses, with the orange-peel.

*To preserve GREEN CODLINS that will keep all the year.*

TAKE codlins about the size of a walnut, with the stalks and a leaf or two on, put a handful of vine-leaves into a brass-pan of spring-water, then a layer of codlins, then vine-leaves; do so till the pan is full, cover it close, that no steam can get out, set it on a slow fire; when they are soft take off the skins with a penknife; then put them in the same water with the vine-leaves; it must be quite cold or it will be apt to crack them; put a little roach-alum, and set them over a very slow fire till they are green

(which will be in three or four hours,) then take them out, and lay them on a sieve to drain.— Make a good syrup, and give them a gentle boil once a day for three days, then put them in small jars; put brandy-papers over them, and keep them for use.

*To preserve GREEN APRICOTS.*

GATHER you apricots before the stones are hard, put them into a pan of hard water, with plenty of vine-leaves, set them over a slow fire till they are quite yellow, then take them out and rub them with a flannel and salt to take off the lint, put them into the pan to the same water and leaves, cover them close, set them a great distance from the fire till they are a fine light green, then take them carefully up, pick out all the bad coloured and broken ones, boil the best gently two or three times in a thin syrup, let them be quite cold every time; when they look plump and clear, make a syrup of double-refined sugar, but not too thick, give your apricots a gentle boil in it; then put them into pots or glasses, dip paper in brandy, lay it over them, and keep them for use; then take all the broken and bad coloured ones, and boil them in the first syrup for tarts.

*To preserve GOOSEBERRIES green.*

TAKE green walnut-gooseberries when they are full grown, and take out the seeds; put them in cold water, cover them close with vine-leaves, and set them over a slow fire; when they are hot take them off, and let them stand, and when they are cold set them on again till they are pretty green, then put them on a sieve to drain, and have

have ready a fyrup made of a pound of double-refined fugar, and half a pint of fpring water; (the fyrup is to be cold when the goofeberries are put in), and boil them till they are clear, then fet them by a day or two, then give them two or three fcalds, and put them into pots or glaffes for ufe.

*To preferve GREEN GOOSEBERRIES in imitation of HOPS.*

TAKE the largeft green walnut-goofeberries you can get, cut them at the ftalk end in four quarters, leave them whole at the bloffom end, then take out all the feeds, and put five or fix one in another, take a needleful of ftrong thread with a large knot at the end, run the needle through the bunch of goofeberries, and tie a knot to faften them together (they refemble hops) and put cold fpring-water in your pan, a large handful of vine-leaves in the bottom, and three or four layers of goofeberries, with plenty of vine-leaves between every layer and over the top of your pan; cover it fo that no fteam can get out, and fet them on a flow fire; when they are fcalding hot take them off, and let them ftand till they are cold, then fet them on again, till they are a good green, then take them off and let them ftand till they are quite cold, then put them in a fieve to drain, make a thin fyrup—to every pint of water put in a pound of common loaf-fugar, boil and skim it well: when it is about half-cold put your goofeberries, and let them ftand till the next day, then give them one boil a-day for three days, then make a fyrup; to every pint of water put a pound of fine fugar, a  
 flice



slice of ginger and a little lemon-peel cut lengthways exceedingly fine, boil and skim it well, give your gooseberries a boil in it; when they are cold put them in glasses or pots, lay paper dipped in brandy over them, tie them up, and keep them for use.

*To preserve SPRIGS green.*

GATHER the sprigs of mustard when it is going to seed, put them in a pan of spring-water with a great many vine-leaves under and over them, put to them one ounce of roach-alum, set it over a gentle fire, when it is hot take it off and let it stand till it is quite cold, then cover it very close, and hang it a great height over a slow fire; when they are green take out the sprigs, and lay them on a sieve to drain; then make a good syrup, boil your sprigs in it once a-day for three days, put them in, and keep them for use.—They are very pretty to stick in the middle of a preserved orange, or garnish a set of salvers.—You may preserve young peas when they are just come into pod the same way.

*To preserve GREEN-GAGE PLUMS.*

TAKE the finest plums you can get just before they are ripe, put them in a pan, with a layer of vine-leaves at the bottom of your pan, then a layer of plumbs, do so till your pan is almost full, then fill it with water, set them on a slow fire; when they are hot, and their skins begin to rise, take them off, and take the skins carefully off; put them on a sieve as you do them; then lay them in the same water, with a layer of leaves betwixt, as you did at the first, cover them very close, so that no steam can get out, and hang them  
a great

a great distance from the fire till they are green, which will be five or six hours at least; then take them carefully up, lay them on a hair-sieve to drain, make a good syrup, give them a gentle boil in it twice a-day, for two days, take them out and put them into a fine clear syrup; put paper dipped in brandy over them, and keep them for use.

*To preserve WALNUTS black.*

TAKE the small kind of walnuts, put them in salt and water, change the water every day for nine days, then put them in the sieve, let them stand in the air until they begin to turn black, then put them into a jug, and pour boiling water over them, and let them stand till the next day; then put them in a sieve to drain, stick a clove into each end of your walnut, put them into a pan of boiling water, let them boil five minutes; then take them up; make a thin syrup, scald them in it three or four times a-day, till your walnuts are black and bright, then make a thick syrup, with a few cloves and a little ginger cut in slices, skim it well, put in your walnuts, boil them five or six minutes, and then put them in your jars; wet your paper with brandy, lay it over them, and tie them down with bladders. The first year they are a little bitter, but the second year they will be very good.

*To preserve WALNUTS green.*

TAKE large French walnuts when they are a little larger than a good nutmeg, wrap every walnut in vine-leaves, tie it round with a string, then put them into a large quantity of salt and water,  
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let them lie in it for three days, then put them in fresh salt and water, and let them lie in that for three days longer, then take them out, and lay a large quantity of vine-leaves in the bottom of your pan, then a layer of walnuts, then vine-leaves, do so till your pan is full, but take great care the walnuts do not touch each other; fill your pan with hard water, with a little bit of roach-alum, set it over the fire till the water is very hot, but do not let it boil, take it off, let them stand in the water till it is quite cold, then set them over the fire again; when they are green take the pan off the fire; and when the water is quite cold take out the walnuts, lay them on a sieve a good distance from each other, have ready a thin syrup boiled and skimmed; when it is pretty cool put in your walnuts, let them stand all night; the next day give them several scalds, but do not let them boil, keep your preserving-pan close covered, and when you see that they look bright, and a pretty colour, have ready made a rich syrup of fine loaf-sugar, with a few slices of ginger and two or three blades of mace, scald your walnuts in it, put them in small jars with paper dipped in brandy over them, tie them down with bladders, and keep them for use.

*To preserve WALNUTS white.*

TAKE the large French walnuts full grown, but not shelled, pare them till you see the white appear, put them in salt and water as you do them, have ready boiling a large sauce-pan full of soft water, boil them in it five minutes, take them up, and lay them betwixt two cloths till you have made a thin syrup, boil them gently in



it for four or five minutes, then put them in a jar, stop them up close, that no steam can get out, if it does it will spoil the colour; the next day boil them again; when they are cold make a fresh thick syrup, with two or three slices of ginger and a blade of mace, boil and skim it well, then give your walnut a boil in it, and put them in glass jars, with papers dipped in brandy laid over them; and tie bladders over them to keep out the air.

*To make ORANGE-MARMALADE.*

TAKE the clearest Seville oranges you can get, cut them in two, then take out all the pulp and juice into a basin, pick all the seeds and skins out of it, boil the rinds in hard water till they are tender, (change the water two or three times while they are boiling, then pound them in a marble-mortar, add to it the juice and pulp, and put them in a preserving-pan, with double its weight of loaf-sugar, set it over a slow fire, boil it a little more than half an hour, then put it into pots, with brandy papers over them.

*To make TRANSPARENT MARMALADE.*

TAKE very pale Seville oranges, cut them in quarters, take out the pulp, and put it into a basin; pick the skins and seeds out, put the peels in a little salt and water, let them stand all night; then boil them in a good quantity of spring-water till they are tender, then cut them in very thin slices; and put them to the pulp; to every pound of marmalade put a pound and a half of double refined sugar beaten fine, boil them together gently for twenty minutes; if it is not clear and transparent, boil it five or six minutes longer, keep stirring it gently all the time, and take care you

do not break the slices; when it is cold, put it into jelly or sweetmeat glasses, tie them down with brandy papers over them.—They are pretty for a desert of any kind.

*To make QUINCE MARMALADE.*

GET your quinces when they are full ripe, pare them and cut them into quarters, then take out the core, and put them into a sauce-pan that is well tined, cover them with the parings, fill the sauce-pan near full of spring-water, cover it close and let them stew over a slow fire till they are soft and of a pink colour, then pick out all your quinces from the parings, beat them to a pulp in a marble-mortar, take their weight of fine loaf-sugar; put as much water to it as will dissolve it, boil and skim it well, then put in your quinces, and boil them gently three quarters of an hour, keep stirring it all the time, or it will stick to the pan and burn; when it is cold, put it into flat sweetmeat pots, and tie it down with brandy-paper.

*To make APRICOT-MARMALADE.*

WHEN you preserve your apricots, pick out all the bad ones, and those that are too ripe for keeping, boil them in the syrup till they will mash; then beat them in a marble-mortar to a paste; take half their weight of loaf-sugar, and put as much water to it as will dissolve it, boil and skim it well, boil them till they look clear, and the syrup thick like a fine jelly, then put it into your sweetmeat glasses, and keep them for use.

*To preserve GREEN PINE-APPLES.*

GET your pine-apples before they are ripe, and lay them in strong salt and water five days, then put a large handful of vine-leaves in the bottom of a large sauce-pan, and put in your pine-apples; fill your pan with vine-leaves, then pour on the salt and water it was laid in, cover it up very close, and set it over a slow fire, let it stand till it is a fine light green, have ready a thin syrup, made of a quart of water, and a pound of double refined sugar; when it is almost cold put it into a deep jar, and put in the pine-apple with the top on, let it stand a week, and take care that it is well covered with the syrup; then boil your syrup again, and pour it carefully into your jar, lest you break the top of your pine-apple, and let it stand eight or ten weeks, and give the syrup two or three boils to keep it from moulding, let your syrup stand till it is near cold before you pour it on; when your pine apple looks quite full of green, take it out of the syrup, and make a thick syrup of three pounds of double-refined sugar with as much water as will dissolve it, boil and skim it well, put a few slices of white ginger in it; when it is near cold pour it upon your pine-apple, tie it down with a bladder, and the pine-apple will keep many years, and not shrink; but, if you put it into thick syrup at the first, it will shrink, for the strength of the syrup draws out the juice, and spoils it.—*N. B.* It is a great fault to put any kind of fruit that is preserved whole into thick syrup at first.



*To preserve RED GOOSEBERRIES.*

TO every quart of rough red gooseberries put a pound of loaf-sugar, put your sugar into a preserving-pan, with as much water as will dissolve it, boil and skim it well, then put in your gooseberries, let them boil a little, and set them by till the next day, then boil them till they look clear, and the syrup thick, then put them into pots or glasses, cover them with brandy papers, and keep them for use.

*To preserve STRAWBERRIES whole.*

GET the finest scarlet strawberries with their stalks on, before they are too ripe, then lay them separately on a China-dish, beat and sift twice their weight of double-refined sugar, and strew it over them, then take a few ripe scarlet strawberries, crush them, and put them into a jar, with their weight of double-refined sugar beat small, cover them close, and let them stand in a kettle of boiling water till they are soft, and the syrup is come out of them; then strain them through a muslin rag into a tossing-pan; boil and skim it well; when it is cold put in your whole strawberries, and set them over the fire till they are milk-warm, then take them off, and let them stand till they are quite cold, then set them on again and make them a little hotter, do so several times till they look clear, but do not let them boil, it will fetch the stalks off; when the strawberries are cold, put them into jelly glasses, with the stalks downwards, and fill up your glasses with the syrup; tie them down with brandy papers over them.—  
They are very pretty amongst jellies and creams,  
and

and proper for setting out a desert of any kind.

*To preserve WHITE RASPBERRIES whole.*

GET your raspberries when they are turning white, with the stalks on about an inch long, lay them single on a dish, beat and sift their weight of double-refined sugar, strew it over them; to every quart of raspberries take a quart of white currant juice, put to it its weight of double-refined sugar, boil and skim it well, then put in your raspberries and give them a scald, take them off and let them stand for two hours, then set them on again, and make them a little hotter; do so for two or three times, till they look clear, but do not let them boil, it will make the stalks come off; when they are pretty cool, put them into jelly glasses with the stalks down, and keep them for use.—*N. B.* You may preserve red raspberries the same way, only take red currant-juice instead of white.

*To preserve MORELLO CHERRIES.*

GET your cherries when they are full ripe, take out the stalks and prick them with a pin; to every two pounds of cherries put a pound and a half of loaf sugar, beat part of your sugar and strew it over them, let them stand all night, dissolve the rest of your sugar in half a pint of the juice of currants, set it over a slow fire, and put in the cherries with the sugar, and give them a gentle scald, let them stand all night again, and give them another scald, then take them carefully out, and boil your syrup till it is thick, then pour it upon your cherries; if you find it be too thin, boil it again.

*To preserve BARBERRIES in bunches.*

TAKE the female barberries, pick out all the largest bunches, then pick the rest from the stalks, put them in as much water as will make a syrup of your bunches, boil them till they are soft, then strain them through a sieve; to every pint of the juice put a pound and a half of loaf-sugar, boil and skim it well, and to every pint of syrup put a half a pound of barberries in bunches, boil them till they look very fine and clear, then put them carefully into pots and glasses; tie brandy papers over, and keep them for use.

*To preserve BARBERRIES for TARTS.*

PICK the female barberries clean from the stalks, then take their weight of loaf-sugar, put them in a jar, and set them in a kettle of boiling water till the sugar is melted, and the barberries quite soft, the next day put them in a preserving-pan, and boil them fifteen minutes; then put them in jars, and put them in a dry cool place.

*To preserve DAMSONS.*

TAKE the small long damsons, pick off the stalks, and prick them with a pin, then put them into a deep pot, with half their weight of loaf-sugar pounded, set them in a moderate oven till they are soft, then take them off, and give the syrup a boil, and pour it upon them; do so two or three times, then take them carefully out, and put them into the jars you intend to keep them in, and pour over them rendered mutton-suet; tie a bladder over them, and keep them for use in a very cool place.



*To preserve MAGNUM BONUM PLUMS.*

TAKE the largest yellow plums, put them in a panful of spring-water, set them over a slow fire, keep putting them down with a spoon till you find the skin will come off, then take them up and peel the skin off with a penknife, put them in a fine thin syrup, and give them a gentle boil, then take them off, and turn them pretty often in the syrup, or the outside will turn brown; when they are quite cold, set them over the fire again, let them boil five or six minutes, then take them off, and turn them very often in the syrup till they are near cold, then take them out and lay them separately on a flat China-dish; strain the syrup through a muslin rag, add to it the weight of the plums of fine loaf-sugar, boil and skim it very well; then put in your plums, boil them till they look clear, then put them carefully into jars or glasses, cover them well with the syrup, or they will lose their colour, put brandy papers and a bladder over them.

*To preserve WINE-SOURS.*

Take the finest wine sours you can get, pick off the stalks, run down the seam with a pin only skin deep, then take half their weight of loaf-sugar pounded, and lay it betwixt your plums in layers till your jar is full, set them in a kettle of boiling water till they are soft, then drain the syrup from them, and give it a boil, and pour it on them; do so several times, till you see the skins look hard and the plums clear; let them stand a week, then take them out one by one, and put them into glasses jars or pots; give your syrup a boil; if you have not syrup enough, boil a little clarified

clarified sugar with your syrup, and fill up your glasses, jars, or pots with it, and put brandy-papers over, and tie a bladder over them to keep out the air, or they will lose their colour and grow a purple.—They are pretty with either steple-cream, or any kind of flummeries, or under a silver web.

*To preserve APRICOTS.*

PARE your apricots, and thrust out the stones with a skewer; to every pound of apricots put a pound of loaf-sugar, strew part of it over them, and let them stand till the next day; then give them a gentle boil three or four different times, let them grow cold between every time, take them out of the syrup one by one, the last time as you boil them skim your syrup well, boil it till it looks thick and clear, then pour it over your apricots, and put brandy-papers over them.

*To preserve PEACHES.*

GET the largest peaches before they are too ripe, rub off the lint with a cloth, then run them down the seam with a pin, skin deep, cover them with French brandy, tie a bladder over them, and let them stand a week; then take them out, and make a strong syrup for them, boil and skim it well, put in your peaches, and boil them till they look clear, then take them out, and put them into pots or glasses; mix the syrup with the brandy; when it is cold pour it on your peaches; tie them close down with a bladder that the air cannot get in, or the peaches will turn black.

*To preserve QUINCES whole.*

PARE your quinces very thin and round, that they may look like a screw, then put them into a well-tinned sauce-pan, with a new pewter-spoon in the middle of them, and fill your sauce-pan with hard water, and lay the parings over your quinces, to keep them down, cover your saucepan so close that the steam cannot get out, set them over a slow fire till they are soft and a fine pink colour, let them stand till they are cold, and make a good syrup of double-refined sugar, boil and skim it well, then put in your quinces, let them boil ten minutes, take them off, and let them stand two or three hours, then boil them till the syrup looks thick, and the quinces clear, then put them into deep jars, with brandy-papers and leather over them; keep them in a dry place for use.—  
*N. B.* You may preserve quinces in quarters the same way.

*To preserve ORANGES carved.*

TAKE the fairest Seville oranges you can get, cut the rinds with a penknife in what form you please, draw out the part of your peel as you cut them, and put them into salt and hard water, let them stand for three days to take out the bitter; then boil them an hour in a large sauce-pan of fresh water, with salt in it, but do not cover them, it will spoil the colour; then take them out of the salt and water, and boil them ten minutes in a thin syrup for four or five days together, then put them into a deep jar, let them stand two months, and then make a thick syrup, and just give them a boil in it, let them stand till the next day, then put them into your jar, with brandy-

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papers



papers over them ; tie them down with a bladder and keep them for use.

*N. B.* You may preserve whole oranges without carving the same way, only do not let them boil so long, and keep them in a very thin syrup at first, or it will make them shrink and wither.— Always observe to put salt in the water for either oranges preserved, or any kind of orange chips.

*To preserve ORANGES in JELLY.*

TAKE Seville oranges, and cut a hole out at the stalks as large as a sixpence, and scoop out the pulp quite clean, tie them separately in muslin, and lay them in spring-water for two days ; change the water twice a-day, then boil them in the muslin till tender upon a slow fire, as the water wastes put hot water into the pan, and keep them covered ; weigh the oranges before you scoop them, and to every pound put two pounds of double-refined sugar, and one pint of water, boil the sugar and water with the juice of the oranges to the syrup, skim it very well, let it stand till cold, then put in the oranges, and boil them half an hour ; if they are not quite clear, boil them once a-day for two or three days, pare and core some green pippins, and boil them till the water is strong of the apple, but do not stir the apples, only put them down in the water with the back of a spoon, strain the water through a jelly-bag till quite clear, then to every pint of water put one pound of double-refined sugar, and the juice of a lemon strained fine, boil it up to a strong jelly, drain the oranges out of the syrup, put them into glass-jars, or pots of the size of an orange, with the holes upward, and pour the jelly

jelly over them, cover them with brandy-papers, and tie them close down with bladders.—*N. B.* You may do lemons the same way.

*To preserve LEMONS.*

CARVE or pare your lemons very thin, and make a round hole on the top, the size of a shilling, take out all the pulp and skins, rub them with salt, and put them in spring-water as you do them, to prevent them from turning black; let them lie in for five or six days, then boil them in fresh salt and water fifteen minutes; have ready made a thin syrup of a quart of water, and a pound of loaf-sugar, boil them in it five minutes, once a day, for four or five days; then put them in a large jar, let them stand for six or eight weeks, and it will make them look clear and plump, then take them out of that syrup, or they will mould; make a syrup of fine sugar, put as much water to it as will dissolve it, boil and skim it, then put in your lemons, and boil them gently till they are clear, then put them into a jar with brandy-papers over, tie them close down, and keep them in a dry place for use.

*To preserve ORANGES with MARMALADE.*

PARE your oranges as thin as you can, then cut a hole in the stalk end the size of a sixpence, take out all the pulp, then put your oranges in salt and water, boil them a little more than an hour, (but do not cover them, it will turn them a bad colour,) have ready made a syrup of a pound of fine loaf-sugar with a pint of water, put in your oranges, boil them till they look clear, then pick out all the skins and pippins out of

your pulp; and cut one of your oranges into it, as thin as possible, and take its weight of double-refined sugar, boil it in a clean tossing-pan over a slow clear fire till it looks quite clear and transparent; when it is cold, take your oranges out, and fill them with your marmalade, put on your top, and put them in your syrup again, let them stand for two months; then make a syrup of double-refined sugar, with as much water as will dissolve it, boil and skim it well, then give your oranges a boil in it; put brandy-papers over, then tie them down with a bladder; they will keep for several years.

*To make BULLACE CHEESE.*

TAKE your bullace when they are full ripe, put them into a pot, and to every quarter of bullace put a quarter of a pound of loaf-sugar beat small, bake them in a moderate oven till they are soft, then rub them through a hair-sieve, to every pound of pulp add half a pound of loaf-sugar beat fine, then boil it an hour and a half over a slow fire, and keep stirring it all the time, then pour it into potting-pots, and tie brandy-papers over them, and keep them in a dry place; when it has stood a few months it will cut out very bright and fine.—*N. B.* You may make floe-cheese the same way.

*To make ELDER ROB.*

GATHER your elderberries when they are full ripe, pick them clean from the stalks, put them in large stew-pots, and tie a paper over them, put them in a moderate oven, let them stand two hours, then take them out, and put them in a thin coarse cloth, and squeeze out all the juice  
you



you can get, then put eight quarts into a well-tinned copper, set it over a slow fire, let it boil till it be reduced to one quart, when it grows near done, keep stirring it, to prevent its burning to the bottom, then put it into potting-pots, let it stand two or three days in the sun, then dip a paper in sweet-oil the size of your pot, and lay it on, tie it down with a bladder, and keep it in a very dry place for use.

*To make BLACK-CURRENT ROB.*

GET your currants when they are ripe, pick, bake, and squeeze them the same as you did the elderberries, then put six quarts of the juice into a large tossing-pan, boil it over a slow fire till it is pretty thick, keep stirring it till it is reduced to one quart, pour it into flat pots, dry it, and tie it down the same way as you did your elder rob.

*To stew PIPPINS whole.*

PARE and core your pippins, and throw them into fair water as you pare them, then take the weight of the fruit of double-refined sugar, and dissolve it in a quart of water, then boil it up, and scum it clean, then put in the fruit, let them stew gently till they are tender and look clear, then take them out, and squeeze in the juice of a large lemon, and let it boil up, scum it and run it through a jelly-bag upon the fruit; you may stick the pippins with candied oranges and lemons cut in thin slices, if you please.

## C H A P. IX.

*Observations on DRYING and CANDYING.*

**B**EFORE you candy any sort of fruit preserve them first, and dry them in a stove or before the fire till the syrup is run out of them, then boil your sugar candy-height, dip in the fruit, and lay them in dishes in your stove till dry, then put them in boxes, and keep them in a dry place.

*To make APRICOT-PASTE.*

PARE and stone your apricots, boil them in water till they will mash quite small, put a pound of double-refined sugar in your preserving-pan, with as much water as will dissolve it, and boil it to sugar again, take it off the stove, and put in a pound of apricots, let it stand till the sugar is melted, then make it scalding hot, but do not let it boil, pour it into China-dishes, or cups; set them in a stove; when they are stiff enough to turn out, put them on glass plates, turn them as you see occasion till they are dry.

*To make RASPBERRY-PASTE.*

MASH a quart of raspberries, strain one half, and put the juice to the other half, boil them a quarter of an hour, put to them a pint of red currant-juice, let them boil altogether till your berries are enough, put a pound and a half of double-refined sugar into a clean pan, with as much

much water as will dissolve it, and boil it to a sugar again, then put in your berries and juice, give them a scald, and pour it into glasses or plates, then put them into a stove to dry, and turn them as you see occasion.

*To make GOOSEBERRY-PASTE.*

TAKE a pound of red gooseberries when they are full-grown and turned, but not ripe, cut them in halves, pick out all the seeds, have ready a pint of currant-juice, boil your gooseberries in it till they are tender, put a pound and a half of double-refined sugar into your pan, with as much water as will dissolve it, and boil it to sugar again, then put all together and make it scalding hot, but it must not boil, pour it into plates or glasses the thickness you like, then dry it in a stove.

*To make CURRANT-PASTE either red or white.*

STRIP your currants, put a little juice to them to keep them from burning, boil them well, and rub them through a hair-sieve, then boil it a quarter of an hour: to a pint of juice put a pound and a half of double-refined sugar sifted, shake in your sugar; when it is melted pour it on plates, dry it as the other pastes, and turn it into what form you please.

*To make CURRANT CLEAR CAKES.*

STRIP and wash your currants, to four quarts of currants put one quart of water, boil them very well, then run it through a jelly-bag; to a pint of jelly put a pound and a half of double-refined sugar, pounded, and sifted through a hair-sieve, set your jelly on the fire, when it has just boiled up shake in the sugar, stir it well, then set it on  
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the fire again, make it scalding hot to melt the sugar, but do not let it boil, then pour it on clear cake-glasses or plates; when it is jellied, before it is candied, cut it in round, or half rounds, this will not knot; and dry them the same way as you did the apricot-paste.

White currant clear-cakes are made the same way; but observe, that as soon as the jelly is made you must put the sugar to it, or it will change the colour.

*To make VIOLET CAKES.*

TAKE the finest violets you can get, pick off the leaves, beat the violets fine in a mortar with the juice of a lemon, beat and sift twice their weight of double-refined sugar, put your sugar and violets into a silver sauce-pan or tankard, set it over a slow fire, keep stirring it gently till all your sugar is dissolved, (if you let it boil it will discolour your violets) drop them in China-plates; when you take them off, put them in a box, with paper betwixt every layer.

*To dry CHERRIES.*

TAKE Morello cherries, stone them, and to every pound of cherries put a pound and a quarter of fine sugar, beat and sift it over your cherries, let them stand all night, take them out of your sugar, and to every pound of sugar put two spoonfuls of water, boil and scum it well, then put in your cherries, let your sugar boil over them; the next morning strain them, and to every pound of the syrup put half a pound more sugar, let it boil a little thicker, then put in your cherries, and let them boil gently; the next day strain them, and dry them in a stove, and turn them every day.

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*A second way to dry* CHERRIES.

**STONE** a pound and a half of cherries, put them in a preserving-pan; with a little water, when they are scalding-hot put them in a sieve, or on a cloth to dry, then put them in your pan again, beat and sift half a pound of double-refined sugar, strew it betwixt every layer of cherries; when it is melted set them on the fire, and make them scalding-hot, let them stand till they are cold, do so twice more, then drain them from the syrup, and lay them separately to dry; dip them in cold water, and dry them with a cloth; set them in the hot sun to dry as before, and keep them in a dry place till you want to use them:

*To dry* GREEN-GAGE PLUMS.

**MAKE** a thin syrup of half a pound of single-refined sugar, skim it well, slit a pound of plums down the seam, and put them in the syrup, keep them scalding-hot till they are tender, (they must be well covered with syrup, or they will lose their colour) let them stand all night, then make a rich syrup; to a pound of double-refined sugar put two spoonfuls of water, skim it well and boil it almost to a candy; when it is cold drain your plums out of the first syrup, and put them in the thick syrup, (be sure to let the syrup cover them,) set them on the fire to scald till they look clear, then put them in a China-bowl; when they have stood a week take them out, and lay them on China-dishes, dry them in a stove, and turn them once a-day till they are dry.—If you would have them green, scald them with vine-leaves the same way as the green gages are done.

*To make APRICOT-CAKES.*

TAKE a pound of nice ripe apricots, scald them, and as soon as you find the skin will come off, peel them and take out the stones, beat them in a marble-mortar to a pulp; boil half a pound of double-refined sugar with a spoonful of water, skim it exceedingly well, then put in the pulp of your apricots, let them simmer a quarter of an hour over a slow fire, stir it softly all the time, then pour it into shallow flat glasses, turn them out upon glass plates, put them in a stove, and turn them once a-day till they are dry.

*To burn ALMONDS.*

TAKE two pounds of loaf-sugar, two pounds of almonds, put them in a stew-pan with a pint of water, set them over a clear coal-fire, let them boil till you hear the almonds crack, take them off, and stir them about till they are quite dry, then put them in a wine-sieve, and sift all the sugar from them, put the sugar into the pan again with a little water, give it a boil, put four spoonfuls of scraped cochineal to the sugar to colour it, put the almonds into the pan, keep stirring them over the fire till they are quite dry, put them into a glass and they will keep twelve months.

*To dry DAMSONS.*

GET your damsons when they are full ripe, spread them on a coarse cloth, set them in a very cool oven, let them stand a day or two; if they are not as dry as a fresh prune, put them in another cool oven for a day or two longer, till they are pretty dry, then put them out, and lay them  
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in a dry place : they will eat like fresh plums in the winter.

*To candy GINGER.*

BEAT two pounds of fine loaf-sugar, put one pound in a tossing-pan, with as much water as will dissolve it, with one ounce of race-ginger grated fine, stir them well together over a very slow fire till the sugar begins to boil ; then stir in the other pound, and keep stirring it till it grows thick, then take it off the fire, and drop it in cakes upon earthen-dishes, set them in a warm place to dry, and they will look white and be very hard and brittle.

*To make ORANGE-CHIPS.*

TAKE the best Seville oranges, pare them asslant, a quarter of an inch broad, (if you can keep the paring whole it looks much prettier ;) when you have pared them all, put them in salt and spring water for a day or two, then boil them in a large quantity of spring water till they are tender ; then drain them on a sieve, have ready a thin syrup, made of a quart of water and a pound of fine sugar, boil them (a few at a time to keep them from breaking) till they look clear ; then put them into a syrup made of fine loaf-sugar, with as much water as will dissolve it, and boil them to a candy height ; when you take them up, lay them on sieves, and grate double-refined sugar all over them, and put them in a stove, or by the fire to dry, and keep them in a dry place for use.

*To dry CURRANTS in bunches.*

WHEN the currants are stoned and tied up in bunches, to every pound of currants take a  
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pound

pound and a half of sugar, and to every pound of sugar put half a pint of water, boil the syrup very well; lay your currants in it, set them on the fire, and let them just boil, take them off, cover it close with a paper, let them stand till the next day, then make them scalding-hot, let them stand for two or three days, with a paper close to them, then lay them on earthen-plates, and sift them well over with sugar, put them in a stove to dry; the next day lay them on sieves, but do not turn them till the upper-side is dry, then turn them, and sift the other side well with sugar; when they are quite dry, lay them betwixt papers.

*To dry APRICOTS.*

TAKE a pound of apricots, pare and stone them, put them in your tossing-pan, pound and sift half a pound of double-refined sugar, strew a little amongst them, and lay the rest over them; let them stand twenty-four hours, turn them three or four times in the syrup, then boil them pretty quick till they look clear, when they are cold take them out and lay them on glasses, put them into a stove, and turn them every half hour, the next day every hour, and after as you see occasion.

*To make LEMON-DROPS.*

DIP a lump of treble-refined loaf-sugar in water, boil it stiffish, take it off, rub it with the back of a silver spoon to the side of your pan, then grate in some lemon-peel, boil it up, and drop it on paper; if you want it red, put in a little cochineal.

*To make LEMON-DROPS another way.*

TAKE half a pound of pounded loaf-sugar, sifted very fine, put it in a plate and squeeze  
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three or four lemons over it, mix it well with a spoon till it makes a thickish paste, then take half a sheet of paper and cover it with drops the size of a farthing, place it in the stove with a slow fire till it is quite dry, and take it off from the paper; if you choose you may add some of the skin of the lemon rasped or grated.

*To make PEPPERMINT-DROPS.*

TO one hundred drops of oil of peppermint, add two pounds of treble-refined sugar, beat fine and sifted through a lawn-sieve, with the whites of three eggs, and a small quantity of orange-flower water, beat them well up together, and with a tea-spoon drop it on fine kitchen paper to whatever size you wish to have them, put them on the hearth to dry, and the next day they will be fit for use.

*To make RASPBERRY or CURRANT-DROPS.*

TAKE half a pound of pounded loaf-sugar on a plate, then a quantity of raspberries, or currants, which you squeeze through a sieve; when that is done add the juice to the sugar till it makes a paste of a thickish consistency, dress it on fine cap-paper and place it on the stove till dry.

*To dry PEACHES.*

PARE and stone the largest Newington peaches, have ready a sauce-pan of boiling water, put in the peaches, let them boil till they are tender, lay them on a sieve to drain, then weigh them, and put them in the pan they were boiled in, and cover them with their weight of sugar; let them lie two or three hours, then boil them till they are clear, and the syrup pretty thick, let them stand  
all



all night covered close, scald them very well, then take them off to cool, and set them on again till the peaches are thoroughly hot ; do this for three days, lay them on plates to dry, and turn them every day.

*To candy ANGELICA.*

TAKE it when young, cut it in lengths, cover it close, and boil it till it is tender ; peel it, and put it in again, let it simmer and boil till it is green, then take it up, and dry it with a cloth ; to every pound of stalks put a pound of sugar ; put your stalks into an earthen-pan, beat the sugar and strew it over them, let it stand two days ; then boil it till it is clear and green, put it in a cullender to drain ; beat a pound of sugar to a powder again, strew it on your angelica, lay it on plates to dry, and set them in the oven after the pies are drawn.—Three pounds and a half of sugar is enough for four pounds of stalks.

*To candy LEMON or ORANGE-PEEL.*

CUT your lemons or oranges long-ways, and take out all the pulp, and put the rinds into a pretty strong salt and hard water six days, then boil them in a large quantity of spring water till they are tender, then take them out and lay them on a hair-sieve to drain, then make a thin syrup of fine loaf-sugar, a pound to a quart of water ; put in your peels and boil them half an hour, or till they look clear, have ready a thick syrup made of fine loaf-sugar, with as much water as will dissolve it ; put in your peels, and boil them over a slow fire, till you see the syrup candy about the pan and peels, then take them out, and grate fine sugar all over them, lay them on  
a hair-

a hair-sieve to drain, and set them in a stove, or before the fire to dry, and keep them in a dry place for use.—*N. B.* Do not cover your saucepan when you boil either lemons or oranges.

*To boil SUGAR candy height.*

PUT a pound of sugar into a clean tossing-pan, with half a pint of water, set it over a very clear slow fire, take off the scum as it rises, boil it till it looks fine and clear, then take out a little with a silver-spoon; when it is cold, if it will draw a thread from your spoon it is boiled high enough for any kind of sweetmeat; then boil your syrup, and when it begins to candy round the edge of your pan it is candy-height.

*N. B.* It is a great fault to put any kind of sweetmeats into too thick a syrup, especially at the first, for it withers your fruit, and takes off both the beauty and flavour.

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## C H A P. X.

*Observations upon CREAMS, CUSTARDS, and  
CHEESE-CAKES.*

**W**HEN you make any kind of creams and custards, take great care your tossing-pan be well tinned, put a spoonful of water in it to prevent the cream from sticking to the bottom of your pan, then beat your yolks of eggs, and strain out the threads, and follow the directions of your receipt.—As to cheese-cakes they should not be made long before you bake them, particularly

cularly almond or lemon cheefe-cakes, for standing makes them oil and look sad; (a moderate oven bakes them best,) if it is too hot it burns them and takes off the beauty, and a very slow oven makes them sad and look black; make your cheefe-cakes up just when the oven is of a proper heat, and they will rise well and be of a proper colour.

*To make PISTACHO-CREAM.*

TAKE half a pound of pistacho-nuts, take out the kernels, beat them in a mortar with a spoonful of brandy, put them into a tossing-pan, with a pint of good cream and the yolks of two eggs beat fine, stir it gently over a very slow fire till it grows thick; then put it into a China soup-plate, when it grows cold stick it all over with small pieces and serve it up.

*To make CHOCOLATE-CREAM.*

SCRAPE fine a quarter of a pound of the best chocolate, put to it as much water as will dissolve it, put it in a marble-mortar, beat it half an hour, put in as much fine sugar as will sweeten it, and a pint and a half of cream, mill it, and as the froth rises lay it on a sieve, put the remaining part of your cream in posset-glasses, and lay the frothed cream upon them.—It makes a pretty mixture upon a set of salvers.

*To make SPANISH-CREAM.*

DISSOLVE in a quarter of a pint of rose-water three quarters of an ounce of isinglass cut small, run it through a hair-sieve, add to it the yolks of three eggs, beat and mixed with half a pint of cream, two sorrel leaves, and sugar to your taste,



taste, dip the dish in cold water before you put in the cream, then cut it out with a jigg-iron, and lay it in rings round different coloured sweet-meats.

*To make ICE-CREAM.*

PARE, stone, and scald twelve ripe apricots, beat them fine in a marble-mortar, put to them six ounces of double-refined sugar, a pint of scalding cream, work it through a hair-sieve, put it into a tin that has a close cover, set it in a tub of ice broken small, and a large quantity of salt put amongst it, when you see your cream grow thick round the edges of your tin, stir it, and set it in again till it grows quite thick; when your cream is all frozen up, take it out of your tin, and put it into the mould you intend it to be turned out of, then put on the lid, and have ready another tub with ice and salt in as before, put your mould in the middle, and lay your ice under and over it, let it stand four or five hours, dip your tin in warm water when you turn it out; if it be summer, you must not turn it out till the moment you want it: you may use any sort of fruit if you have not apricots, only observe to work it fine.

*To make CLOTTED CREAM.*

PUT one tea-spoonful of earing into a quart of good cream; when it comes to a curd, break it very carefully with a silver-spoon, lay it upon a sieve to drain a little, put it into a China soup-plate, pour over it some good cream, with the juice of raspberries, damsons, or any kind of fruit, to make it a fine pink colour; sweeten it to your taste, and lay round it a few strawberry-

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leaves:

leaves.—It is proper for a middle at supper, or a corner at dinner.

*To make HARTSHORN-CREAM.*

TAKE four ounces of hartshorn-shavings, boil them in three pints of water till it is reduced to half a pint, run it through a jelly-bag, put to it a pint of cream, let it just boil up, then put it into jelly-glasses, let it stand till it is cold, (by dipping your glasses into scalding water it will slip out whole,) then stick them all over with slices of almonds cut lengthways: it eats well with white-wine and sugar, like flummery.

*To make RIBAND-CREAM.*

TAKE eight quarts of new milk, set it on the fire, when it is ready to boil put in a quart of good cream; earn it, and pour it into a large bowl, let it stand all night; then take off the cream, and lay it on a sieve to drain, cut it to the size of your glasses, and lay red, green, or coloured sweetmeats between every layer of cream.

*To make LEMON-CREAM.*

TAKE a pint of spring water, the rinds of two lemons, pared very thin, and the juice of three, beat the whites of six eggs very well, mix the whites with the water and lemon, put sugar to your taste, then set it over the fire, and keep stirring it till it thickens, but do not let it boil; strain it through a cloth, beat the yolks of six eggs, put it over the fire till it be quite thick, then put it into a bowl to cool, and put it in your glasses.

*To*

*To make STEEPLE-CREAM with WINE-SOURS.*

TAKE one pint of strong clear calf's-foot jelly, the yolks of four hard eggs, pounded in a mortar exceeding fine, with the juice of a Seville orange, and as much double-refined sugar as will make it sweet; when your jelly is warm put it in, and keep stirring it till it is cold and grows as thick as cream, then put it into jelly-glasses; the next day turn it out into a dish with preserved wine-sours, stick a sprig of myrtle in the top of every cream, and serve it up with flowers round it.

*To make RASPBERRY-CREAM.*

TAKE a quart of raspberries, or raspberry-jam, rub it through a hair-sieve to take out the seeds, mix it well with your cream, put in as much loaf-sugar as will make it pleasant; then put it into a mill-pot to raise a froth with a chocolate-mill; as your froth rises take it off with a spoon, lay it upon a hair-sieve; when you have got what froth you have occasion for, put the remainder of your cream in a deep China-dish or punch-bowl, put your frothed cream upon it as high as it will lie on, then stick a light flower in the middle, and send it up.—It is proper for a middle at supper, or a corner at dinner.

*LEMON-CREAM with PEEL.*

BOIL a pint of cream; when it is half cold put in the yolks of four eggs, stir it till it is cold, then set it over the fire with four ounces of loaf-sugar, a tea-spoonful of grated lemon-peel, stir it till it is pretty hot, take it off the fire and put it in a basin to cool; when it is cold put it into sweetmeat-glasses, lay paste knots



or lemon-peel cut like long straws over the tops of your glasses.—It is proper to be put upon a bottom-salver amongst jellies and whips.

#### ORANGE-CREAM.

**TAKE** the juice of four Seville oranges, and the out-rind of one pared exceedingly fine, put them into a tossing-pan with one pint of water, and eight ounces of sugar, beat the whites of five eggs, set it over the fire, stir it one way till it grows thick and white, strain it through a gauze-sieve, stir it till it is grown fine, then beat the yolks of five eggs exceedingly well, put it in your tossing-pan with the cream, stir it over a very slow fire till it is ready to boil, put it into a bason to cool, and stir it till it is quite cold, then put it into jelly-glasses: send it upon a salver with whips and jellies.

#### *To make* BURNT-CREAM.

**BOIL** a pint of cream with sugar and a little lemon-peel shred fine, then beat the yolks of six, and the whites of four eggs separately; when your cream is cooled, put in your eggs, with a spoonful of orange-flower water, and one of fine flour; set it over the fire, keep stirring it till it is thick, put it into a dish; when it is cold sift a quarter of a pound of sugar all over, hold a hot salamander over it till it is very brown, and looks like a glass-plate put over your cream.

#### *To make* LA POMPADOUR-CREAM.

**BEAT** the whites of five eggs to a strong froth, put them into a tossing-pan with two spoonfuls of orange-flower water, two ounces of sugar, stir it gently for three or four minutes, then pour it  
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into your dish, and pour good melted butter over it, and send it in hot.—It is a pretty corner-dish for a second course at dinner.

*To make TEA-CREAM.*

TO half a pint of milk put a quarter of an ounce of fine hyson-tea, boil them together, strain the leaves out, and put to the milk half a pint of cream, and two tea-spoonfuls of rennet, set it over some hot embers in the dish you send it to table in, and cover it with a tin-plate; when it is thick it is enough.—Garnish with sweetmeats, and send it up.

*To make KING WILLIAM'S CREAM.*

BEAT the whites of three eggs very well, then squeeze out the juice of two large or three small lemons; take two ounces more than the weight of the juice of double-refined sugar, and mix it together with two or three drops of orange-flower water and five or six spoonfuls of fair spring-water; when all the sugar is melted, put the whites of the eggs into the pan and the juice, set it over a slow fire, and keep stirring it till you find it thicken, and strain it through a coarse cloth quick into the dish.

*SNOW and CREAM, a pretty supper-dish.*

MAKE a rich boiled custard, and put it in the bottom of your China or glass dish, then take the whites of eight eggs, beat with rose-water and a spoonful of treble-refined sugar till it is a strong froth; put some milk and water into a broad stew-pan, and when it boils take the froth off the eggs, and lay it on the milk and water,  
and

and let it boil once up; take it off carefully, and lay it on your custard.

*To make CREAM CHEESE.*

PUT one large spoonful of steep to five quarts of afterings, break it down light, put it upon a cloth on a sieve-bottom, and let it run till dry; break it, cut and turn it in a clean cloth, then put it into the sieve again, and put on it a two-pound weight, sprinkle a little salt on it, and let it stand all night, then lay it on a board to dry; when dry, lay a few strawberry-leaves on it, and ripen it between two pewter-dishes in a warm place, turn it, and put on fresh leaves every day.

*To make a TRIFLE.*

PUT three large macaroons in the middle of your dish, pour as much white-wine over them as they will drink; then take a quart of cream, put in as much sugar as will make it sweet, rub your sugar upon the rind of a lemon, to fetch out the essence, put your cream into a pot, mill it to a strong froth, lay as much froth upon a sieve as will fill the dish you intend to put your trifle in; put the remainder of your cream into a tossing-pan, with a stick of cinnamon, the yolks of four eggs well beat, and sugar to your taste, set them over a gentle fire, stir it one way till it is thick, then take it off the fire, pour it upon your macaroons; when it is cold put on your frothed cream, lay round it different-coloured sweetmeats, and small-shot comfits, and figures or flowers.

ALMOND-CUSTARDS.

PUT a quart of cream in a tossing-pan, a stick of cinnamon, a blade or two of mace, boil it and  
set



set it to cool, blanch two ounces of almonds, beat them fine in a marble-mortar with rose-water; (if you like a ratafia taste, put in a few apricot-kernels or bitter almonds,) mix them with your cream, sweeten it to your taste, set it on a slow fire, keep stirring it till it is pretty thick, if you let it boil it will curdle, pour it into cups, &c.

*To make LEMON-CUSTARDS.*

TAKE a pint of white-wine, half a pound of double-refined sugar, the juice of two lemons, the out-rind of one pared very thin, the inner-rind of one boiled tender and rubbed through a sieve; let them boil a good while, then take out the peel and a little of the liquor, set it to cool, pour the rest into a dish you intend for it; beat four yolks and two whites of eggs, mix them with your cool liquor, strain them into your dish, stir them well up together, set them on a slow fire, or boiling water to bake as a custard; when it is enough, grate the rind of a lemon all over the top; you may brown it over with a hot salamander.—It may be eat either hot or cold.

*To make ORANGE-CUSTARDS.*

BOIL the rind of half a Seville orange very tender, beat it in a marble-mortar till it is very fine, put to it one spoonful of the best brandy, the juice of a Seville orange, four ounces of loaf-sugar, and the yolks of four eggs; beat them all together ten minutes; then pour in by degrees a pint of boiling cream, keep beating them till they are cold, put them into custard-cups, and set them in an earthen-dish of hot water; let them stand till they are set, then take them out, and stick preserved oranges on the top, and serve them

them up either hot or cold.—It is a pretty corner-dish for dinner, or a side-dish for supper.

*To make a common CUSTARD.*

TAKE a quart of good cream, set it over a slow fire, with a little cinnamon and four ounces of sugar; when it is boiled take it off the fire; beat the yolks of eight eggs, put to them a spoonful of orange-flower water to prevent the cream from cracking, stir them in by degrees as your cream cools, put the pan over a very slow fire, stir them carefully one way till it is almost boiling, then put it into cups, and serve them up.

*To make a BEEST CUSTARD.*

TAKE a pint of the beef, set it over the fire with a little cinnamon, or three bay leaves, let it be boiling hot, then take it off, and have ready mixed one spoonful of flower and a spoonful of thick cream, pour your hot beef upon it by degrees, mix it exceedingly well together, and sweeten it to your taste; you may either put it in crusts or cups, or bake it.

*To make an APPLE FLOATING-ISLAND.*

BAKE six or eight very large apples; when they are cold peel and core them, rub the pulp through a sieve with the back of a wooden-spoon, then beat it up light with fine sugar, well sifted, to your taste; beat the whites of four eggs with orange-flower water in another bowl till it is a light froth, then mix it with your apples a little at a time till all is beat together, and exceedingly light; make a rich boiled custard, and put it in a  
China

China or glass dish, and lay the apples all over it. Garnish with currant-jelly, or what you please.

*To make FAIRY BUTTER.*

TAKE the yolks of four eggs boiled hard, a quarter of a pound of butter, beat two ounces of sugar in a large spoonful of orange-flower water, beat them all together to a fine paste, let it stand two or three hours, then rub it through a cullender upon a plate; it looks very pretty.

*To make ALMOND CHEESE-CAKES.*

TAKE four ounces of Jordan almonds, blanch them, and put them into cold water, beat them with rose-water in a marble-mortar or wooden-bowl, with a wooden-pestle; put to it four ounces of sugar, and the yolks of four eggs beat fine, work it in a mortar or bowl till it becomes white and frothy, then make a rich puff-paste, which must be made thus: Take half a pound of flower, a quarter of a pound of butter, rub a little of the butter into the flour, mix it stiff with a little cold water, then roll your paste straight out, strew over a little flour, and lay over it in thin bits one third of your butter, throw a little more flour over the butter, do so for three times, then put your paste in your tins, fill them, and grate sugar over them, and bake them in a gentle oven.

*To make BREAD CHEESE CAKES.*

SLICE a penny loaf as thin as possible, pour on it a pint of boiling cream, let it stand two hours; then take eight eggs, half a pound of butter, and a nutmeg grated, beat them well together, put in half a pound of curants well washed, and dried before the fire, and a spoonful of brandy, or

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white wine, and bake them in raised crusts, or petty-pans.

*To make CITRON CHEESE-CAKES.*

BOIL a quart of cream, beat the yolks of four eggs, mix them with your cream when it is cold, and set it on the fire ; let it boil till it curds, blanch some almonds, beat them with orange-flower water, put them into the cream with a few Naples biscuits and green citron shred fine, sweeten it to your taste, and bake them in tea-cups.

*To make RICE CHEESE-CAKES.*

BOIL four ounces of rice till tender, put it upon a sieve to drain, put in four eggs well beaten, half a pound of butter, half a pint of cream, six ounces of sugar, a nutmeg grated, and a glass of ratafia-water or brandy: beat them altogether, and bake them in raised crusts.

*To make CURD CHEESE-CAKES.*

TAKE half a pint of good curds, beat them with four eggs, three spoonfuls of rich cream, half a nutmeg grated, one spoonful of ratifia, rose, or orange water, put to them a quarter of a pound of sugar, half a pound of currants well washed and dried before the fire ; mix them all well together, and bake it in petty-pans, with a good crust under them.

*To make ORANGE CRUMPETS.*

TAKE a pint of cream and a pint of new milk, warm it, and put in it a little runnet ; when it is broke stir it gently, lay it on a cloth to drain all night, and then take the rinds of three oranges boiled as for preserving in three different waters,  
pound

pound them very fine, and mix them with the curd and eight eggs in a mortar, a little nutmeg, the juice of a lemon or orange, and sugar to your taste; bake them in tin-pans rubbed with butter, when they are baked turn them out, and put sack and sugar over them.—Some put slices of pressed oranges among them.

*To make CHEESE CAKES.*

SET a quart of new milk near the fire, with a spoonful of runnet, let the milk be blood warm when it is broke, drain the curd through a coarse cloth, now and then break the curd gently with your fingers, rub into the curd a quarter of a pound of butter, a quarter of a pound of sugar, a nutmeg, and two Naples biscuits grated, the yolks of four eggs and the white of one egg, one ounce of almonds well beat, with two spoonfuls of rose-water and two of sack; clean six ounces of currants very well, put them into your curd, and mix them all well together.

*To make CURD PUFFS.*

TAKE two quarts of milk, put a little runnet in it; when it is broke put it in a coarse cloth to drain, then rub the curd through a hair-sieve, with four ounces of butter beat, ten ounces of bread, half a nutmeg, and a lemon-peel grated, a spoonful of wine, and sugar to your taste; rub your cups with butter, and bake them a little more than half an hour.

*To make EGG-CHEESE.*

BEAT six eggs well, put them into three gills of new milk, sugar, cinnamon, and lemon-peel to your taste; set it over the fire, keep stirring it,

and squeeze a quarter of a lemon in it to turn it to cheese, let it run into what shape you would have it; when it is cold turn it out, pour over it a little almond-cream, made of sweet almonds, beat fine with a little cream, then put them into a pint of cream, let it boil and strain it, put to it the yolks of three eggs well beat, set it over the fire, and make it like a custard.

*To make a LOAF ROYAL.*

TAKE a French roll, rasp it, cut off the bottom crust, lay it in a pan, with the bottom upwards; boil a pint of cream, put to it the yolks of two eggs, a little cinnamon orange-flower water, and sugar to your taste; when it is cold, pour it upon the roll, let it stand in all night to steep, then make a very good custard of cream, a little sack, orange-flower water, and sugar; put the roll into a dish, with some good paste round the edge, and pour the custard upon it; you may lay lumps of marrow in the custard, and stick long slips of citron and orange-peel in the loaf, then send it to the oven; a little time will bake it.

*To make a PRINCE LOAF.*

TAKE small French rolls, about the size of an egg, cut a small round hole in the top, take out all the crumb, fill them with almond custard, lay over it currant-jelly in thin slices, beat the white of an egg and double-refined sugar to a froth, and ice them all over with it—Five is a pretty dish.

*To make a DRUNKEN LOAF.*

TAKE a French roll hot out of the oven, rasp it, and pour a pint of red wine upon it, and cover it



it close up for half an hour, boil one ounce of macaroni in water till it is soft, and lay it upon a sieve to drain, then put the size of a walnut of butter into it, and as much thick cream as it will take, then scrape in six ounces of Parmesan cheese, shake it about in your tossing-pan, with the macaroni, till it be like a fine custard, then pour it hot upon your loaf; brown it with a salamander, and serve it up.—It is a pretty dish for supper.

*To make SNOW-BALLS.*

PARE five large baking-apples, take out the cores with a scoop, fill the holes with orange or quince marmalade; then make a little good hot paste, and roll your apples in it, and make your crust of an equal thickness, and put them in a tin dripping-pan, bake them in a moderate oven; when you take them out, make icing for them the same way as for the plum-cake, and ice them all over with it, about a quarter of an inch thick; set them a good distance from the fire till they are hardened, but take care you do not let them brown, put one in the middle of a China-dish, and the other five round it; garnish them with green sprigs and small flowers.—They are proper for a corner either for dinner or supper.

*To make FRIED TOAST.*

CUT a slice of bread about half an inch thick, steep it in rich cream with sugar and nutmeg to your taste; when it is quite soft put a good lump of butter into a tossing-pan, fry it a fine brown, lay it on a dish, pour wine-sauce-over it, and serve it up.

## CHAP. XI.

*Observations upon CAKES.*

WHEN you make any kind of cakes, be sure that you get the things ready before you begin, then beat your eggs well, and do not leave them till you have finished the cakes or else they will go back again, and your cakes will not be light: if your cakes are to have butter in, take care you beat it to a fine cream before you put in your sugar, for if you beat it twice the time it will not answer so well: as to plum-cake, seed-cake, or rice-cake, it is best to bake them in wooden garths, for if you bake them in either pot or tin they burn the outside of the cakes, and confine them so that the heat cannot penetrate into the middle of your cake, and prevents it from rising; bake all kinds of cakes in a good oven, according to the size of your cake, and follow the directions of your receipt; for, though care hath been taken to weigh and measure every article belonging to every kind of cake, yet the management and the oven must be left to the maker's care.

*To make a BRIDE-CAKE.*

TAKE four pounds of fine flour well dried, four pounds of fresh butter, two pounds of loaf sugar, pound and sift fine a quarter of a pound of mace, the same of nutmegs; to every pound  
of

of flour put eight eggs, wash four pounds of currants, pick them well and dry them before the fire, blanch a pound of sweet almonds, and cut them lengthways very thin, a pound of citron, one pound of candied orange, the same of candied lemon, half a pint of brandy; first work the butter with your hand to a cream, then beat in your sugar a quarter of an hour, beat the whites of your eggs to a very strong froth, mix them with your sugar and butter, beat your yolk half an hour at least, and mix them with your cake; then put in your flour, mace, and nutmeg, keep beating it well till your oven is ready, put in your brandy, and beat your currants and almonds lighter in, tie three sheets of paper round the bottom of your hoop to keep it from running out, rub it well with butter, put in your cake, and lay your sweetmeats in three layers with cake betwixt every layer; after it is risen and coloured, cover it with paper before your oven is stopped up; it will take three hours baking.

*To make ALMOND-ICING for the BRIDE-CAKE.*

BEAT the whites of three eggs to a strong froth, beat a pound of Jordan almonds very fine with rose-water, mix your almonds with the eggs lightly together, a pound of common loaf-sugar beat fine, and put in by degrees; when your cake is enough, take it out, and lay your icing on, then put it in to brown.

*To make SUGAR-ICING for the BRIDE-CAKE.*

BEAT two pounds of double-refined sugar with two ounces of fine starch, sift it through a gauze-sieve; then beat the whites of five eggs with a knife upon a pewter-dish half an hour; beat it  
in



in your sugar a little at a time or it will make the eggs fall, and will not be so good a colour; when you have put in all your sugar, beat it half an hour longer, then lay it on your almond-icing, and spread it even with a knife; if it be put on as soon as the cake comes out of the oven it will be hard by the time the cake is cold.

*To make a good PLUM-CAKE.*

TAKE a pound and a half of fine flour well dried, a pound and a half of butter, three quarters of a pound of currants washed and well picked; stone half a pound of raisins and slice them, eighteen ounces of sugar beat and well sifted, fourteen eggs, leave out the whites of half of them, shred the peel of a large lemon exceedingly fine, three ounces of candied orange, the same of lemon, a tea-spoonful of beaten mace, half a nutmeg grated, a tea-cupful of brandy, or white wine, four spoonfuls of orange-flower water; first work the butter with your hand to a cream, then beat your sugar well in, whisk your eggs for half an hour, then mix them with your sugar and butter, and put in your flour and spices; when your oven is ready, mix your brandy, fruit, and sweetmeats lightly in, then put in your hoop, and send it to the oven; it will require two hours and a half baking.—It will take an hour and a half beating.

*To make a rich SEED-CAKE.*

TAKE a pound of flour well dried, a pound of butter, a pound of loaf-sugar beat and sifted, eight eggs, two ounces of carraway-seeds, one nutmeg grated, and its weight of cinnamon; first beat your butter to a cream, then put in your  
sugar

sugar, beat the whites of your eggs half an hour, mix them with your sugar and butter, then beat the yolks half an hour, put it to the whites, beat in your flour, spices, and seeds, a little before it goes to the oven ; put it in the hoop and bake it two hours in a quick oven, and let it stand two hours.—It will take two hours beating.

*To make a WHITE PLUM-CAKE.*

TO two pounds of flour well dried take a pound of sugar beat and sifted, one pound of butter, a quarter of an ounce of mace, the same of nutmeg, sixteen eggs, two pounds and a half of currants, picked and washed, half a pound of candied lemon, the same of sweet almonds, half a pint of sack, or brandy, three spoonfuls of orange-flower water ; beat your butter to a cream, put in your sugar, beat the whites of your eggs half an hour, mix them with your sugar and butter, then beat your yolks half an hour, mix them with your whites, it will take two hours beating. Put in your flour a little before your oven is ready, mix your currants and all your other ingredients lightly in, just when you put it in your hoop.—Two hours will bake it.

*To make little PLUM-CAKES.*

TAKE a pound of flour, rub into it half a pound of butter, the same of sugar, a little beaten mace ; beat four eggs very well (leave out half the whites) with three spoonfuls of yeast, put to it a quarter of a pound of warm cream, strain them into your flour, and make it up light, set it before the fire to rise ; just before you send it to the oven put in three quarters of a pound of currants.

*To make ORANGE-CAKES.*

TAKE Seville oranges that have very good rinds, quarter them, and boil them in two or three waters until they are tender, and the bitterness is gone off; scum them, then lay them on a clean napkin to dry, take all the seeds and skins out of the pulp with a knife, shred the peels fine, put them to the pulp, weigh them, and put rather more than their weight of fine sugar into a tossing-pan with just as much water as will dissolve it; boil it till it becomes a perfect sugar, then by degrees put in your orange-peels and pulp, stir them well before you set them on the fire, boil it very gently till it looks clear and thick, then put it into flat-bottomed glasses, set them in a stove, and keep a constant moderate heat to them; when they are candied on the top turn them out upon glasses.—*N. B.* You may make lemon-cakes the same way.

*To make LEMON-CAKES a second way.*

BEAT the whites of ten eggs with a whisk for an hour, with three spoonfuls of rose or orange-flower water; then put in one pound of loaf-sugar beat and sifted, with the yellow rind of a lemon grated into it; when it is well mixed put in the juice of half a lemon and the yolks of ten eggs beat smooth, and just before you put it into the oven stir in three quarters of a pound of flour; butter your pan, and one hour will bake it in a moderate oven.

*To make RICE-CAKE.*

TAKE fifteen eggs, leave out one half of the whites, beat them exceedingly well near an hour  
with



with a whisk, then beat the yolks half an hour, put to your yolks ten ounces of loaf sugar sifted fine, beat it well in; then put in half a pound of rice-flour, a little orange water or brandy, the rinds of two lemons grated; then put in your whites, beat them all well together for a quarter of an hour, then put them in a hoop and set them in a quick oven for half an hour.

*To make RATAFIA-CAKES.*

TAKE half a pound of sweet almonds, the same quantity of bitter, blanch and beat them fine in orange, rose, or clear water, to keep them from oiling; pound and sift a pound of fine sugar, mix it with your almonds, have ready very well beat the whites of four eggs, mix them lightly with the almonds and sugar, put it in a preserving-pan, and set them on a moderate fire, keep stirring it quick one way until it is pretty hot; when it is a little cool, roll it in small rolls and cut it in thin cakes, dip your hands in flour and shake them on it, give them each a light tap with your finger, put them on sugar-papers, and sift a little fine sugar over them just as you are putting them into a slow oven.

*To make RATAFIA-CAKES a second way.*

TAKE one pound and a half of sweet almonds, and half a pound of bitter almonds, beat them as fine as possible with the whites of two eggs; then beat the whites of five eggs to a strong froth, shake in lightly two pounds and a half of fine loaf-sugar, beat and sifted very fine, drop them in little drops the size of a nutmeg on cap-paper, and bake them in a slack oven.

*To make SHREWSBERRY-CAKES.*

TAKE half a pound of butter, beat it to a cream, then put in half a pound of flour, one egg, six ounces of loaf-sugar beat and sifted, half an ounce of carraway seeds mixed into a paste, roll them thin, and cut them round with a small glass or little tins, prick them and lay them on sheets of tin, and bake them in a slow oven.

*To make SHREWSBERRY-CAKES a second way.*

TO a pound of butter beat and sift a pound of double-refined sugar, a little mace, and four eggs; beat them all together with your hand till it is very light, and looks curdling; then shake in a pound and a half of fine flour, roll it thin, and cut it into little cakes with a tin, and bake them.

*To make BATH-CAKES.*

RUB half a pound of butter into a pound of flour, and one spoonful of good barm; warm some cream, and make it into a light paste, set it to the fire to rise; when you make them up take four ounces of caraway comfits, work part of them in, and strew the rest on the top, make them into a round cake, the size of a French roll, bake them on sheet tins, and send them in hot for breakfast.

*To make QUEEN-CAKES.*

TAKE a pound of loaf-sugar, beat and sift it, a pound of flour well dried, a pound of butter, eight eggs, half a pound of currants washed and picked, grate a nutmeg, the same quantity of mace and cinnamon; work your butter to a cream,  
then

then put in your sugar, beat the whites of your eggs near half an hour, mix them with your sugar and butter; then beat your yolks near half an hour, and put them to your butter; beat them exceedingly well together, and put in your flour, spices, and the currants; when it is ready for the oven bake them in tins, and dust a little sugar over them.

*To make a common SEED-CAKE.*

TAKE two pounds of flour, rub it into half a pound of powdered sugar, one ounce of caraway-seeds beaten, have ready a pint of milk, with half a pound of butter melted in it, and two spoonfuls of new barm, make it up into a paste, set it to the fire to rise, flour your tin, and bake it in a quick oven.

*To make CREAM-CAKES.*

BEAT the whites of nine eggs, to a stiff froth, then stir it gently with a spoon, for fear the froth should fall, and grate the rinds of two lemons; to every white of an egg, shake in softly a spoonful of double-refined sugar sifted fine, lay a wet sheet of paper on a tin, and drop the froth in little lumps on it with a spoon a small distance from each other, and sift a good quantity of sugar over them, set them in an oven after brown bread, make the oven close up, and the froth will rise; when they are just coloured they are baked enough, take them out and put two bottoms together, and lay them on a sieve; then set them in a cool oven to dry.—You may lay raspberry-jam, or lay other sorts of sweetmeats betwixt them, before you close the bottom together to dry.

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*To make little CURRANT-CAKES.*

TAKE one pound and a half of fine flour, dry it well before the fire, a pound of butter, half a pound of fine loaf-sugar well beat and sifted, four yolks of eggs, four spoonfuls of rose-water, four spoonfuls of sack, a little mace, and one nutmeg grated; beat the eggs very well, and put them to the rose-water and sack, then put to it the sugar and butter; work them altogether, strew in the currants and the flour, being both made warm together before.—This quantity will make six or eight cakes; bake them pretty crisp, and a fine brown.

*To make PRUSSIAN-CAKES.*

TAKE a pound of sugar beat and sifted, half a pound of flour dried and seven eggs, beat the yolks and whites separate, the juice of one lemon, the peel of two grated very fine, half a pound of almonds beat fine with rose-water; as soon as the whites are beat to a froth, put in all the things except the flour, and beat them together for half an hour; just before you set it in the oven shake in the flour.—*N. B.* The whites and yolks must be beat separate, or it will be quite heavy.

*To make a CAKE without butter.*

BEAT eight eggs half an hour, have ready pounded and sifted a pound of loaf-sugar, shake it in, and beat it half an hour more; put to it a quarter of a pound of sweet almonds beat fine with orange-flower water, grate the rind of a lemon into the almonds, and squeeze in the juice of the lemon; mix them altogether, and keep beating

beating them till the oven is ready, and just before you set it in put to it three quarters of a pound of warm dry fine flour; rub your hoop with butter: an hour and a half will bake it.

*To make BARBADOES JUMBALLS.*

BEAT very light the yolks of four eggs and the whites of eight with a spoonful of rose-water, and dust in a pound of treble-refined sugar; then put in three quarters of a pound of the best fine flour, stir it lightly in, grease your tin sheets, and drop them in the shape of a macaroon, and bake them nicely.

*To make CHACKNELLS.*

TO a pound of flour put a pound of butter, six eggs, (leaving out three whites) three quarters of a pound of powder-sugar, a glass of water, a little lemon-peel chopped very fine, and dried orange-flowers; work it well together, then cut it into pieces of what bigness you please to bake, and glaze them with sugar.

*To make LIGHT WIGGS.*

TO three quarters of a pound of fine flour put half a pint of milk made warm, mix in it two or three spoonfuls of light barm, cover it up, set it half an hour by the fire to rise, work in the paste four ounces of sugar and four ounces of butter, make it into wiggs with as little flour as possible, and a few seeds; set them in a quick oven to bake.

*To make MACAROONS.*

TO one pound of blanched and beaten sweet almonds put one pound of sugar, and a little rose-water

water to keep them from boiling ; then beat the whites of seven eggs to a froth, put them in and beat them well together, drop them on wafer-paper, grate sugar over them and bake them.

*To make SPANISH BISCUITS.*

BEAT the yolks of eight eggs near half an hour, then beat in eight spoonfuls of sugar, beat the whites to a strong froth, then beat them very well with yolks and sugar near half an hour, put in four spoonfuls of flour, and a little lemon cut exceedingly fine, and bake them on papers.

*To make SPONGE BISCUITS.*

BEAT the yolks of twelve eggs half an hour, put in a pound and a half of sugar beat and sifted ; whisk it well till you see it rise in bubbles, beat the whites to a strong froth, whisk them well with your sugar and yolks, beat in fourteen ounces of flour, with the rinds of two lemons grated, bake them in tin moulds buttered, or coffins : they require an hot oven, the mouth must not be stopped ; when you put them into the oven dust them with sugar : they will take half an hour baking.

*To make LEMON BISCUITS.*

BEAT very well the yolks of ten eggs, and the whites of five, with four spoonfuls of orange-flower water, till they froth up ; then put in a pound of loaf-sugar sifted, beat it one way for half an hour or more, put in half a pound of flour with the raspings of two lemons, and the pulp of a small one, butter your tin, and bake it in a quick oven, but do not stop up the mouth at first for fear it should scorch, dust it with sugar before you put it into the oven ; it is soon baked.

*To*



*To make DROP BISCUITS.*

BEAT the yolks of ten eggs and the whites of six, with one spoonful of rose-water, half an hour; then put in ten ounces of loaf-sugar beat and sifted, whisk them well for half an hour, then add one ounce of caraway-seeds crushed a little, and six ounces of fine flour, whisk in your flour gently, drop them on wafer-papers, and bake them in a moderate oven.

*To make common BISCUITS.*

BEAT eight eggs half an hour, put in a pound of sugar beat and sifted with the rind of a lemon grated, whisk it an hour till it looks light, then put in a pound of flour, with a little rose-water, and bake them in tins, or on papers with sugar over them.

*To make WAFERS.*

TAKE two spoonfuls of cream, two of sugar, the same of flour, and one spoonful of orange-flower water, beat them well together for half an hour, then make your wafer-tongs hot, and pour a little of your batter in to cover your irons, bake them on a stove-fire, as they are baked roll them round a stick like a spiggor, as soon as they are cold they will be very crisp; they are proper for tea, or to put upon a salver to eat with jellies.

*To make LEMON PUFFS.*

BEAT a pound of double-refined sugar, sift it through a fine sieve, put it in a bowl with the juice of two lemons, beat them well together, then beat the white of an egg to a very high froth,

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put it in your bowl, beat it half an hour, then put in three eggs with two rinds of lemons grated, mix it well up, dust your papers with sugar, drop on the puffs in small drops, and bake them in a moderate oven.

*To make CHOCOLATE PUFFS.*

BEAT and sift half a pound of double-refined sugar, scrape into it one ounce of chocolate very fine, mix them together, beat the white of an egg to a very high froth, then strew in your sugar and chocolate; keep beating it till it is as stiff as paste, sugar your papers, and drop them on about the size of a six-pence, and bake them in a very slow oven.

*To make ALMOND PUFFS.*

BLANCH two ounces of sweet almonds, beat them fine with orange-flower water, beat the whites of three eggs to a very high froth, then strew in a little sifted sugar, mix your almonds with your sugar and eggs, then add more sugar till it is as stiff as paste, lay it in cakes, and bake it on paper in a cool oven.

*To make PICKLETS.*

TAKE three pounds of flour, make a hole in the middle with your hand, then mix two spoonfuls of bran, with as much milk and a little salt as will make it into a light paste, pour your milk and bran into the middle of your flour, and stir a little of your flour into it; then let it stand all night, and the next morning work all the flour into the barm, and beat it well for a quarter of an hour, then let it stand an hour; after that, take it out with a large spoon, and lay it on a board well  
dusted

dusted with flour, and dredge flour over them; pat it with your hand, and bake them upon your bake-stone.

*To make FRENCH BREAD.*

TAKE a quarter of a peck of flour, one ounce of butter melted in milk and water, mix two or three spoonfuls of barm with it, strain it through a sieve, beat the white of an egg put in your water with a little salt, work it up to a light paste, put it into a bowl, then pull it into pieces, let it stand all night, then work it well up again, cover it, and lay it on a dresser for half an hour, then work all the pieces separate and make them into rolls, and set them in the oven.

*To make WHITE BREAD.*

TO a gallon of the best flour put six ounces of butter, half a pint of good yeast, a little salt, break two eggs into a basin, but leave out one of the whites, put a spoonful or two of water to them, and beat them up to a froth, and put them in the flour, have as much new milk as will wet it, make it just cream, and mix it up, lay a handful of flour and drive it about, holding one hand in the dough, and driving it with the other hand till it is quite light, then put it in your pan again, and put it near the fire, and cover it with a cloth, and let it stand an hour and a quarter; make your rolls ten minutes before you set them in the oven, and prick them with a fork; if they are the bigness of a French roll, three quarters of an hour will bake them.

*To make TEA CRUMPETS.*

BEAT two eggs very well, put to them a quart of warm milk and water, and a large  
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spoonful of barm ; beat in as much fine flour as will make them rather thicker than a common batter pudding, then make your bake-stone very hot and rub it with a little butter wrapped in a clean linen cloth, then pour a large spoonful of batter upon your stone, and let it run to the size of a tea-saucer ; turn it, and when you want to use them roast them very crisp, and butter them.

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## C H A P. XII.

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### LITTLE SAVOURY DISHES.

#### *To ragoo PIG's FEET and EARS.*

**B**OIL your feet and ears, then split your feet down the middle, and cut the ears in narrow slices, dip them in batter and fry them a good brown, put a little beef gravy into a tossing-pan, with a tea-spoonful of lemon-pickle, a large one of mushroom-catchup, the same of browning and a little salt, thicken it with a lump of butter rolled in flour, and put in your feet and ears ; give them a gentle boil, and then lay your feet in the middle of your dish, and the ears round them, strain your gravy and pour it over. Garnish with curled parsley.—It is a pretty corner-dish for dinner.

#### *To make a SALMAGUNDIE.*

**TAKE** the white part of a roasted chicken, the yolks of four boiled eggs, and the whites of  
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the same, two pickled herrings and a handful of parsley, chop them separately exceedingly small, take the same quantity of lean boiled ham scraped fine, turn a China-bason upside down in the middle of a dish, make a quarter of a pound of butter in the shape of a pine-apple and set it on the bason bottom, lay round your bason a ring of shred parsley, then a ring of yolks of eggs, then whites, then ham, then chicken, then herring, till you have covered your bason, and used all the ingredients; lay the bones of the pickled herrings upon it, with the tails up to the butter and the heads lying on the edge of the dish; lay a few capers, and three or four pickled oysters round your dish, and send it up.

*SALMAGUNDIE a second way.*

CHOP all the ingredients as for the first, mix them well together, and put in the middle of your dish a large Seville orange, and your ingredients round it, rub a little cold butter through a sieve and it will curl, lay it in lumps on the meat; stick a sprig of curled parsley on your butter, and serve it up.

*To roast a CALF'S HEART.*

MAKE a forcemeat with the crumbs of half a penny-loaf, a quarter of a pound of beef-suet shred small, or butter, chop a little parsley, sweet-marjoram, and lemon-peel; mix it up with a little nutmeg, pepper, salt, and the yolk of an egg, fill your heart, and lay over the stuffing a caul of veal, or writing-paper, to keep it in the heart, lay it in a Dutch oven, keep turning it, and roast it thoroughly; when you dish it up,  
pour

pour over it good melted butter, lay slices of lemon round it, and send it to the table.

*To dress a dish of LAMB BITS.*

SKIN the stones and split them, lay them on a dry cloth with the sweetbreads and liver, and dredge them well with flour, and fry them in boiling lard or butter a light brown, then lay them on a sieve to dry; fry a good quantity of parsley, lay your bits on the dish, and the parsley in lumps over it; pour melted butter round them.

*To fricassée CALF'S FEET.*

BOIL your feet, take out the bones, and cut the meat in thin slices, and put it into a tossing-pan with half a pint of good gravy, boil them a little, and then put in a few morels, a teaspoonful of lemon-pickle, a little mushroom-powder, or pickled mushrooms, the yolks of four eggs boiled hard, and a little salt, thicken with a little butter rolled in flour, mix the yolk of an egg with a tea-cupful of good cream, and half a nutmeg grated, put it in, and shake it over the fire, but do not let it boil, it will curdle the milk.—Garnish with lemon and curled parsley.

*CHICKENS in SAVOURY JELLY.*

ROAST two chickens, then boil a gang of calf's-feet to a strong jelly, take out the feet, skim off the fat, beat the whites of three eggs very well, then mix them with half a pint of white-wine vinegar, the juice of three lemons, a blade or two of mace, a few pepper-corns, and a little salt, put them to your jelly; when it has boiled five or six minutes, run it through a jelly-bag



bag several times till it is very clear, then put a little in the bottom of a bowl that will hold your chickens ; when they are cold, and the jelly quite set, lay them in with their breasts down, then fill up your bowl quite full with the rest of your jelly, which you must take care to keep from setting (so that when you pour it into your bowl it will not break) let it stand all night, the next day put your bason into warm water, pretty near the top ; as soon as you find it loose in the bason, lay your dish over it, and turn it out upon it.

PIGEONS *in* SAVOURY JELLY.

ROAST your pigeons with the head and feet on, put a sprig of myrtle in their bills, make a jelly for them the same way as for the chickens, pour a little into a bason, when it is set lay in the pigeons with the breasts down, fill up your bowl with jelly, and turn it out as before.

*Small* BIRDS *in* SAVOURY JELLY.

TAKE eight small birds, with their heads and feet on, put a good lump of butter in them and sew up their vents, put them in a jug, cover it close with a cloth, set them in a kettle of boiling water till they are enough, drain them, make your jelly as before, put a little into a bason ; when it is set lay in three birds with their breasts down, cover them with the jelly ; when it is set put the other five with the heads in the middle, fill up your bowl with jelly as before, and turn it out the same way.

SMELOTS *in* SAVOURY JELLY.

GUT and wash your smelts, season them with mace and salt, lay them in a pot with butter  
over

over them, tie them down with paper, and bake them half an hour, take them out, and when they are a little cool lay them separately on a board to drain, when they are quite cold lay them on a deep plate in what form you please, pour cold jelly over them, and they will look like live fish.—Make your jelly as before.

#### CRAW-FISH *in* SAVOURY JELLY.

BOIL your craw-fish, then put a little jelly in a bowl, made as for the chickens; when it is set put a few craw-fish, then cover them with jelly; when it is cold put in more layers till your bowl is full, let it stand all night, and turn them out the same as the chickens.

#### CRAW-FISH *in* JELLY.

BOIL half a dozen large craw-fish and let them cool, wipe them clean, lay them in a punch-bowl with their backs downwards, pour on them some nice calf's-foot jelly, when it is cold turn it out upon a glass dish; it makes a very pretty side-dish for either dinner or supper.

#### *To dress* MACARONI *with* PARMESAN CHEESE.

BOIL four ounces of macaroni till it be quite tender, and lay it on a sieve to drain, then put it in a tossing-pan, with about a gill of good cream, a lump of butter rolled in flour, boil it five minutes, pour it on a plate, lay all over it Parmesan cheese toasted; send it to table on a water-plate, for it soon grows cold.

#### *To stew* CHEESE *with* LIGHT WIGGS.

CUT a plate-ful of cheese, pour on it a glass of red wine, stew it before the fire, toast a light wigg,

wigg, pour over it two or three spoonfuls of hot red wine, put it in the middle of your dish, lay the cheefe over it, and serve it up.

*To stew CHEESE.*

CUT your cheefe very thin, lay it in a toaster, set it before the fire, pour a glass of ale over it, let it stand till it is all like a light custard, then pour it on toasts or wiggs, and send it in hot.

*To stew CARDOONS.*

TAKE the inside of your cardoons, wash them well, boil them in salt and water, put them into a tossing-pan, with a little veal-gravy, a tea-spoonful of lemon-pickle, a large one of muth-room-catchup, pepper and salt to your taste, thicken it with flour and butter, boil it a little, and serve it up in a soup-plate.

*To fry CARDOONS.*

BOIL your cardoons as you did for stewing, then dip them in batter made in a spoonful of flour and ale, fry them in a pan of boiling lard, pour melted butter over them, and serve them up.

*To ragoo CELERY.*

TAKE off all the outsides of your heads of celery, cut them in pieces, put them in a tossing-pan, with a little veal-gravy or water, boil them till they are tender, put to it a tea-spoonful of lemon-pickle, a meat-spoonful of white wine, and a little salt; thicken it with flour and butter, and serve them up with sippets.



*To fry CELERY.*

BOIL your celery as for a ragoo, then cut it and dip it in batter, fry it a light brown in hog's lard; put it on a plate, and pour melted butter upon it.

*To stew CELERY.*

TAKE off the outside and the green ends of your heads of celery, boil them in water till they are very tender, put in a slice of lemon, a little beaten mace, thicken it with a good lump of butter and flour, boil it a little, beat the yolks of two eggs, grate in half a nutmeg, mix them with a tea-cupful of good cream, put it to your gravy, shake it over the fire till it be of a fine thickness, but do not let it boil; serve it up hot.

*To scallop POTATOES.*

BOIL your potatoes, then beat them fine in a bowl with good cream, a lump of butter and salt, put them into scollop-shells, make them smooth on the top, score them with a knife, lay thin slices of butter on the top of them, put them into a Dutch oven to brown before the fire. Three shells are enough for a dish.

*To stew MUSHROOMS.*

TAKE large buttons, wipe them with a wet flannel, put them in a stew-pan with a little water, let them stew a quarter of an hour, then put in a little salt, work a little flour and butter to make it as thick as cream, let it boil five minutes; when you dish it up, put two large spoonfuls of cream mixed with the yolk of an egg, shake it over the fire about a minute or two, but  
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do not let it boil, for fear of curdling; put sippets round the inside of the rim of the dish, but not roasted, and serve it up.—It is proper for a side-dish for supper, or a corner for dinner.

*Another way to stew MUSHROOMS.*

TAKE your mushrooms, (if they are buttons, rub them with a flannel) and put them in milk and water; if flaps, peel, gill, and wash them, put them into your stew-pan with a little veal-gravy, a little mace and salt, thickened with a little cream and the yolks of three eggs; keep it stirring all the time lest it curdle, and serve them up hot.

*To make MUSHROOM LOAVES.*

TAKE small buttons, wash them as for pickling, put them in a tossing-pan, with a little white bread crumbs that have been boiled half an hour in water, then boil your mushrooms in the bread and water five minutes, thicken it with flour and butter, and two spoonfuls of cream, but no yolks of eggs, put in a little salt, then take five small French rolls, make holes in the tops of them about the size of a shilling, and scrape out all the crumb, and put in your mushrooms; stick a bay-leaf on the top of every roll. Five is a handsome dish for dinner, or three for supper.

*To ragoo MUSHROOMS.*

TAKE large mushrooms, peel, and take out the inside, broil them on a gridiron; when the outside is brown put them into a tossing-pan, with as much water as will cover them, let them stand ten minutes; then put to them a spoonful of white

wine, the same of browning, a very little alegar, thicken it with flour and butter, boil it a little, lay sippets round your dish, and serve it up.

*To stew PEAS with LETTUCES.*

SHELL your peas, boil them in hard water, with salt in it, drain them in a sieve, then cut your lettuces in slices, and fry them in fresh butter, put your peas and lettuces into a tossing-pan, with a little good gravy, pepper, and salt, thicken it with flour and butter, put in a little shred mint, and serve it up in a soup-dish.

*To poach EGGS with TOASTS.*

PUT your water on in a flat-bottomed pan, with a little salt; when it boils break your eggs carefully in, and let them boil ten minutes, then take them up with an egg-spoon, and lay them on buttered toasts.

*To dress EGGS and SPINAGE.*

PICK and wash your spinage in several waters, set a pan over the fire with a large quantity of water, throw a handful of salt in; when it boils put your spinage in, and let it boil two minutes, take it up with a fish-slice, and lay it on the back of a hair-sieve, squeeze the water out, and put it in a tossing-pan with a quarter of a pound of butter, keep turning and chopping it with a knife till it is quite dry, then press it a little betwixt two pewter-plates, cut it in the shape of sippets, and some in diamonds, poach your eggs as before, and lay them on your spinage, and serve them up hot.—N. B. You may boil brocoli instead of spinage, and lay it in bunches betwixt every egg.

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*To dress EGGS with ARTICHOKE BOTTOMS.*

BOIL your artichoke-bottoms in hard water, if dry ones in soft water, put in a good lump of butter in the water, it will make them boil in half the time, and they will be white and plump; when you take them up put the yolk of an hard egg in the middle of every bottom, and pour good melted butter upon them, and serve them up; you may lay asparagus, or brocoli, betwixt every bottom.

*To make a fricassée of EGGS.*

BOIL your eggs pretty hard, cut them in round slices, make a rich sauce the same way as for boiled chickens, pour it over your eggs, lay sippets round them, and put a whole yolk in the middle of your plate.—It is proper for a corner-dish at supper.

*To fry SAUSAGES.*

CUT them in single links, and fry them in fresh butter, then take a slice of bread, and fry it a good brown in the butter you fried the sausages in, and lay it in the bottom of your dish, put the sausages on the toast in four parts, and lay poached eggs betwixt them; pour a little good melted butter round them, and serve them up.

*To stew CUCUMBERS.*

PEEL off the out-rind, slice the cucumbers pretty thick, fry them in fresh butter, and lay them on a sieve to drain, put them into a tossing-pan, with a large glass of red wine, the same of strong gravy, a blade or two of mace, make it  
pretty

pretty thick with flour and butter, and when it boils put in your cucumbers, keep shaking them, and let them boil five minutes, be careful you do not break them; pour them into a dish, and serve them up.

*To make an AMULET.*

PUT a quarter of a pound of butter into a frying-pan, break six eggs and beat them a little, strain them through a hair-sieve, put them in when your butter is hot, and strew in a little shred parsley and boiled ham scraped fine, with nutmeg, pepper, and salt; fry it brown on the under-side, lay it on your dish, but do not turn it, hold a hot salamander half a minute over it, to take off the raw look of the eggs; stick curled parsley in it, and serve it up.—*N. B.* You may put in clary and chives, or onions if you like it.

*To make an AMULET of ASPARAGUS.*

TAKE six eggs, beat them up with cream; boil some of the largest and finest asparagus, when boiled cut off all the green in small pieces, and mix them with the eggs, and some pepper and salt; make your pan hot, and put in a slice of butter, then put them in, and send them up hot.—You may serve them up hot on buttered toasts.

*To make PANADA.*

GRATE the crumb of a penny-loaf, and boil it in a pint of water, with one onion and a few pepper-corns, till quite thick and soft; then put in two ounces of butter, a little salt, and half a pint of thick cream, keep stirring it till it is like a fine custard, pour it into a soup-plate, and serve it

it up.—*N. B.* You may use sugar and currants, instead of onions and pepper-corns, if you please.

*To make a RAMEQUIN of CHEESE.*

TAKE some old Cheshire-cheese, a lump of butter, and the yolk of a hard-boiled egg, and beat it very well together in a marble mortar, spread it on some slices of bread toasted and buttered; hold a salamander over them and send them up.

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P A R T III.

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C H A P. XIII.

*Observations on POTTING and COLLARING.*

COVER your meat well with butter, and tie over it strong paper, and bake it well; when it comes out of the oven pick out all the skins quite clean, and drain the meat from the gravy, or the skins will hinder it from looking well, and the gravy will soon turn it sour, beat your seasoning well before you put in your meat, and put it in by degrees as you are beating; when you put it into your pots, press it well, and let it be quite cold before you pour the clarified butter over it.—In collaring, be careful you roll it up, and bind it close; boil it till it is thoroughly enough; when quite cold put it into pickle with the binding on, next day take off the binding, when



when it will leave the skin clear: make fresh pickle often, and your meat will keep good a long time.

*To pot BEEF.*

RUB twelve pounds of beef with half a pound of brown sugar, and one ounce of salt-petre, let it lie twenty-four hours, then wash it clean and dry it well with a cloth, season it with a little beaten mace, pepper and salt to your taste, cut it into five or six pieces, and put it in an earthen pot, with a pound of butter in lumps upon it, set it in a hot oven, and let it stand three hours; then take it out, cut off the hard out-sides, and beat it in a mortar; add to it a little more mace, pepper, and salt: oil a pound of butter in the gravy and fat that came from your beef, and put it in as you see it requires it, and beat it exceedingly fine, then put it into your pots, and press it close down; pour clarified butter over it, and keep it in a dry place.

*To pot BEEF to eat like VENISON.*

PUT ten pounds of beef into a deep dish, pour over it a pint of red wine, and let it lie in it for two days; then season it with mace, pepper, and salt, and put it into a pot with the wine it was steeped in, add to it a large glass more of wine, tie it down with paper, and bake it three hours in a quick oven; when you take it out beat it in a mortar or wooden bowl, clarify a pound of butter, and put it in as you see it requires it, keep beating it till it is a fine paste, then put it into your pots, lay a paper over it, and set on a weight to press it down; the next day pour clarified butter over it, and keep it in a dry place for use.

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*To pot OX-CHEEK.*

WHEN you stew an ox-cheek, take some of the fleshy part, and season it well with salt and pepper, and beat it very fine in a mortar with a little clear fat skimmed off the gravy, then put it close into your potting-pots, and pour over it clarified butter, and keep it for use.

*To pot VENISON.*

IF your venison be stale rub it with vinegar, and let it lie one hour, then dry it clean with a cloth, and rub it all over with red wine, season it with beaten mace, pepper, and salt, put it on an earthen dish, and pour over it half a pint of red wine, and a pound of butter, and set it in the oven; if it be a shoulder, put a coarse paste over it, and bake it all night in a brown-bread-oven; when it comes out, pick it clean from the bones, and beat it in a marble-mortar, with the fat from your gravy; if you find it not seasoned enough, add more seasoning and clarified butter, and keep beating it till it is a fine paste, then press it hard down into your pots, and pour clarified butter over it, and keep it in a dry place.

*To pot VEAL.*

CUT a fillet of veal in three or four pieces, season it with pepper, salt, and a little mace, put it into pots with half a pound of butter, tie a paper over it, and set it in a hot oven, and bake it three hours; when you take it out cut off all the outsides; then put the veal in a marble-mortar, and beat it with the fat from your gravy; then oil a pound of fresh butter, and put it in a little at a time, and keep beating it till you see it

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is like a fine paste, then put it close down into your potting-pots, put a paper upon it, and set on a weight to press it hard; when your veal is cold and stiff, pour over it clarified butter, the thickness of a crown-piece, and tie it down.

*To pot MARBLE VEAL.*

BOIL a dried tongue, skin it, and cut it as thin as possible, and beat it exceedingly well with near a pound of butter and a little beaten mace, till it is like a paste: have ready veal stewed and beat the same way as before, then put some veal into your potting-pots, then some tongue in lumps over the veal; fill your pot close up with veal, and press it very hard down, and pour clarified butter over it, and keep it in a dry place.

*N. B.* Do not lay on your tongue in any form, but in lumps, and it will cut like marble; when you send it to the table cut it out in slices, and garnish it with curled parsley.

*To pot TONGUES.*

TAKE a neat's-tongue, and rub it with an ounce of salt-petre and four ounces of brown sugar, and let it lie two days, then boil it till it is quite tender, and take off the skin and side-bits; then cut the tongue in very thin slices, and beat it in a marble-mortar, with one pound of clarified butter, mace, pepper, and salt to your taste, beat it exceedingly fine, then put it close down into small potting-pots, and pour clarified butter over it.

*To pot a HARE.*

HANG up your hare four or five days with the skin on, then case it, and cut it up as for eating,



ing, put it in a pot, and season it with mace, pepper, and salt, put a pound of butter upon it, tie it down, and bake it in a bread oven; when it comes out, pick it clean from the bones, and pound it very fine in a mortar, with the fat from your gravy; then put it close down into your pots, and pour clarified butter over it, and keep it in a dry place.

*To pot HAM with CHICKENS.*

TAKE as much lean of a boiled ham as you please, and half the quantity of fat, cut it as thin as possible, beat it very fine in a mortar, with a little oiled butter, beaten mace, pepper, and salt, put part of it into a China-pot; then beat the white part of a fowl with a very little seasoning; it is to qualify the ham; put a layer of chicken, then one of ham, then chicken at the top, press it hard down, and when it is cold pour clarified butter over it: when you send it to the table cut out a thin slice in the form of half a diamond, and lay it round the edge of your pot.

*To pot WOODCOCKS.*

PLUCK six woodcocks, draw out the train; skewer their bills through their thighs, and put the legs through each other, and their feet upon their breasts, season them with three or four blades of mace, and a little pepper and salt; then put them into a deep pot, with a pound of butter over them, tie a strong paper over them, and bake them in a moderate oven; when they are enough lay them on a dish, to drain the gravy from them, then put them into potting-pots, and take all the clear butter from your gravy, and

put it upon them, and fill up your pots with clarified butter, and keep them in a dry place.

*To pot MOOR GAME.*

PICK and draw your moor-game, wipe them clean with a cloth, and season them pretty well with mace, pepper, and salt, put one leg through the other, roast them till they are quite enough, and a good brown; when they are cold put them into potting-pots, and pour over them clarified butter, and keep them in a dry place.—  
*N. B.* Observe to leave their heads uncovered with the butter.

*To pot PIGEONS.*

PICK your pigeons, cut off the pinions, wash them clean, and put them into a sieve to drain; then dry them with a cloth, and season them with pepper and salt, roll a lump of butter in chopped parsley, and put it into the pigeons; sew up the vents, then put them into a pot with butter over them, tie them down, and set them in a moderate oven; when they come out, put them into potting-pots, and cover them well with clarified butter.

*To pot all kinds of small BIRDS.*

PICK and gut your birds, dry them well with a cloth, season them with mace, pepper, and salt; then put them into a pot with butter, tie your pot down with paper, and bake them in a moderate oven; when they come out, drain the gravy from them, and put them into potting-pots, and cover them with clarified butter.

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*To make a cold PORCUPINE of BEEF.*

SALT a flank of beef the same way as you did the round of beef, and turn it every day for a fortnight at least; then lay it flat upon a table, beat it an hour, or till it is soft all over; then rub it over with the yolks of three eggs, strew over it a quarter of an ounce of beaten mace, the same of nutmeg, pepper and salt to your taste, the crumb of two penny loaves, and two large handfuls of parsley shred small, then cover it with thin slices of fat bacon, and roll your beef up very tight, and bind it well with packthread, boil it four hours; when it is cold, lard it all over, one row with the lean of ham, a second with cucumbers, a third with fat bacon, cut them in pieces about the thickness of a pipe-shank, and lard it so that it may appear red, green, and white; send it to the table with pickles and scraped horse-radish round it, keep it in salt and water, and a little vinegar.— You may keep it four or five days without pickle.

*To collar a BREAST of VEAL.*

BONE your veal, and beat it a little; then rub it over with the yolk of an egg, strew over it a little beaten mace, nutmeg, pepper, and salt, a large handful of parsley chopped small, with a few sprigs of sweet marjoram, a little lemon-peel cut exceedingly fine, one anchovy, washed, boned and chopped very small, and mixed with a few bread-crumbs; then roll it up very tight, bind it hard with a fillet, and wrap it in a clean cloth; then boil it two hours and a half in soft water; when it is enough, hang it up by one end, and make a pickle for it: to one pint of salt and water  
put



put half a pint of vinegar, when you send it to the table cut a slice off one end : garnish with pickles and parsley.

*To collar a CALF'S-HEAD.*

TAKE a calf's-head with the skin on, and dress off the hair, then rip it down the face, and take out all the bones carefully from the meat, and steep it in warm blue milk till it is white ; then lay it flat, and rub it with the white of an egg, and strew over it a tea-spoonful of white pepper, two or three blades of beaten mace and one nutmeg, a spoonful of salt, two score of oysters chopped small, half a pound of beef-marrow, and a large handful of parsley ; lay them all over the inside of the head, cut off the ears, and lay them in a thin part of the head ; then roll it up tight, bind it up with a fillet, and wrap it up in a clean cloth, boil it two hours, and when it is almost cold bind it up with a fresh fillet, and put it in a pickle made as above, and keep it for use.

*To collar a BREAST of MUTTON.*

BONE your mutton and rub it over with the yolk of an egg ; then grate over it a little lemon-peel and a nutmeg, with a little pepper and salt ; then chop small one tea-cupful of capers, two anchovies shred fine, a handful of parsley, a few sweet herbs, mix them with the crumb of a penny-loaf, and strew it over your mutton and roll it up tight, boil it two hours, then take it up, and put it into a pickle made as for the calf's-head.

*To collar a PIG.*

KILL your pig, dress off the hair, and draw out the entrails, and wash it clean ; take a sharp knife,

knife, rip it open, and take out all the bones; then rub it all over with pepper and salt beaten fine, a few sage-leaves, and sweet-herbs chopped small, then roll up your pig tight, and bind it with a fillet, then fill your boiler with soft water, one pint of vinegar, and a handful of salt, eight or ten cloves, a blade or two of mace, a few pepper-corns, and a bunch of sweet-herbs; when it boils put in your pig, and boil it till it is tender, then take it up, and when it is almost cold bind it over again, and put it into an earthen-pot and pour the liquor your pig was boiled in upon it; keep it covered, and it is fit for use.

*To collar a SWINE'S-FACE.*

CHOP the face in many places and wash it in several waters; then boil it till the meat will leave the bones, take out the bones, cut open the ears, and take out the ear roots, cut the meat in pieces, and season it with pepper and salt; while it is hot put it into an earthen pot, and set the ears round the outside of the meat, put a board on that will go in the inside of the pot, and set a heavy weight upon it, and let it stand all night, the next day turn it out, cut it round-ways, and it will look close and bright.

*To make MOCK BRAWN.*

TAKE a piece of the belly-part, and the head of a young porker, rub it with salt-petre, and let it lie three days; then wash it clean, split the head and boil it, then take out the bones, and cut it in pieces, then take four ox-feet boiled tender and cut in thin pieces, lay them in your belly-piece with a head cut small, then roll it up tight with sheet-tin, that a trencher will go in at each end;

end; boil it four or five hours; when it comes out, set it upon one end, and press the trencher down with a large lead weight, let it stand all night, and in the morning take it out of your tin, and bind it with a white fillet, put it into cold salt and water, and it will be fit for use.

*N. B.* You must make fresh salt and water every four days, and it will keep a long time.

*To cellar* FLAT-RIBS of BEEF.

**BONE** your beef, lay it flat upon a table, and beat it half an hour with a wooden mallet till it is quite soft; then rub it with six ounces of brown sugar, four ounces of common salt, and one ounce of salt-petre beat fine, let it lie then for ten days, and turn it once every day, take it out, then put it in warm water for eight or ten hours; then lay it flat upon a table, with the outward skin down, and cut it in rows, and across, about the breadth of your finger, but take care you do not cut the outside skin; then fill one nick with chopped parsley, the second with fat pork, the third with crumbs of bread, mace, nutmeg, pepper, and salt, then parsley, and so on till you have filled all your nicks; then roll it up tight, and bind it round with coarse broad tape, wrap it in a cloth, and boil it four or five hours; then take it up, and hang it up by one end of the string to keep it round, save the liquor it was boiled in, the next day skim it, and add to it half the quantity of aleger as you have liquor, and a little mace, long-pepper, and salt; then put in your beef, and keep it for use.—*N. B.* When you send it to the table cut a little off both ends, and it will be in diamonds of different colours, and look very pretty;



pretty ; fet it upon a difh as you do brawn : if you make a frefh pickle every week it will keep a long time.

*To collar BEEF.*

SALT your beef, and beat it as before, then rub it over with the yolks of eggs, ftrew over it two large handfuls of parfley fhred fmall, half an ounce of mace, black pepper and falt to your tafte, roll it up tight, and bind it about with a coarfe broad tape, and boil it till it is tender ; make a pickle for it the fame way as before.

*To force a ROUND of BEEF.*

TAKE a good round of beef, and rub it over a quarter of an hour with two ounces of falt-petre, the fame of bay falt, half a pound of brown fugar, and a pound of common falt ; let it lie in it for ten or twelve days ; turn it once every day in the brine ; then wafh it well, and make holes in it with a penknife about an inch one from another, and fill one hole with fhred parfley, a fecond with fat pork cut in fmall pieces, and a third with bread crumbs, beef-marrow, a little mace, nutmeg, pepper, and falt, mixed together ; then parfley ; and fo on till you have filled all the holes, then wrap your beef in a cloth, and bind it with a fillet, then boil it four hours ; when it is cold ; bind it over again, and cut a thin flice off before you fend it to the table : garnifh with parfley and red cabbage.

*To fouse a TURKEY.*

KILL your turkey and let it hang four or five days in the feathers, and pick it and flit it up the back, and take out the entrails, bone it and bind

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it with a piece of matting like sturgeon or Newcastle salmon, set over the fire a clean saucepan, with a pint of strong aleger, a score of cloves, three or four blades of mace, a nutmeg sliced, a few pepper-corns, and a handful of salt; when it boils put in the turkey, and boil it an hour, then take it up, and when cold put it into an earthen pot, and pour the liquor over it, and keep it for use. When you send it to the table lay sprigs of fennel over it.

*To souse PIG'S FEET and EARS.*

CLEAN your pig's feet and ears, and boil them till they are tender; then split the feet, and put them into salt and water with the ears: when you use them dry them well with a cloth, and dip them in batter made of flour and eggs, fry them a good brown, and send them up with good melted butter.—*N. B.* You may eat them cold; make fresh pickle every two days, and they will keep some time.

*To souse TRIPE.*

WHEN your tripe is boiled, put it into salt and water, change the salt and water every day till you use it, dip it in batter, and fry it as the pig's feet and ears, or boil it in fresh salt and water with an onion sliced, a few sprigs of parsley, and send melted butter for sauce.

*To hang a SURLOIN of BEEF to roast.*

TAKE the suet off a surloin, and rub it half an hour with one ounce of salt-petre, four ounces of common salt, and half a pound of brown sugar; hang it up ten or twelve days, then wash it and roast it; you may eat it either hot or cold.

*To salt HAMs.*

AS soon as your hams are cut out, rub them very well with one ounce of salt-petre, half an ounce of salt prunella pounded, and one pound of common salt to every ham, lay them in lead or earthen salt-pans for ten days, turn them once in the time, then rub them well with more common salt, let them lie ten days longer, and turn them every day ; then take them out, and scrape them exceedingly clean, and dry them well with a clean cloth, and rub it slightly over with a little salt, and hang them up to dry.

*To smoke HAMs.*

WHEN you take your hams out of the pickle and have rubbed them dry with a coarse cloth, hang them in a chimney, and make a fire of oak shavings, and lay it over horse-litter, and one pound of juniper-berries ; keep the fire smothered down for two or three days, and then hang them up to dry.

*To salt CHOPS.*

THROW over your chops a handful of salt, and lay them skin side down afloat on a board, to let all the blood run from them ; the next day pound to every pair of chops one ounce of bay-salt, the same of salt-petre, two ounces of brown sugar and half a pound of common salt ; mix them together, and rub them exceedingly well ; let them lie ten days in your salting cistern ; then rub them with common salt, and let them lie a week longer, then rub them clean, and hang them in a dry place.



*To salt BACON.*

WHEN your pig is cut down, cut off the hams and head, if it be a large one cut out a chine, but leave the spare-ribs, (it keeps the bacon from rusting, and the gravy in,) salt it with common salt and a little salt-petre (but neither bay-salt nor sugar,) let it lie ten days on a table, that will let all the brine run from it ; then salt it again ten or twelve days, turning it every day after the second salting ; then scrape it very clean, rub a little dry salt on it, and hang it up.—*N. B.* Take care to scrape the white froth off very clean that is on it, which is caused by the salt to work out of your pork, and rub on a little dry salt, (it keeps the bacon from rusting ;) the dry salt will candy, and shine like diamonds on your bacon.

*To salt TONGUES.*

SCRAPE your tongues, and dry them clean with a cloth, and salt them well with common salt, and half an ounce of salt-petre to every tongue, lay them in a deep pot, and turn them every day for a week or ten days, salt them again and let them lie a week longer, take them up, dry them with a cloth, flour them, and hang them up.

*To salt a LEG of MUTTON.*

POUND one ounce of bay salt, and half an ounce of salt-petre, and rub it all over your leg of mutton and let it lie all night ; the next day salt it well with common salt, and let it lie a week or ten days ; then hang it up to dry.

*To pickle PORK.*

CUT your pork in such pieces as will be most convenient to lie in your powdering-tub, rub every piece all over with salt-petre; then take one part bay-salt, and two parts common salt, and rub every piece well; lay the pieces as close as possible in your tub, and throw a little salt over.

*To pickle BEEF.*

TAKE sixteen quarts of cold water, and put to it as much salt as will make it bear an egg; then add two pounds of bay-salt, half a pound of salt-petre pounded small, and three pounds of brown sugar; mix all together, then put your beef into it, and keep it in a dry cool place.

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C H A P. XIV.*Observations on POSSETS, GRUEL, &c.*

IN making possets, always mix a little of the hot cream or milk with your wine, (it will keep the wine from curdling the rest,) and take the cream off the fire before you mix all together.—Observe, in making gruels, that you boil them in well-tinned sauce-pans, for nothing will fetch the verdigris out of copper sooner than acids or wine, which are the chief ingredients in gruels, fagos, and wheys: do not let your gruel or fago skin over; for it boils into them, and makes them a muddy colour.

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*To make a SACK POSSET.*

GRATE two Naples biscuits into a pint of thin cream, put in a stick of cinnamon, and set it over a slow fire; boil it till it is of a proper thickness; then add half a pint of sack, a slice of the end of a lemon, with sugar to your taste; stir it gently over the fire, but, do not let it boil, lest it curdle; serve it up with dry toast.

*To make a BRANDY POSSET.*

BOIL a quart of cream over a slow fire, with a stick of cinnamon in it; take it off to cool, beat the yolks of six eggs very well, and mix them with the cream; add nutmeg and sugar to your taste, set it over a slow fire, and stir it one way; when it is like a fine thin custard take it off, and pour it into your tureen or bowl, with a glass of brandy; stir it gently together, and serve it up with tea-wafers round it.

*To make a LEMON POSSET.*

GRATE the crumb of a penny-loaf very fine, and put it into rather more than a pint of water, with half a lemon-peel grated, or sugar rubbed upon it to take out the essence; boil them together till it looks thick and clear, then beat it very well:—To the juice of half a lemon put in a pint of mountain wine, three ounces of Jordan almonds, and one ounce of bitter, beat fine, with a little orange-flower water, or French brandy, and sugar to your taste; mix it well, and put it in your posset, serve it up in a tureen or bowl.—*N. B.* An orange posset is made the same way.

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*To make an ALMOND POSSET.*

CUT the crumb of a penny-loaf very fine, pour a pint of boiling milk upon it, let it stand two or three hours, then beat it exceedingly well : add to it a quart of good cream, four ounces of almonds blanch'd, and beat as fine as possible with rose-water ; mix them all well together, and set them over a very slow fire, and boil them a quarter of an hour ; then set it to cool, and beat the yolks of four eggs, and mix them with your cream ; when it is cold sweeten it to your taste ; then stir it over a slow fire till it grows pretty thick, but do not let it boil, it will curdle ; then pour it into a China-bowl : when you send it to table put in three macaroons to swim on the top. —It is proper for top at supper.

*To make a WINE POSSET.*

TAKE a quart of new milk and the crumb of a penny-loaf, and boil them till they are soft ; when you take it off the fire, grate in half a nutmeg, and sugar to your taste ; then put it into a China-bowl, and put in it a pint of Lisbon wine carefully, a little at a time, or it will make the curd hard and tough ; serve it up with toast and butter upon a plate.

*To make an ALE POSSET.*

PUT a little white bread in a pint of good milk, set it over the fire, then warm a little more than a pint of good strong ale, with a nutmeg and sugar to your taste, then put it in a bowl ; when your milk boils pour it upon your ale, let it stand a few minutes to clear and the curd will rise to the top ; then serve it up.

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*To mull WINE.*

GRATE half a nutmeg into a pint of wine, and sweeten it to your taste with loaf-sugar; set it over the fire, and when it boils take it off to cool; beat the yolks of four eggs exceedingly well, add to them a little cold wine, then mix them carefully with your hot wine, a little at a time; then pour it backwards and forwards several times till it looks fine and bright; then set it on the fire, and heat it a little at a time for several times it is quite hot and pretty thick, and pour it backwards and forwards several times; then send it up in chocolate cups, and serve it up with dry toast cut in long narrow pieces.

*To mull ALE.*

TAKE a pint of good strong ale, put it into a sauce-pan, with three or four cloves, nutmeg and sugar to your taste, set it over the fire; when it boils take it off to cool; beat the yolks of four eggs very well, and mix them with a little cold ale, then put it to your warm ale, and pour it in and out of your pan several times, then set it over a slow fire and heat it a little, then take it off again, and heat it two or three times till it is quite hot, then serve it up with dry toast.

*To make mulled WINE.*

BOIL a quart of new milk five minutes with a stick of cinnamon, nutmeg and sugar to your taste; then take it off the fire, and let it stand to cool, beat the yolks of six eggs very well, and mix them with a little cool cream; then mix them with your milk, and pour it backwards and forwards the same as you do mulled ale, and send it to the table with a plate of biscuits.

*To*

*To make BEEF TEA.*

TAKE a pound of lean beef, cut it in very thin slices, put it into a jar, and pour a pint of boiling water upon it, cover it very close to keep in the steam, let it stand by the fire: It is very good for a weak constitution; it must be drank when it is milk warm.

*To make CHICKEN BROTH.*

SKIN a small chicken, and split it in two, and boil one half in three half pints of water, with a blade or two of mace, a small crust of white bread; boil it over a slow fire till it is reduced to half the quantity, pour it into a bason, and take off the fat, and send it up with a dry toast.

*To make CHICKEN WATER.*

SKIN half a fowl, break the bones, and cut the flesh as thin as possible; then put it into a jar, and pour a pint of boiling water upon it, cover it close up, and set it by the fire for three hours, and it will be ready to drink.

*To make MUTTON BROTH.*

TAKE the scrag end of a neck of mutton, chop it into small pieces, put it into a sauce-pan, and fill it with water; set it over the fire, and when the scum begins to rise take it clean off, and put in a blade or two of mace, a little French barley, or a crust of white bread to thicken it; when you have boiled your mutton that it will shake to pieces, strain your broth through a hair-sieve, scum off the fat, and send it up with dry toast.



*To make WHITE-WINE WHEY.*

PUT a pint of skimmed milk and half a pint of white wine into a bason, let it stand a few minutes; then pour over it a pint of boiling water, let it stand a little, and the curd will gather in a lump, and settle to the bottom; then pour your whey into a China-bowl, and put in a lump of sugar, a sprig of balm, or a slice of lemon.

*To make SCURVY GRASS WHEY.*

BOIL a pint of blue milk, take it off to cool, then put in two spoonfuls of the juice of scurvy-grass, and two spoonfuls of good old verjuice, set it over the fire and it will turn to a fine whey: it is very good to drink in spring for the scurvy.

*To make CREAM of TARTAR WHEY.*

PUT a pint of blue milk over the fire; when it begins to boil, put in two tea-spoonfuls of cream of tartar, then take it off the fire, and let it stand till the curd settles at the bottom of the pan, then pour it into a bason to cool, and drink it milk-warm.

*To make BARLEY-WATER.*

TAKE two ounces of barley, boil it in two quarts of water till it looks white, and the barley grows soft; then strain the water from the barley; add to it a little currant-jelly or lemon.—  
N. B. You may put a pint more water to your barley, and boil it over again.

*To make GROAT GRUEL.*

BOIL half a pound of groats in three pints of water or more, as you would have your gruel for thickness, with a blade or two of mace in it; when your groats are soft, put in it white wine and sugar to your taste; then take it off the fire; put to it a quarter of a pound of currants washed and picked, put it in a China-bowl with a toast of bread round it cut in long narrow pieces.

*To make SAGO GRUEL.*

TAKE four ounces of sago, give it a scald in hot water, then strain it through a hair-sieve and put it over the fire with two quarts of water and a stick of cinnamon, keep skimming it till it grows thick and clear; when your sago is enough, take out the cinnamon and put in a pint of red wine; if you would have it very strong, put in more than a pint and sweeten it to your taste, then set it over the fire to warm, but do not let it boil after the wine is put in, it weakens the taste, and makes the colour not so deep a red; pour it into a tureen, and put in a slice of lemon when you are sending it to table.—It is proper for a top-dish for supper.

*To make SAGO with MILK.*

WASH your Sago in warm water, and set it over the fire with a stick of cinnamon, and as much water as will boil it thick and soft, then put in as much thin cream or new milk as will make it a proper thickness, grate in half a nutmeg, sweeten it to your taste and serve it up in a China-bowl or tureen.—It is proper for a top-dish for supper.

*To make BARLEY GRUEL.*

TAKE four ounces of pearl-barley, boil it in two quarts of water, with a stick of cinnamon in it, till it is reduced to one quart; add to it a little more than a pint of red wine, and sugar to your taste, wash and pick two or three ounces of currants very clean.

*To make WATER GRUEL.*

TAKE one spoonful of oatmeal, boil it in three pints of water for an hour and a half, or till it is fine and smooth, then take it off the fire and let it stand to settle, then pour it into a China-bowl, and add white wine, sugar, and nutmeg to your taste, serve it up hot, with buttered toast upon a plate.

*To make a sweet PANADA.*

CUT all the crust off a penny-loaf, slice the rest very thin, and put it into a sauce-pan with a pint of water, boil it till it is very soft and looks clear; then put in a glass of sack or Madeira wine, grate in a little nutmeg, and put in a lump of butter the size of a walnut, and sugar to your taste, beat it exceedingly fine, then put it into a deep soup-dish, and serve it up.—*N. B.* You may leave out the wine and sugar, and put in a little good cream and a little salt, if you like it better.

*To make CHOCOLATE.*

SCRAPE four ounces of chocolate, and pour a quart of boiling water upon it, mill it well with a chocolate-mill, and sweeten it to your taste, give it a boil and let it stand all night, then mill it again



again very well, boil it two minutes, then mill it till it will leave the froth upon the top of your cups.

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## C H A P. XV.

*Observations on WINES, CATCHUP, and VINEGAR.*

**W**INE is a very necessary thing in most families, and is often spoiled through mismanagement of putting together; for if you let it stand too long before you get it cold, and do not take great care to put your barn upon it in time, it summer-beams and blinks in the tub, so that it makes your wine fret in the cask, and will not let it fine; it is equally as great a fault to let it work too long in the tub, for that takes off all the sweetness and flavour of the fruit or flowers your wine is made from; so the only caution I can give is, to be careful in following the receipts, and to have your vessels dry; rinse them with brandy, and close them up as soon as your wine has done fermenting.

*To make LEMON-WINE to drink like CITRON-WATER.*

PARE five dozen of lemons very thin, put the peels into five quarts of French brandy, and let them stand fourteen days; then make the juice into a syrup with three pounds of single-refined sugar; when the peels are ready, boil fifteen gallons of water with forty pounds of single-refined sugar for half an hour, then put it into a tub; when

when cool add to it one spoonful of barm; let it work two days, then turn it and put in the brandy, peels, and syrup; stir them all together, and close up your cask; let it stand three months, then bottle it, and it will be pale, and as fine as any citron-water; it is more like a cordial than wine.

*To make LEMON-WINE a second way.*

TO one gallon of water put three pounds of powder-sugar, boil it a quarter of an hour, scum it well, then pour it on the rinds of four lemons pared very thin; make the juice into a thick syrup with half a pound of the above sugar; take a slice of bread toasted, and spread on it a spoonful of new barm; put it in the liquor when lukewarm, and let it work two days, then turn it into your cask, and let it stand three months, and then bottle it.

*To make ORANGE-WINE.*

TO ten gallons of water add twenty-four pounds of lump-sugar, beat the whites of six eggs very well, and mix them when the water is cold; then boil it an hour, skim it very well, take four dozen of the roughest and largest Seville oranges you can get, pare them very thin, put them into a tub, and put the liquor on boiling hot, and, when you think it is cold enough, add to it three or four spoonfuls of new yeast, with the juice of the oranges and half an ounce of cochineal beat fine, and boiled in a pint of water, stir it all together, and let it work four days; then put it in the casks, and in six weeks time bottle it for use.

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*To make ORANGE-WINE a second way.*

TO ten gallons of water add twenty-seven pounds of lump-sugar, boil it one hour, skim it all the time, then take the peels of five dozen of oranges pared very thin, put them into a tub; when you take the liquor off the fire pour it upon them, and when it is almost cold add to it three spoonfuls of good yeast and free from being bitter, with the juice of all your oranges; let it work two or three days, stir it twice a day, then put it into a barrel with one quart of mountain-wine, and four ounces of the syrup of citron; stir it well in the liquor; leave the barrel open till it has done working, then close it well up; let it stand six weeks, and bottle it.

*To make ORANGE-WINE a third way.*

TAKE six gallons of water, and fifteen pounds of powder-sugar, the whites of six eggs well beat, boil them all three quarters of an hour, and skim it well; when it is cold for working, take six spoonfuls of good yeast, and six ounces of the syrup of lemons, mix them well, and add it to the liquor with the juice and peel of fifteen oranges; let it work two days and one night, then turn it, and in three months bottle it.

*To make SMYRNA RAISIN-WINE*

TO one hundred of raisins put twenty gallons of water, let it stand fourteen days, then put it into your cask; when it has been in six months, add to it one gallon of French brandy, and when it is fine then bottle it.

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*To make ELDER RAISIN-WINE.*

TO every gallon of water put six pounds of Malaga raisins shred small, put them into a vessel, pour the water on them boiling hot, and let it stand nine days, stirring it twice every day; get the elder berries when full ripe, pick them off the stalks, put them into an earthen-pot, and set them in a moderate oven all night; then strain them through a coarse cloth, and to every gallon of liquor add one quart of this juice, stir it well together, then toast a slice of bread, and spread three spoonfuls of yeast on both sides, and put it in your wine, and let it work a day or two; then run it into your cask; fill it up as it works over; when it has done working close it up, and let it stand one year.

*To make RAISIN-WINE another way.*

BOIL ten gallons of spring-water one hour; when it is milk-warm, to every gallon add six pounds of Malaga raisins, clean picked, and half chopped, stir it up together twice a day for nine or ten days, then run it through a hair-sieve, and squeeze the raisins well with your hands, and put the liquor into your barrel; bung it close up, and let it stand three months, and then bottle it.

*To make GINGER-WINE.*

TAKE four gallons of spring-water and seven pounds of Lisbon wine, boil it a quarter of an hour, and keep skimming it well; when the liquor is cold, squeeze in the juice of two lemons; then boil the peel with two ounces of ginger in three pints of water one hour; when it is cold put it all together into a barrel, with two spoonfuls

fuls of yest, a quarter of an ounce of isinglass beat very thin, and two ounces of jar raisins, then close it up, and let it stand seven weeks, then bottle it; the best season to make it is the spring.

*To make PEARL GOOSEBERRY-WINE.*

TAKE as many of the best pearl gooseberries when ripe as you please, bruise them with a wooden pestle in a tub, and let them stand all night, then press and squeeze them through a hair-sieve, let the liquor stand seven or eight hours; then pour it clear from the sediments, and to every three pints of liquor add a pound of double-refined sugar, and stir it about till it is melted, then put to it five pints of water, and two pounds more of sugar, then dissolve half an ounce of isinglass in part of the liquor that has been boiled, put all in your cask, stop it well up for three months, then bottle it, and put in every bottle a lump of double-refined sugar.— This is excellent wine.

*To make GOOSEBERRY-WINE a second way.*

TO a gallon of water put three pounds of lump-sugar, boil it a quarter of an hour, and scum it very well, then let it stand till it is almost cold, and take four quarts of gooseberries when full ripe, bruise them in a marble-mortar, and put them in your vessel, then pour in the liquor, and let it stand two days, and stir it every four hours; steep half an ounce of isinglass in a pint of brandy two days, strain the wine through a flannel-bag into a cask, then beat the isinglass in a marble-mortar with five whites of eggs, then whisk them together half an hour, and put it in the wine and beat them all together,

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close up your cask and put clay over it, let it stand six months; then bottle it off for use: put in each bottle a lump of sugar and two raisins of the sun. This is a very rich wine, and when it has been kept in the bottles two or three years will drink like Champagne.

*To make BLACKBERRY-WINE.*

GATHER your berries when they are full ripe, take twelve quarts, and crush them with your hand, boil six gallons of water with twelve pounds of brown-sugar a quarter of an hour, scum it well, then pour it on the blackberries and let it stand all night, then strain it through a hair-sieve, put into your cask six pounds of Malaga raisins a little cut, then put the wine into the cask with one ounce of isinglass, which must be dissolved in a little cyder, stir it all up together, close it up, and let it stand six months, and then bottle it.

*To make RASPBERRY-WINE.*

GATHER your raspberries when full ripe and quite dry, crush them directly and mix them with sugar, it will preserve the flavour, which they would lose in two hours; to every quart of raspberries put a pound of fine powder sugar; when you have got the quantity you intend to make, to every quart of raspberries add two pounds more of sugar, and one gallon of cold water, stir it well together and let it ferment three days, stirring it five or six times a-day; then put it in your cask, and for every gallon put in two whole eggs; take care they are not broke in putting them in, close it well up, and let it stand three months, then bottle it.

N. B. If you gather the berries when the sun  
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is hot upon them, and be quick in making your wine, it will keep the virtue in the raspberries, and make the wine more pleasant.

*To make RED CURRANT-WINE.*

GATHER the currants when full ripe, strip them from the stems, and squeeze out the juice; to one gallon of the juice put two gallons of cold water and two spoonfuls of yeast and let it work two days; then strain it through a hair-sieve, at the same time put one ounce of isinglass to steep in cyder, and to every gallon of liquor add three pounds of loaf-sugar, stir it well together, put it in a good cask; to every ten gallons of wine put two quarts of brandy, mix them all exceedingly well in your cask, close it well up, let it stand four months, then bottle it.

*To make CURRANT-WINE another way.*

TAKE an equal quantity of red and white currants, bake them an hour in a moderate oven, then squeeze them through a coarse cloth; what water you intend to use have ready boiling, and to every gallon of water put in one quart of juice and three pounds of loaf-sugar, boil it a quarter of an hour, scum it well, then put it in a tub; when cool toast a slice of bread and spread on both sides two spoonfuls of yeast, and let it work three days, stir it three or four times a-day, then put it into a cask, and to every ten gallons of wine add a quart of French brandy, and the whites of ten eggs well beat, make the cask close up, and let it stand three months; then bottle it.—*N. B.* This is a pale wine, but it is a very good one for keeping, and drinks pleasant.

*To make SYCAMORE-WINE.*

TAKE two gallons of the sap and boil it half an hour, then add to it four pounds of fine powder-sugar, beat the whites of three eggs to a froth, and mix them with the liquor, (but if it be too hot it will poach the eggs,) scum it very well, and beat it half an hour, then strain it through a hair-sieve, and let it stand till next day, then pour it clean from the sediments, put half a pint of good yeast to every twelve gallons, cover it close up with blankets till it is white over, then put it into the barrel, and leave the bung-hole open till it has done working, then close it well up, let it stand three months, then bottle it; the fifth part of the sugar must be loaf, and if you like raisins, they are a great addition to the wine.—*N. B.* You may make birch-wine the same way.

*To make BIRCH-WINE a second way.*

BOIL twenty gallons of birch-water half an hour, then put in thirty pounds of bastard sugar, boil your liquor and sugar three quarters of an hour, and keep scumming it all the while; then put it into a tub, and let it stand till it is quite cold, add to it three pints of yeast, stir it three or four times a-day for four or five days, then put it into a cask, with two pounds of Malaga raisins, one pound of loaf-sugar, and half an ounce of isinglass, which must be dissolved in part of the liquor; then put to it one gallon of new ale that is ready for tunning, work it very well in the cask five or six days, then close it up, let it stand a year, and then bottle it off.

*To make WALNUT-WINE.*

TO every gallon of water put two pounds of brown sugar and one pound of honey, boil them half an hour, and take off the scum, put into the tub a handful of walnut leaves to every gallon, and pour the liquor upon them; let it stand all night, then take out the leaves, and put in half a pint of yeast, and let it work fourteen days, beat it four or five times a-day, which will take off the sweetness, then stop up the cask, and let it stand six months.—This is a good wine against consumptions, or any inward complaints.

*To make COWSLIP-WINE.*

TO two gallons of water add two pounds and a half of powder-sugar, boil it half an hour and take off the scum as it rises, then pour it into a tub to cool, with the rinds of two lemons; when it is cold, add four quarts of cowslip-flowers to the liquor, with the juice of two lemons; let it stand in the tub two days, stirring it every two or three hours, and then put it in the barrel, and let it stand three weeks or a month, then bottle it, and put a lump of sugar into every bottle.—*N. B.* It makes the best and strongest wine to have only the tops of the peeps.

*A second way to make COWSLIP-WINE.*

BOIL twelve gallons of water a quarter of an hour, then add two pounds and a half of loaf-sugar to every gallon of water, then boil it as long as the scum rises till it clears itself; when almost cold, pour it into a tub, with one spoonful of yeast; let it work one day, then put in  
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thirty-two quarts of cowslip flowers, and let it work two or three days, then put it all into a barrel, with the parings of twelve lemons, the same of oranges; make the juice of them into a thick syrup, with two or three pounds of loaf-sugar; when the wine has done working, add the syrup to it, then stop up your barrel very well, let it stand two or three months, and then bottle it.

*To make ELDER-FLOWER WINE.*

TAKE the flowers of elder, and be careful that you do not let any stalks in; to every quart of flowers put one gallon of water and three pounds of loaf-sugar, boil the water and sugar a quarter of an hour, then put it on the flowers, and let it work three days; then strain the wine through a hair-sieve, and put it into a cask; to every ten gallons of wine add one ounce of isinglass dissolved in cyder, and six whole eggs, close it up, let it stand six months, and then bottle it.

*To make BALM-WINE.*

TAKE nine gallons of water to forty pounds of sugar, boil it gently for two hours scum it well, then put it into a tub to cool; then take two pounds and a half of the tops of balm, bruise it, and put it into a barrel with a little new yeast, and when the liquor is cold pour it on the balm; stir it well together, and let it stand twenty-four hours, and keep stirring it often; then close it up, and let it stand six weeks, then rack it off, and put a lump of sugar into every bottle, cork it well, and it will be better the second year than the first.—*N. B.* Clary wine is made the same way.

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*To make IMPERIAL WATER.*

PUT two ounces of cream of tartar into a large jar, with the juice and peels of two lemons, pour on them seven quarts of boiling-water; when it is cold, clear it through a gauze-sieve, sweeten it to your taste, and bottle it.—It will be fit to use the next day.

*To cure acid RAISIN-WINE.*

THE following ingredients must be proportioned to the degrees of acidity or sourness; if but small, you must use less, if a stronger acid, a larger quantity; it must be proportioned to the quantity of wine, as well as the degree of acidity or sourness; be sure that the cask be near full before you apply the ingredients, which will have this good effect—the acid part of the wine will rise to the top immediately, and issue out at the bung-hole; but, if the cask be not full, the part that should fly off will continue in the cask, and weaken the body of the wine; but, if your cask be full, it will be ready to have a body laid on it in three or four days time.—I shall here proportion the ingredients for a pipe, supposing it to be quite acid, that is, just recoverable. Take two gallons of skimmed milk, and two ounces of isinglass, boil them a quarter of an hour, strain the liquor, and let it stand until it is cold; then break it well with your whisk, add to it two pounds of alabaster, and three pounds of whiting, stir them well up together, then put in one ounce of salt of tartar, mix by degrees a little of the wine with it, so as to dissolve it to a thin liquor, put these in your cask, and stir it well with a paddle, and it will immediately discharge the acid  
part

part from it as before-mentioned ; when it has done fermenting, bung it up for three days, then rack it off, and you will find part of its body gone off by the strong fermentation ; to remedy this, you must lay a fresh body on, in proportion to the degree to which it hath been lowered by the above method, always having a special care not to alter its flavour, and this must be done with clarified sugar, for no fluid will agree with it but what will make it thinner, or confer its own taste, therefore the following is the best method for performing it :—to lay a fresh body on wine, take three quarters of an hundred of brown sugar, and put it into your copper, then put in a gallon of lime-water to keep it from burning, stir it all the while till it boils, then mash three eggs and shells all together, add them to the sugar, and keep it stirring about, and as the scum or filth arises take it off very clean ; then put it in your can, and let it stand till it is cold before you use it, then break it with your whisk by degrees, with about ten gallons of the wine, and apply it to the pipe ; work it with the paddle an hour, then put a quart of stum-forcing to it, which will unite their bodies, and make it fine and bright.

*To make STUM.*

TAKE a five gallon cask that has been well soaked in water, set it to drain, then take a pound of roll brimstone and melt it in a ladle, put as many rags to it as will soak up the melted brimstone, burn all those rags in the cask, cover the bung-hole, but let it have a little air, so that it will keep burning ; when it is burned out, put to it three gallons of the strongest cyder, and one ounce of common alum pounded, mix it with  
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the cyder in the cask, and roll it about five or six times a-day for ten days; then take out the bung, and hang the remainder of the rags on a wire in the cask, as near the cyder as possible, and set them on fire as before; when it is burnt out, bung the cask close, and roll it well about three or four times a-day for two days, then let it stand seven or eight days, and this liquor will be so strong as to affect your eyes by looking at it. When you force a pipe of wine, take a quart of this liquor, beat half an ounce of isinglass, and pull it in small pieces, whisk it together, and it will dissolve in four or five hours, break the jelly with your whisk, add a pound of alabaster to it, and dissolve it in a little of the wine, then put it in the pipe and bung it close up, and in a day's time it will be fine and bright.

*To refine MALT LIQUOR.*

TO cure a hogthead of sour ale:—Take two ounces of isinglass, dissolve it in two quarts of new ale, and set it all night by the fire, then take two pounds of coarse brown sugar, and boil it in a quart of new wort a quarter of an hour, then put it into a pail, with two gallons of new ale out of the kear, whisk the above ingredients very well for an hour or more till it be all of a white froth, beat very fine one pound of plaister of Paris, and put it into the cask with the fermentation, and whisk it very well for half an hour in your cask with a strong wand, until you have brought all the filth and sediments from the bottom of your cask, and it will look white; if your cask be not full, fill it up with new ale, and the fermentation will have this good effect—the acid part of the ale will rise to the top immediately, and issue

out at the bung-hole; but, if the cask be not full, the part that should fly out will continue in and weaken the body of the ale; be sure you do not fail filling up your cask four or five times a-day until it has done working, and all the sourness or white muddy part is gone; and, when it begins to look like new tunned ale, put in a large handful of spent hops, close it up, and let it stand six weeks; if it be not fine and cream like bottled ale, let it stand a month longer, and it will drink brisk like bottled ale: this is an excellent method, and I have used it to ale that has been both white and sour, and never found it to fail. If you have any malt that you suspect is not good, save out two gallons of wort, and a few hours before you want it add to it half a pint of barm, and when you have tunned your drink into the barrel, and it hath quite done working, make the above fermentation; and when you have put it into the barrel whisk it very well for half an hour, and it will set your ale on working afresh, and, when the two gallons are worked quite over, keep filling up your barrel with it four or five times a-day, and let it work four or five days; when it has done working close it up: if the malt has got any bad smack or taste, or be of a fluid nature, this will take it off.

*To make SACK MEAD.*

TO every gallon of water add four pounds of honey, boil it three quarters of an hour, and scum it as before: to each gallon add half an ounce of hops, then boil it half an hour, and let it stand till the next day, then put it in your cask, and to thirteen gallons of the above liquor add a quart of brandy or sack, let it be lightly closed  
till

till the fermentation is quite done, then make it up very close; if it be a large cask let it stand a year before you bottle it.

*To make COWSLIP MEAD.*

TO fifteen gallons of water put thirty pounds of honey, boil it till one gallon is wasted, scum it, then take it off the fire, have ready sixteen lemons cut in halves, take a gallon of the liquor and put it to the lemons, put the rest of the liquor into a tub with seven pecks of cowslips, and let them stand all night, then put it in the liquor with the lemons, eight spoonfuls of new yeast, and a handful of sweetbrier, stir them all well together, and let it work three or four days, then strain it, and put it in your cask, and in six months time you may bottle it.

*To make WALNUT MEAD.*

TO every gallon of water put three pounds and a half of honey, boil them together three quarters of an hour; to every gallon of liquor put about two dozen of walnut-leaves, pour your liquor boiling hot upon them, let them stand all night, then take the leaves out and put in a spoonful of yeast, and let it work two or three days; then make it up, let it stand three months, and then bottle it.

*To make OZYAT.*

BLANCH a pound of sweet almonds, and the same of bitter, beat them very fine, with six spoonfuls of orange-flower water, take three ounces of the four cold seeds, if you beat the almonds; but, if you do not beat them, you must take six ounces of the four cold seeds; then, with



two quarts of spring-water, rub your pounded seeds and almonds six times through a napkin, then add four pounds of treble-refined sugar, boil it to a thin syrup, skim it well, and, when it is cold, bottle it.

*To make OZYAT a second way.*

BOIL two quarts of milk with a stick of cinnamon in it, let it stand to be quite cold; then blanch two ounces of the best sweet almonds and about ten or twelve bitter almonds, pound them together in a marble mortar with a little rose-water, then mix them well with the milk, sweeten it to your taste, and give it one boil; strain it through a very fine sieve till it is quite smooth and free from almonds. Send it up in ozyat glasses with handles, and quite cold; take great care you do not boil it too much, and that the almonds do not turn to oil.

*LEMONADE for the same use.*

TO one quart of boiled water add the juice of six lemons, rub the rinds of the lemons with loaf-sugar to your own taste; when the water is near cold mix the juice and sugar with it, then bottle it for use.

*To make LEMONADE a second way.*

PARE six or eight large lemons, put the peels into a pint of water, give them a boil; when cold squeeze your lemons into it, and put in one pound of sugar, then strain it through a lawn-sieve to as much water as will make it pleasant; just before you send it up put in a pint of white wine, and the juice of an orange if you like it.

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*To make LEMONADE a third way.*

TAKE the rinds of six lemons pared very thin, and put them in a pan, with about twelve ounces of sugar, and a quart of pump-water made not too hot; let it stand all night, then squeeze the juice of your lemons into it, with one spoonful of orange-flower water, and run it through a bag till it looks clear.

*To make a rich ACID for PUNCH.*

TAKE red currants, and strain them as you do for jellies, take a gallon of the juice, put to it two quarts of new milk, crush pearl goose-berries when full ripe, and strain them through a coarse cloth, add two quarts of the juice, and three pounds of double-refined sugar, three quarts of rum and two of brandy, one ounce of isinglass dissolved in part of the liquor, mix it all up together, and put it into a little cask; let it stand six weeks, and then bottle it for use. It will keep many years, and save much fruit.

*To make ORANGE JUICE to keep.*

SQUEEZE your oranges into a pan, then strain them through a very coarse sieve, after that through a very fine sieve; measure your juice, and to every pint put a pound of fine loaf-sugar, let it stand together all night covered over, then take off the scum, stir it well in the pan, and put it in dry pint bottles; put in a spoonful of brandy; after they are filled tie it over the cork with leather; if you do not choose to put spirits in, a little oil will do, to be taken off clean before you use it; keep it in a dry place, and it will

will be good for two years. The pulp that will be in your fine sieve will make marmalade.

*To make SHRUB.*

TAKE a gallon of new milk, put to it two quarts of red wine, pare six lemons and four Seville oranges very thin, put in the rinds and the juice of twelve of each sort, two gallons of rum and one of brandy, let it stand twenty four hours, add to it two pounds of double refined sugar, and stir it well together, then put it in a jug, cover it close up, and let it stand a fortnight, then run it through a jelly-bag, and bottle it for use.

*To make SHERBET.*

TAKE nine Seville oranges and three lemons, grate off the yellow rinds, and put the raspings into a gallon of water, and three pounds of double-refined sugar, and boil it to a candy-height; then take it off the fire, and put in the juice the pulp of the above, and keep stirring it until it is almost cold, then put it into a pot for use.

*To make fine SHERBET a second way.*

PARE four large lemons, and boil the peels in six quarts of water and a little ginger cut fine, boil them a quarter of an hour, then add to it three pounds of sugar, and when it is cold put in the juice of the lemons and strain it, and it is fit for use.

*To make SHERBET a third way.*

TAKE twelve-quarts of water and six pounds of Malaga raisins, slice six lemons into it, with one pound of powder sugar, put them altogether into



into an earthen-pan, let it stand three days, stirring it three times a day, then take them out, and let them drain in a flannel bag; then bottle it; do not fill the bottles too full, lest they burst. It will be fit to drink in about a fortnight.

*To make RASPBERRY-BRANDY.*

GATHER the raspberries when the sun is hot upon them, and as soon as ever you have got them, to every five quarts of raspberries put one quart of the best brandy, boil a quart of water five minutes with a pound of double-refined sugar in it, and pour it boiling hot on the berries; let it stand all night; then add nine quarts more of brandy, stir it about very well, put it in a stone bottle, and let it stand a month or six weeks; when fine, bottle it.

*To make BLACK CHERRY-BRANDY.*

TAKE out the stones of eight pounds of black cherries, and put on them a gallon of the best brandy, bruise the stones in a mortar, then put them in your brandy, cover them up close, and let them stand a month or six weeks, then pour it clear from the sediment, and bottle it.

*To make ORANGE-BRANDY.*

PAKE eight oranges very thin, and steep the peels in a quart of brandy forty-eight hours in a close pitcher, then take three pints of water and three quarters of a pound of loaf-sugar, boil it until it is reduced to half the quantity, then let it stand till it is cold, then mix it with the brandy; let it stand fourteen days and then bottle it.

*To make ALMOND-SHRUB.*

TAKE three gallons of rum or brandy, three quarts of orange-juice, the peels of three lemons, three pounds of loaf-sugar; then take four ounces of bitter almonds, blanch and beat them fine, mix them in a pint of milk, then mix them all well together, let it stand an hour to curdle, run it through a flannel bag several times till it is clear, then bottle it for use.

*To make CURRANT-SHRUB.*

PICK your currants clean from the stalks when they are full ripe, and put twenty-four pounds into a pitcher, with two pounds of single-refined sugar, close the jug well up, and put it into a pan of boiling water till they are soft; then strain them through a jelly bag, and to every quart of juice put one quart of brandy, a pint of red wine, one quart of new milk, a pound of double-refined sugar, and the whites of two eggs well beat, mix them all together, and cover them close up two days, then run it through a jelly-bag, and bottle it for use.

*To make WALNUT-CATCHUP.*

TAKE green walnuts before the shell is formed, and grind them in a crab-mill, or pound them in a marble-mortar, squeeze out the juice through a coarse cloth, put to every gallon of juice one pound of anchovies, one pound of bay-salt, four ounces of Jamaica pepper, two of long, and two of black pepper—of mace, cloves, and ginger, each one ounce, and a stick of horse-radish; boil all together till reduced to half the quantity;  
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put it in a pot, and when cold bottle it; it will be ready in three months.

*To make WALNUT-CATCHUP another way.*

PUT your walnuts in jars, cover them with cold strong ale alegar, tie them close for twelve months, then take the walnuts out from the alegar, and put to every gallon of the liquor two heads of garlic, half a pound of anchovies, one quart of red wine, one ounce of mace, one of cloves, one of long, one of black, and one of Jamaica pepper, with one of ginger, boil them all in the liquor till it is reduced to half the quantity, the next day bottle it for use; it is good in fish-sauce or stewed beef. In my opinion it is an excellent catchup, for the longer it is kept the better it is. I have kept it five years, and it was much better than when first made.—*N. B.* You may find how to pickle the walnuts you have taken out, amongst the other pickles.

*To make MUM-CATCHUP.*

TO a quart of old mum put four ounces of anchovies, of mace and nutmeg sliced one ounce, of cloves and black pepper half an ounce, boil it till it is reduced to one third; when cold bottle it for use.

*To make a CATCHUP to keep seven years.*

TAKE two quarts of the oldest strong beer you can get, put to it one quart of red wine, three quarters of a pound of anchovies, three ounces of shalots peeled, half an ounce of mace, the same of nutmegs; a quarter of an ounce of cloves, three large races of ginger cut in slices, boil all together over a moderate fire till one third is

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wasted, the next day bottle it for use ; it will carry to the East Indies.

*To make MUSHROOM-CATCHUP.*

TAKE the full-grown flaps of mushrooms, crush them with your hands, throw a handful of salt into every peck of mushrooms, and let them stand all night; then put them into stew-pans, and set them in a quick oven for twelve hours, and strain them through a hair-sieve; to every gallon of liquor put of cloves, Jamaica, black pepper, and ginger, one ounce of each, and half a pound of common salt, set it on a slow fire and let it boil till half the liquor is wasted away; then put it in a clean pot: when cold bottle it for use.

*To make MUSHROOM-POWDER.*

TAKE the thickest large buttons you can get, peel them, cut off the rotten end, put do not wash them, spread them separately on pewter-dishes, and set them in a slow oven to dry; let the liquor dry up in the mushrooms (it makes the powder stronger) and let them continue in the oven till you find they will powder, then beat them in a marble-mortar, and sift them through a fine sieve, with a little Chyan pepper and pounded mace; bottle it, and keep it in a dry closet.

*To make TARRAGON VINEGAR.*

TAKE tarragon just as it is going into bloom, strip off the leaves, and to every pound of leaves put a gallon of strong white wine vinegar into a stone jug to ferment for a fortnight, then run it through a flannel bag; to every four gallons of vinegar put half an ounce of isinglass dissolved in cyder, mix it well with vinegar, then put it into  
large

large bottles, and let it stand one month to fine, then rack it off, and put it into pint bottles for use.

*To make ELDER FLOWER VINEGAR.*

TO every peck of the peeps of elder-flowers put two gallons of strong ale aleger, and set it in the sun in a stone jug for a fortnight, then filter it through a flannel bag; when you bottle it, put it in small bottles, it keeps the flavour much better than large ones.—Be careful you do not drop any stalks among the peeps.—It makes a pretty mixture on a side-table, with tarragon vinegar, lemon-pickle, &c.

*To make GOOSEBERRY VINEGAR.*

TAKE the ripest gooseberries you can get, crush them with your hands in a tub, to every peck of gooseberries put two gallons of water, mix them well together, and let them work for three weeks, stir them up three or four times a day, then strain the liquor through a hair-sieve, and put to every gallon a pound of brown-sugar, a pound of treacle, a spoonful of fresh barm, and let it work three or four days in the same tub well washed, run it into iron-hooped barrels, and let it stand twelve months, then draw it into bottles for use.—This far exceeds any white wine vinegar.

*To make SUGAR VINEGAR.*

PUT nine pounds of brown sugar to every six gallons of water, boil it for a quarter of an hour, then put it into a tub luke-warm, put to it a pint of new barm, let it work for four or five days, stir it up three or four times a day, then tun it

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into a clean barrel iron-hooped, and set it full in the sun; if you make it in February it will be fit for use in August; you may use it for most sorts of pickles, except mushrooms and walnuts.

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## C H A P. XVI.

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### *Observations on PICKLING.*

**P**ICKLING is a very useful thing in a family, but it is often ill-managed, or at least made to please the eye by pernicious things, which is the only thing that ought to be avoided, for nothing is more common than to green pickles in a brass pan for the sake of having them a good green, when at the same time they will green as well by heating the liquor, and keeping them in a proper heat upon the hearth, without the help of brass, or verdigris of any kind, for it is poison to a great degree, and nothing ought to be avoided more than using brass or copper that is not well tinned; but the best way, and the only caution I can give, is to be very particular in keeping the pickles from any thing of that kind, and follow strictly the direction of your receipts, as you will find receipts for any kind of pickles, without being put in salt and water at all, and greened only by pouring your vinegar hot upon them, and it will keep them a long time.



*To pickle CUCUMBERS.*

TAKE the smallest cucumbers you can get, and as free from spots as possible, put them into a strong salt and water for nine or ten days, or till they are quite yellow, and stir them twice a-day at least, or they will scum over and grow soft; when they are thoroughly yellow, pour the water from them, and cover them with plenty of vine-leaves set your water over the fire, when it boils pour it upon them, and set them on the hearth to keep warm; when the water grows cool, make it boiling hot again, and pour it upon them, keep doing so till you see they are a fine green, which will be in four or five times; be sure you keep them well covered with vine-leaves, a cloth and dish over the top to keep in the steam, it helps to green them sooner; when they are greened, put them into a hair-sieve to drain, then make a pickle for them—to every two quarts of white wine vinegar put half an ounce of mace, and ten or twelve cloves, one ounce of ginger cut in slices, the same of black pepper, and a handful of salt, boil them all together five minutes, then pour it hot upon your pickles, and tie them down with a bladder for use.—*N. B.* You may pickle them with ale-alegar, or distilled vinegar; if you use vinegar, it must not be boiled; you may add three or four cloves of garlic or shalots, they are very good for keeping the pickle from caning.

*To pickle CUCUMBERS a second way.*

GATHER your cucumbers on a dry day, and put them into a narrow topped pitcher, put to them a head of garlic, a few white mustard seeds, and a few blades of mace, half an ounce of black pepper,

pepper, the same of long pepper and ginger, and a good handful of salt into your vinegar; pour it upon your cucumbers boiling hot, set them by the fire and keep them warm for three days, and boil your alegar once every day; keep them close covered till they are a good green, and then tie them down with a leather, and keep them for use.

*To pickle CUCUMBERS in slices.*

GET your cucumbers large before the seeds are ripe, slice them a quarter of an inch thick, then lay them on a hair-sieve, and betwixt every lay put a shalot or two, throw on a little salt, let them stand four or five hours to drain, then put them in a stone-jar, take as much strong ale-alegar as will cover them, boil it five minutes, with a blade or two of mace, a few white peppercorns, a little ginger sliced, and some horse-radish scraped, then pour it boiling hot upon your cucumbers, let them stand till they are cold, do so for three times more; let it grow cold betwixt every time; then tie them down with a bladder for use.

*To pickle MANGOES.*

TAKE the largest cucumbers you can get, before they are too ripe or yellow at the ends, then cut a piece out of the side, and take out the seed with an apple-scraper, or a tea-spoon, and put them into a very strong salt and water for eight or nine days, or till they are very yellow, stir them well two or three times each day, then put them into a brass-pan, with a large quantity of vine-leaves both under and over them, beat a little roach-alum very fine, and put it in the salt  
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and water that they came out of, pour it upon your cucumbers, and set it upon a very slow fire for four or five hours, till they are a pretty green; then take them out, and drain them on a hair-sieve; when they are cold, put to them a little horse-radish, then mustard-seed, two or three heads of garlic, a few pepper-corns, slice a few green cucumbers in small pieces, then horse-radish, and the same as before-mentioned till you have filled them, then take the piece you cut out, and sew it on with a large needle and thread, and do all the rest the same way, have ready your pickle; to every gallon of alegar put one ounce of mace, the same of cloves, two ounces of ginger sliced, the same of long pepper, black pepper, Jamaica pepper, three ounces of mustard-seed tied up in a bag, four ounces of garlic, and a stick of horse-radish cut in slices, boil them five minutes in the alegar, then pour it upon your pickles, tie them down and keep them for use.

*To pickle* CODLINGS.

GET your codlings when they are the size of a large French walnut, put a good deal of vine-leaves in the bottom of a brass-pan, then put in your codlings, cover them very well with vine-leaves, and set them over a very slow fire till you can peel the skins off, then take them carefully up in a hair-sieve, and peel them with a penknife, and put them into the same pan again with the vine-leaves and water as before, cover them close, and set them over a slow fire till they are a fine green, then drain them through a hair-sieve, and when they are cold cut them into distilled vinegar, pour a little meat oil on the top, and tie them down with a bladder.



*To pickle KIDNEY-BEANS.*

GET your beans when they are young and small, then put them into a strong salt and water for three days, stir them up two or three times each day, then put them into a brass-pan with vine-leaves both under and over them, pour on the same water as they come out of, cover them close, and set them over a very slow fire till they are a fine green; then put them into a hair-sieve to drain, and make a pickle for them of white-wine vinegar, or fine ale alegar, boil it five or six minutes, with a little more Jamaica pepper, long pepper, and a race or two of ginger sliced, then pour it hot upon the kidney-beans, and tie them down with a bladder.

*To preserve SAMPHIRE.*

WASH your samphire very well in four small-beer, then put it into a large brass-pan, dissolve a little bay-salt, and twice the quantity of common salt in four beer, then fill up your pan with it, cover it close, and set it over a slow fire till it is a fine green, then drain it through a sieve, and put it into jars, boil as much sugar vinegar or white wine vinegar, with a race or two of ginger, and a few pepper-corns, as will cover it; then pour it hot upon your samphire, and tie it well down.

*To pickle WALNUTS black.*

GATHER your walnuts when the sun is hot upon them, and before the shell is hard, which you may know by running a pin into them, then put them into a strong salt and water for nine days, and stir them twice a day, and change the salt  
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and water every three days, then put them in a hair-sieve, and let them stand in the air till they turn black; then put them into strong stone jars, and pour boiling alegar over them, cover them up, and let them stand till they are cold, then boil the alegar three times more, and let it stand till it is cold betwixt every time; tie them down with paper and a bladder over them, and let them stand two months, then take them out of the alegar, and make a pickle for them; to every two quarts of alegar put half an ounce of mace, the same of cloves, one ounce of black pepper, the same of Jamaica pepper, ginger, and long pepper, and two ounces of common salt, boil it ten minutes, and pour it hot upon your walnuts, and tie them down with a bladder and paper over it.

*A second way to pickle WALNUTS black.*

WHEN you have got your walnuts as before, put them into a strong cold alegar, with a good deal of salt in it, let them stand three months, then pour off the alegar, and boil it with a little more salt in it, then pour it upon your walnuts, and let them stand till they are cold; make it hot again and pour it upon your walnuts, and do so till they are black, then put them into a hair-sieve, and make a pickle for them the same way as above: keep them in strong stone jars, and they will be fit for use in a month or six weeks time.

*To pickle WALNUTS an olive colour.*

GATHER your walnuts, and put them in a strong-ale alegar, and tie them down with a bladder and a paper over it, to keep out the air, and

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let them stand twelve months, then take them out of that alegar, and make a pickle for them of strong alegar, and to every quart put half an ounce of Jamaica pepper, the same of long pepper, a quarter of an ounce of mace, the same of cloves, one head of garlic, and a little salt, boil them all together five or six minutes, then pour it upon your walnuts: when it is cold heat it again three times, then tie them down with a bladder and paper over it; they will keep several years, without either turning colour or growing soft, if your alegar be good.—*N. B.* You may make exceeding good catchup of the alegar that comes from the walnuts by adding a pound of anchovies, one ounce of cloves, the same of long and black pepper, one head of garlic, and half a pound of common salt to every gallon of alegar, boil it till it is half reduced away, and scum it very well, then bottle it for use, and it will keep a long time.

*To pickle WALNUTS.*

TAKE the largest French walnuts, pare them till you can see the white appear, but take great care you do not cut it too deep, it will make them full of holes, put them into salt and water as you pare them, or they will turn black; when you have pared them all, have ready a saucepan well tinned, full of boiling water, with a little salt; then put in your walnuts, and let them boil five minutes very quick, then take them out, and spread them betwixt two clean cloths; when they are cold, put them into wide-mouthed bottles, and fill them up with distilled vinegar, and put a blade or two of mace, and a large tea-spoonful of  
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eating oil into every bottle; the next day cork them well, and keep them in a dry place.

*To pickle WALNUTS green.*

TAKE the large double or French walnuts, before the shells are hard, wrap them singly in vine-leaves, put a few vine-leaves in the bottom of your jar, fill it near full with your walnuts, take care that they do not touch one another, put a good many leaves over them, then fill your jar with good alegar, cover them close, that the air cannot get in, let them stand for three weeks, then pour the alegar from them, put fresh leaves in the bottom of another jar, take out your walnuts, and wrap them separately in fresh leaves as quick as possibly you can, put them into your jar with a good many leaves over them, then fill it with white-wine vinegar, let them stand three weeks, pour off your vinegar, and wrap them as before, with fresh leaves at the bottom and top of your jar; take fresh white-wine vinegar, put salt in it till it will bear an egg, add to it mace, cloves, nutmeg, and garlic if you choose it, boil it about eight minutes, then pour it on your walnuts, tie them close with paper and a bladder, and set them by for use.—Be sure to keep them always covered; when you take any out for use, what is left must not be put in again, but have ready a fresh jar, with boiled vinegar and salt, and put them in.

*To pickle BARBERRIES.*

GET your barberries before they are too ripe, pick out the leaves and dead stalks, then put them into jars, with a large quantity of strong salt and water, and tie them down with a blad-

der.—*N. B.* When you see your barberries scum over, put them in fresh salt and water; they need no vinegar, their own sharpness is sufficient enough to keep them.

*To pickle PARSLEY green.*

TAKE a large quantity of curled parsley, make a strong salt and water to bear an egg, put in your parsley, let it stand a week, then take it out to drain, make a fresh salt and water as before, let it stand another week, then drain it very well, put it in spring water, and change it every day for three days, and scald it in hard water till it becomes green; take it out, and drain it quite dry, boil a quart of distilled vinegar a few minutes, with two or three blades of mace, a nutmeg sliced, and a shalot or two; when it is quite cold pour it on your parsley, with two or three slices of horse-radish, and keep it for use.

*To pickle NASTURTIUM-BERRIES.*

GATHER the nasturtium-berries soon after the blossoms are gone off, put them in cold salt and water, change the water once a-day for three days, make your pickle of white-wine vinegar, mace, nutmeg sliced, pepper-corns, salt, shalots, and horse-raddish; it requires to be made pretty strong, as your pickle is not to be boiled; when you have drained them, put them into a jar, and pour the pickle over them.

*To pickle RADISH-PODS.*

GATHER your radish-pods when they are quite young, and put them in salt and water all night, then boil the salt and water they were laid in, and pour it upon your pods, and cover your  
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jars close to keep in the steam; when it grows cold make it boiling hot, and pour it on again; keep doing so till your pods are quite green, then put them on a sieve to drain, and make a pickle for them of white-wine vinegar, with a little mace, ginger, long-pepper, and horse-radish; pour it boiling hot upon your pods, when it is almost cold, make your vinegar twice hot as before, and pour it upon them, and tie them down with a bladder.

*To pickle ELDER-SHOOTS.*

GATHER your elder-shoots when they are the thickness of a pipe-shank, put them into salt and water all night, then put them into stone jars in layers, and betwixt every layer strew a little mustard-seed and scraped horse-radish, a few shalots, a little white beet-root, and cauliflowers cut in small pieces; then pour boiling aleger upon it, and scald it three times, and it will be like piccalillo, or Indian pickle; tie a leather over it, and keep it in a dry place.

*To pickle ELDER-BUDS.*

GET your elder-buds when they are the size of hop-buds, and put them into a strong salt and water for nine days, and stir them two or three times a-day; then put them into a brass pan, cover them with vine-leaves, and pour the water on them that they came out of, and set them over a slow fire till they are quite green; then make a pickle for them of aleger, a little mace, a few shalots, and some ginger sliced, boil them two or three minutes, and pour it upon your buds; tie them down, and keep them in a dry place for use.



*To pickle BEET-ROOTS.*

TAKE red beet-roots and boil them till they are tender, then take the skins off, and cut them in slices, and gimp them in the shape of wheels, flowers, or what form you please, and put them into a jar; then take as much vinegar as you think will cover them, and boil it with a little mace, a race of ginger sliced, and a few slices of horse-radish, pour it hot upon your roots, and tie them down.—They are a very pretty garnish for made dishes.

*To pickle CAULIFLOWERS.*

TAKE the closest and whitest cauliflowers you can get, and pull them in bunches, and spread them on an earthen-dish, and lay salt all over them let them stand for three days to bring out all the water; then put them in earthen jars, and pour boiling salt and water upon them, and let them stand all night, then drain them on a hair-sieve, and put them into glass jars, and fill up your jars with distilled vinegar, and tie them close down with leather.

*A second way to pickle CAULIFLOWERS.*

PULL your cauliflowers in bunches as before, and give them just a scald in salt and water, spread them on a cloth, and sprinkle a little salt over them, and throw another cloth upon them till they are drained; then lay them on sieves, and dry them in the sun till they are quite dry like scraps of leather, put them into jars about half full, and pour hot vinegar (with spice boiled in it to your taste) upon them; tie them down  
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with a bladder and a leather quite close.—  
*N. B.* White cabbage is done the same way.

*To pickle RED CABBAGE.*

GET the finest and closest red cabbage you can, and cut it as thin as possible, then take some cold ale alegar, and put to it two or three blades of mace, a few white pepper-corns, and make it pretty thick with salt, put your cabbage into the alegar as you cut it; tie it close down with a bladder, and a paper over it, and it will be fit for use in a day or two.

*To pickle RED CABBAGE a second way.*

CUT the cabbage as before, and throw some salt upon it, and let it lie two or three days, till it grows a fine purple, then drain it from the salt, and put it into a pan with beer alegar and spice to your liking, and give it a scald; when it is cold, put it into your jars, and tie it close up.

*To pickle GRAPES.*

GET your grapes when they are pretty large, but not too ripe, then put a layer in a stone-jar, then a layer of vine-leaves, then grapes and vine-leaves as before, till your jar is full; then take two quarts of water, half a pound of bay salt, the same of common salt, boil it half an hour, skim it well, and take it off to settle; when it is milk-warm pour the clean liquor upon the grapes, and lay a good deal of vine-leaves upon the top, and cover it close up with a cloth, and set it upon the hearth for two days, then take your grapes out of the jar, and lay them upon a cloth to drain, and cover them with a flannel till they are quite dry: then lay them in flat-bot-  
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tomed stone-jars, in layers, and put fresh vine-leaves betwixt every layer, and a large handful on the top of the grapes; then boil a quart of hard water and one pound of loaf-sugar a quarter of an hour, skim it well, and put to it three blades of mace, a large nutmeg sliced, and two quarts of white-wine vinegar, give them all a boil together; then take it off, and when it is quite cold pour it upon your grapes, and cover them very well with it; put a bladder upon the top, and tie a leather over it, and keep them in a dry place for use.—*N. B.* You may pickle them in cold distilled vinegar.

*To pickle young ARTICHOKES.*

GET your artichokes as soon as they are formed, and boil them in a strong salt and water for two or three minutes, and lay them upon a hair-sieve to drain; when they are cold put them into narrow-topped jars, then take as much white-white vinegar as will cover your artichokes, boil with it a blade or two of mace, a few slices of ginger, and a nutmeg cut thin, pour it on hot, and tie them down.

*To pickle MUSHROOMS.*

GATHER the smallest mushrooms you can get, and put them into spring-water, then rub them with a piece of new flannel dipped in salt, and throw them into cold spring-water as you do them to keep their colour, then put them into a well-tinned saucepan, and throw a handful of salt over them, cover them close, and set them over the fire four or five minutes, or till you see they are thoroughly hot, and the liquor is drawn out of them, then lay them between two clean cloths till



till they are cold, then put them into glass bottles, and fill them up with distilled vinegar, and put a blade or two of mace and a tea-spoonful of eating oil in every bottle, cork them close up, and set them in a cool place.—*N. B.* If you have not any distilled vinegar, you may use white-wine vinegar, or ale alegar will do, but it must be boiled with a little mace, salt, and a few slices of ginger; it must be cold before you pour it on your mushrooms; if your vinegar or alegar be too sharp, it will soften your mushrooms, neither will they keep so long, nor be so white.

*To pickle MUSHROOMS brown.*

TAKE a quart of large mushroom-buttons, wash them in alegar with a flannel, take three anchovies and chop them small, a few blades of mace, a little pepper and ginger, a spoonful of salt, and three cloves of shalots, put them into a saucepan, with as much alegar as will half cover them, set them on the fire, and let them stew till they shrink pretty much; when cold, put them in small bottles, with the alegar poured upon them, cork and tie them up close.

*N. B.* This pickle will make a great addition in brown sauce.

*To pickle ONIONS.*

PEEL the smallest onions you can get, and put them into salt and water for nine days, and change the water every day, then put them into jars, and pour fresh boiling salt and water over them, let them stand close covered until they are cold; then make some more salt and water, and pour it boiling hot upon them, and when it is cold put your onions into a hair-sieve to

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drain, then put them into wide-mouthed bottles, and fill them up with distilled vinegar, and put into every bottle a slice or two of ginger, one blade of mace, and a large tea-spoonful of eating oil; it will keep the onions white; then cork them well up.—*N. B.* If you like the taste of a bay-leaf, put one or two into every bottle, and as much bay-salt as will lie on a six-pence.

*To make INDIAN-PICKLE, or PICCALILLO.*

GET a white cabbage, one cauliflower, a few small cucumbers, radish-pods, kidney-beans, and a little beet-root, or any other thing you commonly pickle; then put them on a hair-sieve, and throw a large handful of salt over them, and set them in the sun-shine, or before the fire, for three days to dry: when all the water is run out of them, put them into a large earthen-pot in layers, and betwixt every layer put a handful of brown mustard-seed; then take as much ale ale-gar as you think will cover it, and to every four quarts of ale-gar put an ounce of turmeric, boil them together, and pour it hot upon your pickle, and let it stand twelve days upon the hearth, or till the pickles are all of a bright yellow colour, and most of the ale-gar sucked up; then take two quarts of strong-ale ale-gar, one ounce of mace, the same of white pepper, a quarter of an ounce of cloves, the same of long pepper and nutmeg; beat them all together, and boil them ten minutes in your ale-gar, then pour it upon your pickles with four ounces of garlic peeled; tie it close down, and keep it for use.—*N. B.* You may put in fresh pickles, as the thing comes in season, and keep them covered with vinegar.

*A pickle*

*A pickle in imitation of INDIAN BAMBOE.*

TAKE the young shoots of elder, about the beginning or middle of May, take the middle of the stalk, the top is not worth doing, peel off the out-rind, and lay them in a strong brine of salt and beer one night, dry them in a cloth fingle, in the mean time make a pickle of half gooseberry vinegar and half ale alegar; to every quart of pickle put one ounce of long pepper, one ounce of sliced ginger, a few corns of Jamaica pepper, a little mace, boil it, and pour it upon the shoots, and stop the jar close up, and set it by the fire twenty-four hours, stirring it very often.

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## C H A P. XVII.

*Observations on keeping GARDEN-STUFF and FRUIT.*

THE art of keeping garden-stuff is to keep it, in dry places, for damp will not only make them mould, and give again, but take off the flavour, so it will likewise spoil any kind of bottled fruit, and set them on working; the best caution I can give, is to keep them as dry as possible, but not warm, and, when you boil any dried stuff, have plenty of water, and follow strictly the directions of your receipts.

*To keep GREEN PEAS.*

SHELL any quantity of green peas, and just give them a boil in as much spring-water as will



cover them, then put them in a sieve to drain; pound the pods with a little of the water that the peas were boiled in, and strain what juice you can from them, and boil it a quarter of an hour with a little salt, and as much of the water as you think will cover the peas, and pour in your water; when cold put rendered suet over, and tie them down close with a bladder and leather over it, and keep your bottle in a dry place.

*To keep GREEN PEAS another way.*

GATHER your peas in the afternoon on a dry day; shell them, and put them into dry clean bottles, cork them close, and tie them over with a bladder; keep them in a cool dry place as before.

*To keep FRENCH BEANS.*

LET your beans be gathered quite dry, and not too old, lay a layer of salt in the bottom of an earthen jar, then a layer of beans, then salt, then beans, till you have filled your jar; let the salt be at the top, tie a piece of leather over them, and lay a flag on the top, and set them in a dry cellar for use.

*To keep FRENCH BEANS another way.*

MAKE a strong salt and water that will bear an egg, and when it boils put in your French beans for five or six minutes, then lay them on a sieve, and put to your salt and water a little bay-salt, and boil it ten minutes, skim it well, and pour it into an earthen-jar to cool and settle, put your French beans into narrow-topped jars, and pour your clean liquor upon them; tie them close down that no air can get in, and keep them  
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in a dry place.—*N. B.* Steep them in plenty of spring-water the night before you use them, and boil them in hard water.

*To keep MUSHROOMS to eat like fresh ones.*

WASH large buttons as you would for stewing, lay them on sieves, with the stalk upwards, throw over them some salt to fetch out the water; when they are drained put them in a pot, and set them in a cool oven for an hour, then take them carefully out, and lay them to cool and drain; boil the liquor that comes out of them with a blade or two of mace, and boil it half away; put your mushrooms into a clean jar well dried, and when the liquor is cold cover your mushrooms in the jar with it, and pour over it rendered suet, tie a bladder over it, set them in a dry closet, and they will keep very well most of the winter.—When you use them, take them out of the liquor, pour over them boiling milk, and let them stand an hour, then stew them in the milk a quarter of an hour, thicken them with flour and a large quantity of butter, and be careful you do not oil it; then beat the yolks of two eggs with a little cream, and put it in, but do not let it boil after the eggs are in; lay untoasted sippets round the inside of the dish, and serve them up; they will eat near as good as fresh-gathered mushrooms; if they do not taste strong enough, put in a little of the liquor: this is a valuable liquor, and it will give all made-dishes a flavour like fresh mushrooms.

*To keep MUSHROOMS another way.*

SCRAPE large flaps, peel them, take out the inside, and boil them in their own liquor and a little

little salt, then lay them in tins, and set them in a cool oven, and repeat it till they are dry; put them in clean jars, tie them close down, and they will eat very good.

*To dry ARTICHOKE-BOTTOMS.*

PLUCK the artichokes from the stalks just before they come to their full growth, it will draw out all the strings from the bottoms, and boil them so that you can just pull off the leaves; lay them on tins, and set them in a cool oven, and repeat it till they are dry, which you may know by holding them up against the light; and, if you can see through them they are dry enough; put them in paper bags, and hang them in a dry place.

*To bottle DAMSONS to eat as good as fresh ones.*

GET your damsons carefully when they are just turned colour, and put them into wide-mouthed bottles, cork them up loosely, and let them stand a fortnight; then look them over, and, if you see any of them mould or spot, take them out, and cork the rest close down; set the bottles in sand, and they will keep till spring, and be as good as fresh ones.

*A second way to bottle DAMSONS.*

TAKE your damsons before they are full ripe, and gather them when the dew is off, pick off the stalks, and put them into dry bottles; do not fill your bottles over full, and cork them as close as you would do ale, keep them in a cellar, and cover them over with sand.

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*To preserve DAMSONS whole.*

YOU must take some damsons and cut them in pieces, put them in a skellet over the fire, with as much water as will cover them; when they are boiled, and the liquor pretty strong, strain it out: add for every pound of damsons, wiped clean, a pound of single-refined sugar, put the third part of your sugar into the liquor, set it over the fire, and when it simmers put in the damsons; let them have one good boil, and take them off for half an hour, covered up close, then set them on again, and let them simmer over the fire after turning them; then take them out, and put them in a bason, strew all the sugar that was left on them, and pour the hot liquor over them; cover them up, and let them stand till next day, then boil them up again till they are enough; take them up, and put them into pots; boil the liquor till it jellies, pour it on them when it is almost cold, and paper them up.

*To bottle GOOSEBERRIES.*

PICK green walnut-gooseberries, bottle them and fill the bottles with spring-water up to the neck, cork them loosely, and set them in a copper of hot water till they are hot quite through, then take them out, and when they are cold, cork them close, and tie a bladder over, and set them in a dry cool place.

*To bottle GOOSEBERRIES a second way.*

PUT one ounce of roach alum, beat fine, into a large pan of boiling hard water, pick your gooseberries, and put a few in the bottom of a hair-sieve, and hold them in the boiling water till

till they turn white; then take out the sieve, and spread the gooseberries betwixt two clean cloths, put more gooseberries in your sieve, and repeat it till you have done all your berries; put the water into a glazed pot till the next day; then put your gooseberries into wide-mouthed bottles and pick out all the cracked and broken ones, pour your water clean out of the pot, and fill up your bottles with it; then put in the corks loosely, and let them stand for a fortnight, and, if they rise to the corks, draw them out, and let them stand for two or three days uncorked, then cork them close, and they will keep two years.

*To bottle CRANBERRIES.*

GET your cranberries when they are quite dry, put them into dry clean bottles, cork them up close, and put them in a dry cool place.

*To bottle GREEN-CURRANTS.*

GATHER your currants when the sun is hot upon them, strip them from the stalks, and put them into glass bottles, and cork them close, set them over head in dry sand, and they will keep till spring.

*To keep GRAPES.*

CUT your bunches of grapes with a joint of the vine to them, hang them up in a dry room, that the bunches do not touch one another and the air pass freely betwixt them, or they will grow mouldy and rot; they will keep till the latter end of January, or longer.

N. B. The frontiniac grape is the best.

CHAP. XVIII.

*Observations on DISTILLING.*

**I**F your Still be limbec, when you set it on, fill the top with cold water, and make a little paste of flour and water and close the bottom of your still well with it, and take great care that your fire is not too hot to make it boil over ; for that will weaken the strength of your water ; you must change the water on the top of your still often, and never let it be scalding hot, and your still will drop gradually off ; if you use a hot still, when you put on the top, dip a cloth in white lead and oil, and lay it well over the edges of your still, and a coarse wet cloth over the top : it requires a little fire under it, but you must take care that you keep it very clear ; when your cloth is dry, dip it in cold water and lay it on again, and if your still be hot, wet another cloth and lay it round the top, and keep it of a moderate heat, so that your water is cold when it comes off the still. If you use a worm-still, keep your water in the tub full to the top, and change the water often to prevent it from growing hot ; observe to let all simple waters stand two or three days before you work it, to take off the fiery taste of the still.

*To distil CAUDLE WATER.*

**TAKE** wormwood, hoarhound, featherfew, and lavender cotton, of each three handfuls—rue, peppermint, and Seville orange-peel, of each a handful

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ful ; steep them in red wine, or the bottoms of strong beer all night ; then distil them in a hot still pretty quick, and it will be a fine caudle to take as bitters.

*To distil MILK WATER.*

TAKE two handfuls of spear or peppermint, the same of balm, one handful of carduus, the same of wormwood, and one of angelica, cut them into lengths a quarter long, and steep them in three quarts of skimmed milk twelve hours ; then distil it in a cold still, with a slow fire under it, keep a cloth always wet over the top of your still, to keep the liquor from boiling over, the next day bottle it, cork it well, and keep it for use.

*To make HEPHNATIC WATER for the Gravel.*

GATHER your thorn-flowers in May, when they are in full bloom, and pick them from the stems and leaves, and to every half-peck of flowers take three quarts of Lisbon wine, and put into it a quarter of a pound of nutmegs sliced, and let them steep in it all night ; then put it into your still with the peeps, and keep a moderate even fire under it ; for if you let it boil over, it will lose its strength

*To distil PEPPERMINT WATER.*

GET your peppermint when it is full grown, and before it seeds, cut it in short lengths, fill your still with it, and put it half-full of water, then make a good fire under it, and when it is nigh boiling, and the still begins to drop, if your fire be too hot, draw a little out from under it, as you see it requires, to keep it from boiling over,  
or

or your water will be muddy; the flower your still drops, the water will be the clearer and stronger, but do not spend it too far; the next day bottle it, and let it stand three or four days, to take off the fire of the still, then cork it well, and it will keep a long time.

*To distil ELDER FLOWERS.*

GET your elder-flowers when they are in full bloom, shake the blossoms off, and to every peck of flowers put one quart of water, and let them steep in it all night; then put them in a cold still, and take care that your water comes cold off the still, and it will be very clear, and draw it no longer than your liquor is good; then put it into bottles and cork it in two or three days, and it will keep a year.

*To distil ROSE-WATER.*

GATHER your red roses when they are dry and full blown, pick off the leaves, and to every peck put one quart of water; then put them into a cold still and make a slow fire under it; the flower you distil it the better it is; then bottle it, and cork it in two or three days time and keep it for use. *N. B.* You may distil bean flowers the same way.

*To distil PENNY-ROYAL WATER.*

GET your penny-royal when it is full grown, and before it is in blossom, then fill your cold still with it, and put it half full of water, make a moderate fire under it, and distil it off cold; then put it into bottles, and cork it in two or three days time, and keep it for use.

*To distil LAVENDER WATER.*

TO every twelve pounds of Lavender-neps put one quart of water, put them into a cold still, and make a slow fire under it, and distil it off very slow, and put it into a pot till you have distilled it off as slow as before; then put it into bottles, and cork it well.

*To distil SPIRITS of WINE.*

TAKE the bottoms of strong beer and any kind of wines, put them into a hot still about three parts full, then make a very slow fire under, and, if you do not take great care to keep it moderate, it will boil over; for the body is so strong that it will rise to the top of the still: the slower you distil it the stronger your spirit will be: put it into an earthen-pot till you have done distilling; then clean your still well out and put the spirit into it, and distil it slow as before, and make it as strong as to burn in your lamp; then bottle it, and cork it well, and keep it for use.





*A correct LIST of every Thing in Season in every Month of the YEAR.*

## JANUARY.

### FISH.

**C**ARP  
Tench  
Perch  
Lampreys  
Eels  
Craw-fish  
Cod

Soles  
Flounders  
Plaice  
Turbot  
Thornback  
Skate  
Sturgeon

Smelts  
Whittings  
Lobsters  
Crabs  
Prawns  
Oysters

### MEAT.

Beef  
Mutton

Veal  
House-Lamb

Pork

### POULTRY, &c.

Pheasant  
Partridge  
Hares  
Rabbits

} Game.

Woodcocks  
Snipes  
Turkeys  
Capons

Pullets  
Fowls  
Chickens  
Tame Pigeons

### ROOTS, &c.

Cabbages  
Savoy  
Coleworts  
Sprouts  
Brocoli, purple  
and white  
Spinage

Cardoons  
Beets  
Parsley  
Sorrel  
Chervil  
Celery  
Endive

Lettuces  
Cresses  
Mustard  
Rape  
Radishes  
Turnips  
Tarragon.

Mint

Mint	Sage	Salifie
Cucumbers in hot-houses	Parfnips	<i>To be had though not in season.</i>
Thyme	Carrots	Jerusalem Arti- chokes
Savory	Turnips	Asparagus
Pot-Marjoram	Potatoes	Mushrooms
Hyffop	Scorzonera	
	Skirrets	

## FRUIT.

Apples	Almonds	Medlars
Pears	Services	Grapes.
Nuts		

## F E B R U A R Y.

## FISH.

Cod	Skate	Tench
Soles	Whittings	Perch
Sturgeon	Smelts	Carp
Plaice	Lobsters	Eels
Flounders	Crabs	Lampreys
Turbot	Oysters	Craw-Fish
Thornback	Prawns	

## MEAT.

Beef	Veal	Pork
Mutton	Houfe-Lamb	

## POULTRY, &amp;c,

Turkeys	Chickens	Woodcocks
Capons	Pigeons	Snipes
Pullets	Pheasants	Hares
Fowls	Partridges	Tame Rabbits.

## ROOTS,

## ROOTS, &amp;c.

Cabbages	Mustard	Asparagus
Savoys	Rape	Kidney-Beans
Coleworts	Radishes	Carrots
Sprouts	Turnips	Parsnips
Brocoli, purple and white	Tarragon	Potatoes
Cardoons	Mint	Onions
Beets	Burnet	Leeks
Parsley	Tansey	Shalots
Chervil	Thyme	Garlic
Endive	Savory	Rocambole
Sorrel	Marjoram	Salfie
Celery	<i>Also may be had,</i>	Skirrets
Chardbeets	Forced Radishes	Scorzonera
Lettuces	Cucumbers	Jerusalem Arti- chokes.
Cresses		

## FRUIT.

Pears	Apples	Grapes.
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## MARCH.

## MEAT,

Beef	Veal	Pork
Mutton	Houfe-Lamb	
POULTRY, &c,		
Turkeys	Fowls	Pigeons
Pullets	Chickens	Tame Rabbits
Capons	Ducklings	

## FISH.

Carp	Eels	Soles
Tench	Mulletts	Whitings
		Turbot



Turbot	Plaice	Crabs
Thornback	Flounders	Craw-fish
Skate	Lobsters	Prawns

## ROOTS, &amp;c.

Carrots	Brocoli	Mustard
Turnips	Cardoons	Rape
Parsnips	Beets	Radishes
Jerusalem Artichokes	Parsley	Tragopogon
Onions	Fennel	Mint
Garlic	Celery	Burnet
Shalots	Endive	Thyme
Coleworts	Tansey	Winter Savory
Borecole	Mushrooms	Pot-Marjoram
Cabbages	Lettuces	Hyffop
Savoys	Chives	Cucumbers
Spinage	Cresses	Kidney-Beans

## FRUIT.

Pears	Apples	Forced Strawberries.
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## APRIL.

## MEAT.

Beef	Mutton	Veal	Lamb
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## FISH.

Carp	Salmon	Smelts
Chub	Turbot	Herrings
Tench	Soles	Crabs
Trout	Skate	Lobsters
Craw-Fish	Mulletts	Prawns

## POULTRY,

POULTRY, &c.

Pullets	Ducklings	Rabbits
Fowls	Pigeons	Leverets
Chickens		

ROOTS, &c.

Coleworts	Young Onions	Lettuces
Sprouts	Celery	All sorts of
Brocoli	Endive	small Salad
Spinage	Sorrel	Thyme
Fennel	Burnet	All sorts of Pot-
Parsley	Tarragon	Herbs
Chervil	Radishes	

FRUIT.

Apples	Forced Cher-	Apricots for
Pears	ries and	Tarts.

M A Y.

FISH.

Carp	Salmon	Lobsters
Tench	Soles	Craw-Fish
Eels	Turbot	Crabs
Trout	Herrings	Prawns
Chub	Smelts	

MEAT.

Beef	Mutton	Veal	Lamb
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POULTRY, &c.

Pullets	Green Geese	Rabbits
Fowls	Ducklings	Leverets.
Chickens	Turkey Poults	

## ROOTS, &amp;c.

Early Potatoes	Balm	Savory
Carrots	Mint	All other sweet
Turnips	Purflane	Herbs
Radishes	Fennel	Peas
Early Cabbages	Lettuces	Beans
Cauliflowers	Cresses	Kidney-Beans
Artichokes	Mustard	Asparagus
Spinage	All sorts of small	Tragopogon
Parsley	salad herbs	Cucumbers, &c.
Sorrel	Thyme	

## FRUIT.

Pears	Cherries	Gooseberries
Apples	Melons	and
Strawberries	Green Apricots	Currants for tarts

## J U N E.

## MEAT.

Beef	Veal	Buck Venison
Mutton	Lamb	

## POULTRY, &amp;c.

Fowls	Ducklings	Wheat-Ears
Pullets	Turkey Poults	Leverets
Chickens	Plovers	Rabbits
Green Geese		

## FISH.

Trout	Salmon	Herrings
Carp	Soles	Smelts
Tench	Turbot	Lobsters
Pike	Mulletts	Craw-Fish
Eels	Mackerel	Prawns

ROOTS,



ROOTS, &c.

Carrots	Asparagus	Rape
Turnips	Kidney-Beans	Cresses
Potatoes	Artichokes	All other small
Parsnips	Cucumbers	Salading
Radishes	Lettuces	Thyme
Onions	Spinage	All sorts of Pot-
Beans	Parsley	Herbs
Peas	Purflane	

FRUIT.

Cherries	Apricots	Nectarines
Strawberries	Apples	Grapes
Gooseberries	Pears	Melons
Currants	Some Peaches	Pine Apples
Masculine		

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J U L Y.

MEAT.

Beef	Veal	Buck Venison
Mutton	Lamb	

POULTRY, &c.

Pullets	Ducklings	Pheasants
Fowls	Turkey Poult	Wheat-ears
Chickens	Ducks	Plovers
Pigeons	Young Par-	Leverets
Green Geese	tridges	Rabbits

FISH.

Cod	Herrings	Skate
Haddocks	Soles	Thornback
Mullets	Plaice	Salmon
Mackerel	Flounders	Carp
	X x 2	Tench

Tench  
Pike

Eels  
Lobsters

Prawns  
Craw-Fish

## ROOTS, &amp;c.

Carrots  
Turnips  
Potatoes  
Radishes  
Onions  
Garlic  
Rocambole  
Scorzonera  
Salfisie  
Mushrooms  
Cauliflowers

Cabbages  
Sprouts  
Artichokes  
Celery  
Endive  
Finocha  
Chervil  
Sorrel  
Purslane  
Lettuces  
Cresses

All sorts of small  
Salad Herbs  
Mint  
Balm  
Thyme  
All other Pot-  
Herbs  
Peas  
Beans  
Kidney-Beans

## FRUIT.

Pears  
Apples  
Cherries  
Peaches

Nectarines  
Plums  
Apricots  
Gooseberries

Strawberries  
Raspberries  
Melons  
Pine-Apples

## AUGUST.

## MEAT.

Beef  
Mutton

Veal  
Lamb

Buck Venison

## POULTRY, &amp;c.

Pullets  
Fowls  
Chickens  
Green Geese  
Turkey Poults

Ducklings  
Leverets  
Rabbits  
Pigeons

Pheasants  
Wild Ducks  
Wheat-Ears  
Plovers

FISH,

## FISH.

Cod	Mulletts	Eels
Haddocks	Mackerel	Lobsters
Flounders	Herrings	Craw-Fish
Plaice	Pike	Prawns
Skate	Carp	Oysters
Thornback		

## ROOTS, &amp;c.

Carrots	Beans	Finocha
Tunip	Kidney-Beans	Parsley
Potatoes	Mushrooms	Lettuces
Radishes	Artichokes	All sorts of sweet
Onions	Cabbages	Salads
Garlic	Cauliflowers	Thyme
Shallots	Sprouts	Savory
Scorzenera	Beets	Marjoram
Saltstie	Celery	All sorts of small
Peas	Endive	Herbs

## FRUIT.

Peaches	Pears	Strawberries
Nectarines	Grapes	Gooseberries
Plums	Figs	Currants
Cherries	Filberts	Melons
Apples	Mulberries	Pine-apples

## S E P T E M B E R.

## MEAT.

Beef	Veal	Pork
Mutton	Lamb	Buck Venison

## POULTRY, &amp;c.

Geese	Chickens	Pullets
Turkeys	Ducks	Fowls
		Teals



Teals  
Pigeons  
Larks

Hares  
Rabbits

Pheasants  
Partridges

## FISH.

Cod  
Haddocks  
Flounders  
Plaice  
Thornback

Skate  
Soles  
Smelts  
Salmon  
Carp

Tench  
Pike  
Lobsters  
Oysters

## ROOTS, &amp;c.

Carrots  
Turnips.  
Potatoes  
Shalots  
Onions  
Leeks  
Garlic  
Scorzonera  
Salfifie  
Peas  
Beans

Kidney-Beans  
Mushrooms  
Artichokes  
Cabbages  
Sprouts  
Cauliflowers  
Cardoons  
Endive  
Celery  
Parsley

Finocha  
Lettuces, and all  
sorts of small  
Salads  
Chervil  
Sorel  
Beets  
Thyme, and all  
sorts of Soup  
Herbs

## FRUIT.

Peaches  
Plums  
Apples  
Pears  
Grapes  
Walnuts

Filberts  
Hazle-Nuts  
Medlars  
Quinces  
Lazaroles

Currants  
Morello Cher-  
ries  
Melons  
Pine-Apples

## OCTOBER.

## MEAT.

Beef  
Mutton

Lamb  
Veal

Pork  
Doc. Venison

POULTRY,

POULTRY, &c.

Geese	Rabbits	Larks
Turkeys	Wild Ducks	Dotterels
Pigeons	Teals	Hares
Pullets	Widgeons	Pheasants
Fowls	Woodcocks	Partridges
Chickens	Snipes	

FISH.

Dorees	Gudgeons	Salmon-Trout
Holybut	Pike	Lobsters
Bearbets	Carp	Cockles
Smelts	Tench	Muscles
Brills	Perch	Oysters

ROOTS, &c.

Cabbages	Scorzonera	Chardbeets
Sprouts	Leeks	Corn Salads
Cauliflowers	Shalots	Lettuces
Artichokes	Garlic	All sorts of
Carrots	Rocambole	young Salad
Parfnips	Celery	Thyme
Turnips	Endive	Savory
Potatoes	Cardoons	All sorts of Pot-
Skirrets	Chervil	Herbs
Salfifie	Finocha	

FRUIT.

Peaches	Quinces	Filberts
Grapes	Black and white	Hazel-Nuts
Figs	Bullace	Pears
Medlars	Walnuts	Apples.
Services		

## NOVEMBER.

## MEAT.

Beef	Veal	Doe Venison
Mutton	House-Lamb	

## POULTRY, &amp;c.

Geese	Wild Ducks	Dotterels
Turkeys	Teals	Hares
Fowls	Widgeons	Rabbits
Chickens	Woodcocks	Partridges
Pullets	Snipes	Pheasants
Pigeons	Larks	

## FISH.

Gurnets	Salmon-Trout	Gudgeons
Dorees	Smelts	Lobsters
Holybut	Carp	Oysters
Bearbets	Pike	Cockles
Salmon	Tench	Muscles

## ROOTS, &amp;c.

Carrots	Jerusalem Ar-	Parsley
Turnips	tichokes	Cresses
Parfnips	Cabbages	Endive
Potatoes	Cauliflowers	Chervil
Skirrets	Savoys	Lettuces
Salsifie	Sprouts	All sorts of small
Scorzonera	Coleworts	Salad Herbs
Onions	Spinage	Thyme, and
Leeks	Chardbeats	other Pot-
Shalots	Cardoons	Herbs.
Rocambole		

## FRUIT.



FRUIT.

Pears	Chestnuts	Medlars
Apples	Hazel-Nuts	Services
Bullace	Walnuts	Grapes.

DECEMBER.

MEAT.

Beef	Veal	Pork
Mutton	House-Lamb	Doe Venison

FISH.

Turbot	Smelts	Gudgeons
Gurnets	Cod	Eels
Sturgeon	Codlings	Cockles
Dorees	Soles	Muscles
Holybut	Carp	Oysters
Bearbets		

POULTRY, &c.

Geese	Chickens	Wild Ducks
Turkeys	Hares	Teals
Pullets	Rabbits	Widgeons
Pigeons	Woodcocks	Dotterels
Capons	Snipes	Partridges
Fowls	Larks	Pheasants

ROOTS, &c.

Cabbages	Potatoes	Garlic
Savoy	Skirrets	Rocambole
Brocoli, purple	Scorzonera	Celery
and white	Salsifie	Endive
Carrots	Leeks	Beets
Parsnips	Onions	Spinage
Turnips	Shalots	Parsley
	Y y	Lettuces

Lettuces	Cardoons	Thyme
Cresses	Forced Aspara-	All sorts of Pot-
All sorts of small salad	gus	Herbs

## FRUIT.

Apples	Services	Hazel-Nuts
Pears	Chestnuts	Grapes
Medlars	Walnuts	

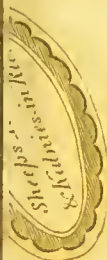
*Directions for a GRAND TABLE.*

JANUARY being a month when entertainments are most used, and most wanted, from that motive I have drawn my dinner at that season of the year, and hope it will be of service to my worthy friends; not that I have the least pretension to confine any lady to such a particular number of dishes, but to choose out of them what number they please; being all in season, and most of them to be got without much difficulty; as I, from long experience, can tell what a troublesome task it is to make a bill of fare to be in propriety, and not to have two things of the same kind; and being desirous of rendering it easy for the future, have made it my study to set out the dinner in as elegant a manner as lies in my power, and in the modern taste; but finding I could not express myself to be understood by young housekeepers in placing the dishes-upon the table, obliged me to have two copper-plates, as I am very unwilling to leave even the weakest capacity in the dark, being my greatest study to render my whole work both plain and easy. As to French  
cooks,

1<sup>st</sup> Course.



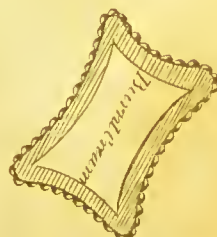
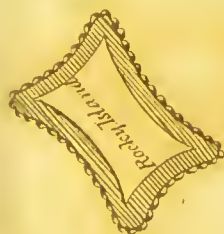
Fish Remon



Remon







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cooks, and old experienced housekeepers, they have no occasion for my assistance, it is not from them I look for any applause. I have not engraved a copper-plate for a third course, or a cold collation, for that generally consists of things extravagant; but I have endeavoured to set out a desert of sweetmeats, which the industrious housekeeper may lay up in summer at a small expence, and, when added to what little fruit is then in season, will make a pretty appearance after the cloth is drawn, and be entertaining to the company. Before you draw your cloth, have all your sweetmeats and fruit dished up in China dishes or fruit-baskets; and as many dishes as you have in one course, so many baskets or plates your desert must have; and as my bill of fare is twenty-five to each course, so must your desert be of the same number, and set out in the same manner; and as ice is very often plentiful at that time, it will be easy to make five different ices for the middle, either to be served upon a frame or without, with four plates of dried fruit round them, apricots, green-gages, grapes, and pears—the four outward corners, pistacho nuts, prunellas, oranges, and olives—the four squares, nonpareils, pears, walnuts, and filberts—the two in the centre, betwixt the top and bottom, chestnuts, and Portugal plums—for six long dishes, pine-apples, French plums, and the four brandy-fruits, which are peaches, nectarines, apricots, and cherries.

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## THE ART OF BREWING.

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HAVING given ample instructions for the preparations of wines, &c. malt liquors should not be passed over unnoticed, as the house-keeper cannot be said to be complete in her business, without a competent knowledge in the Art of Brewing.

### *Of Water proper for Brewing.*

TO speak in general terms, the best water for brewing is river water; such as is soft, and has partook of the air and sun; for this easily insinuates itself into the malt, and extracts its virtues. On the contrary, hard waters astringe and bind the pores of the malt, and prevent the virtue of it from being freely communicated to the liquor. It is a rule adopted by many excellent brewers, that all water which will mix and lather with soap, is proper for brewing, and they wholly disapprove of any other. The experiment has been often tried, that where the same quantity of malt has been used to a barrel of river water as to a barrel of spring water, the former has excelled the latter in strength, in a degree almost double. It may be necessary to observe likewise, that the malt was the same in quality, as well as in quantity, for each barrel. The hops were the same, both in  
quantity



quantity and quality, and the time of boiling was equal in each. They were worked in the same manner, and tunned and kept in the same cellar. Hence it is evident, that there could have been no difference but in the water, and yet one barrel was worth almost two of the other.

But, where soft water is not to be procured, that which is hard may be softened, by exposing it to the air and sun, and putting into it some pieces of soft chalk to infuse; or, before you begin to boil it, in order to be poured on the malt, put into it a quantity of bran, which will soften it a little. *Cole, 361.*

*The necessity of keeping Vessels clean.*

Observe, the day before brewing, to have all your vessels very clean, and never use your tubs for any other use, except it be to make wines. Let your casks be well cleaned with boiling water; and, if your bung is large enough, scrub them well with a little birch broom, or brush. If they are very bad, take out the heads, and let them be scrubbed clean with a hand-brush, sand, and fullers earth. Put on the head again, and scald it well, then throw in a piece of unslacked lime, and stop the bung close. *Cole, 361.*

*General Rules for Brewing.*

In the first place, it is necessary to have the malt clean, as it ought to stand four or five days after it is ground.

Fine strong October should have five quarters of malt, and twenty-four pounds of hops, to three hogheads. This will afterwards make two hogheads of good keeping small beer, with the addition of five pounds of hops.

For

For middling beer, a quarter of malt makes a hoghead of ale, and another of small beer; or it will make three hogheads of good small beer, allowing eight pounds of hops. This will keep all the year. Or it will make twenty gallons of strong ale, and two hogheads of small beer, that will keep all the year.

Any one who intends to keep ale a long while, should allow a pound of hops to every bushel; if to keep only six months, five pounds to a hoghead. If for present drinking, three pounds to a hoghead, and the softest and clearest water you can get.

Pour the first copper of water, when it boils, into your mash tub, and let it be cool enough to see your face in; then put in your malt, and let it be well mashed. Have a copper of water boiling in the mean time, and when your malt is well mashed, fill your mashing tub; stir it well again, and cover it over with the sacks. Let it stand three hours, set a broad shallow tub under the cock, let it run very softly, and if it is thick, throw it up again till it runs fine; then throw a handful of hops in the under tub, let your mash run into it, and fill your tubs till all is run off. Have water boiling in the copper, and lay as much more on as you have occasion for, allowing one third for boiling and waste. Let that stand an hour, boiling more water to fill the mash-tub for small beer; let the fire down a little, and put it into tubs enough to fill your mash. Let the second mash be run off, and fill your copper with the first wort; put in part of your hops, and make it boil quick. About an hour is long enough. When it has boiled, throw in a handful of salt. Have a clean white wand, and dip it into the  
copper

copper, and if the wort feels clammy, it is boiled enough; then slacken your fire, and take off your wort. Have ready a large tub, put two sticks across, and set your straining baskets over the tub on the sticks, and strain your wort through it. Put your other wort on to boil with the rest of the hops; let your mash be covered again with water, and thin your wort that is cooled in as many things as you can; for the thinner it lies, and the quicker it cools, the better. When quite cool, put it into the tunning-tub. Throw a handful of salt into every boil. When the mash has stood an hour, draw it off; then fill your mash with cold water, take off the wort in a copper, and order it as before. When cool, add to it the first in the tub. As soon as you empty one copper, fill the other, and boil your small beer well. Let the last mash run off, and when both are boiled with fresh hops, order them as the two first boilings. When cool, empty the mash-tub, and put the small beer to work there. When cool enough, work it, set a wooden bowl full of yeast in the beer, and it will work over with a little of the beer in the boil. Stir your tun up every twelve hours; let it stand two days, then run it, taking off the yeast. Fill your vessels full, and have some to fill your barrels; let it stand till it has done working; then lay on your bung lightly for a fortnight, after which stop it as close as you can. Take care to have a vent-peg at the top of the vessel; in warm weather open it; and if your drink hisses, as it often will, loosen it till it has done, and then stop it close again. If you can boil your ale in one boiling, it will be best, if the copper will admit of it; if not, boil as convenience serves.

If



If, when you come to draw your beer, you perceive it is not fine, draw off a gallon, and set it on the fire, with two ounces of ising-glass cut small and beat. Dissolve it in the beer over the fire. When it is all melted, let it stand till it is cold, and pour it in at the bung, which must lay loose on till it has done fermenting ; then stop it close for a month.

Let me again repeat, that particular care is requisite that your casks are not musty, nor have any ill taste. If they have it will be a difficult matter to sweeten them.

Wash your casks with cold water before you scald them, and let them lie a day or two soaking ; then clean them well, and scald them. *Cole, 362.*

#### *Of the proper time for Brewing.*

The month of March is generally considered as a proper season for brewing malt liquor, which is intended for keeping ; because the air at that time of the year is temperate, and contributes to the proper working or fermentation of the liquor, which principally promotes its preservation and good keeping. Very cold, or very hot weather, prevents the free fermentation, or working of liquors ; therefore, if you brew in very cold weather, unless you contrive some means to warm the cellar, while new liquor is working, it will never clear itself in the manner you would wish. The same misfortune will arise if in very hot weather you cannot put the cellar into a temperate state. The consequence of which will be, that such liquor will be muddy and sour, perhaps beyond all recovery. Such misfortunes indeed often happen, even in the proper season for brewing, owing solely to the badness of a cellar ; for, when they are dug in springy grounds, or are subject to damps in the

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winter,

winter, the liquor will chill, and become vapid or flat. Where cellars are of this kind, it will be adviseable to brew in March, rather than October; for you may be able to keep such cellars temperate in summer, but you cannot make them warm in winter. The beer therefore which is brewed in March, will have sufficient time to settle and adjust itself before the cold can do it any material injury. *Cole, 363.*

*The Country, or Private way of Business.*

Several countries have their several methods of brewing, as it is practised in Wales, Dorchester, Nottingham, Oundle, and many other places; but avoiding particulars, I shall here recommend that which I think is the most serviceable both in the country and London private families. And first, I shall observe, that the great brewer has some advantages in brewing, more than the small one; and yet the latter has some conveniences which the former has not; for, 'tis certain, that the great brewer can make more drink, and draw a greater length in proportion to his malt, than a person can from a lesser quantity; because, the greater the body, the more is its united power in receiving and discharging; and he can brew with less trouble and expence, by means of his more convenient utensils. But then the private brewer is not without his advantages; for he can have his malt ground at pleasure, his tuns and moveable coolers sweeter and better cleaned than the great fixed runs and backs; he can skim off his top yeast, and leave his bottom lees behind, which is what the great brewer cannot so well do. He can, at discretion, make additions of cold wort to his too forward ales and beers, which the great brewer cannot so easily do; he can brew how  
and

and when he pleases, which the great ones are in some measure hindered from. But, suppose a private family should brew five bushels of malt, whose copper holds, brim full, thirty-six gallons, or a barrel; on this water we put half a peck of bran or malt, when it is something hot, which will much forward it, by keeping in the steam, or spirit of the water; when it begins to boil, if the water is foul, skim off the bran or malt, and give it to the hogs, or lade both the water and that into the mash vat, where it is to remain till the steam is near spent, and you can see your face in it, which will be in about a quarter of an hour in cold weather; then let all but half a bushel of malt run very leisurely into it, stirring it all the while with an oar or paddle, that it may not ball, and when the malt is nearly mixed with water, it is enough; which I am sensible is different from the old way, and the general present practice; but I shall here clear that point.—For, by not stirring or mashing the malt into a pudding consistence, or thin mash, the body of it lies in a more loose condition, that will easier and sooner admit of a quicker and more true passage of the afterladings of the several bowls or jets of hot water, which must run through it before the brewing is ended; by which pereolation, the water has ready access to all the parts of the broken malt, so that the brewer is enabled to brew quicker or slower, and to make more ale or small beer. If more ale, then hot boiling water must be laded over so slow, that one boil must run almost off before another is put over, which will occasion the whole brewing to last about sixteen hours, especially if the *Oundle* way is followed, of spending it out of the tap as small as a straw, and as fine as sack, and then it will be quickly so in the barrel: Or, if less or



weaker ale is to be made, and good small beer, then the second copper of boiling water must be put over expeditiously, and drawn out with a large and fast steam. After the first stirring of the malt is done, then put over the reserve of half a bushel of fresh malt to the four bushels and a half that are already in the tub, which must be spread all over it; and also cover the tubs with some sacks, or other cloths, to keep in the steam or spirit of the malt; then let it stand for two or three hours, at the end of which, put over now and then a bowl of the boiling water in the copper as is before directed, and so continue to do till as much is run off as will almost fill the copper. Then, in a canvass, or other loose woven cloth, put in half a pound of hops, and boil them half an hour, when they must be taken out, and as many fresh ones put in their room as are judged proper, to boil half an hour more, if for ale. But, if for keeping beer, half a pound of fresh ones ought to be put in every half hour, and boil an hour and a half briskly. Now, while the first copper of wort is boiling, there should be scalding water leisurely put over, bowl by bowl, and run off, that the copper may be filled again immediately after the first is out, and boiled an hour, with nearly the same quantity of fresh hops and in the same manner as those in the first copper of ale-wort were. The rest for small beer may be all cold water put over the grains at once or twice, and boiled an hour each copper, with the hops that have been boiled before. But here I must observe, that sometimes I have not an opportunity to get hot water for making all my second copper of wort, which obliges me then to make use of cold to supply what is wanting. Out of five  
bushels

busshels of malt, I generally make a hogshead of ale with two first coppers of wort, and a hogshead of small beer with the other two; but this is more or less, as it pleases me, always taking care to let each copper of wort be strained off through a sieve, and cool in four or five tubs, to prevent its foxing. Thus I have brewed many hogsheads of middling ale, that, when the malt is good, has proved strong enough for myself, and satisfactory to my friends. But for strong keeping beer, the first copper of wort may be wholly put to that use, and all the rest small beer: Or, when the first copper of wort is entirely made use of for strong beer, it may be helped with more fresh malt, according to the *London* fashion, and water lukewarm, put over at first with the bowl; but soon after, sharp, or boiling water, which may make a copper of good ale, and small beer after that. In some parts of the North, they take one or more cinders, red hot, and throw some salt on them to overcome the sulphur of the coal, and then directly thrust it into the fresh malt or goods, where it lies till all the water is laded over, and the brewing done; for there are only one or two mashings or stirrings, at most, necessary in a brewing. Others, who brew with wood, will quench one or more brand ends of ash in a copper of wort to mellow the drink, as a burnt toast of bread does a pot of beer; but it must be observed, that this must not be done with oak, fir, or other strong scented wood, lest it does more harm than good. *Cole, 364.*

*Of bottling Malt Liquors.*

Take care that your bottles are well cleaned and dried; for wet bottles will make the liquor turn

turn watery or mouldy; and, by wet bottles, a great deal of good beer has been spoiled. Even though the bottles are clean and dry, if the corks are not new and sound, the liquor will be still liable to be damaged; for, if the air can get into the bottles, the liquor will grow flat, and will never rise. Many have plumed themselves on their saving knowledge, by using old corks on this occasion, and have spoiled as much liquor as cost them four or five pounds, to save the expence of three or four shillings. If bottles are corked properly, it will be difficult to pull out the cork without a screw; and, in order to be sure to draw out the cork without breaking, the screw ought to go through the cork; of course, the air will find a passage where the screw has passed, and consequently the cork must have been spoiled. If a cork has once been in a bottle, though it has not been drawn with a screw, yet that cork will turn musty as soon as it is exposed to the air, and will communicate its ill flavour to the bottle in which it is next put, and spoil the liquor that way. In the choice of corks, prefer those that are soft and free from specks.

When you once begin to bottle a vessel of liquor, never leave it till it is completed, otherwise it will bear different tastes.

When a vessel of any liquor begins to grow flat, while it is in common draught, bottle it; and, into every bottle put a piece of loaf sugar, of about the size of a walnut, which will make it rise and come to itself; and, to forward its ripening, you may set some bottles in hay in a warm place; but straw will not assist its ripening.

*Cole, 366.*



*To recover a Barrel of Beer that has turned sour.*

To a kilderkin of beer, throw in at the bung a quart of oatmeal, lay the bung on loose two or three days, then stop it down close, and let it stand a month. Some throw in a piece of chalk as large as a turkey's egg, and when it has done working, stop it close for a month; then tap it. *Cole, 367.*

*To recover a musty cask.*

Boil some pepper in water, and fill the cask with it scalding hot. *Cole, 367.*

*An excellent Composition for keeping Beer with.*

Take a quart of French brandy, or as much English, that is free from any burnt flavour, or other ill taste, and is full proof; to this put as much wheat or bean flour, as will knead it into dough, put it in long pieces into the bung-hole, as soon as the beer has done working, or afterwards, and let it gently fall, piece by piece, to the bottom of the butt. This will maintain the drink in a mellow freshness, keep staleness off for some time, and cause it to be stronger as it grows aged. *Cole, 367.*

*Another way.*

Take a peck of egg-shells, and dry them in an oven, break and mix them with two pounds of fat chalk, and mix them with water, wherein four pounds of coarse sugar have been boiled and put into the butt. *Cole, 367.*

*To*

*To stop the Fret in malt Liquors.*

Take a quart of black cherry brandy, and pour it in at the bung-hole of the hoghead, and stop it close. *Cole, 368.*

*To recover deadish Beer.*

When strong ale, or beer, grows flat, by the loss of its spirit, take four or five gallons out of a hoghead, and boil it with five pounds of honey; skim it, and, when cold, put it to the rest, and stop it close. This will make it pleasant, quick, and strong. *Cole, 368.*

*To fine malt Liquors.*

Take a pint of water, and half an ounce of un-slacked lime, mix them well together; let it stand three hours, and the lime will settle to the bottom, and the water be as clear as glass. Pour the water from the sediment, and put it into your ale or beer. Mix it with half an ounce of ising-glass, first cut small and boiled, and in five hours time, or less, the beer in the barrel will settle and clear. *Cole, 368.*

*To fine any sort of Drink.*

Take the best staple ising-glass; cut it small with scissars, and boil one ounce in three quarts of beer; let it lie all night to cool. Thus dissolved, put it into your hoghead the next morning, perfectly cold; for, if it is but as warm as new milk, it will jelly all the drink. The beer, or ale, in a week after, should be tapped, or it will be apt to flat; for this ingredient flats as well as fines. Remember to stir it well with a wooden

wooden paddle when the ising-glass is put into the cask. *Cole, 368.*

*Another way.*

Boil a pint of wheat in two quarts of water, then squeeze out the liquid part through a fine linen cloth. Put a pint of it into a kilderkin. It not only fines, but preserves. *Cole 368.*

*To cure cloudy Beer.*

Rack off your butt, then boil two pounds of new hops in a sufficient quantity of water, with a due proportion of coarse sugar, and put all together into the cask when cold. Others have attempted this cure, by only soaking new hops in beer, which, when squeezed, they put into a cask of cloudy beer. *Cole, 368.*

*To make Cyder.*

After all your apples are bruised, take half your quantity and squeeze them, and the juice you press from them pour upon the others half bruised, but not squeezed, in a tub for the purpose, having a tap at the bottom. Let the juice remain upon the apples three or four days. Then pull out your tap, and let the juice run into some other vessel set under the tub to receive it; and if it runs thick, as at the first it will, pour it upon the apples again till you see it runs clear; and, as you have a quantity, put it into your vessel; but do not force the cyder, but let it drop as long as it will of its own accord. Having done this, after you perceive that the sides begin to work, take a quantity of ising-glass, (an ounce will serve for forty gallons,) infuse this in some of the cyder till it is dissolved; put an ounce of isinglass to a



quart of cyder, and, when it is so dissolved, pour it into the vessel, and stop it close for two days, or something more; then draw off the cyder into another vessel. This do repeatedly, till you perceive your cyder to be free from all manner of sediment, that may make it ferment and fret itself. After Christmas you may boil it. You may, by pouring water on the apples, and pressing them, make a pretty small cyder; if it should be thick and muddy, by using ising-glass, you may make it as clear as the rest. You must dissolve the ising-glass over the fire till it be a jelly. *Cole, 368.*

*For fining Cyder.*

Take two quarts of skim-milk, for four ounces of ising-glass; cut the ising-glass in pieces, and work it luke-warm in the milk over the fire; and when it is dissolved, put it cold into the hogthead of cyder, and take a long stick and stir it well from top to bottom for half a quarter of an hour. *Cole, 369.*

*After it has fined.*

Take ten pounds of raisins of the sun, two ounces of turmeric, and half an ounce of ginger beaten; then take a quantity of raisins, and grind them as you do mustard seed in a bowl, with a little cyder, and so the rest of the raisins; then sprinkle the turmeric and ginger among it; then put all into a fine canvass bag, and hang it in the middle of the hogthead close, and let it lie. After the cyder has stood thus a fortnight, or a month, you may bottle it at your pleasure. *Cole, 369.*

## A TREATISE ON PORTER.

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THE author of this Treatise, having brewed Porter for his own consumption several years, is therefore intimately acquainted with every article which the brewing of porter requires. He pretends not to say that all Porter brewers follow the same receipt; the principal articles it contains are essential to porter, and, though several acts of parliament have been enacted to prevent public Porter-brewers from using many of them, yet the author can affirm from experience, he could never produce the present flavoured porter without them.

If any person will make trial of the Receipt, he will then be enabled to judge, whether all Porter brewers do or do not make use of prohibited articles; but while the laws of the country are express, it would ill become any individual to say, they are broken daily and hourly for interested purposes.

There are very few families, whose expences in Porter may not be rated at three pots per day; allowing an extrapot every tenth day, it will come to very near nine barrels per year; allowing for Visitors, Christenings, &c. &c. the usual incidents of a family, it cannot be thought extravagant to say, that most families consume nine barrels of Porter per year; nine barrels of Porter paid for at the Public-house, cost eighteen guineas, and nine barrels of exactly the same quality, strength, &c. as Porter, might be produced, excluding time and trouble, for £.6 7s. 11d. leaving to the economical brewer of his own

Porter, a clear profit of £.12. 10s. 1d. very near twelve guineas, and almost two-thirds of the whole expence. That this calculation may not be objected to as erroneous or improbable, the following statement of the ingredients, and their separate expences, will convince the most incredulous and disbelieving.

Porter Receipt.			Average Expence.		
			£.	s.	d.
One Quarter of Malt	—	—	2	2	0
8lb. Hops	—	—	0	9	4
9lb. Treacle	—	—	0	1	6
8lb. Liquorice Root	—	—	0	5	4
8lb. Effentia Bina	—	—	0	4	8
8lb. Colour	—	—	0	4	8
Capficum $\frac{1}{2}$ oz.	—	—	0	0	2
Spanish Liquorice 2 oz.	—	—	0	0	1
Cocculus Indicus, commonly called Oc-					
colus India Berries $\frac{1}{4}$ oz.	—	—	0	0	2
Salt of Tarter 2 drachms	—	—	0	0	1
Heading $\frac{1}{4}$ oz.	—	—	0	0	1
Ginger 3 oz.	—	—	0	0	3
Lime 4 oz. slacked, and the water after					
having received the spirit of the Lime					
poured into the Effentia Bina or Colour					
in the making					
Linseed 1 oz.	—	—	0	0	$0\frac{1}{2}$
Cinnamon 2 drachms	—	—	0	0	$1\frac{1}{2}$
Coals	—	—	0	2	9
			<hr/>		
			3	8	7
			<hr/>		
Total £			3	11	4
			<hr/>		



It must naturally happen that the foregoing statement, will surprize many unacquainted with the mysteries of Porter Brewing; but some articles demand particular attention. First, the *Essentia Bina*, which is compounded of 8lb. of moist sugar, boiled in an iron vessel, for no copper one could withstand the heat sufficiently, till it comes to a thick syrup consistence, perfectly black, and extremely bitter\*.

Secondly, colour, composed of 8lb. of moist sugar, boiled till it obtains a middle state, between bitter and sweet, and which gives to Porter that fine mellow colour, usually so much admired in good Porter.

These ingredients thus prepared, are added to the first wort, and boiled together with it; this is the basis of Porter—a truth sufficiently apparent, by reflecting that 6lb. of sugar may generally be had for 3s. 6d.; a bushel of malt is seldom so low as 5s. 6d. upon sugar therefore variously prepared, does Porter depend for strength, spirit, and body.

The Heading is a mixture of half alum and half copperas, ground to a fine powder, and is so called from giving to porter that beautiful head or froth which constitutes one of the peculiar properties of porter, and which landlords are so anxious to raise to gratify their customers.

The Linseed, ginger, lime-water, cinnamon, and several other small articles may be added or withheld according to the taste, custom, or prac-

\* When making the *Essentia* and Colour, observe when it is boiled as you think sufficiently to make it liquid enough to pour off into your liquor, you must add a little clear water, or lime water as you please, to bring it to a proper temper; otherwise, it will become a hard dry burnt substance, if suffered to stand till cold, as no water must be put to it till it is burnt enough.

tice of the Brewer, being merely optional, and used solely to give a flavor to the beer.

Of the other articles, it is sufficient to observe, however much they may surprize, and appear pernicious or disagreeable, the author has always found them requisites in the brewing of Porter, and thinks they must invariably be used by those who wish to continue the taste, flavour, and appearance, which they have been accustomed to.

For the convenience of small families, and those living in lodgings, I shall add a calculation for one peck of malt. Many persons have not the convenience of a copper; though, doubtless, were my plan to become general, most landlords would find it their interest to provide one for the accommodation of their lodgers. All persons must have a kettle, or a large vessel to boil their cloaths; which may be supposed to contain two gallons and a half. Here then is a sufficient substitute for a copper; every family must have a pail, which will serve as a mash-tub, and a washing tub will prove an excellent vessel for the liquor to work in; here then are utensils ready prepared in every family. It is but boring a small hole at the bottom of the pail for the liquor to run through, and your mash-tub is complete; though it would be more advisable to purchase a small tub on purpose, a pail being somewhat with the smallest.

Here follows the receipt.

		£.	s.	d.
Of Malt, one Peck	:	0	1	6
Of Liquorice Root, quarter of a pound		0	0	2
Of Spanish Liquorice, <del>ditto</del>	:	0	0	$6\frac{1}{2}$
Of Essentia, ditto	:	0	0	2
Of Colour, quarter of a pound		0	0	2
Of Treacle, half a pound	:	0	0	$1\frac{1}{2}$

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£. 0    2    2

		£.0	2	2
Of Hops, quarter of a pound		0	0	4
Capficum and Ginger	:	0	0	1
Coals	: . . :	0	0	6
		<hr/>		
		0	3	1
		<hr/>		
This will produce fix gallons of good				
Beer, which bought is	:	0	7	0
Brewed at home, for	: . :	0	3	1
		<hr/>		
Leaves clear gain	:	£0	3	11

Surely this is enough to pay for time and trouble ; and, perhaps, particularly in London, a woman might not in the same time be able to earn one penny.

This liquor will be drinkable in a week, and be perfectly wholesome and palatable ; remember to bruize the Liquorice root.

From this candid and open statement of the articles used in Porter, every person may adopt the plan proposed by this treatise of brewing for himself.

#### *Necessary Instructions.*

Every person intending to brew for himself, should be careful to see his malt measured and ground, by no means trusting to the corn-chandlers, who frequently impose both in quality and quantity on those who are so incautious as not to see their malt measured and ground in their own presence.

The tubs and vessels intended for use, must be carefully inspected, and proved to be free from dirt or taint ; as the least effects of that nature may distaste a whole brewing.

And



The mash-tub should be particularly attended to; and a whisp of clean hay or straw put over the end of the vessel in the inside, to prevent the malt running off with the liquor. The malt being emptied into the mash-tub, and the water brought to boil, dash the boiling water in the copper with cold water sufficient to stop the boiling, and leave it just hot enough to bite smartly upon your finger: A few trials will enable any person to be exact on this head. Brewers use a thermometer containing 212 degrees, which is boiling heat: the first mash is usually taken at 180 hot, and the second 190 hot; but as few persons will have opportunity, or afford expence to purchase a brewing thermometer, the foregoing rule will be found sufficiently instructive by a little practice, always remembering to draw off your second mash somewhat hotter than the first. The water being thus properly brought to a temper by the addition of cold water, lade it out of your copper over the malt, till it becomes thoroughly wet, mashing it well to prevent your malt clotting; when the water goes on too hot, it sets the malt, and closes the body of it; and, when that happens, it is difficult to recover it, which can only be done by adding cold water. By setting the malt, is to be understood its closing the body of the grain; instead of opening it so as to dissolve in the liquor; cover up your mash-tub close to compress the steam and prevent the heat from evaporating in small quantities, this should carefully be regarded, in larger ones it does not signify much.

Let your worts stand after mashing an hour and a half or two hours, then let the liquor run off into a vessel prepared to receive it: if at first it runs thick and discoloured, draw off one or two pails full

full, and pour it back again into the mash-tub to refine again till it runs clear.

In summer, it will be necessary to put a few hops into the vessel which receives the liquor out of the mash-tub, to prevent its turning sour; which the heat of the weather will sometimes endanger. Let your second mash run as before, and let the liquor stand an hour and a half; then run it off, but never let your malt stand dry; keep lading fresh liquor over it till the quantity of wort you wish to get is extracted, always allowing for waste in the boiling. The next consideration is boiling of the wort: the first copper full must be boiled an hour, and, while boiling, add the ingredients, except ginger and cocculus berries, mentioned in the receipt. The hops are now to be boiled in the wort, but to be carefully strained from the first wort, in order to be boiled again in the second. Eight pounds is the common proportion to a quarter of malt; but, in summer, it should be quite cold before it is set to work, in winter it should be kept till a small degree of warmth is perceptible by the finger. When properly cooled, set it to, add yeast in proportion to your wish to bring it forward. If you want it to work quick, add from one gallon to two, but observe Porter should be brought forward quicker than any other liquor, except two-penny. Let it work till it comes to a good deep head, then cleanse it by adding the ginger. Your liquor is now fit for barrelling, which must be done carefully; fill your barrels full, and let the yeast work out, adding fresh liquor to fill them till they are quite full and have done working; then bung your barrels, but keep a watchful eye upon them for some time, lest the beer should suddenly ferment again and burst them, which is no uncommon accident where due care is not

taken ; heat of summer, or sudden change of weather will occasion the same misfortune, if your barrels are not watched and eased when they require it by drawing the peg. The only part which now remains to complete your brewing, is fining your beer, to understand which, it is necessary to remark, that porter is composed of brewers of three different sorts of malt, pale, brown and amber ; the reason for using these three sorts is to attain a peculiar flavour and colour. Amber is the most wholesome, and I would recommend to use nothing else. In consequence of the subtileness of the *Essentia* which keeps continually swimming in the beer, porter requires a considerable body of finings ; but should any of my readers choose to brew without *Essentia*, with amber malt and colour only, the porter will refine of itself very soon. Some, however, will perhaps follow the exact receipt, and therefore I mention that finings are composed of *Isinglass* dissolved in stale beer, till the whole comes to a thin gluey consistence, like size, and which must be used discretionally : one pint is the usual proportion to a barrel, but sometimes two, or three, are found necessary. Particular care must be taken that the *ising-glass* be perfectly dissolved in the stale beer.

Many notions have been artfully raised in the public mind, that porter requires to be brewed in large quantities, and to be long stored to render it sound and strong ; but let any impartial person give this receipt and these rules a fair trial, and experience, the surest of all guides and the best of all instructions, will prove the falsehood of those prejudiced conceptions, which have had their origin with the ignorant, and have been cherished by the interested.





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# THE HISTORY OF THE

REIGN OF

CHARLES THE FIRST

BY

JOHN BURNET

OF LINCOLN

IN TWO VOLUMES

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